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1	Representative examples as at 4th Sept. 2024							

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Starters & Snacks

Creamy Roasted Soup of the Day with Homemade Brown Bread (1,2,4,7) €5.50

Crispy Chicken Wings in our Secret House Sauce (9,10,11) Small €8.00 Large €14.00

Creamy Chicken & Mushroom Vol Au Vent (1,4,7,14) €8.00 (Main course portion with choice of sides €14.50)

Main Courses

Golden Chicken Milanese, Sauté Potato, Salad & a Mushroom Sauce (1,4,7,9) €16.50

Penne Pasta Carbonara, Fresh Parmesan Shavings & Garlic Bread (1,4,7,9,14) €15.50

Chef's Freshly Carved Roast of the Day Specials (7) €16.50 (Half Portion of Roast of the Day €12.00)

Our Famous Battered Fish & Chips, Tartar Sauce, Coleslaw & Lemon (1,3,4,5,7,9) €16.50

Homemade Beef Lasagne, Garlic Bread, Salad & Chips (1,2,4,7,9) €15.50

Chicken Curry & Rice (1,2,9,10,14) €15.50

Sweet Chicken & Vegetable Stir-fry with Rice (2,9,10,14) €15.50

House Speciality Burgers

"The Gearoid Daniel" Our Classic Homemade Beef Burger topped with Bacon & Cheese, Ketchup & Caramelised Onion in a Toasted Brioche Bun (1,4,9,10) €9.50

"The Big Bird" Our Homemade Chicken Fillet Burger topped with Cheese, Crisp Lettuce, Red Onion, Coleslaw & Tangy Mayonnaise in a Toasted Brioche Bun (1,4,9,10) €9.50

"The Little Piggy" Our Slow Cooked BBQ Pulled Pork, Shredded Cabbage, Caramelised Onion, Mild Garlic Mayo in a Toasted Brioche Bun (1,4,9,10) €9.50

"The Hawaiian" Our Classic Homemade Beef Burger topped with Grilled Pineapple, Bacon & Cheese, Pink Sauce in a Toasted Brioche Bun (1,4,9,10) €9.50

"The Kentucky" Our Homemade 'Golden Crumbed' Chicken Burger topped with Cheese, Crisp Lettuce, Red Onion, Coleslaw & Tangy Mayonnaise in a Toasted Brioche Bun (1,4,9,10) €9.50

Daily Dessert Specials on Display in our Chilled Deli Counter €6.00

Our Signature Warm Wraps

"The Éabha Joan" Warm Southern Fried Chicken, Ballymaloe Relish, Coleslaw & Cheese Wrap served with Salad Garnish & Coleslaw (1.4,7,9,10) €9.50

"The Tae Lane" Warm Southern Fried Chicken, Garlic Mayo, Lettuce & Cheese Wrap served with Salad Garnish & Coleslaw (1,4,7,9,10) €9.50

Our Loaded Homemade Chips

- Topped with Garlic Mayo & Cheese (4,7) €8.00
- Topped with Bacon & Cheese (7) €8.00
- Topped with our Homemade Curry (1,2,9,10) €8.00

Our Deluxe Loaded Homemade Chips

Twice Cooked Homemade Chips topped with choice of the following:

- Crispy Bacon, Spanish Chorizo
 & Silky Cheese Sauce (1,7) €12.00
- BBQ Pulled Pork, BBQ Sauce, Garlic Mayo & Spring Onion (1,4,9) €12.00
- PIZZA FRIES Crispy Pancetta, Mozzarella, Parmesan, Basil & Tomato (7) €12.00
- SPICE BOX Crispy Spicy Chicken, Sweet Thai Chilli, Garlic Mayo, Mixed Peppers & Onions (1,2,4,9,11) €12.00

Sides

Twice Cooked Homemade Chips €5.00

Twice Cooked Sauté Potatoes €5.00

Homemade Battered Onion Rings with Garlic Mayo Side (1,4) €5.00

Kiddies Corner

Kiddies Meal Special (1,4,5,7,10) €8.00 Sausages, Fish Fingers, Burger or Nuggets served with Skinny Fries & Juice

Kiddies Roast of the Day (7) €9.00

Kiddies Penne Pasta & Tomato Sauce (1,2,4,9) €6.50

Baby Bowls with Meat of your choice (7) €5.00

Takeaway Drinks & Wines

Cans of Minerals €2.00 Still/Sparkling Water €2.00 Bottle House White Wine (Sauvignon Blanc or Pinot Grigio) €20.00 Bottle House Red Wine (Cabernet Sauvignon or Merlot) €20.00

MEAL DEAL Any Burger or Wrap With Chips & a Drink of your choice €15.95



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Talk to Patrick Crowley today patrick.crowley@mbcfinancial.ie

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MCELLIGOTTS OF TRALEE OPEN NEW STATE OF THE ART KIA SHOWROOM

McElligotts have just opened their new state of the art showroom on the Listowel Road in Tralee.

This showroom upgrade is part of the Kia's new Global Store Concept and McElligotts are one of the first dealers in the country to complete construction just in time for the busy 251 sales period, which commences in January.

Both Kia and McElligotts are experiencing a huge period of growth as the brand goes from strength to strength and have now solidified themselves as a top selling car brand in both Kerry and indeed nationwide. McElligotts have been trading in Kerry since 1870 but their goal has remained unchanged by providing a customer-first, customer-focused experience, which has established them as a trusted household name in Kerry and beyond.

In recent times, this success has been recognised as McElligotts were awarded 2023 European Kia Dealer of the Year and also 2024 Irish Kia Aftersales Dealer of the Year.

The design of the new showroom, also referred to as the Kia store, splits the space into two different dimensions comprising of a vehicle display zone and a separate customer zone, each with a different spatial theme and colour scheme. The customer zone is a warm space with a minimalistic design, nothing like a traditional dealership. It consists of wooden tones and an earthy cosiness more in line with a living room rather than a showroom. Gentle lighting and woven furniture fabrics add additional warmth. Declan O'Hara, Dealer Principal of McElligotts commented: 'We are delighted and proud to be representing Kia in Kerry. Our new Kia showroom is a state of the art facility for our customers and staff alike and showcase the fantastic range of Kia vehicles in equally beautiful surroundings. We are all energised by this new facility and would welcome all people in the area to come and have a look for themselves over the coming weeks".

To celebrate the launch of their new showroom, McElligotts are offering Kerry customers great deals for 251 including Finance from 0% APR for both Hire Purchase (HP) and Personal Contract Plans (PCP), a free home charge point installation with all EVs and PHEVs and a €500 SuperValu gift card on all orders taken before Christmas. The famous Kia 7-year warranty comes standard on all vehicles also.

McElligotts offer ten new Kia models for sale including Picanto, Stonic, Ceed, XCeed, Niro, Sportage, Sorento, The new EV3 compact SUV, EV6 and 2024 World Car of the Year, the EV9.

They also offer a host of competitively priced used cars for your perusal.

For more see mce.ie

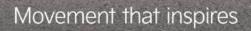




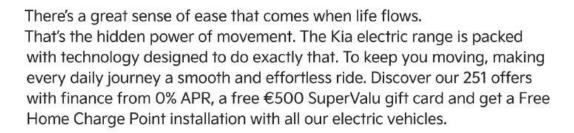
McElligott's Tralee Listowel Road, Tralee. Tel: 066 - 7181911 www.mce.ie

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Models are shown for illustrative purposes only. Finance of 0% APR is provided by way of Hire Purchase or PCP, lending criteria and terms and conditions apply. Finance is provided by Bank of Ireland way of Hire Purchase or PCP through Bank of Ireland, lending criteria and terms and conditions apply. SuperValu promotion based on a non-refundable deposit payment made before December 23rd 2024 and is applicable to newly registered 2025 (251) retail vehicles only. Free Charger Offer is a joint promotion with Energia. To avail of free charger customers must switch energy provider. See kia.com for more.





The Ballybunion Sea and Cliff Rescue Group who organised a fantastic Christmas Day Swim. This year seemed to surpass every other year. Well done to all concerned



Shauna and Saoirse Russell also Tom Moran & Jack O Carroll from Ballyduff. Photo Moss Joe Browne



Attending the Listowel Annual January Horse Fair on a bright recent Thursday morning were Timmy Flaherty, Frank Buckley, Bernie Connell, John Bosco McMahon and Peader Walsh. Photo Moss Joe Browne



Listowel Celtic U14s Girls training before Christmas



Listowel Emmets Split the Bucket winner on 14th January was Jacqui Harteveld eceiving her cheque of €1006.50 from committee members. Next Draw in on 28th January



Enjoying a sunshine morning at William St. Listowel recently were D.J. Downey, Mossie Carrig and Kempes Kelliher. Photo Moss Joe Browne



Joint nominators of the Kingdom Cup Micheál McMahon from Ballybunion with Paudie Lynch are discussing the next move with the trophy as John Joe Conway from Kilflynn awaits the outcome. Photo Moss Joe Browne



Congratulations to Lios Tuathail AC athletes James Dillon (3rd overall) and Noelle Dillon (2nd Junior lady) in the St Brendan's AC Tim Kelly 8km last Sunday in Ardfert



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NORTH KERRY SCENE

KERRY ETB ANNUAL CHRISTMAS CARD COMPETITION AWARDS FOR NORTH KERRY SCHOOLS

Kerry Education and Training Board (Kerry ETB) proudly hosted their Annual Christmas Card Competition, welcoming entries from students across their eight post-primary schools throughout the county. This year, the theme of Inclusion, one of Kerry ETB's core values.

With hundreds of entries submitted, the competition showcased the exceptional artistic talents of students across Kerry. The judging panel faced the challenging task of selecting the finalists, each of whose artwork beautifully captured the essence of this year's theme.

