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Thurs 21st September 2023 Vol. 16 Issue 8





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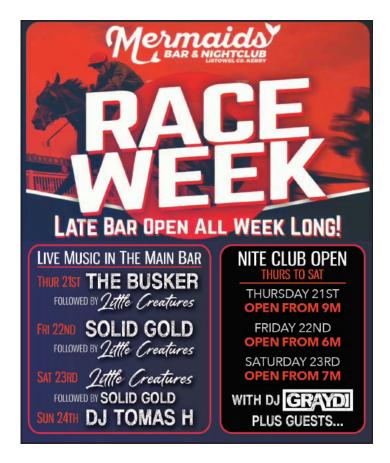






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SOUTH AFRICA

SATURDAY 23RD SEPTEMBER







St. Mary's Church, Listowel

PARISH MISSION

Saturday 7th October - Friday 13th October, 2023

Conducted by The Redemptorist Mission Team:
Fr. Laurence Gallagher CSSR & Fr. Gerry Moloney CSSR & The Parish Community

Programme of Events

THE DAILY SCHEDULE

Daily Masses

Monday 9th to Friday 13th October - 7.00am & 10.30am

Evening Mission

Sunday 8th to Friday 13th October at 7.30pm

For further information visit our website www.listowelparish.com

SPECIAL EVENTS

Saturday 7th October - Vigil Mass at 6.15pm

Opening of Mission with gathering of our community. (Blessing of First Holy Communion Children at 6.15pm Mass)

Sunday 8th October - Masses 9.00am & 11.30am

(Blessing of Confirmation Children at 11.30am Mass)

Sunday Evening - 7.30pm

Baptism & Our Roots: Back to Core Values

Beginning at 6.30pm with a Camino Walk to Childer's Park

(Walk departs from in front of the Church and walk by the Dandy Lodge, along the back of the cemetery, down Gurtinard and back to the Church before 7.30pm)

Monday 9th October

Celebration of Healing, Body, Mind & Soul

10.30am Mass with Anointing of the Sick & Infirm

7.30pm Healing of Hurts

Wounded Healer & Distribution of Oil Procession of the Blessed Sacrament Holy Hour: Exposition of the Blessed Sacrament Tuesday 10th October

10.30am Celebrating the Gift of Forgiveness & Love

Special Mass for the pupils of our Primary Schools

7.30pm Reconciliation, Mercy, Compassion & Confessions

Wednesday 11th October

Celebrating the Gift of a Church that acts justly

10.30am Mass hosted by Transition Students

- followed by film on Laudi Si (St. John's Theatre)

7.30pm Justice & Values

Thursday 12th October

Praying for Our Loved Ones

10.30am Mass hosted by Second Level Students

7.30pm Remembering Our Faithful Departed

Friday 13th October Celebrating Our Parish Community 10.30am Mass hosted by Second Level Students

> 7.30pm Celebrating Our Community & Closing of Mission



Open Might 2023

An **Open Night** for Parents and current 6th Class Students will be held in Tarbert Comprehensive School on

THURSDAY OCTOBER 5TH 2023, BEGINNING AT 7.00PM.

All Parents and prospective students are welcome to attend. Please come view our wonderful facilities, be they academic, practical or extra curricular. You will also have an opportunity to meet the Principal and staff.

Connectivity Day

OCTOBER 5TH @ 7PM

On Wednesday October 4th we have our Connectivity Day - where 6th class students from the local Primary Schools get to visit us during the working day. However, if your child is not in a local Primary School and you would like them to attend the day's activities then please contact the school office and they will be welcomed also.









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SCAN FINE





Specialist Hearing Event

28th & 29th September 2023

The Optical Suite, Listowel, Co. Kerry

For two days only Island Hearing Suite are holding a Specialist Hearing Event at The Optical Suite, Listowel.

Book an appointment for:

- ✓ A free hearing check
- ✓ Advice on your €1,000 grant
- Expert advice on your hearing
- Hearing aid demonstrations from leading manufacturer, ReSound
- ✓ Our special event offer
- ✓ And so much more...

Appointments are limited.
Call 066 971 9111 to secure your place now!

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NORTH KERRY SCENE

CAROLINE'S DÓTERRA ESSENTIAL OILS

CAROLINE'S POD OF POSITIVITY

Welcome to my weekly column. My name is Caroline, I am a certified DóTERRA essential oil specialist and over the last three years I have been helping, guiding and supporting so many people along with their friends and families throughout North Kerry, West Limerick and the wider county regions in using dóTERRA Essential Oils in living a life of wellness, happiness and positivity. From personal experience and from using the oils consistently within our own home I know how the oils can support the Body, the Mind and the Mood. Each week I'll be bringing you information on different oils along with their uses and benefits, so that you can also make them a part of your every day routine in living your best essential oil life.

Add a little Zest to your Life

This week I want to bring your attention to another favourite of mine from DóTerras essential oil collection – It's the gorgeous, refreshing and uplifting Lemon essential oil. This oil has a variety of uses and benefits. The dóTerra team produce this Lemon oil from cold pressed peels of the bright yellow lemon fruit all the way from Scilly in Italy. It is one of the oils that's bottled in the brand new dóTerra bottling plant in Co Cork. This facility is the only base plant in Europe for dóTerra outside of the United States and I was so fortunate to be invited down to Cork recently for the grand tour and seeing the production lines right up to the finishing product.

It takes about 75 lemons to make the 15ml bottle of Lemon oil that you open at your kitchen table in your home. Lemon is a very popular seller with my Pod Members who all benefit from my guided support in using this oil along with all the other oils in the dóTerra collection.

DóTerras Lemon essential oil contains 285 drops of pure unadulterated oil that can be used on the body, in your cold water diffusers, can work as a cleaning agent in your home and can also be used in your daily waters and foods. It's a great oil to have it hand for colds, flues, sore throats and also to increase positivity and focus.

I personally like to take this Lemon oil in my water throughout the day to encourage hydration and detox the body. I add 3 to 4 drops into each pint glass of water with a focus on drinking 2 litres over the course of the day. As dóTerras Lemon essential oil is so pure and potent you need to drink your water with your added Lemon from a glass or stainless steel bottle. I do not recommend drinking it from a plastic bottle as the Lemon may strip down the BPA in the plastic due to its purity.

This Lemon oil is also fantastic for the skin and works as a great exfoliate. It can give the complexion a refreshed and healthy looking glow. Here is a homemade exfoliate that my Pod members like to use and I would like to share it with my readers this week.

Caroline's Lemon Facial Scrub

- 1. Combine 4 to 5 drops of your dóTerra Lemon essential oil into a small amount of oatmeal with some water in a bowl.
- 2. Apply the Lemon Scrub to your skin and work it in using circular motions paying particular attention to any problem areas or dry patches.
- 3. You will start to feel the cleansing and refreshing properties of the Lemon oil working to exfoliate and clean the skin.
- 4. Rinse with cold water and pat the skin dry. Apply your dóTerra facial moisturiser or feel refreshed for the day ahead.

You can purchase your DóTerra Lemon essential oil by contacting me on the number below.

Three Ways To Use dóTerra's Essential Oils:

1. Topically – applying them on to our skin particularly our pulse points and soles of the feet. 2. Aromatically – by placing two to three drops into a cold-water diffuser and diffusing these oils in our homes, classrooms, offices, salons or places of work / business and thirdly using the oils and

3. Internally – by adding them to our favourite food, waters, or drinks, or simply by taking one drop daily under the tongue.

The oils are a Natural Solution to care for our needs and our family's health

The oils are a Natural Solution to care for our needs and our family's health needs and they can support us with many of the following that we may experience from time to time, such as: Anxiety Issues, Digestive Support, Sleep Assist, Muscle Care, Stress Buster, Depression, Grief, Energy Boost, Skin Support, Immunity, Allergy Assist and so much more.

For extra positivity and well-being, check out my Facebook page – Caroline's Pod of Positivity where we have information and videos on all of DóTerra's essential oils. For consultations and appointments

you can reach me on the number below to arrange a time / date that suits you and together we will start you on your journey with DóTerra's essential oils and my guided support.

Thought for the week: Live your Life with Zest! Caroline X - Tel: 087 292 1292

NORTH KERRY REGION LEFT DEVASTATED with no future as 'Greens' out muscle

Government Parties

Deputy Michael Healy Rae TD has said that the Government has left the North Kerry Region in a state of devastation with news that the Shannon LNG €650m liquefied natural gas facility has been rejected by An Bord Pleanála

Despite Green Party opposition to the construction of an LNG terminal from the start of the project, Deputy Michael Healy Rae TD has called on representatives of both Fine Gael and Fianna Fail in Kerry to answer

on their inability to deliver on a project in which "they spent the last 20 years promising to the people of Kerry"

"Fine Gael and Fianna Fail have been chasing each other around North Kerry land bank taking pictures with their leaders on every visit to the site, promising a new future, a better future and a secure future. Well it is easy for them today to take their photos with no future for the place." "This project was more than just the jobs for North Kerry and Shannon area, it was also about a security of energy supply with a 600MW power plant at the site. Needed now more than ever due to the Ukraine/Russia conflict.

"The Environment Minister Eamon Ryan who made no secret in his opposition to the construction of an LNG terminal in Ireland, has today ensured a bleak outcome for North Kerry, but I'd imagine he won't mind too much tonight as he pushes on with his make it up as you go policies on offshore wind energy farms which will take years before they come on stream.

Permission was granted in 2007 for an LNG regasification terminal but there were legal challenges, and an extension of permission was quashed by the High Court in 2020.

In August 2021, Shannon LNG Ltd, a subsidiary of New Fortress Energy, applied to An Bórd Pleanála for permission to build a power plant on the Tarbert/Ballylongford landbank.

The planning application proposed to develop a liquefied natural gas terminal, including a floating storage and regasification unit and onshore receiving facilities on the 52-hectare site.

