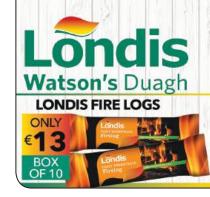
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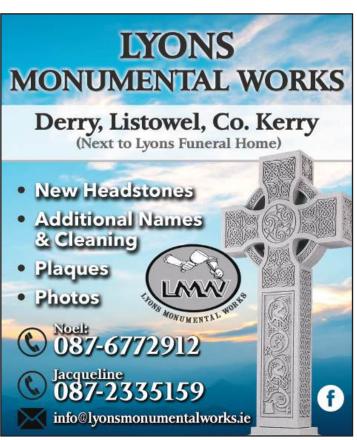
Thurs 20th November 2025 Vol. 18 Issue 11





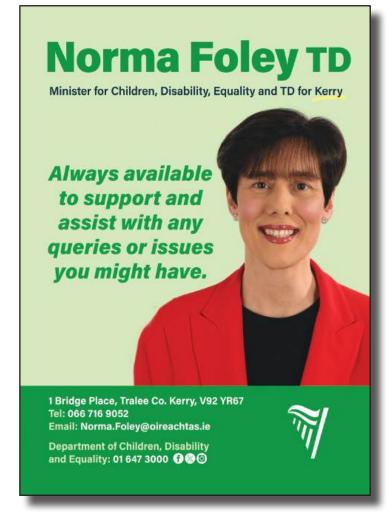
















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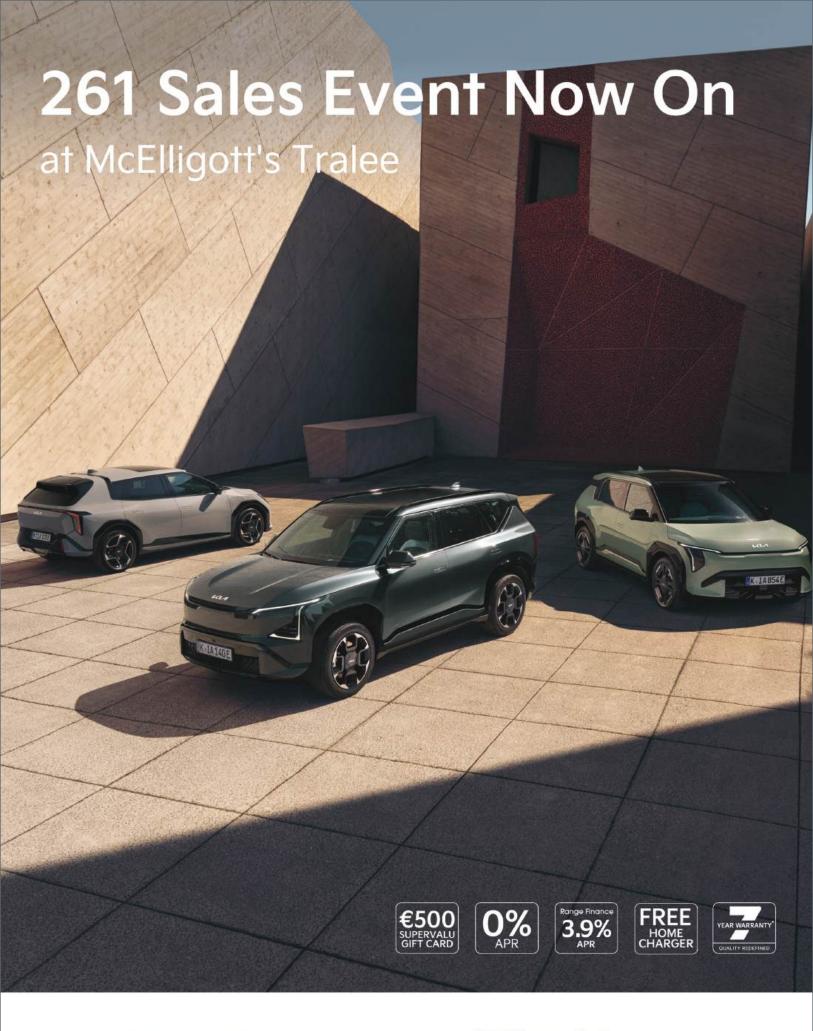
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PICTURES FROM SOME OF THE MANY EVENTS AT THE RECENT LISTOWEL FOOD FAIR'S 30TH ANNIVERSARY

Photos by Noel Sweeney











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NORTH KERRY SCENE

CAROLINE'S DÓTERRA ESSENTIAL OILS

WELLNESS WITH CAROLINE HORGAN

Rest, Sleep & Inner Calm

As the evenings grow darker and the pace of life continues to quicken, it becomes even more important to prioritise rest and quality sleep. A calm mind and a rested body are the true foundations of wellbeing — and the beautiful essential oils Lavender, Serenity, and Balance can help us unwind, release tension, and prepare for deep, restorative rest.

Lavender - The Calming Oil

Known as the "go-to" for relaxation, Lavender is perfect for easing stress and encouraging restful sleep. Diffuse it in the evening, add a drop to your pillow, or apply to the temples and wrists before bed. You can also apply a drop to the top and back of the big toe, which is a key reflex point connected to sleep — or take one drop of doTERRA's pure Lavender oil under the tongue for instant calm and relaxation.

Serenity – The Restful Blend

A soothing combination of Lavender, Cedarwood, Ho Wood, and Vanilla Bean that promotes deep relaxation and a sense of peace. Diffuse Serenity before bedtime to help quiet the mind and prepare the body for sleep. It also comes as a **Serenity Restful Stick with added Valerian** — a no-mess, easy-to-use option for children, teenagers, and adults alike. Simply rub it on the skin before bed or during travel for instant comfort. It retails at €29.70, or for those with their own doTERRA account through Wellness with Caroline Horgan, its €22.25, with 25% savings across all oils when you open an account for just €25 per year (Serenity is FREE with the Home Essentials Kit purchased this November).

Balance - The Grounding Blend

A warm, woody blend of Spruce, Ho Wood, Frankincense, Blue Tansy, and Blue Chamomile that helps calm the emotions and steady the mind. Apply to the soles of the feet each morning to stay centered throughout the day, or diffuse in the evening to create a peaceful, grounding atmosphere. Balance is also loved by many holistic therapists for its harmonising and emotionally stabilising effects.

A Moment for You

Create a nightly self-care ritual — dim the lights, diffuse Lavender and Serenity, and take a few slow, mindful breaths. Reflect in a journal, stretch gently, or sip a calming tea. Adding these small, intentional moments to your evening routine can truly transform how you rest, reset, and reconnect with yourself.

I'm the go-to doTERRA Wellness Advocate for North Kerry and West Limerick, here to support anyone who would like to purchase essential oils or set up their own doTERRA account. Having your own account is the most cost-effective way to buy oils, with 25% savings across the entire range — and when you open one through me for just €25 for the year, or free when you purchase the Family Essentials Kit, Home Essentials Kit, or any combined group of essential oils or supplements, you'll receive my personal guidance on how to use your oils safely and effectively on your oily and wellness journey.

Caroline's Top Tip – Peaceful Night Diffuser Blend

- 2 drops Serenity
 - 2 drops Lavender
- 1 drop Balance

Diffuse this blend in the bedroom 30 minutes before bedtime to invite peace, stillness, and deep sleep. It's one of my personal favorites.

Thought for the Week:

"Rest is not a luxury — it's how we renew our energy, restore our balance, and reconnect with our inner peace."

Wishing you all a peaceful, restorative, and nurturing week ahead.

Caroline

dóTERRA Wellness Advocate – North Kerry & West Limerick 087 2921292

Wellness with Caroline Horgan



A CHRISTMAS THEMED EVENING WITH FRANK MCNAMARA FOR KERRY HOSPICE

Moyvane Parish are holding a fundraiser for Kerry Hospice at The Tinteán Theatre in Ballybunion on Sunday November 30th. Renowned musician Frank McNamara will perform on the night with help from his special guests including Tomás O'Shea (Riverdance), Anne Phelan (professional musician) and Megan Ruby Walsh (Celtic Women). Tomás This Christmas themed candlelight evening promises to be a very special event at the beautiful Tinteán Theatre.