The first-place prize was awarded to Mary Reidy, a 5th-year student from Causeway Comprehensive School. Her stunning design earned her a Samsung Galaxy Tablet, presented by Brendan Culloty of Hugh Culloty's Home Entertainment & Music Shop, The Mall, Tralee. Reflecting on her win, Mary explained the meaning behind her design: "Winning this competition means a lot to me, especially because of the theme of inclusion. I wanted my design to show that everyone, no matter who they are, has a place where they belong, especially at Christmas. It's such a special feeling knowing that my card, which captures the idea of togetherness, will be shared with so many people." The two runners-up where, Layla Stack, a 3rd-year student from Coláiste na Ríochta, and Kaela Sheahan, a 1st-year student from Killarney Community College.

Speaking at the event, Ann O'Dwyer, Director of Schools, Youth, and Music, praised the students for their talent and creativity: "Every entry we received this year reflected the theme of inclusion in a meaningful and

"Every entry we received this year reflected the theme of inclusion in a meaningful and heartfelt way. It's wonderful to see how our students used their creativity to share such an important message. These young artists have truly demonstrated the values we cherish in Kerry ETB - inclusion, respect, equality, and excellence in learning."

Kerry ETB extends its sincere thanks to Hugh Culloty Expert, Tralee, for their generous sponsorship and continued support of this competition. Their contribution helps encourage and celebrate the artistic talent of our students.

To learn more about Kerry ETB schools, visit www.kerryetb.ie/schools-youth-music.

Pictured: Kerry ETB's Annual Christmas Card Competition. L-R: Joint Runner-up Kaela Sheahan 1st-year student from Killarney Community College, Ann O'Dwyer Director of Schools Youth and Music , Brendan Culloty of Hugh Culloty Expert Tralee sponsor, winner Mary Reidy 5th-year student from Causeway Comprehensive School and joint runner-up Layla Stack, a 3rd-year student from Coláiste na Ríochta. Photo By: Domnick Walsh - Eye Focus LTD - 087 2672033





PRESENTATION SECONDARY SCHOOL STUDENTS SHINE AT BT YOUNG SCIENTIST EXHIBITION

Despite the adverse weather conditions that led to school closures last week, six dedicated students from Presentation Secondary School, Listowel, along with their Science teachers, Ms. Catherine Kennedy and Ms. Jessica Keane, spent four exciting days at the BT Young Scientist & Technology Exhibition in Dublin.

The BT Young Scientist & Technology Exhibition is much more than a competition; it is an unforgettable experience of a lifetime for the students who take part. This year, Presentation Secondary School students showcased their innovative projects and achieved commendable success.

Cara Leahy and Ella Danagher's project, 'Using Spectrometry to Detect, Identify and Reduce Pollution in Rural and Urban Areas', was highly commended in the Senior Category of Chemical, Physical & Mathematical Sciences. Grace Foley's project, 'Yummy, Yummy! Uh Oh! Microplastics in My Tummy', was entered in the Biological & Ecological category and Caoimhe Barry, Kate Nolan, and Medb Culhane researched 'Acne in Teenagers' in the Health & Wellbeing category.

Principal Katherina Broderick highlighted the school's consistent participation in the exhibition, stating, "The support of teachers, Chris Kiely, Catherine Kennedy, and Jessica Keane is instrumental to the students' achievement. The work involved is significant, but the value of entering the Young Scientist is immeasurable for our students. It not only develops skills of research and learning in their chosen project areas but also takes them out of their comfort zone, helping them build confidence and develop communication and interpersonal skills."

The students who attended described the experience as "unforgettable and really worthwhile." They had the opportunity to meet other students with similar passions from all over the country, making the event a truly enriching experience.

For the past three years, Presentation Secondary School has made it to the final stage of the competition at the RDS in Dublin. This achievement is a testament to the dedication and hard work of both the students and their teachers and as with all school activities, the support of parents/guardians is appreciated.







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NORTH KERRY SCENE

CAROLINE'S DÓTERRA ESSENTIAL OILS

CAROLINE'S POD OF POSITIVITY

Start the New Year Feeling Your Best with Zengest

Welcome back to my weekly column! I'm Caroline Horgan, your dóTERRA Wellness Advocate and I'm here to help you embrace the New Year with health, wellness, and positivity using these certified, pure and therapeutic grade Essential Oils. After the indulgence of the holiday season, many of us are looking for ways to support our bodies and feel our best as we dive into a fresh start.

This week, I want to introduce you to Zengest—a powerful essential oil blend specifically designed to support your digestive system and promote overall wellness.

Why Zengest?

Zengest is a unique combination of essential oils like Ginger, Peppermint, and Fennel, all renowned for their soothing and supportive properties. Whether it's occasional bloating, indigestion, or general discomfort, Zengest can be your go-to essential oil for restoring balance to your body.

Here's how it can help:

- Ease Digestive Discomfort: Apply a drop directly to your abdomen or take internally to calm occasional digestive upsets.
- Support a Healthy Gut: Add a drop to a glass of water or tea to promote healthy digestion after meals.
- Travel Comfortably: Keep Zengest on hand for long journeys—it's a lifesaver for motion-related discomfort!

Special New Year Offer - Reset Your Wellness Routine

To help kickstart your wellness journey in 2025, I'm offering a FREE pre-blended 'Positivity' Roller Bottle with every order of Zengest this month. Plus, you'll receive my exclusive 'Guide to Digestive Wellness with Essential Oils.'

This offer is only available until Friday January 31st, so don't wait to start your year with balance and vitality!

Caroline's Top Tips: How to Use Zengest

- 1. Post-Meal Support: Add a drop to water or tea and drink after having a heavy meal.
- Soothing Massage: Combine Zengest with Fractionated Coconut Oil and massage into your abdomen for quick relief.
- Daily Wellness: Take a drop in a veggie capsule as part of your morning routine to support digestive health.

Ready to Feel Your Best? Then let's make this year your healthiest one yet! Whether you're curious about Zengest or looking for personalized guidance, I'd love to hear from you.

Contact me today to place your order, book a consultation, or learn more about how essential oils can transform your health and wellness. The oils are a *Natural Solution* to care for our needs and our family's health needs and they can support us with many of the following that we may experience from time to time, such as: Anxiety Issues, Digestive Support, Sleep Assist, Muscle Care, Stress Buster, Depression, Grief, Energy Boost, Skin Support, Immunity, Allergy Assist and

so much more.

Wishing you health, happiness, and positivity in 2025!

Caroline X Tel: 087 292 1292



COMMUNITY SPIRIT VERY MUCH ALIVE AT KILLOCRIM

Killocrim locals pictured last Saturday preparing for the thawing of the snow and preventing a repeat of the damage caused by the November floods.

Mike Brosnan contacted Cllr. Mike Kennelly, James Nolan of The OPW and Minister O'Donovan about the potential risk of further flooding in the area as the recent snow began to thaw. Mike received 1,000 sand bags from Kerry County Council, which were delivered last Friday night. Forty to fifty locals, in real community spirit, then teamed up on Saturday morning to distribute the bags.

Mike Brosnan would like to thank Kerry County Council, Cllr. Mike Kennelly, The OPW, Minister O'Donovan, Patsy McCarthy with his tractor and trailer, DJ Brosnan with his teleport, Noah Enright with his digger and Danny Brosnan for his levels. A huge thank you to all the volunteers who turned up and helped in any way. Hopefully this will bring some peace of mind to the residents and victims of the recent flooding going forward.







THE FEXCO KERRY HEROES OF 2024...

Patsy McCarthy was honoured for saving the life of 76-year-old John Carroll, and his dog Oscar, when the river Feale in Killocrim burst its banks on November 23rd. Lorraine, John's daughter, nominated Patsy for a Fexco Kerry Heroes award.



A large crowd turned out Christmas Day morning last at Listowel Community Centre to participate in the Gerry Kiernan Goal Mile in aid of Humanitarian Relief for Gaza



MOUNTHAWK, TRALEE located in Mart yard beside NCT Centre OPEN: 9AM TILL 6PM MON - SAT

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REVIEWS & INFO

SAN RITA WELLNESS

Welcome to San Rita Wellness weekly column...We hope all is good with you, below is our weekly column for this week.

Happy new year to all our readers. At this stage Christmas is well and truly over ...or is it? It's well proven that it can take a while for people to get back into the healthy habits. This year especially we are hearing of many people who are holding on to Christmas a little bit longer by not taking down the Christmas tree etc to help keep them motivated and in good spirits as January can be a long dreary month for some people . That's all well and good if it works for the right reasons, but it may have other implications also. For example, it may influence your food choices, your ability in being more active etc. So if you want to make a fresh start and want to see and feel better, it's important to maybe shift your mindset in a way that will motivate you in developing a healthier lifestyle.

Over the years we have seen a lot of our *San Rita Wellness* members losing weight for many different reasons like an occasion coming up such as a wedding, communion, confirmation or a holiday. So now it's time to shift our mindset, and focus on how making lifestyle changes can benefit us in other ways such as better health and wellbeing, which can lead to long term sustainable weight loss.

Watching or following various motivation apps or blogs and following our **San Rita Wellness** plan both have common messages about the value of good health and wellbeing. Being guided how to eat healthier, being more active and keeping ourselves in a positive headspace are key to building lifelong helpful habits.

EAT HEALTHY:

Whether its 3 main meals or 5 smaller meals it doesn't matter once you feel satisfied and getting a healthy nutritional balance. When we talk about healthy nutritional balance it's all about not having too much of one thing and not enough of the other.

Breakfast is one of the most important meals of the day as by skipping breakfast has it's implications

eg. feeling weak, poor concentration and the impulse to pick for the rest of the day.

Lunches can get boring if you keep having the same old thing, but as it's the meal that has to carry you until dinner time we would encourage you to include carbs to help you feel fuller for longer.