LISTOWEL TIDY TOWNS SUSTAINABLE FASHION EVENT

Listowel Tidy Towns group in association with An Taisc and with the kind permission of Listowel Race Co. are delighted to confirm their Sustainable.fun, fashion event takes place on Saturday 23rd september at the Listowel Racecourse.

Judges will be looking for the best presentation of a pre-loved, upcycled/restyled or authentic vintage outfit (male or female). This must include a head piece. The outfit can be created from an original item of any material at the back of the wardrobe or from one of the many charity shops in the locality. The more imaginative the finished piece the better.

Listowel Tidy Towns are hosting the event to highlight an imaginative reuse of pre-loved items we may have previously discarded. The judges will shortlist 5 male and 5 female entrants as potential winners and prizes will be awarded as follows:

The winning male & female will each receive €300 cash -- sponsored by Listowel Race Co. & McCarthy Brokers Listowel

McCarthy Brokers Listowel.

The 1st runners up will each receive a Clarins hamper worth €100 – sponsored by Oonagh of Chemco chemist.

Each of the remaining 6 will each receive an attractive Goodie bag donated by our very generous local businesses, to whom we are very grateful.

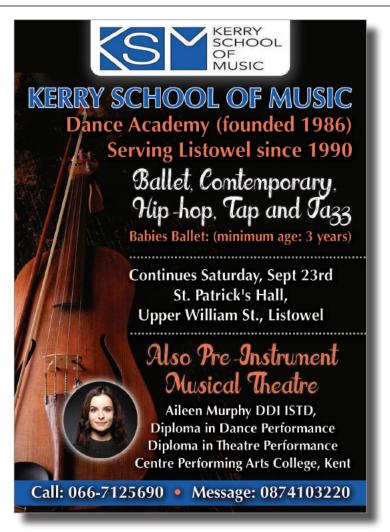
A huge Thank you to Sextons for Men, Horseshoe Bar & Restaurant, Trants Pharmacy, Bloossom Boutique, Eabha Jones Restaurtant, JK Sports, Bailey & Co. Boutique, Footprints Shoe Shop, Quigleys Ladies & Gent Hairdressing, McGuires Pharmacy, Horans Healthstore, Maloneys Laundrette & Drycleaners, MK Beauty, The Gentlemans Barber, Hartnetts Pharmacy, Harp & Lion Antiques, The Taelane Store, Lizzies Little Kitchen. Listowel Arms Hotel, Finesse Brtidal Boutique, Glamour Boutique, John Rs Foodhall, Whelans Shoe Shhop Market St / Church St., Coco Boutique and New 2 You.

Thank you to all for supporting the Listowel Tidy Towns Initative.

FREE FILM SCREENING OF "BELFAST" AT ST. JOHN'S IN LISTOWEL

There will be a Free Film Screening of "Belfast" on Wednesday, 27 September at 7pm in St John's Theatre. This free film is aimed at adults who want to improve their literacy and digital skills.

Free tea/coffee served before the film. For booking, please contact Vivienne on 086 0749758.









REVIEWS & INFO

SAN RITA WELLNESS

Welcome to San Rita Wellness weekly column...We hope you are safe and well

How are you?

Compared to this time last year we now have more control and choice of what we want to do or where we want to go. This has a positive impact on our overall health and well being. But at the same time there are many things that we may need to continue keeping control over to achieve a healthy lifestyle.

So let us take a look at a few of those:

FOOD - Now that routine has come back again with all of the schools reopened, establish your own meal time routine again.

Plan your meals in advance and batch cook as this can leave you feeling more organised especially if you are working from home

Try out some new recipes as variety is the spice of life.... Safefood.ie, and Bord Bia have some nice recipe and meal ideas

Just be mindful of the extra foods and treats you may have in your home as you may be inclined to buy that bit extra to treat yourself.

TREATS - Don't let the treats become a threat. There are other ways to make yourself feel better such as buying yourself a book or a magazine, treat yourself to a lovely body lotion or a nice bottle of your favourite perfume. Have a pamper night where you can have a relaxing bath, paint the nails or apply a rejuvenating face mask.

ALCOHOL - Limit your alcohol to the weekend's. That way it can be something you can look forward to. There are also low calorie options available in the alcohol also, such as light beers, low alcohol wine and add your diet and slimline minerals as mixers for spirits.

WEEKENDS - Plan your weekends and stick to your plan. It's important not to let your guard down too much then just because it's the weekend. Remember after all there are 52 weekends in the year

ACTIVITY - The best way to overcome cabin fever is to get out in the fresh air, whether it is to your local park or beach. Being active will benefit you as it is good for the head and will give you a positive attitude so you will feel better. When you Feel better you Think better and then you Eat better.

ATTITUDE - What is your attitude at the moment? Eat all around you and go out of control OR eat mindfully and stay in control. How we think determines how we feel, how we feel determines what we do next.

So think positive, feel positive, be positive.

So all of these things we can be "IN CONTROL" of so at the end of the day not only are we all responsible for ourselves but also to ourselves.

For extra support and for weekly accountability check us out on Facebook San Rita Wellness or sanritawellness.ie for details of our "In Person Meetings", "At Home Service" or our "One to One Service".

NB - Our weekly "In Person Meetings" take place in The Kerry Writers Musuem, The Square, Listowel every Wednesday from 10am to 11am and 6pm to 7pm.

Give us a call on Sandra 087 6718377, Rita 087 1012174 Until next week, Sandra and Rita

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THE

LONG

GAME

INSIDE

SINN FÉIN

THE LONG GAME

By Aoife Moore

Inside Sinn Féin

Inside the rise of the political party, once subordinate to the IRA, that is on the brink of taking power in Ireland

Sinn Féin is the most popular political party in both Northern Ireland and the Republic. A movement once synonymous with a paramilitary campaign is

on the brink of taking real power through purely democratic means. But if Sinn Féin has mastered the art of electoral politics, it remains strangely opaque. Who really runs the party? How is it funded? And what can we expect of it as a party of government?

Aoife Moore, Irish Journalist of the Year in 2021, explores these and other burning questions in The Long Game. Drawing on exclusive interviews with current and former members of Sinn Féin, she builds up a picture of a party undergoing a profound, and still incomplete, transformation. She looks at the key individuals and moments that put the party on its present course, and she explores tensions within the party and the wider republican movement.

Packed with revelatory details, The Long Game is a groundbreaking telling of contemporary Ireland's biggest and most elusive political story.

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QUALITIES OF A SUCCESSFUL STUDENT

By James Kenny is a retired Guidance Counsellor and has taught at both primary and second level.

Last week we spoke about the importance of having a study and revision plan. Hopefully by now you have these in place. This week we will take a broader perspective on what ingredients make for successful students. A google search you will bring up numerous lists with some qualities common across all recommendations.

I will dilute these down to five study habits which I have used over many years with students. I have selected these because they are practical, achievable, and realistic. So here goes. In general, successful students have good study habits which they apply to all their classes. They try to not to do too much study at one time to avoid overload and tiredness. Space your work and take short breaks to restore mental energy. Schedule specific times throughout the week for your study time. This establishes a routine that becomes a regular part of your school life.

Plan for specific times for studying, always related to schoolwork. It can be homework, completing an assignment, a brief for construction studies, working on a project or preparing for a test.

Successful students set specific goals for their study time which will help you stay focused and monitor your progress. You must be very clear about what you want to achieve. Your time is precious so use it effectively. So, start working when planned and do not procrastinate. We know that studying is not easy and there are always excuses to do something more satisfying. Remain disciplined. It might be useful to start with the most difficult assignment.

A good student is organised. They always have their notes, handouts from teachers and textbook at the ready for each session and get more done with less time. This will keep you focused on the task at hand.

Now, we get on to the tricky part, the smart phone. Your mobile can be "the enemy" of studying. Its simply a major distraction and you must take personal responsibility and be disciplined with its use. I know you might not welcome this advice. Just turn it off and call your friends when finished your work.

Finally good students review their work over the weekend, filling in any gaps and preparing to be ready for Monday.

Don't forget that weekends are also fun time; a reward for all the hard work, time to relax, get some exercise and meet up with friends.

So good luck for now. More next week...











OPEN NIGHT 2023

THURSDAY, SEPTEMBER 28TH, 7.30PM



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ARCHITECTURE KERRY 2023 BRINGING LIFE TO SPACES

Architecture Kerry is now in its sixth year and will celebrate Kerry's built environment. The festival is funded by Creative Ireland and Kerry County Council and features FREE talks, exhibitions, guided tours and children's events.







It showcases the extraordinary built environment on offer in Kerry and is open to people of all ages. The vision behind Architecture Kerry is to show why good architecture, design and vibrant public spaces are vital to our quality of life. Experience exciting opportunities to visit some hidden gems throughout the country with tours led by architects and owners.

architecture.kerrycoco.ie

OPENING SYMPOSIUM | THURSDAY 28th SEPTEMBER | 5.30pm

VENUE: Tralee Library, Moyderwell, Tralee



'WHERE AN INCH IS A MILE'

The Architectural Association of Ireland (AAI), in partnership with Architecture Kerry, is delighted to present 'Where an Inch is A Mile', the opening symposium of the 2023 festival.

Curated and introduced by AAI President Orla O'Kane, completed and in-progress projects from across the county will be presented along three themes chosen to highlight architectural work being undertaken under particular conditions and contexts; The Contemporary Rural House, The Kerry Town Centre, and Materiality & Landscape.











SPEAKERS: Ryan W. Kennihan of Ryan W. Kennihan Architects, Noreile Breen, Maxime Laroussi of Urban Agency, Douglas Carson of Carson & Crushell Architects, Karol O'Mahony, and David Williams of Wrkshop Architects.