The charity being supported is Palliative Care / Hospice, Tralee. They are building additional bedrooms, plus facilities for children and families. The cost of their project is six million. The aim of this concert is to raise €100,000 to go towards the new building. The organising committee are dealing hoping for as much support as possible to help their efforts.

In addition to the concert there will also be a mega fundraising draw. Prizes include a €3,000 holiday voucher from JWT, 2 nights plus evening meal for 2 in The Europe Hotel, 2 nights plus evening meal for

2 in The Ashe Hotel, 1 nights plus evening meal for 2 in The Brehon, Afternoon Tea for 2 at The Great Southern Hotel, Afternoon Tea for 2 in The Aghadoe Heights Hotel.

Tickets for the concert are €30 and tickets for the draw are €10.

For further information re ticket availability please contact Mairéad on 087 6004379 or Marie in Moyvane Parish Office on 068 49308



PRESENTATION LISTOWEL STUDENT GRACE FOLEY QUALIFIES FOR SCIFEST NATIONAL FINAL

Presentation Secondary School Listowel is proud to announce that student Grace Foley has qualified for the SciFest National Final, which will take place at the Marino Institute of Education, Dublin, on Friday, 21st November.

Grace's innovative and thought-provoking project, titled "Yummy, Yummy Uh Oh – Microplastics in My Tummy", explores the presence and potential impact of microplastics in the human food chain. Her work, which highlights a growing environmental and health concern, first gained recognition in the Biological and Ecological category at the BT Young Scientist and Technology Exhibition (BTYSE) last January.

In April, Grace's outstanding research and scientific curiosity were further recognised when she was awarded the coveted Best Project runner up Award at SciFest in TUS Limerick. This success has now earned her a place among the top young scientists in Ireland as she competes at the SciFest National Final.

Grace is currently applying the final touches to her research and is set to represent both Presentation Secondary School, Listowel, and County Kerry on the national stage. Her dedication, creativity, and commitment to scientific exploration continue to inspire her peers and teachers alike.

The school community extends its full support to Grace as she prepares to showcase her project at the national final in Dublin, wishing her every success as she continues her journey in science.





Sisters Sarah and Roisin Corridon pictured at The Kerry Science Festival 2025 at MTU. An Annual Celebration of STEM featuring Workshops, Talks, and Interactive Activities for all ages. Live demonstrations, expert panels, and school outreach programs, it engages the community and inspires students to explore STEM fields. The festival promotes curiosity and innovation while encouraging future generations to pursue STEM careers through hands-on learning and creative competitions. Photo By Domnick Walsh © Eye

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REVIEWS & INFO

SAN RITA WELLNESS

Welcome to San Rita Wellness weekly column...We hope all is good with you, below is our weekly column for this week.

At San Rita Wellness your self care and well being is important to us. Wellness covers a variety of areas such as eating healthily, being active and looking after ourselves both mentally and physically. One of the ways of looking after ourselves is getting a good nights sleep. But that's probably easier said than done.

Sleeping well directly affects your mental and physical health. Health experts recommend that we should try and get 7 to 9 hours sleep a night. Fall short and it can take a serious toll on your daytime energy, productivity, emotional balance, and even your weight. We can often feel moody, short tempered and reach for sugary foods to give ourselves a bit of an energy boost. Yet many of us regularly toss and turn at night, struggling to get the sleep we need

If you want to optimize your health or lose weight, getting a good night's sleep is one of the most important things you can do.

Here are some tips to help you sleep better at night.

Sleep Routine - Try to go to sleep and get up at the same time every day. This helps set your body's internal clock and optimize the quality of your sleep.

Feeling drowsy - Having a heavy meal late in the evening can leave you feeling sleepy way before your bedtime. get off the couch and go for a short walk, call a friend, or get your clothes ready for the next day.

Screen time - Screen time limits your dream time. Avoid bright screens within 1-2 hours of your bedtime. The blue light emitted by your phone, tablet, computer is especially disruptive. Say no to late-night television.

Wind down - Have a relaxing wind down routine. Have a bath ,listen to music or read a book .When it's time to sleep, make sure the room is dark. Use heavy curtains or shades to block light from windows, or try a sleep mask.

Avoid alcohol - Having a couple of drinks at night can negatively affect your sleep and hormones. Alcohol is known to cause or increase the symptoms of sleep apnea, snoring or disrupted sleep patterns

Tidy room - To optimize your bedroom environment, try to minimize external noise, light, and artificial lights from devices like alarm clocks. Make sure your bedroom is a quiet, relaxing, clean, and enjoyable place.

Daily Exercise - People who exercise regularly during the daytime sleep better at night. Regular exercise also improves the symptoms of insomnia and sleep apnea and increases the amount of time you spend in the deep, restorative stages of sleep.

Limit Caffeine - Caffeine stimulates your nervous system and may stop your body from naturally relaxing at night. In one study, consuming caffeine up to 6 hours before bed significantly worsened sleep quality.

For extra support and for weekly accountability check us out on Facebook San Rita Wellness or sanritawellness.com for details of our "In Person Meetings", "At Home Service" or our "One to One Service".

NB - Our weekly "In Person Meetings" take place in the Kerry Writers Museum, The Square, Listowel every Wednesday from 10am to 11am and 6pm to 7pm

Give us a call on Sandra 087 6718377, Rita 087 1012174 Until next week, Sandra and Rita



L.B. Rovers U12s played MEK Galaxy last weekend. L.B won 4-0. Goal Scores: Maggie Dillane (1), Cianna Flahive (2), Millie Flavin (1)



Listowel Celtic U11 Girls who played last weekend



Lixnaw men supporting Ballyduff Coursing on Sunday were John O'Sullivan, Pat O'Keeffe, Tom Kennedy, Pat McMahon and Mike Barry. Photo Moss Joe Browne



Grace Walsh, Olivia O'Brien, Catherine Butler (BIM), Sarah Browne (Oysome), Sarah Corridan and Laura Dalton, students at Presentation Convent Secondary School in Listowel who experienced a Seafood Cooking and Nutrition Workshop with Sarah Browne of Oysome and BIM as part of the Listowel Food Fair 30th Anniversary year. Picture by Noel Sweeney



Students at Duagh NS embrace Odd Socks Day to celebrate everyone's individuality and what makes us all unique as part of Friendship Week



























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Early arrivals at Ballyduff Coursing on Sunday were Lixnaw native Anna Marie Relihan with friends Seamus Kelly and Nora Raleigh. Photo Moss Joe Browne

Congratulations to Lios Tuathail AC athletes last Sunday in Riverstick Co Cork at the Munster B Juvenile Cross Country Competition



The Finuge Over 35s team who rolled back the years recently at the Tommy Griffin Tournament in Dingle.

Various vintage Finuge jerseys were on display on the day



Listowel Celtic U13 Boys who beat MEK 4-2 last weekend



Gillian Lucid and Grace O'Rourke attending last weekend's Ballyduff Coursing. Photo Moss Joe Browne



Ballyduff team and management - Winners of the North Kerry Junior Championship on Saturday with victory over Duagh.

Photo Moss, Joe Browne



Lucy Griffin and Aobhinn McNamara-Moore Students at Presentation Convent Secondary School, who experienced a Seafood cooking and Nutrition workshop with Sarah Browne of Oysome and BIM as part of the Listowel Food Fair 30th Anniversary year. Picture by Noel Sweeney.



118 Christmas Boxes were donated this year, by pupils in Dromclough NS, to the Team Hope Project.

Many thanks for your continued generosity to children in need



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BALLYBUNION

CONDOLENCES

We extend our deepest sympathy to the families of Michael Walsh Ballyeigh and Sr. Louis Marie Hanrahan. May they Rest in Peace.

BALLYBUNION SENIOR CITIZENS CHRISTMAS PARTY

Wednesday, December 10th, for a wonderful evening at Ballybunion Golf Club with music by Stevie Donegan. This year, due to rising costs, there will be a small charge of €10 for senior citizens.

Tickets can be booked through:

Eileen 086 223 4965, Con 087 418 4241, Marie 087 954 2102. Tickets are also available for €35 for anyone else who'd like to join the fun.

Con, Eileen & Marie will be in Supervalu Ballybunion from 10am—12pm on: Friday, November 21st, Friday, November 28th, and Friday, December 5th. Come along for great company, delicious food, and festive cheer! We're looking forward to seeing you all there.