Dinner is probably one of the easiest meals to get in variety such as Carbs, veg and protein. The golden rule is your plate should mentally be divided in 3 ie. 1/2 veg,1/4 carb and 1/4 protein.

BEING ACTIVE:

We all know we should be active but that can sometimes be easier said than done. Doing something you enjoy rather than doing something you think you "should" be doing is the key to sticking with physical activity.

WELL BEING:

What we think determines how we feel and how we feel determines what we do! It's important that we make time out of our day for ourselves and do something that we will benefit from.

For example:

- Set aside 20 minutes or so to do something nice for YOU.
- Arrange to meet up with a friend for coffee and a chat.
- Read a few pages daily from a book about mindfullness and well being.

All of these are important for your overall mind and body wellness.

So, all in all losing weight for an occasion may have worked in the past, but if we want to look good, be healthy and live longer we need to eat healthy, be active and take care of our wellbeing.

Our San Rita Wellness ethos is "Eat well, Feel well, Live well"

For extra support and for weekly accountability check us out on Facebook San Rita Wellness or sanritawellness.ie for details of our "In Person Meetings", "At Home Service" or our "One to One Service"

NB - Our weekly "In Person Meetings" take place in the Kerry Writers Museum, The Square, Listowel every Wednesday from 10am to 11am and 6pm to 7pm

Give us a call on Sandra 087 6718377 / Rita 087 1012174

Until next week Sandra and Rita



BOOK OF THE WEEK

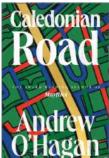
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Caledonian Road By Andrew O'Hagan

From the author of Mayflies, an irresistible, unputdownable, state-of-the-nation novel - the story of one man's epic fall from grace.



May 2021. London.

Campbell Flynn - art historian and celebrity intellectual - is entering the empire of middle age. Fuelled by an appetite for admiration and the finer things, controversy and novelty, he doesn't take people half as seriously as they take themselves. Which will prove the first of his huge mistakes.

The second? Milo Manghasa, his beguiling and provocative student. Milo inhabits a more precarious world, has experiences and ideas which excite his teacher. He also has a plan.

Over the course of an incendiary year, a web of crimes and secrets and scandals will be revealed, and Campbell Flynn may not be able to protect himself from the shattering exposure of all his privilege really involves. But then, he always knew: when his life came tumbling down, it would occur in public.

'A brilliant state-of-the-nation novel that pulls down the facades of high society, and knocks over the 'good liberal' house-of-cards. O'Hagan is not only a peerless chronicler of our times, but has other gifts - of generosity, humour and tenderness - which make this novel an utter joy to read.' Monica Ali

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'Lovely Listowels Winter Coat'- Captured by Emma Houlihan, Listowel on 4th January 2025

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Thursday 23rd January

Listowel Family Resource Centre Ballygologue

Time 7pm - 8pm

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6 week series

of workshops starts on

Monday 20th January

Ballybunion

Community Centre

Time 7pm - 8pm

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OPEN FOR ENROLLMENTS FOR SEPTEMBER 2025 Closing Date for Enrollments is Friday February 28th

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Check us out on Instagram and Facebook @scoilrealta

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ILOCAL NEWS

BALLYBUNION

CONDOLENCES

We would like to extend our deepest sympathies to the families who have suffered losses over the Christmas period. Our heartfelt condolences go to The family of John Tackaberry of Chicago, The family of Anthony O'Connor of Dromin, Carrie, Jaynie, and Kim Williams on the passing of their Aunt Dorothy Regaud (née Williams) in France, Mari and Cillian Beasley on the death of Mari's father, Oliver Kearney, Craughdarrig, Asdee, Betty Joyce and family on the death of her father, Jimmy Boyle, Scartaglen, Noreen Farrell (née Sheehy) of Ahafona and Duagh, on the loss of her loved ones, The family of Tommy Kelly, Bromore, formerly of Sandhill Park, The family of Aoife Lynch of Urlee, Lisselton, Sydney Carter on the death of her father, Gary Carter, from Listowel, The family of Maurice O'Connor, Ballyduff and to the family of Patricia Pierce, Kilcolny, to the family of Eamon Foran Ballygrennan, Listowel. May their souls Rest In Peace.

TOMMY KELLY ACKNOWLEDGEMENT

Tommy Kelly was buried on 1/1/25 and we wish to thank all the community for their outpouring of kindness and grief for Tommy. In particular the Bikers who lead the procession to Bromore, what a joyful moment as we laid Tommy to rest. Thank you on behalf of all the family to all the neighbours and the community. May Tommy Rest In Peace.

CHARITY SOCIAL DANCE

Charity Social Dance will be held on Sunday 26th January with Music by Ger Walsh at Tomáisíns Bar Dance Hall, Lisselton, from 3pm-5.30pm. Proceeds in aid of Sister Concillio's Outreach Centre Tralee & the New Life Centre in Mouana, Malawi. Please come and support. All are welcome to attend, Admission is €10 which includes refreshments. Come along and enjoy a great afternoon of music, dance, chats and tea while supporting charities. If any person needs a drive please contact any member of the committee or contact Mag on 086 3750037.

BALLYBUNION TIDY TOWNS

Hate to start the year on a sour note but Ballybunion Tidy Towns volunteers have been made aware of dog mess around the town and beaches over the Christmas and New Year period. This is unsightly and hazardous to health. Last year, thanks to Kerry County Council, several damaged dispensers were replaced and 2 new ones added. There are now 12 poo bag dispensers at various sites throughout the town and they are refilled throughout the week by volunteers. The Tourist Office on Main Street also has a supply should anyone need some.

VOLUNTEER DRIVERS

St. John's Church are looking for Volunteer drivers to pick up and take Fr. Hegarty back to Listowel for Sunday mass in Ballybunion. Please contact Fr. Sean if you can help.

RUN BALLYBUNION

Will take place on Easter Saturday 19th April 2025 and early Bird Registration is now open. Go to their newly redesigned website https://runballybunion.com and follow the links to book.

BALLYBUNION BADMINTON

Looking for a fun and engaging way to stay fit? Join our Badminton Club and enjoy the health benefits of playing badminton. It's a great cardio workout, improves agility and coordination, and helps relieve stress. Take the first step towards a healthier lifestyle with our club. Ballybunion Badminton takes place on Thursdays 8pm to 10pm, in Ballybunion Community Centre. New members are always welcome. If you have any enquiries please contact the Ballybunion Baseliners Facebook page. Or text 086 166 0682 strictly over 15's.

BALLYBUNION MEALS ON WHEELS

The Ballybunion meals on wheels service will be delivered 3 days a week, meals will be delivered on Monday, Wednesday and Friday. Anyone wishing to avail of delivery please contact Eileen Fogarty on 086 2234 965 or Con McCarthy on 087 418 4241. The areas covered are Ballybunion, Lisselton, Asdee and Ballylongford. The dinner will be delivered to your door by one of the men at the cost of €7 per meal.

BALLYBUNION HEALTH AND LEISURE CENTRE

Open Mon-Fri 8am-9pm, Saturday 9am-6pm, Sunday 10am-6pm, Bank Holidays 10am - 6pm. We have numerous exercise and fitness classes, which include Hydro bikes, Aqua Aerobics, Spinning. Public Swimming lessons take place during the week and can be booked by contacting reception, for any further information please call Reception on Tel: 068-28111 or follow our Facebook page Ballybunion Health & Leisure Centre for regular updates.

COMMUNITY ALERT

The new Community Alert Scheme "See Something, Say Something" is now live. Simply text 50555 with a brief message and location of the incident. No need to include your name.

SCOIL ÍOSAGÁIN

Scoil losagáin, Church Road, Ballybunion would like to remind parents that they are now enrolling for the 2025/26 school year and that the closing date for all new Junior Infants is 31st January 2025. Enrolment applications are available on the school website www.ballybunionprimary.ie or by email from Catherine at office@ ballybunionprimary.ie Principal Ita Walsh and her staff look forward to meeting all the new boys and girls.

KILCONLY NATIONAL SCHOOL

Is currently enrolling for Junior Infants 2025/26. Enrolment application forms are available from the school office cillconla@gmail.com. Please enrol before 24th February 2025. Further information contact 068 27833.

BALLYBUNION COMMUNITY CENTRE

Ballybunion Community Centre has the perfect space for hosting your sports, groups, classes or parties. The following are the classes take place in the centre, Parent, baby and toddler groups, Taekwondo, Badminton, Yoga Classes, Chair based exercises, Craft circles, Dance fitness, English lessons, Indoor soccer, Drama class, Basketball, Irish language development class for kids, Gymnastics, Ballybunion Youth Club. Please contact 068-27799 or email ballybcomcentre@gmail.com for any information.

BINGO BALLYBUNION

Every Wednesday at 8.15pm in Mikey Joe's Bar Main Street. Plenty prizes to be won on the night. Single book €10, double book €13. Starts at 8.15pm in Mikey Joes, Main Street, Ballybunion.

BALLYBUNION YOUTH CLUB

Every Friday night at the community centre between 8pm and 10pm. We need the community behind us to set up a successful club and would appreciate any help as leaders, volunteers or help fundraising. Please contact ballybunion@kdys.ie

BALLYBUNION ACTIVE RETIREMENT

Ballybunion Active Retirement will be taking a short break for the Christmas season and will resume activities on Wednesday, 22nd January.

BALLYBUNION LIBRARY

Ballybunion Library Opening Hours: Tues-Sat (Inc.) from 10am-1:30pm and 2:30prn-5pm.

In addition to books, internet, Wi-Fi, printing and photocopying, we also offer the Borrow Box app, download to your device and with your library membership details, you can access eBooks, audio books, and now also, Borrow Box provides free access to newspapers and magazines. The Library now has new Acorn Age Friendly Tablets to borrow. Acorn is an age friendly smart tablet that has been designed and tested by an older adult, with a design based around ease of email ballybunion@kerrylibrary.ie 068 27615 www.kerrylibrary.ie

SOCIAL DANCING

Social Dancing has returned every Tuesday night at 7.30pm upstairs in the Community Centre "The Old Central Ballroom" A great night of fun and dancing including waltzing, jiving, quick set, line dancing etc. Please come along and show your support. You do not need a partner on the night.