CHILDREN'S EVENTS







- ArtLab School Workshop: The Castle of the Island Castleisland Area Services Building, Castleisland
- Technology & Architecture with Makermeet.ie Listowel Library/Killorglin Library/Caherciveen Library
- Living History Workshop Kerry County Museum, Tuesday 26th Friday 29th Sept.
- Kerry Young Historian & Living History Presentation Kerry County Museum, Wednesday 27th Sept.
- The Easter Rising & irish Revolutionary Era Kerry County Museum, Saturday 30th Sept
- Construct Fun with Me + The Moon, Tralee Library, Moyderwell, Tralee Thursday 28th Sept.
- Designer Minds Killarney Library, Thursday 28th Sept and Tralee Library Friday 29th Sept

For further details on all our children's events please see:

architecture.kerrycoco.ie



MOON

















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KERRY BUILDING CONSERVATION projects

FRIDAY 29th SEPTEMBER | 6.00pm - 9.00pm



KERRY'S Houses











Fri 29th

& Sat 30th September

10am-5pm daily



AN ENDURING LEGACY OF LOST TREASURES

VENUE: Kerry Writers' Museum, 24 The Square, Listowel, V31 RD93

SPEAKERS INCLUDE:

Dr John Knightly, Tom Dillon,

Dr Arnold Horner and Jack Blanchfield, 2022 Winner of the Kerry Archaeological

and Historical Society's Junior Kerry

An event to celebrate Kerry's big houses and landscapes as part of the Kerry Building Conservation Project. This is funded by the Heritage Council under the County Heritage Plan Grant Scheme and Kerry County Council.

Enjoy an evening of talks led by leading academics and historians. In addition, the Kerry Writers' Museum will host 'Burning the Big House: The Story of the Irish Country House in Revolution 1920-1923', an exhibition curated by Professor Terence Dooley, Head of the History Department at Maynooth and Director of the Centre for the Study of Historic Irish Houses and Estates (CSHIHE). This exhibition explores the legacy of the War of Independence and Civil War when nearly there hundred country houses were burned. Whether they were symbols of colonialism or centres of Irish culture and craftsmanship, their legacy has endured.

architecturekerry@kerrycoco.ie SEE FULL PROGRAMME:

architecture.kerrycoco.ie

Young Historian Award.















TO BOOK email:



Big Crowds enjoy action packed day on Opening Day of Harvest Racing Festival

Raymond and Gillian Gilbourne, from Milltown, County Cork, were the overall winners of the Lyrath Estate Best Dressed Couple Competition judged by Kristin McKenzie Vass, on the opening day of the 7 day Listowel Harvest Racing Festival. Stylishly co-ordinated in Autumn hues of mustards and golden browns, the couple won a luxury escape to Lyrath Estate Hotel in Kilkenny including an Estate view guestroom with breakfast on both mornings and dinner in the Grill Restaurant on an evening of their choice. The runners-up were Mary and Philip Woulfe; Kristy Collins and Sean Keating and Elish and Jimmy Lyons who all won an overnight with breakfast in Lyrath Estate Hotel in Kilkenny. There was also a special judges prize for a very fashion-forward mother and daughter duo, Karen Kelliher and Shauna Russell, who wore identical houndstooth jackets with matching red lace-up boots and they received a luxury afternoon tea in Lyrath Estate Hotel and two tickets to the 2024 Listowel Racing Festival.

There was a fantastic atmosphere on the course for the first day of this much-anticipated harvest festival in Listowel and the weather Gods got into the festival spirit and the rain stayed away to give racegoers a dry and warm afternoon. Sunday was also family day sponsored by Garvey's SuperValu and highlights included the free Wooly Farm with chicks, guinea pigs, hens, ducks, rabbits, lambs, piglets and pygmy goats and Winnie the Donkey and a mini Disco, face painting, free balloons and Coco Melon & Mickey Mouse! Racegoers were also treated to a spectacular performance by Superbly to end a wonderful first day at the Listowel Harvest Races.

Pictured: Judge Kristin McKenzie Vass with winners of the Lyrath Estate Best Dressed Couple, Gillian and Raymond Gilbourne. Photo John Kelliher



FOREVER IN BLUE JEANS

One of fashion's most iconic and versatile pieces of clothing - denimwas celebrated in style at Listowel Races this afternoon (Monday 18th September) with the return of the 'Forever in Blue Jeans' competition!

It was generously sponsored again by O'Connor's Hardware & Farm Supplies and judged this year by top model and actor, Timmy Dowd. The overall winner in the male category was Paul Scanlon and the overall winner in the female category was Shauna Russell. Each received a cheque for €200.

Pictured: Winner of Forever in Blue Jeans at Listowel Races on Monday were (from left) Paul Scanlon (winner Male Category), Larry O' Connor and Sadie O' Connor, sponsors, O Connor's Hardware and Farm Supplies; Shauna Russell, (winner Female Category) and judge, top model and actor Timmy Dowd. Photo John Kelliher

Vistouel Races Day 2



Listowel Races

Distouel Races Day 3

Young Race-Goers take Centre Stage in the Style Stakes as top DJ Marty Guilfoyle entertains the crowd!



Young Race-Goers turned out in style today on the third day of the Listowel Harvest Racing Festival and dressed to impress to win a total cash fund of €500 sponsored by the Race Company. The overall winner of the Best Dressed Man was Jason Burke and the Best Dressed Woman was Megan Gaughan. Each received €150. The winner of the most Sustainable look was Sean Woulfe and the Most Creative look was Tallula Bella Courtney. Each received €100. Top Irish DJ Marty Guilfoyle entertained the crowd for free and the 3 times British Champion Jockey Oisin Murphy secured his first winner on his local track as he sealed the deal aboard Dragon of Malta for Pat O'Donnell. All in all, a brilliant day at the races with four more days of serious fun and serious racing to look forward to over the week. Visit www.listowelraces.ie for more information and follow the hashtag #listowelraces on Facebook, X and Instagram for updates and to join the conversation!

For the dedicated followers of fashion, there are still 3 more super stylish events to go! Men get the chance to strut their stuff on Thursday at the Ryles Menswear Best Dressed Man, Friday is the McElligotts Kia Ladies Day with a trip for New York for the best dressed and the closing day features Sustainable Style Saturday sponsored by Listowel Tidy Towns and an Taisce. Tickets for Listowel Harvest Racing Festival can be purchased online or at turnstiles on the day for €25 Wednesday, Thursday, Friday & Saturday, with a 20% discount for groups of 20 or more.

Pictured: From left the winner of the most Sustainable Look, Sean Woulfe and the winner of Most Creative look was Tallula Bella Courtney, Stephen Fogarty (MTU SU President), Marty Guilfoyle (DJ); the Best Dressed Woman was Megan Gaughan and Best Dressed Man was Jason Burke. Photo John Kelliher



FRIDAY 22ND

Matt Dillon DD Excel
FROM 6-9PM 10PM TO CLOSE

SATURDAY 23RD

8PM Treland V South Aprica FOLLOWED BY LIVE MUSIC & DJ TO CLOSE

PRE RACE MUSIC WED | THURS | FRI & SAT

The Ferrymen 12.30-2.30PM

OPEN FOR FOOD 7 DAYS A WEEK





BALLYBUNION

HALLOWEEN MARKET

We are delighted to announce the annual Ballybunion Halloween Market will happen on Saturday 21st October at Ballybunion Community Centre from 10am to 3pm.

For more information and stall bookings, please email ballybunioncommunitymarket@gmail. com

CHILDREN'S ART AND CRAFT CLASSES

Children's Art and Craft Saturday classes. Autumn/Winter Schedule 2023 Sept 30th, Oct 14th & 28th. Nov 11th & 25th. Dec 9th & 23rd. Classes are from 11:30am to 1:30pm. For any further information contact Marie 0860664435 (Booking advised).

CONDOLONCES

We would like to express our deepest sympathies to the family Mary Doherty (née Quane) Kilconly, Ballybunion. May she Rest In Peace.

LEARN HOW TO RELAX CLASSES

This class teaches people a very practical step by step approach on how to control your thoughts, relax your mind and practise what we call meditation. The course includes yoga breathing techniques, meditation, stress management and NLP- a technique that shows you how to achieve goals in life. Starts Monday 25th September from 7.30pm-8.30pm in Ballybunion Community Centre. Bring a yoga mat, some paper and a pen, All welcome to attend. Private group and individual sessions are also available. Contact Grainne 087 9762862 or email energiseme.ie@gmail.

BALLYBUNION RUNNING CLUB

Running Club is here Registration night in Mikey Joe's out the back on Wednesday 27th of September, between 8pm & 10pm, Cash only please any enquiries ballybunionrunningclub@gmail.com or find us on Facebook or Instagram Ballybunion Running Club.

OCEAN MEDICAL BALLYBUNION

There is increasing demand for appointments. We are also seeing increasing nonattendance despite getting a text reminder. If you do not cancel your appointment within 24 hours a fee will be applied to your account. It may also limit your ability to book ahead in the future. This is so we do not waste appointments and can offer one to someone else.

SCOIL ÍOSAGÁIN CLOTHING COLLECTION

The Parents Association are holding a Clothing Collection on Tuesday 3rd October. Clothes can be dropped to the front door of the school at any time during the school year, during school hours Monday to Friday only. Reusable items of clothing, bed linen (No Duvets or pillows), paired shoes, belts, handbags, towels and curtains. Please do not leave bags at the school gates.

SOCIAL DANCING

Social Dancing every Tuesday night at 7.30pm upstairs in the Community Centre "The Old Central Ballroom" A great night of fun and dancing including waltzing, jiving, quick set, line dancing etc. Please come along and show your support. You do not need a partner on the night.

RETROFIT WITH ASTRID

Retrofit is back in Ballybunion, As the winter months begin to creep in, we will be moving and grooving to the sounds of the 70's, 80's and 90's in this fabulous dance fitness workout. This is the class that brings joy back into our lives. Leave the outside world behind and come and get your sparkle on as we dance our way towards the end of the year! It's all about the feel good factor! Everybody is welcome - all shapes, ages, sizes and abilities. This is a 5 week course starting on Thursday 21st September from 7.30pm-8.30pm in Ballybunion Community Centre. Costs €60, Booking is essential, Please Contact Astrid if you would like to reserve your place.