CHRISTMAS LIGHTS APPEAL

Ballybunion Events have set up this fundraiser to help fund the cost of the Christmas lights in Ballybunion, this will help towards the cost of erecting the lights and trees, the hire of a cherry picker and the ongoing investment in bulbs and cables along with yearly improvements, all donations would be greatly appreciated. Please donate via the link https://gofund.me/9be6821b0

CHRISTMAS CHORAL NIGHT

St Joseph's Secondary School Choral Night Friday 12th Dec at 7pm in St John's Church Ballybunion.

Join us for a wonderful evening of festive music and community spirit as Kerry Choral Union performs alongside talented local students. Tickets €15 each, children are free once accompanied with an adult. Tickets are available at the Secondary School, The Marine & Cahill's Supervalu.

TUMS, BUMS & GUNS FOR MUMS

Drop the kids off, then drop into your workout! Tuesdays 9:30AM (45 mins) at Ballybunion Community Centre. 5 weeks for just €50 Sweat, smile, and get strong with Cathal — fitness made fun for mums! Let's get fit together. For more info: 085 735 2196

BINGO BALLYBUNION

Every Wednesday at 8pm in Mikey Joe's Bar, Main Street, Ballybunion. Prices: Single book €10, double book €13, plenty of prizes to be won! Come along for a fun-filled evening, everyone is welcome!

CHRISTMAS WORKSHOPS

Wreath Making Workshop 12th Dec 7pm @ Marine Cafe, Ballybunion, €55 − All materials supplied

€10 deposit required to secure booking. Text 0851454656

Centre piece Workshop at The Marine Cafe, Bakery & Coastal Accommodation on Sunday, 14th December at 7pm- €55, All materials supplied, Booking essential, €10 deposit required. Text 085 145 4656

TINTEAN THEATRE

Coming this Friday CASH RETURNS 22nd Nov, Tickets available at www.tintean.ie

Dan McCabe 29th Nov, Nathan Carter 5th Dec, Showdown: The ELO Experience 13th Dec, Mike Denver with Liam O'Connor 2nd Jan,

Christmas: Why not give a gift of a voucher, available online on our website.

BALLYBUNION TIDY TOWNS

21st November we will be holding a quiz night in The Railway at 9pm. €40 for a table of 4.

At 8pm we will be presenting awards to those who were top in the Garden Awards. Come and support us and help us keep Ballybunion brilliant!

SCOIL ÍOSAGÁIN FUNDRAISER WEEKLY LOTTO

Weekly Lotto Fundraiser in support of Scoil Íosagáin! Weekly Prizes: \in 20 winner + a growing jackpot! Play: 1 line for \in 2.50 or 3 lines for \in 5, every ticket helps our school — and you could be a winner! Enter here: www. ourfundraiser.ie/org/ballybunionprimary Thank you for your wonderful support!

CREATIVE KIDS ART AT THE COTTAGE

Children's Drop-In Art Classes, Cinema Lane, Main Street, Ballybunion. Autumn/Winter Schedule-November Classes Sat 22nd. December Classes Sat 6th & 20th.

Time: 11:30 am — 1:30 pm, Cost: €15 per child. All art materials are supplied. For enquiries, contact Marie: 086-0664435

SCOIL ÍOSAGÁIN CHRISTMAS MARKET & STORY TIME WITH SANTA

Scoil Íosagáin, Ballybunion on Saturday, 29th November, Market: 11am—4pm. Join us for a festive Christmas Market full of cheer, stalls & seasonal fun — all in aid of school fundraising! Story Time with Santa- 11:30am & 2:00pm, includes story time, hot chocolate, cookie & family photo. Prices:

1 child €15 | 2 €25 | 3 €30 | 4 €35. Book with Jenna: 087-2470545. No refunds — charitable event.

PARENTS ASSOCIATION OF SCOIL ÍOSAGÁIN BALLYBUNION

Ongoing Clothes Collection — drop off reusable clothes, bed linen (no quilts/pillows), paired shoes, belts, handbags, towels & curtains at the front door during school hours (Mon—Fri). Thank you for your continued support! Please don't leave bags at the gates.

SOCIAL DANCING

Join us every Tuesday at 7:30 PM in the upstairs hall of the Community Centre, The Old Central Ballroom, for a wonderful evening of music, movement, and fun! Dance the night away with waltz, jive, quickstep, line dancing, and more. No partner? No problem everyone is welcome! Come along, meet new friends, enjoy the rhythm, and support your local dance community. We can't wait to see you there!

BALLYBUNION ACTIVE RETIREMENT

Weekly Meetings: Every Wednesday, 2pm, Location: The Old Convent, Doon Road. New members are always welcome! Come along and enjoy a wide range of activities, including: Creative writing, Theatre visits, Day trips, Guest speakers, Yoga, and most importantly, great company!

For more information, contact Pat Buckley at 086 356 1615

BALLYBUNION MEALS ON WHEELS

Delivery Days: Monday, Wednesday, and Friday, Areas Covered: Ballybunion, Lisselton, Asdee, and Ballylong-ford. Please note: €8 per meal (delivered directly to your door). To arrange delivery, please contact: Eileen Fogarty – 086 2234 965 Con McCarthy – 087 418 4241. Reliable, home-cooked meals delivered with care!

BALLYBUNION BADMINTON

Stay Active with Ballybunion Badminton! Looking for a fun and engaging way to stay fit? Join Ballybunion Badminton for a great cardio workout that improves agility, coordination, and relieves stress. Every Thursday, 8 PM — 10 PM at Ballybunion Community Centre. Strictly over 15s — New members are always welcome! For enquiries, contact us via the Ballybunion Baseliners Facebook page or text 086 166 0682.

BALLYBUNION HEALTH AND LEISURE CENTRE

Opening Hours, Monday — Friday: 8:00 AM — 9:00 PM, Saturday: 9:00 AM — 6:00 PM, Sunday & Bank Holidays: 10:00 AM — 6:00 PM. We offer a variety of exercise and fitness classes, including Hydro Bikes, Aqua Aerobics, and Spinning. Public swimming lessons take place during the week and can be booked by contacting reception. For more information, please call Reception at 068-28111 or follow our Facebook page: Ballybunion Health & Leisure Centre for regular updates.

TAEKWONDO BALLYBUNION

Taekwondo Classes — Ballybunion Community Centre. Join our Taekwondo classes in the upstairs hall for all ages and skill levels! Every Wednesday — Beginners (ages 5+), teens & adults & every Friday — Beginner teens & adults. Build confidence, balance & coordination, improve fitness & self-defence skills & Develop self-discipline in a fun environment. Interested? Contact Michael at 087 924 5637 to get started!

BALLYBUNION COMMUNITY CENTRE

Ballybunion Community Centre has the perfect space for hosting your sports, groups, classes or parties. The following are the classes take place in the centre, Parent, baby and toddler groups, Taekwondo, Badminton, Yoga Classes, Chair based exercises, Craft circles, Dance fitness, English lessons, Indoor soccer, Drama class, Basketball, Irish language development class for kids, Gymnastics, Ballybunion Youth Club. Please contact 068-27799 or email ballybcomcentre@gmail.com for any information.

POSITIONS AVAILABLE IN COMMUNITY

Community Employment offers paid work, welfare supports, free training courses and an opportunity to get involved in the community. Current part-time positions (19.5 hrs. /wk.) Include: Environment Worker (litter patrol), Tinteán care taker, Leisure Centre Cleaner, Sea Rescue Hut Caretaker. For details, contact Rosaleen on 089-2763786 or email saothairnanabhann@gmail.com

SAN RITA WELLNESS

In Person Meetings take place every Wednesday from 10am-11am & 6pm to 7pm in The Kerry Writers Museum. If you are anxious to make a start now you can join our "At Home Service" where our members love the support, motivation, accountability and also seeing fantastic results on the scales. Call us for more information. Sandra 087 6718377 Rita 087 1012174

UNISLIM CLASSES

Class every Thursday 6:45-10:15am, with a class talk at 9:30am in The Plaza Hall, Listowel. New and returning members are always welcome. Call Leader Majella on 0873844481 for more information. For this week it's free to join /re-join. Online option also available Monday 8pm.