CHAIR BASED FITNESS PROGRAM

Class Chair-Based Exercise in Ballybunion Community Center every Tues.11.00am-12.00pm. Pay as you go classes available also, Please phone to book your chair call Martina on 087 797 3688

CLOTHES COLLECTION

Scoil Íosagáin's Parents Association will hold several clothes collections throughout the year.

Clothes can be dropped to the front door of the school at any time during the school year, during school hours Monday to Friday only. Reusable items of clothing, bed linen (No quilts or pillows), paired shoes, belts, handbags, towels and curtains. A big thank you to all who contributed to our last collection which was a great success. Please do not leave bags at the school gates.

POSITIONS AVAILABLE IN COMMUNITY EMPLOYMENT

Community Employment offers paid work, Welfare support, free training courses and an opportunity to contribute to your community. Current part-time positions (19.5 hrs. /wk.) Include: Environmental Worker with Tidy Towns, CE Scheme Administrative Assistant, Gardener/Maintenance at Men's Shed Polytunnel Ballyduff, and Ballybunion Sea Rescue Hut Caretaker.

For details, contact Rosaleen on 089-2763786 or email saothairnanabhann@gmail.com

URGENT ACCOMMODATION REQUIRED

A family of two, a mother and a 14yr old daughter are looking for a house under the ARP-program for a long period, preferably in the Ballybunion area as the daughter is attending St. Joseph's Secondary School for the 2nd year. Will provide a letter of recommendation. Contact Daria on 0834676421

URGENT ACCOMMODATION

Young couple from Ukraine seeking urgent accommodation in Ballybunion. Working full time, contact Kate on 085 1131311 or email katedolotina@qmail.com

CHECKERS CAFÉ AND CRAZY GOLF

Taking bookings for Birthday parties, clubs, groups and societies. Contact Marie on 0876415513.

TAEKWONDO BALLYBUNION

Taekwondo Classes in Ballybunion Community Centre upstairs hall, on Wednesday evening for beginners aged 5yrs+, teens and adults and on Friday evenings for beginner teens and adults. Great for confidence, balance, co-ordination, fitness, self-defense, self-discipline and its fun. - If interested please contact Michael on 087 9245637.

SAN RITA WELLNESS

In Person Meetings take place every Wednesday from 10am-11am & 6pm to 7pm in The Kerry Writers Museum. If you are anxious to make a start now you can join our "At Home Service" where our members love the support, motivation, accountability and also seeing fantastic results on the scales. Call us for more information. Sandra 087 6718377 Rita 087 1012174

UNISLIM CLASSES

Class every Thursday 6:45-10:15am, with a class talk at 9:30am in The Plaza Hall, Listowel. New and returning members are always welcome. Call Leader Majella on 0873844481 for more information. For this week it's free to join /re-join. Online option also available Monday 8pm.

BALLYBUNION NOTES

If you would like to include anything in The Ballybunion Notes, please forward to the email address below or send us a message to the Ballybunion Tourist Office Facebook page by 10am on Monday Ballybuniontouristoffice@ gmail.com. The Tourist Office is funded by Ballybunion Community Forum and is open all year round.

ADVERTISING THAT WORKS

stand out or blend in...



LOCAL NEWS

BALLYDUFF

LOTTO DRAW

The results of the weekly Ballyduff GAA Club, Lady's Walk Hurling Club and the Ballyduff Community Games Committee Lotto Draw for Tuesday January 7th are as follows: The numbers drawn were 6, 27, 28 and the Bonus Number was 4. There was no winner of the €17,600 Jackpot or the €400 Match Three. The following won the €20 Consolation Prizes – Johnny Bunyan, Tower Drive; Girls On Tour, Ballyduff & Martin Ross, Lacca> The Lotto Draw takes place on each Tuesday night at the Ballyduff GAA Clubhouse. Tickets cost €2.50 each and are available at the local shops and businesses and from members of the promoting Clubs. You may also play the Lotto online at www.ballyduffgaa.com. Remember "If you are not in you can't win".

CHURCH NOTICES

Masses for the week: Friday 7.00 pm: John Domnick Harrington - 1st Anniversary

Saturday 6.30pm: Mass in Causeway

Sunday Jan19th: Ignatius & Tess O'Brien; Liam Supple & deceased members of the Supple & Dore families Ministers of the Eucharist: Eileen Dee/Norma O'Carroll/Peigí O'Neill Reader: Martina Rochford

Neduel, Martina Nocifiolu

Divine Mercy Devotions: Every Sunday at 3.30pm Eucharist Adoration: Will resume on this Wednesday January 8th

Parish Office: is open daily Tuesday to Friday from 10.30am – 1.00pm

Candlemas Day: Sunday, 2nd February – Donations of candles gratefully accepted. Available from local shops. We encourage you to buy local.

Accounts 2024: We are now preparing over accounts for 2024. Please hand in all outstanding dues as soon as possible.

Diocesan Mission 2025: Pilgrims of Hope. Sunday 19th to Wednesday 22nd January. Each day you are invited to join in the Mission Talk, Prayer, Mass, Video Reflections, Prayer Petition & Family Time. Speakers: Br. Richard Hendrick, Caoimhe de Barra, David Wells & Martina Lehane Sheehan. To participate – register through the diocesan website – dioceseofkerry.ie

Grow Mental Health Support Group: Meetings recommence on Wednesday 15th January in Seanchaí Centre, The Square, Listowel. V31RD93 at 8.00pm. For more information contact Jerry Cronin on (086)0271990 Parish Envelopes: have now been distributed. If for some reason you have not received yours, please contact the Parish Office. If you would like to be part of the envelope system, please get in touch. As the envelopes qualify us for Charitable Tax Donations, do think about it. The tax returns we receive from Revenue form an important part in the upkeep of our Churches.

Seeds of Hope: Returning Biodiversity to Our Parishes. A Laudato Si conference for the Diocese of Kerry, Killaloe, Limerick, Cashel & Emily. Join us for a day to equip yourself and your parish community to walk more gently on the earth, with dynamic speakers, practical workshops and a marketplace to support. Saturday 25th January 2025 from 10.00am to 4.00pm in Springfort Hall, Mallow, Co Cork. To register, please email maia.murphy@trocaire.org

Pilgrimage to Medjugorje: 10th – 17th September 2025. Cork to Dubrovnik - €899. Phone – (01)6852244 or info@joewalshtours.ie More info from Maura O'Keeffe Harcksen on (087)1517696. Spiritual Director – Fr. Francis Nolan – 0872100273

RATTOO ROVERS FIELD DRAW

The results of the Rattoo Rovers monthly Field Draw for December 2024 are as follows;

- €400 Martin Daly, Lacca, Ballyduff
- €100 Con Casey, Craig, Castleisland
- €75 Maurice Guerin, 3 Marian Terrace, Causeway
- €50 Billy Casey, Ballyduff

LADY'S WALK AGM

Lady's Walk Hurling Club will hold their Annual General Meetings on Thursday the January 23rd 2025 at 7.00pm in Lowe's Bar, Ballyduff. Any motions or nominations for our AGM must be with Eddie Joy no later than 5.00pm on this Friday January 17th.

LADIES FOOTBALL

We would like to take this opportunity to wish a Happy New Year to all our Sponsors, Supporters, Officers, Coaches and members. We would also like to thank Ballyduff GAA Club for their continued support and use of their facilities. The following officers were elected for 2025 at our recent Annual General Meeting: Chairperson: Helen O'Connor

Vice Chairperson: Margaret Slattery Secretary: Maurice Dunworth Asst. Secretary: Natalie O'Connor Treasurer: Mike Moriarty Asst. Treasurer: Eamyr O'Connor Registrar: Natalie O'Connor Development Officer: Molly Murphy PRO: Kayleigh Elbell Children's Officer: Molly Murphy DLP: Helen O'Connor County Board Delegates: Helen O'Connor and Mike Moriarty Player's Rep: Molly Murphy All the best to everyone in 2025.

A THOUGHT

Worry is interest paid on trouble before it is due!!

NEWS ITEMS

All news items for inclusion in this column should be with the writer by 8.00pm on each Sunday evening. Please forward items to johnwhite330@gmail.com or phone (087)6732856.

BALLYLONGFORD

THE PARISH HALL BALLYLONGFORD 8 week Self-Compassion and Rahanni Healing Circle Monday 9:30am - 11:00am €15 per session

Yoga Mat Session Tuesday 7pm-8pm. Sessions are €12

Gentle Stretch and Relaxation Session Thursday 10am -11am. Sessions are €12

Places are limited so booking is essential. To book please contact Elisha on 087 343 5231

Rahanni Treatments available Wednesday mornings at Horans Health store Listowel book with Elisha 087343523

MOVE WITH MARTINA

Chair - based exercises: Seated fitness for Function and Balance

A workout for every ability. Improve your physical and mental wellbeing. Reduce the risk of falls. Enjoy exercise again. Fully qualified instructor

Classes starting Wednesday 2nd October at Ballylongford Parish Hall @ 8 pm. To book your chair please contact Martina on 087 7973 688

SOCIAL DANCING

Social dancing at the Parish Hall takes place on Wednesday evenings at 6.50pm sharp. Get your dancing shoes on for some great craic doing the jive, waltz, foxtrot, quick step and everything else! These are beginners classes but all are welcome for evenings of great fun and fitness!

UNISLIM

UNISLIM Class every Thursday 6:45-10:15am, with a class talk at 9:30am in The Plaza Hall, Listowel. New and returning members are always welcome.