TINTEÁN THEATRE

New event added for Saturday 30th September The Brú Ború performance group based out of the Brú Ború Cultural Centre, Cashel, Tipperary. The unique Brú Ború performing group have achieved international recognition on five continents and have just finished their summer series of shows in the Brú Ború Cultural Centre. Among their most recent high profile performances took place in Brú Ború in March 2022 when they spectacularly entertained Prince Charles and the Duchess of Cornwall on their state visit to Ireland. The group have also represented Ireland at five World EXPO's over the last 20 years. You can secure your tickets now via the Tinteán Theatre website. www.tintean.ie.

BALLYBUNION PARENT & TODDLER GROUP

The parent & Toddler group will be back on Wednesday September 27th from 10am-12.30pm in Ballybunion Community Centre. This is a great meeting place for parents & carers with babies & small children to relax & chat together while children play. Everyone is welcome to attend. Cost is €3 per family which includes snacks and group outings. For more information please contact Laura on 087 057 3384.

BROMORE CLIFFS

Take a walk along the cliffs of Bromore with spectacular natural scenery. Breath-taking views of wildlife, heritage and the Devil's Castle. Situated only a mile north of Ballybunion, Open daily from 10am, Contact Mike on 087 950 2167

TARBERT

TARBERT NEWS

Email; tarbertnews@outlook.com or telephone Patrick Lynch at 068/36117 on or before 7pm Sunday.

DEATHS

The death took place of Sr. Sheila Collins, Daughters of Mary and Joseph, Los Angeles and formerly of Ballygoughlin, Glin. Sr. Sheila died on Thursday 7 September in the St. John of Gpd Retirement Care Centre, Los Angeles. Her funeral service took place on Friday 15 September in Los Angeles. A Memorial Mass also took place in St Mary's Church, Tarbert on the same day. There was a large congregation at this Mass which was celebrated by Fr William King, a priest of the Dublin Archdiocese assisted by Fr. John O'Connor and Fr. Philip O'Connell, Tarbert. In his homily, Fr King, a native of Kilflynn, said that he got to know Sr Sheila over 50 years ago in San Diego in the United States and he was always impressed with her humility and work ethic. Fr John told of how she had left her home in Ballygoughlin, Glin at the age of 15 to join the Order of the Daughters of Mary and Joseph, how she had worked as a teacher and had become a community leader in her Order, a position from which she retired in 2012. On holidays he remembered her cycling around the area, meeting up with neighbours. Fr King at the conclusion of his address complimented St Mary's Choir and Sacristan James for his efficiency.

Sr Sheila was aged 90 when she died and was predeceased by her parents William and Nora, her brother Sean who died in 1986, her sister Anna who died on 31 October 2022 and her grand nephew Stephen. Sympathy of the Community is extended to her sisters, Mai (Carr), Josephine (Walsh) and Frances (Walsh), brother-in-law Maurice, nephews, nieces, relatives, friends and Sisters in the Daughters of Mary and Joseph

The death also took place of Denis McCarthy, formerly of Tarbert and Santry Dublin

who died on 6 September in Dublin. Denis was grandson of Denis and Margaret McCarthy, Chapel Street, Tarbert. Margaret McCarthy carried on business as a Grocer and Publican in Chapel Street and she died in 1943. Prior to her death she sold the premises to Paddy Carmody, a retired RIC man with the proviso that she would live out her remaining years on the premises. Sympathy to Denis's son, daughter and sister Mary. Beannacht Dé le h-anamacha na marbh go léir.

BIRTHDAY WISHES

Congratulations and continued good health and happiness to Fr Philip O'Connell, Chapel Street who celebrated his 88th. Birthday last Friday 15 September. Fr Philip spent nine years as Religion Teacher and Student Chaplain in Tarbert Comprehensive School before returning to parish work in the mid 1980's, his last appointment being in Ballylongford where he served as Parish Priest for 15 years. He continues to assist in the celebration of Mass at St Mary's Church. Tarbert.

RACES ENTERTAINMENT

In keeping with the tradition to mark the Listowel Racing Festival, Nuala Carmody will host 'The Wicklow Boys' and their music on Wednesday and Thursday nights this week providing entertainment for those wishing to enjoy the Race Week festivities in comfortable surroundings.

JIM RETIRES

Best wishes to Mayor of Kerry and Chairman of Kerry County Council, Jim Finucane who has decided to retire from active politics and will not be seeking re-election at next year's local elections. Jim who is 66 was first elected to Tralee Urban District Council for Fine Gael in 1986 and successfully contested 5 elections and served 29 years on the Urban and County Council combined. He is highly regarded across the political divide and a great ambassador for Tralee and Kerry during his term of office. Jim was born in Tarbert to the late Danny and May Finucane. He attended the local National and Comprehensive Schools. He worked for a while in Dublin where he was a founder member of Youn Fine Gael. He returned to Tralee and set up in business as an Auctioneer . Jim has been a staunch supporter of the proposed Shannon LNG project since it was first mooted. We wish Jim and his wife Sheila a happy retirement.

SWANKY CATHY FUNDRAISER

A reminder that the Fundraiser Night takes place in the Swanky Bar on Saturday 30 September at 9pm. There will be an auction of a greyhound pup, sponsored by Saleen kennels on the night as well as numerous other prizes in a monster raffle on the night.

SHANNON LNG

The announcement by an Bórd Pleanála that the proposed Shannon Lng Project is contrary to current Government policy and could not be supported at this time came as a disappointment to many who have supported it through various planning battles over the past 16 years. Minister Ryan's promises to bring greater investment and more jobs to the region in the development of offshore wind energy should now be put to the test. Public representatives and community organisations in the region should now put pressure on the Minister to follow through on his words with a definite timeline and targets for their implementation.

THE RAMBLING HOUSE

The Rambling House featuring the best of traditional music, song and culture will take place at the Community Centre, Tarbert on Saturday next 30 September at 8pm. Singers and musicians from North Kerry and West Limerick will take part. There will be a cupán tae ina diaidh in Kitty's Kitchen agus fáilte roimh gach éinne.

TARBERT BRIDEWELL

Would like to thank everyone who contributed or donated cakes, buns, etc to the Swanky Cathy Fundraising Coffee morning held on the 15th September. The Coffee Morning raised €1146.55,we are very grateful for your support.

BALLYLONGFORD

CULTURE NIGHT 2023

A feast of fun awaits at Finucanes Bar on Thursday 21st September. We are celebrating Culture Night a little earlier than the national date to avoid a clash with Ladies Day at the Listowel Races.

Michael Healy Rae TD will open the night for us, and at 8.15pm will go on to judge the Boiled Egg Eating Contest. This contest follows in the tradition of other eating competitions hosted in Ballylongford, such as our annual Oyster Swallowing and also last years Potato Eating. Celebrating our great culture of Irish music, local man Michael Horgan will be providing entertainment afterwards.

We will be observing a strict start time to allow our younger patrons to watch the fun and take part in the other celebrations. Under 18's are permitted until 9.30pm, and must be accompanied by a guardian. All are welcome.

MONDAY NIGHT YOGA

At the Parish hall 7pm €12 pay as you go or €40 block of 4 sessions. Places are limited.

To pre book your mat WhatsApp or text Elisha 087 343 5231

MOVE WITH MARTINA

Chair based exercise classes! Seated fitness, function & balance. Venue: Ballylongford Parish Hall Class time: 8pm Wednesday To book your chair please contact Martina on 087 7973688

TFI LOCAL LINK

Route 274 daily return service from Tarbert to Tralee. For information, call (066) 714 7002 or visit www.locallinkkerry.ie

NOTES: If you would like to include something in our weekly notes, please email ballylongfordnotes@gmail.com or phone/WhatsApp 087 930 8223.

TAKE AWAY 068 57430

EABHA JOANS



'Restaurant Quality Food to enjoy in the comfort of your own home'

Starters & Snacks

Creamy Roasted Soup of the Day with Homemade Brown Bread (1,2,4,7) €5.00

Crispy Chicken Wings in our Secret House Sauce (9,10,11) Small €8.00 Large €14.00

Southern Fried Kentucky Chicken Wings with a BBQ Dip (1,4,7,11) Small €8.00 Large €14.00

Creamy Chicken & Mushroom Vol Au Vent (1,4,7,14) €8.00 (Main course portion with choice of sides €14.50)

Main Courses

Golden Chicken Milanese, Sauté Potato, Salad & a Mushroom Sauce (1,4,7,9) €15.50

Penne Pasta Carbonara, Fresh Parmesan Shavings & Garlic Bread (1,4,7,9,14) €14.50

Chef's Freshly Carved Roast of the Day Specials (7) €15.50 (Half Portion of Roast of the Day €11.00)

Our Famous Battered Fish & Chips, Tartar Sauce, Coleslaw & Lemon (1,3,4,5,7,9) €15.50

Homemade Beef Lasagne, Garlic Bread, Salad & Chips (1,2,4,7,9) €14.50

Chicken Curry & Rice (1,2,9,10,14) €14.50

Sweet Chicken & Vegetable Stir-fry with Rice (2,9,10,14) €14.50

MEAL DEAL Any Burger or Wrap

With Chips & a Drink of your choice €14.95

House Speciality Burgers

"The Gearoid Daniel" Our Classic Homemade Beef Burger topped with Bacon & Cheese, Ketchup & Caramelised Onion in a Toasted Brioche Bun (1,4,9,10) €9.00

"The Big Bird" Our Homemade Chicken Fillet Burger topped with Cheese, Crisp Lettuce, Red Onion, Coleslaw & Tangy Mayonnaise in a Toasted Brioche Bun (1,4,9,10) €9.00

"The Little Piggy" Our Slow Cooked BBQ Pulled Pork, Shredded Cabbage, Caramelised Onion, Mild Garlic Mayo in a Toasted Brioche Bun (1,4,9,10) €9.00