CHARITY SOCIAL DANCE

Join us for a wonderful Charity Tea Dance on Sunday, 23rd November, in St. Patrick's Hall, Listowel, from 3:00pm to 5:30pm. Enjoy an afternoon filled with lively music by the Big Maggie Band, plenty of dancing, good company, and delicious tea and refreshments. All proceeds will go directly to Breast Cancer support services, helping to fund this vital cause. Admission: €10 (includes refreshments). Come along for a joyful afternoon of music, friendship, and community spirit — all in aid of a truly worthy cause. Everyone is welcome!

GROW SUPPORT GROUP MEETINGS

Are on Wednesdays from 7:30-9:30pm in the Seanchai Centre, Listowel, V31 RD93 everyone is welcome to attend for more information or contact Jerry @ 0860271990, well supported in 2025.

BALLYBUNION NOTES

If you'd like to include an item in The Ballybunion Notes, please send it to ballybuniontouristoffice@gmail.com or message us on the Ballybunion Tourist Office Facebook page by 10:00 AM on Monday.

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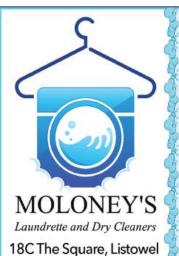


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- Sleep Issues / Fatigue
- Skin Problems
- Post Covid Issues
- Life after Cancer
- Vitamin Deficiencies
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Mon - Fri 9.30am - 6pm Saturday 9am - 4pm

LAUNDRY SERVICES & SAME DAY SERVICES:

- Wash only
- Wash dry & fold
- Wash dry & press (Linens)
- Dry only
- Press only (Linens only)
- Non Bio Soap Options
- Gift Vouchers

Duvets: Single - Double King - Super King Blankets - Bedspreads

Catering for:

Air B&B - Boutique Hotels Bars - Cafes - Restaurants Hair & Beauty Salons -Factories - Sports Clubs Nursing Homes -Residential Homes -Mobile Homes

DRY CLEANING 48 Hours

- Christening Gowns Suits Shawls
- Communion Dresses Suits Veils
- Wedding Dresses Veils
- Wedding Dress Keepsake Boxes
- Wools Silks Arans
- · Curtains · Rally Suits

ALTERATIONS

• Hems • Zips

PICK UP & DROP OFF SERVICE AVAILABLE



TARBERT

TADREDT NEWS

Contact; tarbertnews@outlook.com or telephone Patrick Lynch at 068/36117 on or before 7pm Sunday. Fan slán.

DEATHS

The death took place of Jeremian (Jerry) Savage, Chapel Street, Tarbert and formerly of Dromcollogher, County Limerick. Jerry died at UHK Tralee on Friday 7 November aged 81 years. He was predeceased by his wife Joan (nee Naughton), his parents and siblings. He reposed at St. Mary's Funeral Home, Tarbert on Sunday 9 November, his coffin bearing the Limerick flag. His Requiem Mass took place in St. Mary's Church, Tarbert. There was a guard of honour of neighbours, former customers and friends as the remains were being carried into the Church. The Requiem Mass was celebrated by Fr. John Buckley of the Pastoral area. Interment took place to St. Mary's new Cemetery as he was laid to rest with his wife Joan who died on 17 May 2015. John Dowling led St. Mary's Choir of which Jerry was a one time member in a rendition of 'Our Lady of Knock' which Jerry sang whenever he attended daily Mass in Tarbert and Glin. Frances Kennedy followed with a wonderful rendition of Percy French's 'Dromcologher' remembering Jerry's birthplace and 'the fine place we have there' and Jerry would have approved, certainly the large Limerick congregation did. Jerry never failed to fly the Limerick colours when Limerick hurlers won their five recent All Irelands. Some years ago, Jerry purchased the licensed premises in Chapel Street from the late John McGee and he and his wife Joan traded here for a number of years. In recent years Jerry ceased trading and lived out his retirement here.

The death took place of Stasia Clancy (nee Lanigan) of Kilrush and formerly of Main Street, Tarbert. Stasia who was in her 101st. year having celebrated her century on 29 September 2025 died on Monday 10 November in a nursing home in Kilrush. She was predeceased by her husband Sean and grandson Paul. Her Requiem Mass took place in St. Senan's Church on Thursday 13 November and was celebrated by Fr. Michael Collins, Parish Priest of Kilrush. Fr. Collins spoke of her commitment to community life in Kilrush, her involvement in the Tidy towns, a member of the boards of management of the schools, a Church reader, her part in the renovation and extension of the Community Centre, and other voluntary activities. After Mass Stasia was laid to rest in All Saints Cemetery, Shanakyle.

Stasia was born to Kilkenny hackney driver Bill Lanigan and Delia Brennan in Main Street, Tarbert in 1925, one of six children, 5 boys and a girl. Her mother died in 1943, leaving her father to rear the family on his own. She later married Sean Clancy who was serving with the Irish Army at Fort Shannon, Tarbert during the Emergency War years. Her brother Michael, Tarbert who visited her often in Kilrush died in 2023.

Sympathy of the community to her daughter Maureen, sons Michael, Liam and John grandchildren, greatgrandchildren, extended family, neighbours and friends and in particular to her nephews Michael and Ambrose Lanigan, Tarbert.

Beannacht Dé le hanamacha na marbh go léir.

WEDDING BELLS

The Wedding took place of Bridget Anne Scanlon, Tarmons East, Tarbert daugher of Anne and the late Tom, Tarmons East and David Magee, son of Anne and the late David, Bansha, County Tipperary. The couple were married recently at the Ballygarry Estate Hotel, Tralee. Best Man was Colm Collins and groomsman was Robert Magee. Maid of Honour was Elizabeth Scanlon and Bridesmaid was Adrian McGrath. The happy couple are residing in Kildimo, County Limerick. Guimís gach rath ar an mbeirt a pósadh agus go n-éirí go geal leo le chéile as seo amach.

SHANNONSIDE WOMEN'S GROUP

Shannonside Women's Group are meeting this Thursday 20 November at 2.30pm in the Community Centre where Doreen Enright will give a talk on skin care, etc. Everybody welcome.

HISTORICAL SOCIETY

Tarbert Historical and Heritage Society will host Dr. Declan Downey at Tarbert Bridewell on this Saturday 22 November at 8pm when his illustrated talk will be on Richard Wall of Kilmallock - soldier, diplomat and Prime Minister of Spain from 1754 to 1763' The lecture will trace the origins, career, achievements of one of the great statesmen of 18th century Europe which provides fascinating insights into the contribution of the 'Wild Geese' to their host countries abroad.

RAMBLING HOUSE

Fógra from Kitty to say that the next session of the Rambling House will take place in the Community Centre, Tarbert on Saturday 29 November from 8pm to 11pm with the best of traditional music, song and story from North Kerry and West Limerick on show agus cupán tae le fáil ag deireadh oiche in Kitty's cistin.

CHRISTMAS MAI

Books of Christmas stamps are now available at Tarbert Post Office. The last date for posting parcels to the USA is December 4 and letters is December 10. Boxes and mailing bags are also available to purchase for ease of posting.

MUSIC NIGHT

There will be a Music Night with lots of local talent at Carmody's Bar on this Friday night 21 November. Everybody welcome.

KERRY HOSPICE

 $Kerry\ Hospice\ Christmas\ Cards\ are\ now\ available\ in\ Tarbert\ Bridewell\ and\ the\ cost\ is\ \textbf{\&7}\ for\ 10\ Cards.$

TARBERT ACTIVE RETIREMENT (OVER 55'S)

Is on every Friday in Tarbert Bridewell between 10.30 and 12.00. Different activities every week followed by Tea/Coffee and refreshments and a chat. New Members always welcome.

SANTA CLAUS IS COMING TO TARBERT BRIDEWELL

Saturday 13th December 2025 2pm-4pm, €5 per child including gift.No pre booking required. V31x883

BALLYLONGFORD

COFFEE MORNING

Thank you for supporting the coffee morning in aid of Kerry Hospice, which was held in the Parish Hall. A total of 845euro was donated.

EDDIE CARMODY COMMEMORATION

The Eddie Carmody and the O'Rahilly Independent Republican Group will be having a Commemoration for volunteer Eddie Carmody on Saturday 22nd of November in Ballylongford. Assembly at the Eddie Carmody Memorial Hall at 7pm at Main Street, followed by a march to the monument at Rusheen, where a speech will be given by an independent republican. Music by Kevin O'Driscoll afterwards in Finucane's Bar. All are welcome.