Call Leader Majella on 0873844481 for more information.

For this week it's free to join /rejoin. Online option also available Monday 8pm(unislim.com)

TFI LOCAL LINK

Please call for information on (066) 714 7002 or visit https://www.locallinkkerry.ie/ballylongford/

BALLYLONGFORD NOTES

The notes are entirely free to use for all and are for the benefit of the community to highlight notices, events, services, etc. If you would like to include something in our weekly notes, please email ballylongfordnotes@ gmail.com or phone/WhatsApp 087 930 8223. If you have trouble with electronic submissions, please call me on the above number.

Please Note: Deadline for submission is 8pm on Sunday



St. Vincent de Paul Southern Regional President Mary Frances Behan visited St. Michael's College to collect the school's food hamper donations to SVP before Christmas. She was also presented with a cheque for €500 by Mr. Mulvihill, proceeds from the recent Christmas Jumper Day



About to Register for the Tom Kelly 8K run from Ardfert Cathedral on Sunday. L-R: John Enright Ballyduff, Jackie Crean Causeway, David Butler Causeway and Sarah Leahy Causeway. Photo: John Cleary

Christy's Bar Presents THE 2ND ANNUAL BILLABILE QUIZ

In aid of Listowel Tidy Towns Association

(TEAMS OF 3 PLUS 1 NOMINATED SUB)

Players need a small bit of knowledge and be able to pot a spotted black ball

STARTS SUNDAY 9TH FEBRUARY

4 HEATS OF 4 TEAMS - 1 WINNER PER NIGHT
 SUNDAY 9TH FEB
 SUNDAY 23RD FEB
 SUNDAY 2ND MAR
 FINALS NIGHT...SUNDAY 9TH MAR

LAST YEAR WE RAISED €2,000 FOR LISTOWEL TIDY TOWNS Thank You For Your Support

ENTRY €50 PER TEAM - CONTACT CHRISTY 087 8264544 Open to Clubs, Pubs, Businesses and Groups

LOCAL NEWS

TARBERT

TARBERT NEWS

Contact; tarbertnews@outlook.com or telephone Patrick Lynch at 068/36117 on or before 7pm Sunday. Fan slán.

SYMPATHY

Sympathy of the community to Nora O'Connell, Carhoona, Tarbert on the recent death of her cousin Tom Dennehy in New York.

THANKS

A word of thanks to the many first responders, Civil Defence, Firemen, Electricians, Linesmen and many volunteers some of them from our own parish who responded to the recent emergency call out during the severe snow fall which affected parts of West Limerick and North Kerry leaving many elderly, handicapped and isolated people in a very vulnerable position over five or six days. Gura fada buan síad.

90 AND COUNTING

Congratulations and best wishes to Ritchie Lyndon, Kilpadogue who celebrated his 93rd. birthday on Sunday 12 January.

Ritchie is the last surviving member of the Tarbert Senior Team of 1957. This team won 4 tournaments, played 22 games, losing only 1, the semi-final of the North Kerry championship in Listowel.

Wim O'Connell, Doonard will also be 93 this year. Bishop Emeritus Eddie Carmody of Corpus Christi diocese Texas will celebrate his 91st birthday and is still ministering as Chaplain in John Paul 11 High School.

Ursula Leslie is still active with the Tarbert Historical Society, rarely missing a meeting. Donal O'Connor at 92 never misses a meeting of the Rambling House or the Historical Society and we all look forward to hear him recite his numerous poems and recitations.

The irrepressible Fr John O'Connor at 92 still celebrates Masses in the Tarbert parish pastoral area. Guímis gach rath agus sláinte orthu go léir le cunamh Dé.

CHINESE RESTAURANT AND TAKE AWAY

Fógra from the Chinese Restaurant and Take Away, Church Street, to say that they will be closed every Tuesday during the months of January and February and they will be open on 7 days from 1 March.

A GIFTED TEACHER

"I went to a second level school in Tarbert that was run by an amazing woman. Her name was Jane Agnes McKenna and she had two teachers, Pat and Alice Carey.

She taught languages and some kind of commerce, but her emphasis was on words and on trying to tell the truth. She used to get very angry about telling lies and it was the only thing she would slap you for.

Her love of literature was genuine and profound. She would get us all to say speeches from Shakespeare. It was great to hear the lads reciting Macbeth, Hamlet and Othello in north Kerry accents.

The best way to experience words is to commit them to memory. As you walk along the street or sit down in pubs and talk to friends you can allow to be visited by words that you learned many years ago.

Miss McKenna, as we used to call her, handed us this ability to be haunted, to leave our hearts and minds open to Shakespeare, to Latin, to French and to Irish.

We had to write a lot at the weekend and then we would have to stand up in class and read it aloud and read out other people's writing as well. It was a life of expression. Later when I suffered from moments of depression, I learned that expression is the best way to heal depression and that it is necessary at every level to utter yourself." -

Brendan Kennelly from Gratias, A little Book of Gratitude.

TARBERT ACTIVE RETIREMENT (OVER 55'S)

Is on every Friday in Tarbert Bridewell between 10.30 and 12.00. Different activities every week followed by Tea/Coffee and refreshments and a chat. New Members always welcome

MOYVANE

Contact: moyvanenotes@gmail.com

BINGO & BLOTTO

Did not go ahead last week due to the weather but this week we are up and running again. Hope you all stayed safe during the snow and we look forward to seeing you on Thursday night as usual.

1963

You may not believe this but it was known as the Big Freeze, it was the worst Winter since 1947 and lasted from December 22, 1962 until well into March 1963 which is hard to believe!

The River Feale was frozen solid and The Limerick Leader reported that for the first time in living memory the River Shannon could be crossed on foot near the city! The month of January was bitterly cold, the easterly winds created blizzard conditions. The lowest temperature, -17.5 was recorded in Co. Mayo.

The death rate doubled. Because of the low temperatures and the blizzards the snow remained on the ground. It rained, it froze, it rained and froze again!

There was no let up and believe it or not this lasted until March! Think back, it was a different time, no central heating, no insulated houses, no water in many instances because everything was frozen. The only news was listened to on a battery radio!

MASSES FOR THE WEEK

MOYVANE:

Saturday, January 18 7.30pm 1. Anniversary Mass for Bill Horan & deceased members of the Horan & Stack families. 2. Dick Stack, Moyvane South. (Anniversary) Sunday, January 19 11.00am Private Intention.

KNOCKANURE: Friday, January 17 10.00am Private Intention. Sunday, January 12 9.30am Private Intention.

LIXNAW

PARISH MASS TIMES

ST MICHAEL'S CHURCH: Monday 13th January, Mass at 7.30pm for Ann, Hanna Maria & Den Mahony, Ballinclogher. Wednesday 15th January at 10.00am. Friday 17th January, Mass at 7.30pm for Delia Manix, Ahabeg West. Saturday 18th January, Mass at 7.30pm for Pat Joe Dennehy, Deerpark (Month's Mind); Eileen King, Muckenaugh (Month's Mind); Michael (Mickey) Maher, Ballintogher (Month's Mind); Roibeard Thornton, Ballinageragh.

RATHEA CHURCH: Sunday 19th January, Mass at 9.30am for Monsignor Eamon Whyte & his sister Peg Kenny, Rathea & Florida.

IRREMORE CHURCH: Sunday 19th January, Mass at 11.00am for John Hennessy, Ballyhorgan.

RECENT DEATHS

Margaret Reidy (née Keane), 58 St. Stephen's Park, Castleisland and formerly of Cooluruane, Lixnaw and Leam Kilflynn. Sympathy to her husband Moss, her children: Margaret, Tom, Joan, her brother Paddy and all the extended Reidy/Keane families. May she rest in peace.

LIXAW GAA SPLIT THE BUCKET DRAW

Congratulations to Muiris McCarthy, who won €81 in the Split the Bucket Draw. Thanks for your continued support.

LIXNAW CLUB LOTTO DRAW

Jackpot €14,900, Numbers drawn were 03, 06, 12, 30. No jackpot winner. €20 winners: Paul Breen, Finuge; Sean Cronin, Lixnaw; Jackie Hegarty, Lisselton. Next draw will take place on Monday 13th January at Quilter's Bar. Jackpot will be €14,950.

ST. MICHAEL'S BASKETBALL CLUB REGISTRATION OPEN FOR 2025

We are excited to announce that registration for the 2025 season is now open! We look forward to welcoming back all our members and are always happy to see new faces join us. Training will continue on Mondays and Saturdays at the Lixnaw Community Centre. St. Michael's Mother's & Other Social Club will continue to train every Monday evening from 8:30-9:15 pm. New members are always welcome to join in on the fun and get fit. For more information or to register, please contact us at 0876528538. We can't wait to see you all on the court and look forward to a fantastic term ahead!

FINUGE GAA

FINUGE 500: We had a bumper entry with a wide range of fantastic prizes for our December draw held in McCarthy's Bar on the 30th of December.

A large crowd on the night saw the following winners drawn out. 6500 - Helen O'Flaherty 6100 voucher Clodagh McKenna Beauty Six Crosses - Jake O'Keeffe 6100 voucher Clodagh McKenna Beauty Six Crosses - Michael O'Sullivan 6100 hamper Foley's Shop, Lixnaw - Eain McElligott 650 voucher for Walsh Meats, Lixnaw - Chris O'Sullivan 650 voucher for Walsh Meats, Lixnaw - Kay Clapp 6100 hamper Garvey's SuperValu, Listowel - Myra Lawlor 680 hamper Stacks Londis, Lixnaw - Michael Galvin 650 voucher Billy Kissane Meats - Paul Breen Bottle Hennessy McCarthy's Bar, Finuge - Kay O'Connor Hanley Bottle ed & white wine McCarthy's Bar, Finuge - Darragh O'Sullivan Bottle Bushmills from Liston Electrical - James Murphy Bottle Bushmills from Liston Electrical - Ciarán O'Carroll

We want to say a huge thank you to our prize sponsors, to all our ticket sellers and to everyone who bought tickets for the draw. Entry tickets for each month are available at McCarthy's Bar, Finuge, Foleys Gala Express Shop, Lixnaw, Stacks Londis, Lixnaw, JJ Walsh Bar & Butchers, Lixnaw, Gibbons Filling Station, Lixnaw, and the Post Office, Lixnaw. Also available online at www.finugegaa.com.