"The Hawaiian" Our Classic Homemade Beef Burger topped with Grilled Pineapple, Bacon & Cheese, Pink Sauce in a Toasted Brioche Bun (1,4,9,10) €9.00

"The Kentucky" Our Homemade 'Golden Crumbed' Chicken Burger topped with Cheese, Crisp Lettuce, Red Onion, Coleslaw & Tangy Mayonnaise in a Toasted Brioche Bun (1,4,9,10) €9.00

Daily Dessert Specials on Display in our Chilled Deli Counter €5.00

Our Signature Warm Wraps

"The Éabha Joan" Warm Southern Fried Chicken, Ballymaloe Relish, Coleslaw & Cheese Wrap served with Salad Garnish & Coleslaw (1,4,7,9,10) €9.00

"The Tae Lane" Warm Southern Fried Chicken, Garlic Mayo, Lettuce & Cheese Wrap served with Salad Garnish & Coleslaw (1,4,7,9,10) €9.00

Our Loaded Homemade Chips

- Topped with Garlic Mayo & Cheese (4,7) €7.00
- Topped with Bacon & Cheese (7) €7.00
- Topped with our Homemade Curry (1,2,9,10) €7.00

Our Deluxe Loaded Homemade Chips

Twice Cooked Homemade Chips topped with choice of the following:

- Crispy Bacon, Spanish Chorizo & Silky Cheese Sauce (1,7) €10.50
- BBQ Pulled Pork, BBQ Sauce, Garlic Mayo & Spring Onion (1,4,9) €10.50
- PIZZA FRIES Crispy Pancetta, Mozzarella, Parmesan, Basil & Tomato (7) €10.50
- SPICE BOX Crispy Spicy Chicken, Sweet Thai Chilli, Garlic Mayo, Mixed Peppers & Onions (1,2,4,9,11) €10.50

Sides

Twice Cooked Homemade Chips €4.50 Twice Cooked Sauté Potatoes €4.50 Homemade Battered Onion Rings with Garlic Mayo Side (1,4) €4.50

Kiddies Corner

Kiddies Meal Special (1,4,5,7,10) €8.00 Sausages, Fish Fingers, Burger or Nuggets served with Skinny Fries & Juice

Kiddies Roast of the Day (7) €8.50

Kiddies Penne Pasta & Tomato Sauce (1,2,4,9) €6.50

Baby Bowls with Meat of your choice (7) €4.00

Takeaway Drinks & Wines

Cans of Minerals €2.00

Still/Sparkling Water €2.00

Bottle House White Wine (Sauvignon Blanc or Pinot Grigio) €20.00

Bottle House Red Wine (Cabernet Sauvignon or Merlot) €20.00

Allergen List: 1. Cereals containing Gluten 2. Celery 3. Crustaceans 4. Eggs 5. Fish 6. Lupin 7. Milk 8. Molluscs 9. Mustard 10. Tree Nuts 11. Peanuts 13. Soybeans 14. Sulphur Dioxide & Sulphites

WE ARE OPEN FOR INDOOR DINING & TAKEAWAYS

OPENING HOURS: Thurs from 4pm • Fri from 4pm • Sat rom 12pm midday • Sun from 12pm midday

Call & Collect: 068 57430 - 21 Market Street, Listowel Support Listowel's Restaurants, Order a Quality Takeaway Today!

LOCAL NEWS

BALLYDUFF

LOTTO DRAW

The results of the weekly Ballyduff GAA Club, Lady's Walk Hurling Club and the Ballyduff Community Games Committee Lotto Draw for Tuesday September 12th are as follows: The numbers drawn were 10, 16 & 28 and the Bonus number was 3. There was no winner of the €11,000 Jackpot or the €400 Match 3 prize. The €20 consolation prize winners were Paul O'Carroll, Knopogue; Andrew Sheehy, Benmore Estate and Kay Enright, Kilmore. The Lotto Draw takes place on each Tuesday night at the GAA Clubrooms. Tickets cost €2.50 each and are available at the local shops and businesses and from members of the promoting Clubs. Remember "If you are not in you can't win". You may also play the Lotto online at www.ballyduffgaa.com.

BALLYDUFF GAA

Minor Football:

Well Done to our Minor Football Team who had a great win in the semifinal of the Keane's sponsored County Club Championship. They defeated John Mitchells on Saturday last at John Mitchells home ground in Tralee. The home side were ahead early on but the visitors, after missing a number of chances, had three goals just before halftime and led by six points at the interval. It was sore for score in the second period with Ballyduff always in control and ran out winners on the score Ballyduff 3 – 11 John Mitchells O – 15. Ballyduff now meet Moyvane in the final this coming weekend with date and venue to be decided.

Senior Hurling:

County Champions Crotta were visitors to Ballyduff for round two of the North Kerry Senior Hurling Championship. Both teams were under strength due to football commitments with Shannon Rangers and Feale Rangers. Ballyduff played well and were leading by six points with twelve minutes left when they had a man sent off (wrongly). This changed the game completely and Crotta went on to win by three points 1-18 to 2-12.

Shannon Rangers:

Shannon Rangers Senior football team travelled to Tralee's Austin Stack Park on Saturday last to take on Kerins O'Rahillys in the Garvey's sponsored County Senior Football Championship and after a good display they came up short by five points on a scoreline of 1-21 to 1-16. Ballyduff was represented by Kevin O'Connor, Adam Segal (0-1), Jack O'Sullivan, Podge Boyle, Mikey Boyle (0-3), Kevin Goulding (1-2), Michael Slattery. They are in action again this coming week end with the fixture to be announced on Monday last.

All Ireland Masters Final:

Hard luck to the Kerry Masters Football team who were defeated by defending Champions, Tyrone in the All-Ireland Final in Roscommon on Saturday last. Ballyduff was represented on the team by John Paul Leahy.

TFI LOCAL LINE

Route 274 daily return service from Tarbert to Tralee (via Ballyduff), operating 7 days a week. For timetable information, call (066) 7147002 or visit www.locallinkkerry.ie

CULTURE NIGHT

The 18th annual Culture Night will take place at venues all over the county on this Friday September 22nd with Arts Programmes offering something for everybody. From Cahersiveen to Listowel and from Dingle to Killarney more than 40 events will take place throughout Kerry and with something for everybody this Culture Night, crowds are again expected to flock to see the programme of free Cultural Events on the night. For a full listing of events in Kerry, visit: www.culturenight.ie/location/kerry/

GALA CONCERT

A Gala Concert featuring Red Hurley, supported by the St. John's Gregorian Choir, Kerry School of Music Orchestra and the Kerry Chamber Choir will take place at St. John's Church, Castle Street, Tralee on this Sunday September 24th at 7.30pm. Tickets cost €20 and all proceeds will go to the Kerry Hospice Foundation. Tickets available from Kay at (087)6363831.

A THOUGHT

Look for something positive in each day — even if some days you have to look a little harder.

NEWS ITEMS

All items for inclusion in the Ballyduff Notes must be with the writer on each Sunday by 8.00pm sharp. Please email your items or photos to johnwhite330@gmail.com or phone (087)6732856..

LIXNAW

ST MICHAEL'S CHURCH

Monday 18th September, Mass at 7.30pm for Mary, Willie, Billy & Kay Byrne, Garrynagore. Wednesday 20th September, Mass at 10.00am. Friday 22nd September, Mass at 7.30pm for Eileen Dineen, Ahabeg Cross. Saturday 23rd September, Mass at 7.30pm.

IRREMORE CHURCH

Sunday 24th September, Mass at 11.00am for Liam Buckley, Finuge.

RATHEA CHURCH

Sunday 24th September, Mass at 9.30am.

CAR WASH & VALETING SERVICE

A car wash & valeting service is now available in Lixnaw at the side of Gibbons Filling Station. Plenty of options to choose from: wash & vac; wash & dry; mini valet or full valet. For bookings & quotations, please call 089-450778.

CLASS OF 1968

I have commenced the process of organising a future meet up of all ladies who started at Lixnaw Convent Primary School in 1968. Anyone interested please leave your name and number at Lixnaw Post Office, who have kindly offered to help. Jane Gilbert.

LIXNAW GAA CLUB

LOTTO DRAW

Date:11/09/2023, Jackpot €11,500. Numbers drawn were: 18, 19, 22, 26. No jackpot winner. €20 winners: Margaret Kennelly (online); Steve Baker,

Clandouglas; Ed Mulvihill, Finuge. Next week's Jackpot will be €11,550.

SPLIT THE BUCKET DRAW

Congratulations to Mary Curran, on winning €103 in the Split the Bucket Draw. Next week's draw will take place in The Post Office. Thanks for your continued support.

RESULTS AND FIXTURES

The minor team were defeated by two points in the North Kerry Championship by Ballyheigue in Hermitage Park on Thursday evening.

The North Kerry Intermediate Championship Final, which was due to be played in Abbeydorney, with the local team providing the opposition on last Wednesday evening, was postponed quite late on Wednesday afternoon, much to the disappointment of the Lixnaw players and team management.

The senior team are scheduled to play St. Brendans in the second round of the North Kerry Championship this Tuesday evening at 6pm in Ardfert.

FINUGE GAA CLUB

FINUGE 500

Finuge GAA Club has recently launched the Finuge 500 monthly cash draw. ϵ 500 must be won every month! Entry for each month is ϵ 5 with envelopes available at McCarthly's Bar, Foleys Shop, Stacks Londis, JJ Walsh Butchers and Gibbons Filling Station, Lixnaw. Also available online at www.finugegaa.com, with a 6-month ticket for ϵ 50 (2 free entries). Draw takes place at the end of each month.

CONTACT

To include items in the Lixnaw notes, please email lixnawnotes@gmail. com by 10pm on Sunday evening.

KILFLYNN

MOBILE LIBRARY

The Kerry Mobile Library Service for Kilflynn area September to December. Monday 18th September, Monday 2nd and Monday 16th October, Monday 13th and Monday 27th November and 11th December from 2.30p.m to 3.45p.m in St. Mary's Church Car Park, Kilflynn.