TINTEÁN THEATRE BALLYBUNION

Upcoming events

Saturday 22 Nov 8pm - 'Cash Returns' is an award-winning 9-piece Johnny Cash and June Carter show, who bring the authentic sound of American country music's most iconic couple back to the live stage. A show not to be missed.

Saturday 29 Nov 8pm — Dan McCabe - Dan is currently one of the biggest ticket sellers on the Irish concert scene and comes from a long lineage of folk musicians. Dan was invited to Áras an Uachtaráin and performed "The Parting Glass" to the delight of the president.

Christmas: why not give the gift of a Tinteán voucher, available on our website.

TARBERT POST OFFICE

Posting items abroad this Christmas? The post office has a large selection of boxes and mailing bags, bubble wrap and tape.

Christmas Stamps are now in stock, the last date of posting packages to the USA is December 4th and letters is December 10th.

ANNUAL CHRISTMAS TREE LIGHTING

Enjoy carol singing, festive treats, Santa and Mrs. Claus, and the wonderful sight of the tree being lit up at 7.30pm on Saturday 6th December. Ryan Kennelly will be your MC for the event, with the Mayor of Kerry, our own Mike Foley switching on the lights. Everyone is welcome to enjoy what is always a wonderful event, organised by Ballylongford Tidy Towns, together with local organisations and clubs.

WEEKLY 41 GAME

We are delighted to announce that the 41 weekly card game in Listowel Emmets Club House recommences at 8.30 p.m. on Monday September 29th 2025. All are welcome and generous prize money is on offer.

GROW MENTAL HEALTH

The Grow Support Group meeting take place on Wednesday. Between 7:30pm-9:30pm, at the Seanchai Centre, 24 the Square Listowel, V31 RD93. This group is well supported so far in 2025 with the attendance at the meetings. If you would like any more information please attend or contact Jerry Cronin on 0860271990. All are welcome.

THE YOGA ROOM AT THE PARISH HALL BALLYLONGFORD

Yoga mat class Tuesday 7pm-8pm. Chair Yoga Thursday 10am-11am. €12 per session at the Parish Hall. Places are limited so booking is essential. Contact Elisha on 087 343 5231

Fifth Dimensional Energy Healing: releases negative thinking, stress, trauma. Emotional cleansing and Spiritual Growth. Balancing mind, body and spirit. A journey of self-love and self-compassion. Treatment 60 minutes: ϵ 70. Special offer available for ϵ 50.

Energy healing treatments for deep relaxation. Rahanni Celestial Healing: 1 hour treatment special offer €50. Reiki 60 minutes treatment €60

For more information or to book your treatment Text/Call or email Elisha: balancewithelisha@gmail.com

MOVE WITH MARTINA

Chair - based exercises: Seated fitness for Function and Balance

A workout for every ability. Improve your physical and mental wellbeing. Reduce the risk of falls. Enjoy exercise again. Fully qualified instructor

Classes starting Wednesday 2nd October at Ballylongford Parish Hall @ 8 pm. To book your chair please contact Martina on 087 7973 688

UNISLU

 $UNISLIM Class\ every\ Thursday\ 6:45-10:15 am,\ with\ a\ class\ talk\ at\ 9:30 am\ in\ The\ Plaza\ Hall,\ Listowel.\ New\ and\ returning\ members\ are\ always\ welcome.$

Call Leader Majella on 0873844481 for more information.

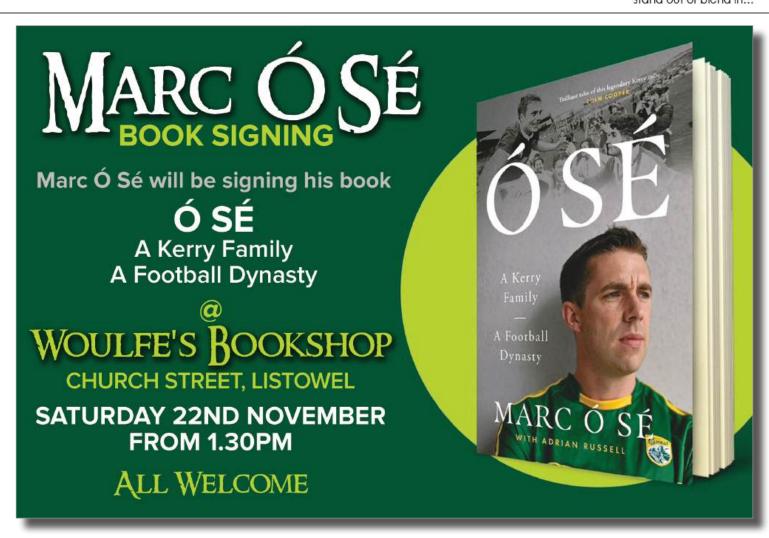
For this week it's free to join /rejoin. Online option also available Monday 8pm (unislim.com)

TFI LOCAL LINK

Please call for information on (066) 714 7002 or visit https://www.locallinkkerry.ie/ballylongford/

BALLYLONGFORD NOTES

The notes are entirely free to use for all, and are for the benefit of the community to highlight notices, events, services, etc. If you would like to include something in our weekly notes, please email ballylong-fordnotes@gmail.com or phone/WhatsApp 087 930 8223. If you have trouble with electronic submissions, please call me on the above number. Please Note: Deadline for submissions in 8pm on Sundays.







KILFLYNN

FASHION SHOW

The annual Kilflynn fashion show is on Friday 21st November, in St. Columba's centre Kilflynn Doors open at 7.15p.m , a night of fashion, style and fun guaranteed, lots of spot prizes, door prizes sponsored by Paco. Tickets €20 available from Maureen 0879893847 or Noreen 0862342455

SYMPATHIES

On behalf of the community, we offer our sincere sympathy to Sheila Walsh, Rae, Kilflynn and to her Family on the death of her sister, Nora Kildea nee McKenna of Cloghane, Tralee and formerly Tooreen, Kilflynn, who passed away peacefully on Sunday 28th September, On behalf of the community, we offer our sincere sympathy to Kathleen Hannon, Laccamore, Kilflynn and to her Family on the death of her brother Daniel Joe (Jess) Nolan of Ballybroman, Abbeydorney, who passed away peacefully on Thursday 16th October, On behalf of the community, we offer our sincere sympathy to Mary Keane, Glenballyma, Kilflynn and to her Family on the death of her brother Liam O'Connor of East Commons, Ardfert and formerly Banemore, Kilmoyley, who passed away peacefully on Friday 17th October. May they rest in peace.

CROTTA LOTTO RESULTS

Herbert's Bar, Kilflynn was the venue for the Crotta Hurling Club weekly lotto draw on Monday 17th November, The Four numbers drawn out of the drum by the independent observer: Graham Harris, Clounsillagh, Lixnaw were 19,21,27 and 29. There was no winner of the 5,000 Jackpot.

Congratulations to the following who won €35 in the lucky dip draw: Denis Culhane, Crotta, Kilflynn, Jackie Hurley, Garrynagore, Lixnaw and Michelle O'Donoghue, Azuqueca de Henares, Guadalajara, Spain and Garrynagore, Lixnaw

The next draw will take place in Parker's Pub, Kilflynn on Monday night 24th November at 10.30p.m with a €5,100 Jackpot.

Tickets available 3 for €5 online visit www.crottagaa. club or this link https://play.clubforce.com/play_newa.asp?ll_id=427#Anchor or Herbert's Bar/Village Store, Parker's Pub, Zam Zam Kabab, Foley Shop Lixnaw, Abbeydorney Post Office or from Club tickes sellers. Manhanks to all who contribute to our weekly Club Lotto. The Club cannot emphasize enough the importance of our members promoting the Club Lotto among family, friends, and work colleagues. Your continued support is greatly appreciated

CHRISTMAS CAROL SERVICE

The Kilflynn Church Choir Christmas Carol Service on Sunday 14th December at 6.00p.m in St. Mary's Church, Kilflynn

KILFLYNN BABY AND TODDLER GROUP

Meet every Thursday mornings from 10am until 11:30am in the Community Centre in Kilflynn. All are welcome. This group is open to Parents, Grandparents, Guardians and Carers of babies and toddlers up to 4 years old. It's a great way to meet other parents in your area. So come along for a warm welcome, chats and play. refreshments served. Cost: 3 euro per child. or 5euro per family.