CHARITY RUN

The GAA clubs of Finuge and Lixnaw are delighted to announce the launch of the inaugural Finuge to Lixnaw 8K Road Race on Saturday 1st March. The senior panels of both clubs will spearhead this charity event, in aid of a very worthy cause, Aoibheann's Pink Tie (http://aoibheannspinktie.ie). Cost of entry is \notin 20 with more details on the fundraising to follow.

TEACH SIAMSA FINUGE

Teach Siamsa Finuge is offering a 10 week Irish Language Course for adults on Wednesday nights from 5th February 2025. The course is aimed at beginners and intermediate level learners, but advanced learners can be accommodated. The course costs €50 and places can be booked on Eventbrite (search for Blas Beo). More details are also available on our social media.

ST SENAN'S GAA CLUB LOTTO DRAW

10/01/2025. Jackpot €3,200 Numbers drawn were 01, 09, 26, 32. No jackpot winner. €30 winners: Danny Logue; Donal Canty. €20 winners James Keane, Billy Dillon; Doreen Buckley, Duagh. Next week's jackpot will be €3,300. Tickets €2 each or 3 for €5. Tickets are available at Kelly's Six Crosses, The Halfway Bar, or play online. Thank you for your continued support.

CONTACT

To include items in the Lixnaw notes, please email lixnawnotes@gmail.com by 10pm on Sunday evening.

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LOCAL NEWS

KILFLYNN

ST. MARY'S CHURCH, KILFLYNN

Mass Intention for the week in St. Mary's Church:

Mass will be celebrated on Friday 17th January at 10.00 a.m. and on Saturday 18th January at 6.00 p.m. Michael Browne, Castletown (Months Mind)

If anyone would like a call, please contact the Parish Office 066 4018996 or Fr. Jerry Keane 087 2844649.

Adoration of Blessed Sacrament Kilflynn: Monday 7.00p.m. - 8.00 p.m.

Kllflynn Altar Society for January Caroline Lynch, Breda Handley, Trudy Ryan

Parish Office can be contacted by phone 066 4018996 Tuesday, Thursday & Friday 10.00 a.m. to 1.00 p.m. or by email: abbeydorney@dioceseofkerry.ie

Webcam has been installed in Kilflynn Church – To watch Masses go to www.dioceseofkerry.ie – Abbeydorney Parish and click on 'watch Mass'. Diocesan.

CROTTA O'NEILLS AGM

The Crotta Gaa Annual General Meeting will take place at 8pm on Friday 17th January in St Columba's Centre, Kilflynn.

All outgoing officers, players, mentors, supporters, and members are requested to attend, Nominations required for club secretary and treasurer. All motions and nominations to be returned by email to secretery.crottaoneill. kerry@gaa.ie before Wednesday 15th January. New members are welcome to attend on the night.

CROTTA LOTTO RESULTS

Parker's Pub, Kilflynn was the venue for the Crotta Hurling Club weekly lotto draw on Tuesday 7th January, The Four numbers drawn out of the drum by the independent observer: Graham Harris, Clounsillagh, Lixnaw were 2,16,28 and 32. There was no winner of the 5,300 Jackpot. Congratulations to the following who won €35 in the lucky dip draw: Karen Tuite, Curravough South, Tralee, Hazel Parker, Fear An Flainn, Kilflynn, Raymond Nolan, Castletown, Kilflynn

Herbert's Bar, Kilflynn was the venue for the Crotta Hurling Club weekly lotto draw on Monday 13th January, The Four numbers drawn out of the drum by the independent observer: Graham Harris, Clounsillagh, Lixnaw were 3,14,16 and 19. There was no winner of the 5,400 Jackpot. Congratulations to the following who won ϵ 35 in the lucky dip draw:

Patricia o Driscoll, Ballyrehan, Lixnaw, Kathleen Mc Auliffe, Knocknacaska, Kilflynn and Helen Enright, Glenoe, Listowel The next draw will take place in Parker's Pub, Kilflynn on Monday night 6th January at 10.30p.m with a \leq 5,500 Jackpot.

Tickets available 3 for €5 online visit www.crottagaa.club or this link https://play.clubforce.com/play_newa. asp?ll_id=427#Anchor or Herbert's Bar/Village Store, Parker's Pub, Zam Zam Kabab, Foley Shop Lixnaw, Abbeydorney Post Office or from Club ticket sellers. Many thanks to all who contribute to our weekly Club Lotto. The Club cannot emphasize enough the importance of our members promoting the Club Lotto among family, friends, and work colleagues. Your continued support is greatly appreciated

KILFLYNN CHRONICLE

The Kilflynn Chronicle was launched at the end of the Kilflynn Church Choir Carol Service on Sunday 15th December at a packed St Mary's Church, Kilflynn. This year the proceeds from the magazine are going to Palliative Care Kerry, the worthiest of beneficiaries which provides specialist palliative care to the people of Kerry across all core settings, hospitals, community, day services and inpatient unit, the Chronicle is on sale costing €15 at the following outlets: in Kilflynn at Parker's and Herbert's; Expose, in Lixnaw at Stack's and Foley's; in Abbeydorney at the Post Office, David Power Gala and Circle K; in Tralee at O'Mahony's Bookshop and Oaklands Shop; at Kelly's, Six Crosses, at Woulfe's Bookshop, Listowel and Ardfert Printing. A great read supporting a worthy cause!

CLANMAURICE CAMOGIE SOCIAL

The Clanmaurice Camogie Victory Social to celebrate this amazing team who won back to back All Ireland Intermediate titles will take place in the Meadowlands Hotel Tralee on Saturday 1st February at 6pm Tickets are €55

Music with The Shambollixes It's time to celebrate our Champions!

A guaranteed night of fun and madness

KILFLYNN CITY WALKING AND RUNNING GROUP

Everyone, Let's get moving:

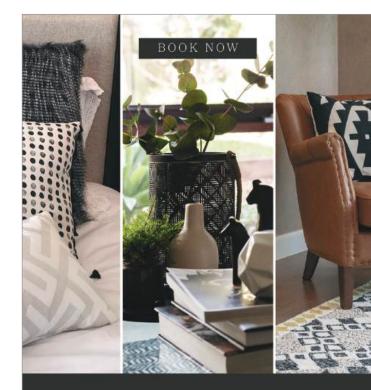
Our January challenge is here for everyone of all abilities, age and fitness levels. The purpose of this challenge is to get everyone moving in 2025. Walk, run, swim, cycle or do some form of exercise for 30 mins everyday for the month of January.

We had our first meetup on Wednesday, January 1st at 10.00 am in the Community Walkway at Crotta GAA.

We will host a meet up at the end of the challenge on 31st January, where any donations can be given for Kerry Hospice Foundation.

Looking forward to seeing you on the Community Walkway at Crotta GAA. Everyone Welcome!!





TRISH KEANE interior design







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Photos from Listowel Celtic Academy's Annual visit from Santa before Christmas













email your photos to news@theadvertiser.ie



Siùn Stack and Dawn Horan already for The Wren on St. Stephen's Day last



Richie Houlihan, sponsor, is presenting the Baily Cup to owner Edward O'Sullivan from Mountcoal recently after the victory of Ever So Ready while Harry O'Sullivan holds another trophy. Photo Moss Joe Browne



Earnon Collins, right, and his grandson Shane were thinking about taking home geese to Asdee at the Listowel Fair recently as trader David Kelly, left, was enjoying the occasion. Photo Moss Joe Browne

GOAL MIL



Baby Daithí John Horgan, Beennameelane Listowel who was Baptised by Canon Declan O'Connor in St Marys Church Listowel last Saturday evening pictured with his Mom Nicola Flavin, Dad Michael Horgan and Sister Caoimhe Faye. Photo by Liam Kelly Photography







Paudie O'Connell on Wren Day, residing in Enniscorthy but formerly of Coolaclarig, 2nd left with banjo & the trad colours of the Dirha group of which his father John was a member in the late 1950's



St. Michael's College presented a cheque for €1000, the proceeds of our Xmas Factor Show, to aid the families impacted by the recent flood. Many thanks to Christy Walsh of The Listowel Business & Community Alliance





Alex, Ashley and Lottie Allman enjoying a lovely recent trip to Lapland





Willie Keane who made the successful trip on Sunday from Lisselton along with grandson Darragh to win the Oaks Trial Stake at Clonakilty with Lone Blaze. Photo Moss Joe Browne

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Collect Prices

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Seasoned Firewood Logs Bulk Bags €85.00 each 3 for €249 (€83 each) Kiln Dried Hardwood Available also



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Free Delivery

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SPORTS NEWS

LISTOWEL CELTIC Draw 06/01/25 - Numbers Drawn 3-6-9-10

Jackpot not won - Lucky Dip Winners

 €40
 Pat Perryman, 7 Luachra Road

 €20
 Myra Kissane

 €20
 Mike Holly, O'Connells Avenue

 €20
 Aidan Butler KCC

 €20
 Mary Holly Young, St. Brendans Park

Draw 13/01/25 - Numbers Drawn 5-10-30-32 Jackpot not won - Lucky Dip Winners €40-Gerald 0'Sullivan, Finuge €20- Eamonn Sweeney c/o The Well €20- Lily Carmody, Athea €20- Thomas Sayers, Clieveragh €20- Clodagh 0'Connor, Ballymcelligott Next Draw 20/01/25 at Joes - Jackpot €4,050

LISTOWEL ATHLETIC CLUB

Tom Kelly 8km

Last Sunday in Ardfert our athletes ran the Tom Kelly 8km where a record number of athletes took to the roads. James Dillon was third finisher home and his twin sister Nolle was 2nd in the Junior ladies. Leading the way was our coach John Quilter taking to the road for this race, setting a great example to those he coaches. Well done a great start to the 2025 competitions. Thanks to St Brendan's AC for organising a well hosted annual event.