KILSHENANE/KILSINON CEMETERY

It is proposed to organise a working committee for the upkeep and improvements of the graveyard. The graveyard is not accessible to all at the moment and needs better access etc. A meeting has been arranged at the clubhouse Mountcoal on Friday 29th September at 8pm. We would appeal to all who have relatives and friends buried here to please attend. Please spread the word. All are welcome.

FASHION SHOW

in St.Columbas Centre, Kilflynn on Friday 24th November 2023.

SPLIT THE BUCKET

The next draw for the Kilflynn Community Together "Split the Bucket" will take place Saturday, 30th September in Herbert's Bar, Kilflynn @ 10:00pm. Get your entries in (as many as you like) before Saturday night 30th September! It could be your lucky Night! We have buckets at various businesses around Kilflynn: Parkers Pub, Herbert's Bar and Zam Zam Kebab. The concept of the draw is simple, simply place your €2 into the envelope at the venue, write your name and phone on the envelope and you could possibly split the bucket!'

KERRY COUNTY MUSEUM

The Kerry County Museum are delighted to announce the autumn programme of free events funded by the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media through their After Hours at the Museum Scheme 2023. All are welcome.

What's the scéal? An evening with master storytellers Sonny & Frances

Join North Kerry legendary storytellers Sonny Egan and Frances Kennedy for an evening of story and entertainment

Thursday 5th October. Time:7:30pm. Venue: Kerry County Museum Events are free but booking is necessary: 0667127777

NORTH KERRY HURLING FIXTURES

North Kerry Senior Hurling Championship Round 2 Group 1: Ballyduff v Crotta O'Neills on Friday 15th September at 6.30p.n in Ballyduff.

HURLING RESULTS

On Friday, 15th September at the sporsfield, Dromakee.

North Kerry Under 14 B Championship Final - [Todd Nolan Memorial

Tralee Parnell's 6-11 Crotta O'Neill's 1-10.

Congrats to Tralee Parnells, hard luck to the Crotta players & mentors. On Friday 15th September at the sportsfield, Ballyduff North Kerry Senior Hurling Championship

Round 2 Crotta O'Neill's 1-18 Ballyduff 2-12. Well done the Crotta players

ACTIVE RETIRED GROUP

The Abbeydorney/Kilflynn Active Retired Group will meet for a social meeting on Wednesday 20th September in the Abbeydorney Parish Hall., we look forward to meeting our regular participants and if there are any new comers interested in coming along, please contact Marie on 066 7135831.

CROTTA LOTTO JACKPOT HITS €6,000

The Crotta hurling club weekly lotto draw was held on Monday night 18th September at Parker's Pub, Kilflynn. The Four numbers drawn out of the drum by the independent observer: Graham Harris, Clounsillagh, Lixnaw were 5,7,8 and 23. There was no winner of the 5,900 Jackpot. Congratulations to the following who won €35 in the lucky dip draw: Pat Heaphy, Dysert, Lixnaw, Sonny Egan, Garrynagore, Lixnaw and Nick Shanahan, Irrebeg, Lixnaw

The next draw will take place in Herbert's Bar, Kilflynn on Monday 25th September at 10.30p.m with a €6,000 Jackpot.

Tickets available 3 for €5 online visit www.crottagaa.club or this link https://play.clubforce.com/play_newa.asp?ll_id=427#Anchor or Herbert's Bar/Village Store, Parker's Pub, Zam Zam Kabab, Foley Shop Lixnaw, Abbeydorney Post Office or from Club ticket sellers. Many thanks to all who contribute to our weekly Club Lotto. The Club cannot emphasise enough the importance of our members promoting the Club Lotto among family, friends, and work colleagues. Your continued support is greatly appreciated

ABBEYDORNEY/KILFLYNN ST. VINCENT DE PAUL

Confidential number 087 7086253. St. Vincent de Paul Society clothes can be donated locally at the Disposal Facility at Abbeydorney GAA Complex or the Railway Bar Car Park, Lixnaw. Your support is greatly appreciated.

ALONE

Are currently looking for befriending volunteers in your area. Visit www. alone.ie for more details and to sign up. If you have concerns about your own wellbeing or are an older person who would like to receive ALONE's Support & Befriending services, contact ALONE on 0818 222 024 from 8am — 8pm, seven days a week 7135831 if you have any queries regarding joining our active retired group.



Follow us on Social Media





Ballybunion, Kerry

Purchase online at www.tintean.ie

UPCOMING EVENTS

Saturday 30th Sept.

BRU BORU

IRISH TRADITIONAL MUSIC, SONG AND DANCE

Saturday 21st Oct.

MAC FLEETWOOD

EUROPES PREMIER FLEETWOOD MAC TRIBUTE

Saturday 4th Nov.

80'S ICONS

PLAYING ALL THE 80'S HITS & CLASSICS

Friday 10th Nov.

DAN MCCABE

WITH SPECIAL GUEST SINA THEIL

Saturday 25th Nov.

JACK L

NORTHERN LIGHTS - SONGS OF THE WINTER SOLSTICE

Saturday 2th Dec.

CLIONA HAGAN

IRISH COUNTRY MUSIC SUPERSTAR

Saturday 9th Dec.

TOMMY FLEMMING

PREFORMING IRISH & CONTEMPORARY CLASSICS!

DOORS 7PM & SHOWTIME 8PM UNLESS OTHERWISE STATED!

BOOK YOUR TICKETS NOW AT WWW.TINTEAN.IE



Cutting the barley at Ahacoora, Lixnaw last week with a smiling Jack Dolan. Photo Moss Joe Browne



Martin O'Flaherty from Moyvane who made a trip to Tralee on Sunday morning hoping to buy a Strimmer at the car boot sale. Photo Moss Joe Browne



Orlaith Frizelle, Ballylongford with Rachael Blackmore after her win on Popova last Sunday at The Listowel Races



Listowel Celtic U12 B team who won 3-1 against Killarney Athletic at the weekend



Listowel Celtic U12 A team in action last weekend



First Cousins Willow Walsh and Katie Keane having fun at The Listowel Races Family Day last Sunday



Máiread Harnett from Listowel with her nephew Christopher Harnett at his wedding in West Sussex, England to Antoinette. Also in photo is Christopher's nephew Jack Holmes



Sam Sparks from Killocrim Listowel who recently caught a 2 foot long bass off the beach at Ballyheigue



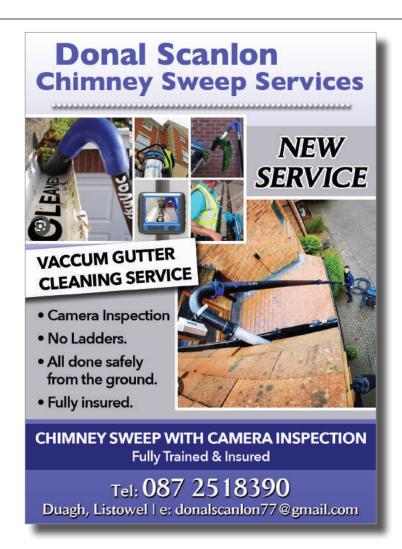
Well done to Darren Kenny of St Brendan's Athletic Club, who was the first person home to finish the recent Cashen 5k Dash. Huge congratulations



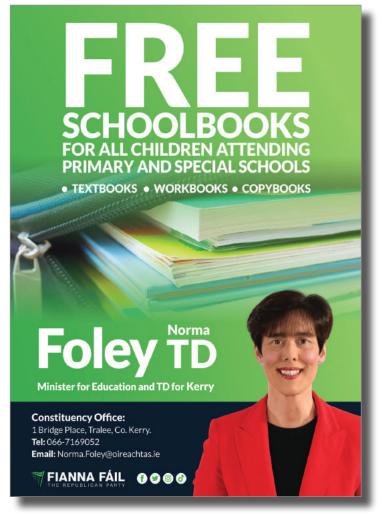
Listowel Celtic U13 Girls training on Tuesday 12th September

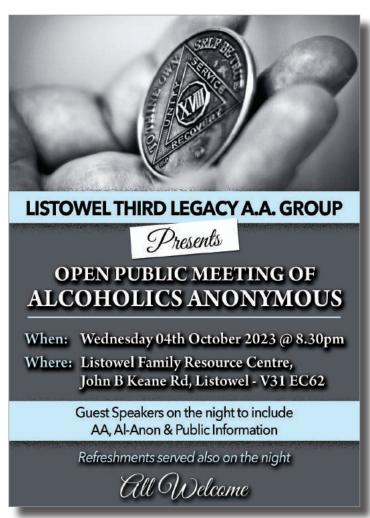


Happy 21st Birthday to Kalin Foley, Rathea, Listowel









SPORTS NEWS

BEALE GAA

Tight for numbers, Beale juniors came up short against Cordal in the first round of the Kerry Cup in Páirc de Staic on Saturday. It was a good competitive game, with a six-point difference at the end, 2-11 to 2-5. We now play Clounmacon in the Kerry Shield semi-final. The game is scheduled for Clounmacon on Saturday at 4 o'clock.

Beale minors travel south to play Skellig/Valentia in the County Shield semifinal, group E, on Saturday at 3 o'clock.

Beale seniors play Finuge in the opening round of the North Kerry Championship. Our juniors and minors both got byes.

The Beale Lotto draw took place in Courtney's Bar on Sunday night. Details of the lucky numbers and winners are posted on social media. Numbers drawn were 8, 16, 22 and 26. The jackpot was not won and there were no Match-3 winners. Lucky Dip winners - €25 each: Noel Courtney, Margaret O'Connell, Kieran Brosnan and Doris Muller. 5 Free Tickets winner: Jim Doran.

The next Lotto draw takes place in The Bunker Bar on Sunday at 9 o'clock. Jacknot is €4.300. A huge 'míle buíochas' to everyone who supports and promotes the Beale Lotto. Tickets, €2 each or 3 for a fiver, may be bought online and are available in Joyce's Newsagents and in the local pubs. Terms & condts apply.