Contact Maureen 0879893847or Niamh 086144157 for more information.

CROTTA GAA

Congratulations and well done to own Jackie Horgan who received her PwC Camogie Soaring Star Award on Saturday evening 15th November in Croke Park.

A hugely proud moment for Jackie and her family, Jackie is a fantastic ambassador for the game of Camogie, our club and the area.

We also send our congratulations also to Jackies fellow Kerry players: Aoife Fitzgerald, Rachel McCarthy and Patrice Diggin who also received their PwC Camogie Soaring Star Awards on Saturday evening.

Sunday, 15 November

North Kerry Under 21 Hurling Championship [Paddy Kelly Memorial Cup] Quarter Final played at the Sports field, Dromakee, Kilflynn on Sunday 16th November. Crotta O'Neill's 4-19 Lixnaw 1-12

North Kerry Under 21 Hurling Championship semi finals Friday, 21 November Ballyduff v Tralee Parnells @ Ballyduff, 7.30pm

Sunday, 23 November

St. Brendan's v Crotta O'Neills @ The ARC, 12 noon Best wishes to the Crotta players and their mentors.

St Stephen Day Friday 26th December, 12pm at the sport field. Dromakee, Kilflynn

The Tom "Red" McElligott Memorial Cup.

Crotta GAA players past & present playing in memory & honour of our dear friend and former teammate.

The Team Managers for the day are Maurice McElligott, Pete McGrath, John Mahony and Fergus O'Sullivan

ST. MARY'S CHURCH, KILFLYNN

Mass Intention for the week in St. Mary's Church:
Mass will be celebrated on Friday 21st November at
10.00a.m, November List,. Mass will be celebrated on
Saturday 22nd November at 6.00pm for Brendan Murphy,
Fahavane, Kilflynn (Anniversary).

Kilflynn Altar Society for October — Brenda Brennan and Geraldine Parker

If anyone would like a call, please contact the Parish Office 066 4018996 or Fr. Jerry Keane 087 2844649.

Adoration of Blessed Sacrament Kilflynn: Monday 7.00p.m. – 8.00 p.m.. Check www.dioceseofkerry.ie go to Abbeydorney parish and check the newsletter.

SANTA IN KILFLYNN

Meet and greet with Santa Claus in St Columba's Centre, Kilflynn on Sunday 7th December from 2.00pm to 4.00pm. Cost per Child is 12 euro. Meet and Greet, Gift from Santa, Face Painting, Christmas Arts and Crafts.

Design your own gingerbread cookies The amazing Wrist Wonders joining us this year! Loads of photo opportunities.

To book your place Contact Maureen 0879893847 or Leann 087 9680348. Don't miss the magic and come help us make memories to last a lifetime.

CLOTHING DRIVE

St. Teresa's National School, Kilflynn are holding a clothing recycling drive fundraising.

Please donate all your clean unwanted clothes, shoes, bed linen, curtains, towels, bags, belts and soft toys. Please Donate only clean dry and rewardable clothing as we cannot accept wet, dirty or damaged clothes or goods. No Duvets. Drop your bags to the Crotta Hurling Club house, Dromakee, Kilflynn, between the following hours 7.00a.m to 10.00p.m. 7 days a week. The collection date is Tuesday 25th November, your support will be greatly appreciated. Please spread the word to your family and friends. Thank you for your support and taking the time and effort to support our fundraising drive.

ABBEYDORNEY DRAMA GROUP

Presents the highly entertaining play "The Maiden Aunt" by Jimmy Keary, a night of comedy for grownups at 8.00p.m. in Abbeydorney Parish Hall on Sunday 23rd November, 29th Saturday, November and Sunday 30th November . Adm. €10. Proceeds to Killahan National School

MOYVANE

Contact: movvanenotes@gmail.com

BLOTTO

There was no winner of last Thursday night's Jackpot. Numbers drawn were: 25, 26, 30, 32. Lucky Dips: €100: Kay Heffernan, Listowel. €50: Mike & Liz O'Sullivan, Moyvane. €20 each Caroline Saccard, Woodgrove, Moyvane. B.J. O'Connor, Inchamore. Anne Heffernan, Ennismore. John James O'Connor, Kilbaha, Moyvane. Anne Sheehan, Athea. Free Tickets: Gina Jones, Aughrim, Moyvane. Mike & Liz O'Sullivan, Moyvane. Michelle Buckley, c/o Noreen O'Connell, Ahalahanna, Moyvane. Bridget & Ger O'Connor, Inchamore. Mai Wall, c/o Marie Wrenn, Athea. Next draw will be held this Thursday night, November 20 at Bingo in The Marian Hall. Bingo starts at 8.00pm. Jackpot €12,500.

SPIN THE WHEEL

Congratulations to Noreen Roche, Ahalahanna, Moyvane and Mary Ellen McCarthy, Listowel who won \in 200 each last week. This week it could be you. The minimum you can win on the wheel is \in 300 and the top prize is \in 2,000.

SPLIT THE BUCKET

This Thursday night is Split the Bucket night. This week, it could be you. Envelopes are available in all the usual outlets locally, Holly's Gala, Mike Kennelly's HomeValue Hardware, Noel Stack Butchers, Enright's Bar, The Village Grill, Speedy's Bar, Moyvane. Newtownsandes Co-op Curl up and Dye (Anna Enright Fogarty) and at Bingo in the Marian Hall. \in 2.00 per entry or 3 for \in 5.00. Thank you all for supporting this very important fundraiser for your local school.

A MEN'S SHED

Is starting at the back of the Community Hub. Just in case you don't know there is a building/ workshop and garden back there so contact 087 2429183 for more information. Men's sheds are doing a wonderful job everywhere they have been set up so why should Moyvane be any different.

MOYVANE/KNOCKANURE SENIOR CITIZEN'S CHRISTMAS PARTY

Will be held in the Marian Hall on Sunday, November 30. Mass at 12.30pm followed by dinner and entertainment. €30 per person. Book with Ita 087 7533027 or Noreen 068 49238 before Tuesday, November 25.

FRANK MCNAMARA CHRISTMAS THEMED CONCERT

In The Tintean Theatre, Ballybunion on Sunday, November 30. Moyvane Parish fundraiser in aid of Palliative Care. Concert tickets are €30 and raffle tickets €10, available in the Parish Office.

SCOIL CHORP CHRIOST, KNOCKANURE

Currently accepting enrolment for the coming academic year 26/27. Please contact Anne at school office 068-49130/087-7939134, email scoilchorpchriost@gmail.com

SUNDAY, NOVEMBER 30 CHRISTMAS CRAFT FAIR

At Duagh Sports and Leisure Complex.

CHRISTMAS CRAFT FAIR

It's that time of year again and isn't it nice to do some shopping away from the commercial side of things. By doing so you are supporting "the local thing". On Sunday, December 14 Lisselton NS is holding a craft fair in Coolard Sports Hall. All are welcome

TINTEAN THEATRE

Coming this Friday, November 22 Cash Returns. Tickets available at www.tintean.ie Dan McCabe, Saturday, November 29. Nathan Carter Friday, December 05. Showdown: The ELO Experience Saturday, December 13, Mike Denver with Liam O'Connor Friday, January 02.

Christmas Gift idea: Why not give a gift of a voucher, available online on our website.

KNOCKANURE VINTAGE RALLY

Will be held on Sunday, November 30. Registration at 10.30 am. All proceeds will go to a very worthy cause, the Cystic Fibrosis association. These organisations depend more and more on fundraisers like this so please support.

DATES FOR YOUR DIARY

Confirmation: Thursday, April 16 in Church of the Assumption, Moyvane at 2.30pm. Saturday, May 09: First Holy Communion in Chorpus Christi Church, Knockanure at 11.00am. Saturday, May 16 First Holy Communion in Church of the Assumption, Moyvane at 11.00am.

MASSES FOR THE WEEK

MOYVANE:

Thursday, November 20 Mass at 10.00am.

Saturday, November 22 Mass at 7.30pm.

Sunday, November 23 Anniversary Mass at 11.00am for Jack & Bridie Stackpoole and their son, Peter.

KNOCKANURE

Friday, November 21 Second anniversary Mass for Michael Kennelly.