Training

Little athletics continues each Saturday in Listowel Community Centre 11am, new members welcome. Training is for one hour with qualifed coaches, any new members get two sessions to try out and then if you decide it's for you a link will be sent to register.

Training Mon evening with John & Donal at 6-7pm at St Michaels, Listowel Sprint training with Kevin Lynch Tue 7pm at St Michaels also Fri and Sunday

ST MICHAELS BASKETBALL CLUB St. Michael's Basketball Club, Lixnaw Registration Open for 2025!

We are excited to announce that registration for the 2025 season is now open! We look forward to welcoming back all our members and are always happy to see new faces join us. Training will continue on Mondays and Saturdays at the Lixnaw Community Centre. St. Michael's Mother's & Other Social Club will continue to train every Monday evening from 8:30-9:15 pm. New members are always welcome to join in on the fun and get fit.

For more information or to register, please contact us at 0876528538. We can't wait to see you all on the court and look forward to a fantastic season ahead!

BALLYNUNION GOLF CLUB

Mens Competitions Men's Singles (13 Holes) — Sunday 12th January 2025 Cashen Course

1st	Brian Hayles (12)	31					
2nd	Michael J McCarthy (15)	31					
3rd	Kevin O'Callaghan (11)	29					
4th	Gerard Enright (15)	29					
Special Mention to Patrick Pye who had a hole in 1 on the 4th Hole.							

Fixtures: Men's Competition Sunday 19th January 2025 Cashen Course

Ladies Competitions Fixtures: Ladies Tuesday Competition 21st January 2025 Cashen Course

Senior Mens Competitions:

Fixtures: Thursday 16th December 2024 Senior Mens Hamper and Dinner Old Course

Senior Ladies Competitions: Fixtures: Friday 17th January 2025 Cashen Course

BEALE GAA

A night to be remembered at the Beale Social on Saturday in the Listowel Arms. It was a great night of celebration as medals were presented to the victorious 2024 ladies, senior and junior men's teams and 2023 junior team by guest of honour, Declan Quill.

A double All-Ireland winner, Declan is noted as a talented, skilful and prolific forward and co-manager of the Kerry ladies who won the All-Ireland final in 2024. A tremendous achievement for Declan and the team, as Kerry ladies had not won the All-Ireland final since 1993. Also present on the night was

the All-Ireland trophy, the Brendan Martin Cup.

Players, families and friends danced the night away to the sounds of No Strings Attached. A huge thank you to Fiona and Kevin and staff of The Listowel Arms for a delightful meal and superb venue. Míle Buíochas too to sponsors of spot prizes on the night, Ballybunion Health & Leisure Centre, The Listowel Arms and Hannan & Culloty Accountants.

Beale seniors, compete the Munster Junior B Championship. This competition is hosted by Knockaderry GAA Club in Co Limerick for all the provincial winners. We have secured a bye to the semi-final at the beginning of February, when we play the winners of Burgess (Tipperary) v Wolfe Tones (Clare). Follow us on Facebook for updates on club activities and regular news.

This week's Beale Lotto took place in The Bunker Bar on Monday night. Details of the lucky numbers and winners are posted on social media and in the local pubs.

Numbers were 13, 17, 20 and 29.

There was no jackpot winner and Match-3 winners, Joe Hellard (online), John Kennelly and Nora & Jack c/o Courtney's, each win €35. 5 Free tickets: William Bunvan.

The next lotto draw is set for Sunday night at 9 o'clock in Mikey Joe's Bar, with a jackpot of ξ 7,750.

You can play the lotto at the new Beale Lotto stand in SuperValu. Lotto tickets were traditionally bought at Joyce's Newsagents, and we are delighted to continue to have a base in the centre of the town, thanks to Cormac and Elaine at SuperValu.

Tickets, $\epsilon 2$ each or 3 for $\epsilon 5$, can be purchased in the local pubs, from Grant McSweeney, in SuperValu or online. A huge 'mile buíochas' to all who support and promote our lotto. The Beale Lotto benefits all our players from under-5s to seniors.

Every Step Counts started last Wednesday but it's not too late to join. Walk or run over the next 4 weeks while embracing the beauty of our beaches, countryside, hill, cliffs and town. Simply sign up on the MyLife App and hit the roads or beaches. Any queries, please do not hesitate to contact Bríd (087) 6686027.

FINUGE GAA

FINUGE 500: We had a bumper entry with a wide range of fantastic prizes for our December draw held in McCarthys Bar on the 30th of December. A large crowd on the night saw the following winners drawn out..

€500 - Helen O'Flaherty

€100 voucher Clodagh McKenna Beauty Six Crosses - Jake O'Keeffe €100 voucher Clodagh McKenna Beauty Six Crosses - Michael O'Sullivan €100 hamper Foleys Shop Lixnaw - Eoin McElligott €50 voucher for Walsh Meats Lixnaw - Chris O'Sullivan €50 voucher for Walsh Meats Lixnaw - Kay Clapp €100 hamper Garveys SuperValu Listowel - Myra Lawlor €80 hamper Stacks Londis Lixnaw - Michael Galvin €50 voucher Billy Kissane Meats - Paul Breen Bottle Hennessy McCarthys Bar Finuge - Kay O'Connor Hanley Bottle Ren & white wine McCarthys Bar Finuge - Darragh O'Sullivan Bottle Bushmills from Liston Electrical - James Murphy Bottle Bushmills from Liston Electrical - Ciarán O'Carroll

We want to say a huge thank you to our prize sponsors, to all our ticket sellers and to everyone who bought tickets for the draw. Entry tickets for each month are available at McCarthy's Bar Finuge, Foleys Gala Express Shop Lixnaw, Stacks Londis Lixnaw, JJ Walsh Bar & Butchers Lixnaw, Gibbons Filling Station Lixnaw and the Post Office Lixnaw. Also available online at www. finugegaa.com.

CHARITY RUN: The GAA clubs of Finuge and Lixnaw are delighted to announce the launch of the inaugural Finuge to Lixnaw 8K Road Race on Saturday 1st March. The senior panels of both clubs will spearhead this charity event, in aid of a very worthy cause, Aoibheann's Pink Tie (https://aoibheannspinktie.ie).

Upon a cancer diagnosis, a family's life is deeply impacted. Aoibheann's Pink Tie provides a hand to hold offering practical and financial support to families to make the journey through treatment a little bit more bearable. Aoibheann's Pink Tie fundraising

covers travel, accommodation, payments towards household expenditure but more importantly moral and practical support for the family unit as they travel through cancer treatment.

With that in mind both groups of players and indeed clubs are excited to be able to participate and hopefully raise some valuable funds. The cost of entry will be $\notin 20$ with registration and fundraising details to follow.

SENIOR TEAM: The team has been busy already training and getting ready for the upcoming season. This year there are plenty new familiar faces within

the management team! Senior management team for 2025 is Raymond Regi Galvin, Fergus Fitzmaurice, Stephen Goggin, Johnny McElligott, Patrick Scruffy Dowling, Rory McAuliffe and Eamonn Fitzmaurice.

Last Sunday the team received an in-depth insight into the new playing rules when Éamonn Fitzmaurice took the squad through what is entailed. This was a great session as there are quite a number of rule changes each one with its own complexities and no better man positioned to explain them than Éamonn who helped design them!!

PAUL GALVIN: We wish Paul the very best of luck for 2025 season as he takes up the manager role of the Ratoath senior football team in County Meath.

LEARN IRISH: A 10-week course aimed at adults who want to learn or brush up on their Irish language is being run at the Teach Siamsa Finuge. The course is aimed at beginners and intermediate learners but advanced learners can also be accommodated. Just register for Blas Beo on Eventbrite with the course commencing 10th of February.

BALLYDONOGHUE GAA

The numbers drawn for Friday 11th January 2025, were as follows, 9, 24, 25, 28. The Jackpot was €7,900 and there was no Jackpot winner.

The following won 30 euro lucky dips:

Maireád Mulvihill - Online. Fiona Leane - Online.

Mike & Linda Keane - Garryard.

Padraig Hughes.

Siobhan Kissane. The following won three free tickets:

Conor & Sarah Williams- Online.

Tom O' Connor Snr Kilcox.

Lucy Riordan. Next Jackpot will be &,000 and it will take place next Friday night the 17th January 2025, the draw will be held in the Coolard Clubhouse, at the new earlier time of 9pm.

Ballydonoghue GAA AGM:

AGM New Date Scheduled

The Ballydonoghue GAA AGM was due to take place tomorrow Friday the 10th January 2025, in Coolard Clubhouse at 7.30pm. Due to the severe weather conditions it was postponed. We are now holding Ballydonoghue GAA AGM on Friday the 17th of January @ 7.30. Everyone is welcome to attend.

Ireland Lights Up:

Ireland Lights Up Club Walks start again in Coolard, this Monday starting 13th January 7.30pm to 8.30pm. Everyone Welcome.

Every Step Counts Challenge 25:

Starts January 8th 2025. Please sign put and support your club. There is chance to win cash prizes for our club where we were one of the lucky winners before.

Details on Facebook, nothing to it, download app, sign up and start walking and counting those steps.

GAME CALLED OFF:

Due to the bad weather forecast over the next few days. Novice Final was postponed. To be reschedule at a later date. Novice Cup Final - Winner on the day Ballydonoghue C v Clounmacon Sunday 5th January @ 2pm. Venue: O Rahilly Park Ballylongford.