Shannon Rangers were defeated by Kerins O'Rahilly's, 1-16 to 1-21, in the first round of the County Championship, Group 3, on Saturday evening. Beale's Robert Stack, Conor Toomey and Ian Mannix were on the team. and Phillie Blake came on as a substitute. Shannon Rangers play Mid Kerry in the second round and Spa in round 3.

BALLYBUNION GOLF CLUB

Men's Competitions

LA Racing Cup Singles Sponsored by John McNamee (GOY)

Sunday 17th September 2023, Old Course

1st	Padraig Fitzmaurice (19)	43 pts
2nd	MI Purtill (27)	42 pts
3rd	Noel Kneafsey (22)	40 nts (

pts (B9 21 B6 15) Gross. James O'Callaghan 36 pts

Cat 1 (+5 to 5)

1st

Jack Enright (2) 36 pts 2nd Brian Sheehy (5) 35 pts Cat 2 (6 to 12)

1st

Michael Lucid (10) 40 pts 39 pts (B9 20) 2nd Ian Haves (12) John O'Tiarnaigh (11) 3rd 9 pts (B9 18)

Cat 3 (13 to 18)

Thomas Heaphy (15) 1st 39 pts 2nd John Nolan (18) 38 pts 3rd Pat J Ryan (16) 37 pts

Cat 4 (19 Plus)

39 pts (B9 20) Columba O'Connor (24) 1st 2nd Denis Holly (27) 39 pts (B9 19) Tommy Toomey (26) 35 pts 3rd

Fixtures:

Saturday 23rd September Masters 2023 Old Course.

Sunday 24th September Ceann Sibeal Exchange Day - Fourball Sponsored by Sorensen Civil Engineering Ltd

Ladies Competitions:

Tuesday 12 September, 2023 - 18 HOLES STABLEFORD

35 Pts (Back 9 18pts) 1st Anne Marie Healy (21) 2nd Carmel Carroll (26) 35 Pts 3rd Josephine Larkin (14) 33 Pts Anne Marie Sexton (22) 32 Pts 4th

9 HOLES STABLEFORD

Marie Doolan (17) 23 Pts

Fixtures: Sunday 24th September - Killarney Exchange Day (Team of 4)

BALLYLONGFORD GAA

Our Weekly Lotto draw Saturday 16th September 2023@ GAA Grounds Jackpot €5,300 - Numbers Drawn: 6-7-12-20

No Winner - Lucky Dips:

Kitty Shanahan, Lenamore £20· €20: Eileen Donovan, Lenamore €20: Niall Heaphy, Online €20: Mary Kennelly, Lislaughtin 3 x Free tickets: Bernie Mahony, Pulleen

Our next Lotto draw will take place on Saturday 23rd September with a Jackpot of €5,350

Tickets can be purchased from our local ticket sellers, Centra and Online by clicking on link below:

https://play.clubforce.com/play_newa.asp?ll_id=2338#Anchor Thanks for your continued Support

Minor Club Championship Semi final

Northern Gaels - 3.13 -v- Gneeveguilla - 2.14. Well done Lads.

FINUGE GAA

FINUGE 500: Congratulations to our August winners of the Finuge 500 cash draw - the crew at Liston Electrical who won the €500 pot. We had bonus prizes in August with 8 pairs of passes for Listowel Races going to Patrick Buckley, Marie Slattery O'Carroll, Darragh O'Regan, Paddy Hegarty, Jackie Gilbert, Laura Horgan, Maurice Corridan, Eoin McCarthy.

Entry tickets for September are available at McCarthy's Bar Finuge, Foleys Gala Express Shop Lixnaw, Stacks Londis Lixnaw, JJ Walsh Butchers Lixnaw and Gibbons Filling Station Lixnaw. Also available online at www.finugegaa.com with two entries for €10, a 6-month ticket for €25 (1 free entry) and a 12-month ticket for €50 (2 free entries). Next draw takes place Monday 25th September.

SENIOR: The focus for the team now turns to preparations for the North Kerry Championship and the draw for the opening rounds has been held. Our senior team will face off against Beale in the first round at home in James O'Sullivan Park. This will be a big ask of our lads as Beale have made it to the county Junior semifinal recently but it is the North Kerry Championship and anything can happen....

MINORS: Last Saturday the team Firies in the semifinal of group E, with the game at home in O'Sullivan Park last Saturday. Firies got off to a guick start and led 1-04 to 0-02 after eight minutes but our lads played their way back into it with plenty of possession. However, they were not able to reflect this on the scoreboard with Firies very dangerous on the counter attack throughout. A fortuitious goal by Firies from a short free, along with a missed chance by Finuge when an open goal beckoned, meant a six point swing coming up to half time. Again in the second half our lads had their hands on plenty of hall but were not converting into scores. Firies were defending in numbers. turning over play and running hard on the counter attack which yielded them two more goals. The visitors ran out deserving winners on the scoreline Finuge 0-10 Firies 4-09. Hard luck to our lads who battled to the end against a strong side - next up will be NK Championship in October, details TBC. Missing a few regulars through injury, the team would be hopeful of an upset should they get back to the regular squad line up again.

U15: The team played their NK League Division 1 against Listowel last Wednesday evening in Duagh. Conditions were very poor on the night and both teams settled down to slug it out. Halftime score read Finuge 0-04, Listowel 0-03. The town side would go on to score goals that were always going to be crucial in such conditions. Our lads got one back towards the end to close the gap back to a point but Listowel would finish with another goal to win out the game on the scoreline Finuge 1-07, Listowel 3-05. Well done to our lads battling hard against a stronger and more fancied side. The team are awaiting details on their opening NK Championship game which is expected shortly.

U13: The team have had a break after winning the NK div 2 League Final and are now preparing for the NK Championship. The 'Tommy Madden' quarterfinal game is against Beale Tarbert on October 1st at home in Finuge.

U9: Training continues Monday evenings in Finuge 6:30 - 7:30pm, all new comers are most welcome!

U7: Our super troopers were in action last Monday evening against Moyvane in Finuge. As always the whole squad put in a great effort and continue to show great improvement in their play. With the end of season fast approaching, it is great to get more games under their belt.

SENIOR COUNTY CHAMPIONSHIP: Feale Rangers faced off against Kenmare at Fitzgeralds Stadium last Sunday and the club side showed their experience and recent run of form by taking the win. Next up for the Rangers will be

FINUGE/ST SENANS: It was a case of so close in the end when the senior ladies played round three of the county championship against Castleisland Desmonds. They left a big gap to close at half time but close it they did, only to fall short by the minimum at the end. Final score: FSS 2-12, Desmonds 4-07.

HAPPY BIRTHDAY: To one of our top supporters Mary McCarthy of McCarthys Bar, Finuge - we hope you had a great day and enjoyed your celebrations!

ASDEE GAA

Scor: It's that time of the year once again when Scor is almost upon us as we prepare for Coiste Scor Sinsear Ciarrai Finals. First up though will be the North Kerry Scor Sinsear Finals which will be coming up in a few weeks and no doubt the local club will once again be competing. Venue, Date, and time to be confirmed. John Paul Galvin became the clubs first Scor Officer in the mid 80s and he was later instrumental when the Club donated a beautiful Cup to the County Scor Committee for the Recitation section in honour of the late Mick Hennessy who represented the club at Munster Finals at Recitation during the 90s First winner of the Cup was Frances Kennedy, Listowel with many Asdee connections and was presented by Enda son of the late Mick.

Congratulations: Well done to the Northern Gaels Under 15 footballers who had a splendid victory over Listowel "B" in the North Kerry Shield Division 2 final played at Frank Sheehy Park, Listowel last weekend. Northern Gaels 2-15 Listowel Emmets "B" 2-13. The Byrne brothers Fionn, as captain and Cathal from the Asdee/Bally combination were prominent members of the club.

County Championship

Shannon Rangers put up a superb performance in the Garvey's Supervalue County Senior Football Championship before going down to Kerins O Rahilly's on Saturday evening last at Austin Stack Park. Martin Collins from the local St. Marys, Asdee club was a playing member of the team.

Fixtures: Kerry Petroleum Novice Championship, the winners of Clounmacon or Ballylongford who will be playing a preliminary round, will play Asdee in a quarter final. Games finish on the day. Date and time to be confirmed.

Website: Asdee GAA is now up and running so all GAA enthusiasts from the parish can now tune in to enjoy some of the happenings of the Club since its beginning so, for all our activities and match reports just log on to: www.asdeegaa.com

ST. SENANS GAA

Club lotto draw. Monday 18/09/2023 at 19:30

Jackpot €11,100 - Not Won. Numbers Drawn: 06,13,29,30. Maria & John Barry Leam. Siobhan Behan (on line). €30 each: Sean T O Connell Glenderry, Siobhan Galvin (on line), €20 each:

John Breen O Connell's Avenue.

Next week's Jackpot €11,200 - Tickets €2 each or 3 for €5 available at Kelly's Six Crosses, Halfway Bar, or Play online. Thank you for your continued support.