Sunday, November 23 Mass at 9.30am









Listowel Celtic U14 Girls bowed out of The National Cup losing on penalties last weekend against Herbertstown



Eileen Nolan and Denise joy, enjoy the Art Exhibition by the residents in Aras Mhuire Nursing Home last Saturday



Listowel Food Fair 30th Anniversary: Winner of Best Heffer Award: 06/11/2025: L-R John Francis Casey, Jack O'Carroll (Winner of the Food fair Class, Best Heffer)) John Mangan (Listowel Food Fair) and PJ Mulvihaille (Listowel Mart). Picture by Noel Sweeney









Duagh NS students celebrate Science Week with an assortment of experiments to mark the week



Listowel Celtic U12 Girls who played last weekend



Early arrivals at Ballyduff Coursing field on Saturday were the local Allen Locals Evan O'Connor & Cillian Mulcahy enjoying the break at Ballyduff Coursing last weekend. Photo Moss Joe Browne





Presentation Primary School Listowel Christmas Shoe Box Appeal collected on Thursday 13th November



Finuge's favourite neighbour and historian Paul Kennelly with The Boss & Historian Of Irish Ballads... the one and only Derek Warfield recently at McCarthys Bar Finuge



Topline McKennas McKennas Fuels



Collect Prices Mix & Match

Supertherm 20kg Cosyglo 20kg

€14.50 each 6 / €85 (€14.17 each) 22 / €299 (€13.59 each) 1 Tonne €679



Collect Prices

Energy Hardwood Pellets 15kg

€7.99 each 4 / €31 (€7.75 ea) 20 / €145 (€7.25 ea) 66 / €449 (€6.80 ea)



Zerowood Kiln Dried Hardwood Crates

Available in Birch, Ash & Beech Prices from €199 Free Delivery



JOHN B. KEANE ROAD LISTOWEL, CO. KERRY

> Call 068 21376 "Fuel Hotline"

Collect Prices

CosyFlame 20kg

€14.99 each 6 / €87 (€14.50 each) 20 / €280 (€14.00 each) 1 Tonne €700



PRICE DROP! Kiln Dried

Hardwood Logs 18ltr €6.99 ea

4 / €26 (€6.50 ea) 64 / €368 (€5.75 ea) Free Delivery



Seasoned Firewood

Logs Bulk Bags €85.00 each 3 for €249 (€83 each) Kiln Dried Hardwood Available also

> All offers valid while stocks last



Oak Hardwood Briquette 5kg €3.99 each

8 for €30 (€3.75 ea) 20 for €71 (€3.55 ea) 192 for €630 (€3.28)



Paint & Décor

Building & DIY

Heating & Bathroom

Indoor & Outdoor Living

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OUALITY & SERVICE SINCE 1871

SPORTS NEWS

LISTOWEL EMMETS GAA

The 41 Card game organised by Emmets GAA Club continues every Monday night in the Clubhouse at Frank Sheehy Park, Listowel. Jackpot for week 9 is €180 for 13 games.

Starting time is 8.30 sharp and all are welcome.

Winners from Week 87: 1st; Denis and Margaret Scannell 2nd Shared Jim Buckley and Mick Naughton; David McElligott and John O'Donnell; Mick Quinn and Roddy Gormley; Eamon Kennelly and Donal Kearney; Michael Dowling and Tom O'Sullivan

Table Prizes: Pete Lyons and Kay Heffernan; Monnie Leahy and Danno Moriarty; Con Kirby and Seán Egan; Mary and Ned Holland.

LISTOWEL CELTIC

Draw 17/11/25 - Numbers Drawn 6-10-24-29 Jackpot not won - Lucky Dip Winners €40 Eddie Barrett, Bunaghara €20 Patricia McGaley c/o Mikes €20-Mike Galvin, Stokers Lawn

€20 Dan Kennedy c/o Jets €20 Julie.Lucy & Alan Gleeson

Next Draw 24/11/25 at The New Kingdom - Jackpot €1,75

LISTOWEL ATHLETIC CLUB

Munster B juvenile cross country

Last Sunday nine of our athletes and their parents made the journey to Riverstick Co. Cork for the Juvenile Munster B uneven competition. The weather was dry but cold and it didn't deter our athletes not even the steep hills on the course. First up were the u11 girls a total of 128 athletes in the race with both Clodagh Lynch and Aoileann Collins running well.

Next up were the u11 boys all moving up a year to compete in a field of 106 athletes. First home for Lios Tuathail AC was Ben Stack in 20th followed closely by Daryl Mongey in 24th, followed in by Jack Collins and Dylan O'Connell. In the u13 girls another big field of 97 athletes and both Saoirse O'Connell and

In the u17 competition we congratulate Yvonne Barrett who finished 8th overall and qualifies for the All-Ireland B competition. Our younger athletes will be familiar with Yvonne as she volunteers on Saturday with Little Athletics as part of her Gaisce. Well done to all our athletes and thanks to the parents

Training: Little athletics continues on Sat 11am at Listowel community centre for those aged 7+, for those aged 10+ training outside in Cows lawn at 11am. Sprint training on Tue 6pm at St Michael's college Astro pitch with older sprint group aged 13+ group at 7pm. Cross Country training Mon 6pm at St Michael's college

BEALE GAA

A great night at the Beale GAA Table Quiz on Saturday in The Feale Bar, with loads of brain-teasing questions and banter. Thanks to all who supported, to The Feale Bar for hosting, to guiz master, Tony Moore, and to all who gave spot prizes. Next big social date for the diary is Beale GAA Race Night on Saturday, December 27th, in JD's - the event of the Xmas season!

The AGM of Beale GAA Club will be held on Saturday, November 29th, at 8.30pm in Ballybunion Community Centre. Any member who would like a copy of the Annual Report and other documents please email Bríd, secretary. beale.kerry@gaa.ie

This week's Beale Lotto draw took place on Sunday night in The Exchange. Numbers were: 1, 2, 22 and 31. There was no jackpot winner and Match-3 winners each won €50: Tony Mulvihill and William Bunyan.

6 Free tickets: Elizabeth O'Mahony.

Next week's draw will take place in Mikey Joe's on Sunday night, with a jackpot of €3,350. A huge 'mile buiochas' to all who support and promote the lotto. Beale Lotto tickets, €2 or three for a fiver, are available in Cahill's SuperValu, the local pubs and online.

As Sarah Jane Carmody and Maeve Scanlan have set off on their travels, we'd like to send them on their way with best wishes. They've been the backbone of the of Beale Ladies senior team for many years - not only as prolific players, but also through the incredible work they've done behind the scenes.

Sarah Jane has been PRO for Beale Ladies, keeping the spotlight on happenings in the club and bringing us proudly into the modern era with her energy and commitment to communications and social media. Maeve, meanwhile, has been our ever-reliable, go-to physio, making sure the ladies were fit and ready for action, and always giving so generously of her time and expertise.

We wish both Sarah Jane and Maeve the very best as they head off to broaden their horizons. We look forward to the day they return to Beale GAA and remind them that, no matter where their adventures take them, they will always be part of our club. Safe travels, girls, have fun and don't forget to keep in touch!

BALLYBUNION GOLF CLUB Men's Singles Competition – Sunday 16th November Cashen Course

Frank Geary (15) 31pts 30pts (B9 9) 2nd Rick Earley (19) 30pts (B9 7) Noel Kneafsey (20) 3rd 30pts (B9 5) Robert Rvan (20) 4th 5th John O'Halloran (17) 29pts 6th Chris O'Donoghue (5) 28pts (B9 8) James O'Callaghan (-2) Gross 30 Pts

Fixtures: Men's Singles Competition - Sunday 23rd November Cashen Course

 $Ladies\,12\,Hole\,Voucher\,Competition\,-\,Saturday\,15th\,November\,Cashen\,Course$

Jeanelle Griffin (32) 33pts 29pts (B9:10) 2nd Ann Laverty (31) Marian Flannery (32) 29pts (B9:9) 3rd 3rd Carol Anne Coolican (32) 29pts (B9:9)

Fixtures:

Ladies 12 Hole Voucher Competition — Saturday 22nd Nov Cashen Course Ladies Voucher Competition - Tuesday 25th November Cashen Course

Senior Men's Competition – Thursday 13th November Cashen Course

Eamon O'Connor (11) 1st. 31pts. Michael P O'Farrell (25) 30pts B3-8. 2nd. 3rd. John Beary (14) 30pts. B3-5. Gross. Michael K Barrett 21pts. 29pts. B3-9. 4th. Jerry O'Connor (22) 29pts. B3-7. 5th. Tim Nolan (23) Maurice O'Connell (22) 26pts. B3-9. S.V. Eddie Moylan (19) 24pts. B3-5. Jerry McAuliffe (20) 27pts. B3-6. B2-2.