ASDEE GAA

Membership of the Club is now open so anybody who would like to take out membership and can do so by contacting Club Registrar, Kevin Mulvihill, Adults €30, Senior Citizens and Under Age €10. It is important to note that Membership of the Club will close on Friday March 31st and this will be strictly adhered to.

Ireland Lights Up & Irish Life Steps Challenge: Those who are interested can sign for the steps challenge using the MyLife app with Asdee GAA. It begins this Wednesday, 15th of January in Jack Walsh Park. A community walk every Wednesday at 7.30 p.m. Everyone welcome.

North Kerry Board: The Annual General Meeting which will be held on Monday 20th January @ 8pm.

Golden Goal Competition: Asdee GAA Club Annual Golden Goal Competition will begin on the weekend of 2nd February 2025 and conclude with the All-Ireland Football Final on Sunday 27th July 2025, total of 26 Weeks. The Week-Iy Entry is &2. An upfront payment of &50 gets you entered for the 26 weeks. Entry can be purchased from any club officer, online at www.asdeegaa.com, or from John P. Walsh's shop.

SPORTS NEWS

DUAGH/LYRE COMM GAMES

Last Sunday evening after the snow and cold has just left the village of Duagh the annual Duagh/Lyre Community Games awards night was held in Duagh sports complex. It was unfortunate that snow on the higher ground of Ly-reacrompane prevented a few from travelling. However, a great night was in store for all the 132 participants who represented our area in 2024 across a large number of events and activities varying from basketball, indoor soccer, draughts, chess, tag rugby, skittles, athletics, art, handwriting, projects and much more.

We celebrated our participants winning the Kerry Community Games shield for the overall area for the third time in a row. This goes to show that nothing will stop our participants from trying their hand at everything that is offered to them. Our volunteers go to every length to accommodate all participants who are sporty or not so sporty. Winning is a bonus, taking part, having fun, learning something new and making friends is what the Community Games spirit is. Twenty participants from Duagh/Lyre represented Kerry at National finals this was a record breaking number for our area to make it to National finals in one year.

Athletics: David Watson 2nd High Jump, Kate Sheridan U14 hurdles, Shauna Enright mixed distance relay, Leona McMahon 2nd Cycling on grass, Jermiah Buckley 3rd cycling on grass, Siún Kelly Handwriting, U11 project 3rd - Senan Brosnan, Roisin Sheehy and Jamie Doran. U13 Project 5th Julia Quilter, Caoilinn Harte, Katie Lane and Anna Troude. U16 skittles 4th pewter medals: Luke Bambury Lawson, Liam Troude, Cillian Kirby, Sinead Buckley, Fiona O'Brien, Thomas Cahill and Lisa McMahon.

Munster Finals: U12 & U14 Skittles teams who both placed second missing

out on a tiny margin to make National finals. U12 Jack & Clodagh Gaire, Charlie Scannell, Teegan Phillips, Ben Bambury Lawson and Julia Quilter. U14 Siún Kirby, Abbie McElligott, Thomas McMahon, Cian O'Carroll, Olivia O'Brien, Charlie Watson and Caoilinn Harte. Chess U13 placed outside the medals: Katie Brosnan, Fionn Buckley, Brian Horgan, Kieran Horgan O'Halloran, Conor O'Mahony, Michael Nash, Basha Witkowska. U16 Chess placed outside the medals Donagh Buckley, Isabelle Cahill, Timmy Cahill, Eilish Horgan and Charlie Watson. Our MC on the night was Nelius Collins who is our area secretary and County Chairperson.

Special thanks to all our parents/guardian for making this possible in getting participants to training and competitions and thanks to our volunteers and we are already starting to get ready for 2025 and looking forward to seeing everyone return for another year of fun, participation, making new friends and memories.



Larry O'Connor of O'Connor Hardware Supplies Duagh making a presentation of tops to the Duagh Senior team recently. Photo by John Stack

THE LISTOWEL JUVENILE BADMINTON CLUB held a number of fun tournaments for Christmas. A donation was also made by the club of all tournament fees etc, to the Listowel and Killocrim Family Flood Relief Fund. Christy Walsh was on hand to accept a cheque on the night. Many thanks to the committee for the organisation, our club coaches, and players and their parents for their support on the nights.







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AFTERNOON DANCES

Community Hall Miltown Killarney

> Sunday Afternoon 19th January

Dancing from 3pm-5pn ______**Jerh He**aly

The Singing Jarvey

Sunday Afternoon 26th January

Neily O'Connor Band Facebook: John Joes Dances For info call 087 9735113



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THE MIRACLE PRAYER Dear Heart of Jes

PRAYER Dear Heart of Jesus in the past I have asked many favours.



your father sees it. Then in his merciful eyes it will become your own favour not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never been known to fail. Must promise publication of prayer. **J.M.C.**



THE MIRACLE PRAYER Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where

your father sees it. Then in his merciful eyes it will become your own favour not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never been known to fail. Must promise publication of prayer. **D.C.**

MEANING OF LIFE

forever..."

the Kingdom of God."

Kingdom; "The God of Heaven set up a kingdom

that shall never be destroyed ... it shall stand

And I read in the Gospel of Luke Chapter 13:29 that

"...people will come from East and West and

from North and South and recline at table in

Who knows what challenges this year may bring

to us, physically, mentally, emotionally. But this I

do know, that by trusting God "He has delivered

us from the power of darkness and conveyed

us into the Kingdom of the Son of His love, in

Whom we have redemption through His Blood,

"He is the image of the invisible God, the first

born of creation. For by Him all things were

created that are in Heaven and that are on

Earth, visible and invisible....through Him and

And following Jesus does work because as Peter

said in the Gospel of John Chapter 6:68 "Lord, to

whom shall we go? You alone have the mes-

If you require any further information or would like

a free Bible please contact LCF at 087 9529907 or

Wishing you all a very happy New Year.

the forgiveness of sins." Colossians 1:1

No one else can forgive our sins.

for Him..." Colossians 1.15+

sage of eternal life."

email lcfkerry@gmail.com

Bridie (Dillon)Hartney

Le Grá,

Jesus isn't just another Whatever.

I want to be in that Kingdom for all eternity.

"Whatever works for you... if that's what works for you..."

We were chatting about how we celebrated Christmas and I had shared that on Christmas Eve I attended a Carol service held at LCF and listened to readings from Scripture around the birth of our Lord and Saviour Jesus Christ.

Her words got me thinking.

Whatever...Whatever...works for you

It's a new year and there's a myriad of resolutions to be considered ...cultivate gratitude, greet everyone you meet warmly, try a digital detox, use positive self-talk, breathe consciously, eat and sleep well etc. We all strive to improve **whatever** area of our life we think needs working on by **whatever** means we are able. All very commendable habits to nurture good health, friendship and positivity... in this life.

But what about life after death which lasts for eternity? Not one of those *Whatevers* will secure eternal life with the One, True and Living God.

The Gospel of Matthew Chapter 6:¹⁹ gives excellent advice: "Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven..."

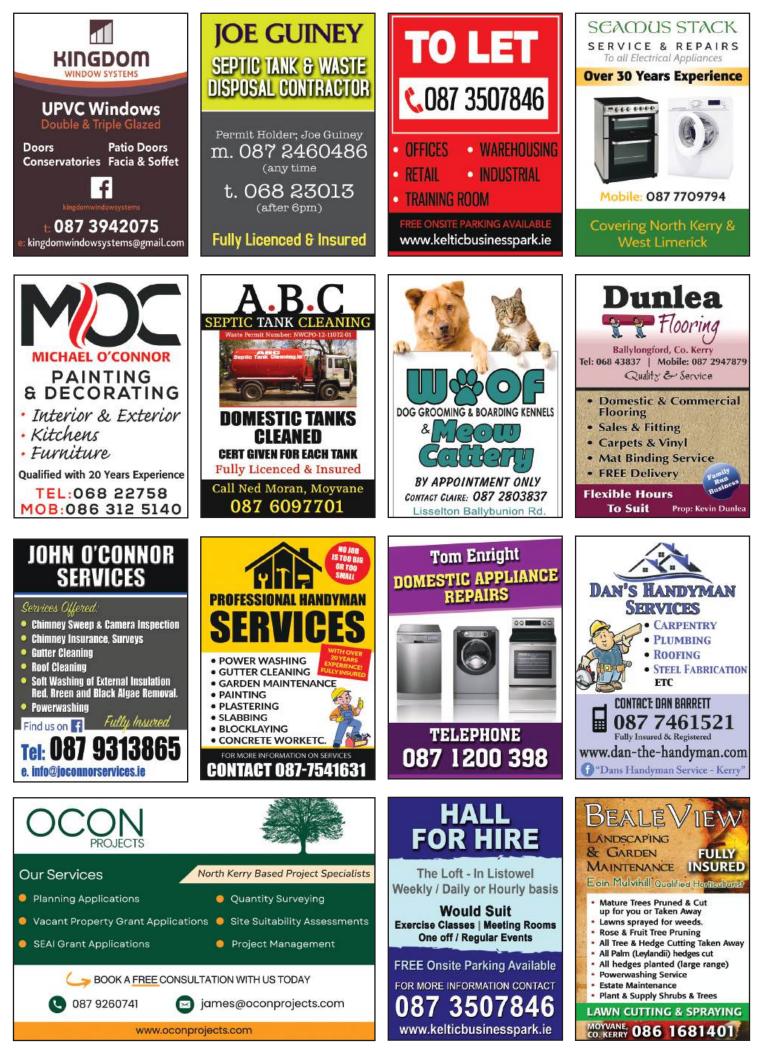
Every day we live we have choices and opportunities to spend time on things that lay up treasures in heaven by following Jesus and His Word.

The Book of Daniel Chapter 2:44 talks about God's





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