Minor Team: On Saturday in Mountcoal we hosted Sneem/Derrynane/Templenoe/Tousist in the Group D Shield semifinal of the County Minor Club Championship. It was a tight game which the visitors led at the break. In the second half we took the lead, with the Senans lads holding on to book a spot in the final against Beaufort, St. Senan's 3:12

Sneem/Derrynane/Templenoe/Tousist 2:10

County Minor Club Championship Group D Final St. Senans y Beaufort Venue: Castleisland Date: Sunday 24th Time: 11:30

Kilshenane / Kilsinon Cemetery

It is proposed to organise a working committee for the upkeep and improvements of the graveyard. The graveyard is not accessible to all at the moment and needs better access etc. A meeting has been arranged at the clubhouse Mountcoal on Friday 29th September at 8pm. We would appeal to all who have relatives and friends buried here to please attend. Please spread the word. All are welcome

KNOCKANURE GAA

Lotto Results from Tuesday September 12th Jackpot was €4,400 Numbers Drawn: 5, 12, 14, 21

No winner but lucky dips went to:

Bridget O Connor, Inchamore Mary O Sullivan, c/o Goulds 2. Tom Fitzgerald, Kilmeanev 3

Tim Keane, Clounbrane

Ann Woods, Knockanure Next draw will be on next Tuesday September 19th in the clubhouse and jackpot will be €4,500 All are welcome

NORTH KERRY GAA

Bernard O Callaghan Memorial Senior Football Draw By Jack Hennessy

All club delegates within the North Kerry Football Board were in attendance at McMunns Bar and Restaurant, Ballybunion who are sponsors of the North $\hbox{Kerry Senior Football Championship on Friday night last September 8th. Draws}$ took place for the Minor, Intermediate, Novice and Junior North Kerry Championships but all eyes were on the Senior Championship draw for the Bernard O Callaghan Memorial Championship for the Eamon O Donoghue Memorial Cup with 14 teams going into the draw. Board President Jer D O Connor, of Ballydonoghue made the draw for all the above competitions while Greg Ryan of McMunns our main sponsor of the Senior Championship did the honour. All first named teams will have home advantage and certainly it threw up some very exciting contests. Certainly the clash of great rivals Moyvane against Duagh is sure to bring out the supporters in huge numbers to Con Brosnan Park; Ballyduff at home to St. Senans is also a tough one to call. Castleisland who were going for a 3-in-a-row of North Kerry Championship were stopped in their tracks by Listowel Emmets and now face a tricky situation having to travel to Brosna. James O Sullivan Park will host Finuge and Beale and this is another tie that could go down to the wire. Ballylongford and Knocknagoshel

SPORTS NEWS

who would seem to be going through a lean time at the minute looked to be well matched and will go ahead at Willie Walsh Park, Knocknagoshel. Finally, Listowel Emmets last years champions and favourites to retain their title will take on Asdee and certainly this would seem to be a bridge too far for the Shannonsiders. Two byes went to Tarbert and Ballydonoghue. Dates and venues to be decided by the CCC of the Board Exciting times ahead.

Intermediate football Kieran Corridon Cup. BYES: Senans B & Beale B. Quarter Final Ballydonoghue B V Desmonds B | Moyvane B V Listowel Emmets B.

Junior Football - Brendan Boyle Junior Cup 2023 BYE: Brosna B Ballyduff R y Tarbert R

Novice Football Cup 2023. Clounmacon v Finuge | Listowel Emmets C v Knockanure

Minor Football Championship 2023 - Jotty Holly Memorial Preliminary Round Division 1. Listowel Emmets v Duagh Moyvane v The winners of Listowel Emmets v Duagh. Tarbert v Ballyduff.

Division 2. BYES: Northern Gaels & Beale Quarter Finals St Senans v Finuge | Knock/Brosna v C. Desmond's

Bernard O Callaghan Senior Championship 2023
Eamon O Donoghue Cup
BYES. Tarbert & Ballydonoghue
Brosna v Castleisland Desmonds | Listowel Emmets v Asdee
Ballyduff v St Senans | Moyvane v Duagh | Finuge v Beale
Knocknagoshel v Ballylongford

SCOR: Its that time of year again and Senior Scor is just around the Corner. County Final will take place on Friday 13th October at 7pm in Currow. All club entries will go directly to county final. No district finals this year in Senior Scor. Can any clubs interested in taking part please let me know before Sunday 8th October.

County Final Quiz will take place on Wednesday 11th October venue TBC

BALLYHEIGUE GOLF CLUB

On Sept 9th/10th we had an Open Classic Fundraiser which was kindly sponsored by Ed Harty, The Crown Decorating Centre, The Horan Center, Tralee.

1st Brian McGrath. Michael Mulcahy.

Kevin McGrath, Bernard Dineen 100pts
2nd Gerry Behan, John Lohan, John Twomey,
Dean Harris 99pts
3rd Colum Carroll, Brendan Harty, Conor Harty,
Mark Dillane 99pts

Last weekend we had the Ladies Captain Prize to Men.

 1st
 Colum Carroll (17)
 42 pts

 2nd
 Enda O'Halloran (6)
 40 pts

 3rd
 Jimmy Sullivan (16)
 40 pts

KERRY PITCH & PUTT

There was fierce disappointment in Kerry Pitch & Putt circles last week when the Paul O'Sullivan Memorial Scratch Cup scheduled for last Sunday had to be called off due to circumstances beyond the control of the Kerry County Board.

The Board looked at a number of alternatives that would have allowed the event to go ahead but ultimately these proved unsuccessful and it was decided to postpone the competition as we will now be liaising with the National Executive to see if we can get a new date before the playing season ends.

This weekend sees action outside of the county of Kerry interest. On Saturday teams from both Deerpark and Tralee will head to the National Inter-Club Qualifiers in both Riverdale, Nenagh and Tipperary Hills seeking to qualify for the National Finals which will take place on the October Bank Holiday Saturday. The top five sides from both venues will go forward to the National Finals after this Saturday.

On Sunday meanwhile the Kerry Junior Mens team will head to Ryston in Newbridge, Co Kildare to take on Louth in the National Inter-County Challenge for the sides that won their provincial grades in the competition. Kerry represent Munster after their win in the provincial competition in Raffeen Creek in Cork as this Challenge will be played in a Matchplay format with play comprising both Scotch Foursomes and Singles play.

We wish the team of Michael Creagh, Fintan Martin, Brian Moloney, John O'Regan, Mark Lucey, Daniel Broderick Jnr, Mark O'Regan and team manager Christy O'Mahony the very best of luck in Newbridge this Sunday.



Well done to the Duagh u12 girls who had two teams at the Carmel O'Connor Memorial Garda blitz last Saturday in Castleisland



Listowel Celtic U13s Girls vs Fenit Samphires on Thursday 14th September



Photo of the Ballybunion Golf Club Joe Quinlan Team who beat Kenmare in the Final in Tralee Golf Club recently.

Seated: Margaret McAuliffe, Eleanor O' Sullivan (Team Manager), Margaret Murphy (Tralee GC), Catherine Moylan (Lady Captain Ballybunion GC) and Marian Flannery.

Back: Mary Hickey Keane, Bernie Moloney, Anne Marie Healy, Lorraine Canty and Geraldine Williams



The Presentation Secondary Listowel girls started the season with tremendous success as the U16 football team played their first game of the group stages against St. Joseph's, Ballybunion last Friday. The Pres girls got on the score board straight away with an early goal putting them in the lead from the start, going into half time 1-5 to 0-1 up. However, Ballybunion came back fighting, scoring 0-9 in the second half and closing it to a 4 point gap. It was a physical game but the Presentation girls held their own and worked hard including strong contributions from their subs who added some fantastic scores including another goal to finish the game 2-10 to 0-10. Well done to everyone involved today. Both Presentation Listowel and Ballybunion displayed great strength of character and we wish both teams great success in their next games!

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Mike Condon Band

Wed 27th September

Kerins O'Rahilly's Tralee Dancing from 8.30pm-11.30pm

P.J. Murrihy Band

Full details on Facebook: Facebook: John Joes Dances For info call 087 9735113

MEANING OF LIFE

"Have you forgotten what Nelson Mandela said about resentment?" asked my friend.

I had just shared with her that old hurts had poked their ugly heads into my heart and I was struggling big time with resentment.

In fact, it was as if I was determined to be angry and resentful until the persons who had wronged me put it right.....paid the debt they owed me.... made it better.....made right the wrong.

But the truth is that person may no longer be on the planet or may be thousands of miles away! The problem is mine and the solution is up to me.... if I want to have peace of mind, because I'm the one who is suffering!!!!

Then my friend reminded me.... Nelson Mandela said **Resentment is like me taking poison and** hoping it kills my enemy!

Well, it got me thinking.

God has a lot to say about dealing with resentment and anger. In the book of Job 5:2 God says "anger kills a foolish man."

We know that anger causes alot of health issues. As with every problem in this life ,God has the cure. It's called forgiveness.

"As the Lord has forgiven you so you also must forgive." Colossians 3:13.

That's hard to swallow.

Matthew 6:15 is very clear. "But if you do not forgive others their trespasses neither will your Heavenly Father forgive your trespasses." I need to hear that!

And this is not just a nice suggestion from God. If I say I'm a follower of Jesus then *forgiveness is* mandatory.

"How often shall my brother sin against me and I forgive him?" Peter asked Jesus "Up to seven times?"

Jesus said to him "I do not say to you seven times but up to seventy times seven."

We think that forgiving someone excuses the person who is in the wrong. But thankfully God knows much more than we do.

Forgiving someone actually sets us free to enjoy peace of mind.

We trap ourselves when we don't forgive someone. Forgiving is for our benefit.

And God also tells us in Romans 12:19 "Beloved, never avenge yourselves but leave it to the wrath of God for it is written "vengeance is mine,I will repay", says the Lord."

Just to be very clear, this article is not about tolerating abuse. It's about releasing resentment which we need to do again and again, for our own sake.

Jesus Christ died to pay the price for our wrongdoings.... we didn't deserve it. Now we can extend our forgiveness to someone who doesn't deserve it. And so enjoy the freedom that is only found in

If you require any further information please contact LCF at 087 9529907.

Le Grá, Bridie (Dillon)Hartney



THE MIRACLE **PRAYER**

Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one (mention favour). Take it dear heart of Jesus and place it within your heart where

your father sees it. Then in his merciful eyes it will become your own favour not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never been known to fail. Must promise publication of prayer. C.D.



THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one. (mention favour). Take it dear heart of Jesus and place it within your heart where

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Say this prayer three times for three days and your favour will be granted. Never been known to fail. Must promise publication of prayer. J.B.

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- German HL Reading (9/9)
- German HL Listening (14/10)
- German HL Writing (25/11)
- German extra subject/OL *

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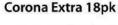


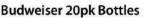
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