Senior Ladies 9 Hole Competition - Friday 21st November Cashen Course

TARBERT GAA

Tarbert GAA Monthly €500 Draw:

Don't forget to purchase your ticket and be in the draw for a GUARANTEED Prize of €500 in next Months Draw in Coolahan's Bar on Saturday 13th December. Tickets are available online at tarbertgaa.ie, from committee members and

Our AGM will be held on Friday 21st Nov at 8pm in the Community Centre.

Victory Social - Save the Date

To celebrate our recent County Junior Football Championship victory, we are delighted to announce our Victory Social is planned for 31st January'26 in the Listowel Arms Hotel. Please join us to celebrate this fantastic achievement for what is sure to be a great evenings entertainment. Tickets will be available from Friday 21st November.

FINUGE GAA

FINUGE 500: Congratulations to our October winner Karol Keohane of Tralee who took away the €500 prize - Karl is a repeat winner of the €500! Thank you everyone for your ongoing support. Entry tickets for each month are available at McCarthy's Bar Finuge, Foleys Your Stop Shop Lixnaw, Stacks Londis Lixnaw, JJ Walsh Bar & Butchers Lixnaw, Gibbons Filling Station Lixnaw and the Post Office Lixnaw. Tickets also available online at www.finugegaa.com or from any club officer. Look out for upcoming bonus prizes.

CLUB SHOP: With Christmas fast approaching we have the perfect gifts for you - Finuge GAA merchandise. This is an online shop hosted by KCS sport. Search for www.kcsports.ie, click on the 'Club Shop' tab and search for Finuge. We have over 30 items of high quality Finuge branded sports gear to choose from. There is still good time left to receive good before Christmas but don't delay - happy shopping!

DEVELOPMENT: We continue to develop and improve our facilities at James O'Sullivan Park, Finuge at every opportunity. Earlier this spring we upgraded our lights on the pitch to make them more effective & efficient. This has been a big help to our teams when the days were shorter and a valuable investment into the future. Thank you to Liston Electrical for carrying out the work and to everyone who supports our various fundraising initiatives. Look out for our race night in McCarthys Bar Finuge, fixed for Saturday the 6th of December - a great night in store!

TOMMY GRIFFIN TOURNAMENT: Two weeks ago the Tommy Griffin Over 35's Tournament was in full swing and we had great representation! Some of our more 'senior' members rolled back the years and pulled on a selection of vintage Finuge GAA jerseys. While the weather

might have been tough, the après match pints helped sooth the battered bodies. Well done to the 'Tommy Griffin' organisers and Dingle GAA who hosted another highly successful weekend with a huge number of teams participating from right across the country taking

part. Great credit to our lads who put in a big effort despite the conditions

FINUGE/STSENANS LADIES: Well done to all the young teams who had their end of year celebration at McCarthys Bar Finuge last weekend. Following a very successful year for the club, medals were presented on the night by local footballing stars Miriam O'Keeffe and Caitriona Dillon.

SECOND LEVEL SCHOOLS: All our youth players are now deeply involved with their respective secondary schools and we wish them the best of luck over the school year ahead. We have players with St Micheals Listowel, Causeway Comprehensive, Gaelcholaiste Trá Lí, and The Green CBS Tralee.

KERRY HOSPICE: Well done to the Horgan family and everyone involved raising funds with Listowel Hospice, in aid of Kerry Hospice Foundation. This was done in the memory of John Horgan of Gortnaminsh/Ennismore. Over €7,000 was raised through the sale of two heifers, with the help of Listowel Mart, for a very worthy cause.

NORTH KERRY CHAMPIONSHIP FINAL: This Sunday will see Knocknagoshel take on Listowel in the NK senior football final. This is a particularly special day for Knocknagoshel who are appearing in their first ever final. We wish both teams and the host club Brosna the best of luck.

BALLYDONOGHUE GAA

The numbers drawn for friday 14th November 2025, were as follows, 1, 12, 20, 28. The Jackpot was €2,900 and there was no Jackpot winner.

The following won 30 euro lucky dips:

Billy Foley- Online. Megan Barry - Online. Jim Finnerty - Glouria. Luke & Olivia c/o Christy Siobhan Kissane-Lacca.

The following won three free tickets: Breda Lyons - Online. Martina Kennelly. Karen Hillard - Ashfield.

Next Jackpot will be €3,000 and it will take place at the usual day and time Friday 21st November 2025, will be held in the Coolard Clubhouse, at 9p.m.

https://ballydonoghuegaa.clubforce.com/products/lotto/ballydonoghue-gaa

North Kerry League - Division 3 Final Ballydonoghue B v Moyvane B

Saturday 22nd November: Venue - Ballybunion @ 2pm

North Kerry Minor Championship - Division 1 Final

Northern Gaels v Listowel Emmett's

Saturday 29th November - Venue - Movvane @ 2nm

Results: North Kerry Novice Cup Final Clounmacon 0.17 -v- Ballydonoghue C 0.09

Gaelic for Mothers and Others Team:

Ballydonoghue GAA Club is looking for expressions of interest for a mother's

If you are Looking for a fun and social way to get active? Mothers & Others — open to all ladies in the parish, whether you've played before or never kicked a ball in your life!

This is not about competition, it's all about fun, fitness, and friendship. It's a great way to meet other women, have a laugh, and enjoy some light exercise in a relaxed and supportive environment. If Interested please contact: Martha Stack- 087-7466946 or Martina Madden- 087-2694865

Save the Dates:

 ${\it Coolard \, National \, School \, will \, be \, having \, a \, fund raising \, event \, in \, the \, school \, on \, the \, }$ 30th of November 2025 from 12 -3.

Come along and support the event everyone welcome.

Lisselton NS Parents Association are holding a Christmas Craft Fair in aid of Lisselton school in Ballydonoghue GAA Clubhouse on Sunday 14th of December from 11.30am to 3.30pm. Everyone welcome.

ASDEE GAA

St. Mary's Coiste na nÓg AGM on in the community centre Asdee on this Thursday November 20th at 8 pm.

Excitement is beginning to build for the upcoming video race night in Jack Js

Bar on December 13th, organised by Asdee GAA club, in aid of the walkway project and lighting of the track around Jack Walsh Park. Rumour has it horses are off the drink all week and potential jockeys are galloping around fields. Race cards are filling up fast. Contact any club members to purchase horses or call to Jack Js or John Pius Walsh's shop where tickets are available also. In the meantime, work is continuing on the walkway at Jack Walsh Park. Poles for the new fencing are up, and next will be the tarmacadam on the walkway section along the stand side. So, all funds raised on the race night will be well spent and enable completion of the current tranche of work. Thank you for vour continued support. Asdee Abú

SPORTS NEWS

TOY COLLECTION FOR SVP

15 years ago, Tracy Long, late if Guhard, Lisselton, started a toy collection in aid of St. Vincent de Paul. Tracy ran this for 11 years and collected thousands of toys for kids in the Cork/Kerry area, until her untimely passing in 2021. Since then, her husband, Tom Kennedy, and her family have continued the collection and renamed it "Toys for Tracy" in aid of SVP. Christmas can be a tough time of year for so many, but SVP do such good work in supporting families get through it as best they can. This year we are hoping to fill another van with toys, as we have done each year since 2021. Anyone who would like to contribute can drop off new, unwrapped toys to Tom or to any of the Kennedy or Long families. Vouchers and money are also accepted and will be used to purchase more toys for all age groups of kids. Anyone who is interested in donating can contact Tom on 0861768831

Toys will be handed over to Junior Locke and his colleagues in SVP Tralee mid-December in time for Christmas.

LENAMORE ROVERS

MATCH REPORT: LENAMORE A 2-2 KINGDOM CORINTHIANS

Lenamore A team drew 2-2 with Kingdom Corinthians at Mounthawk Park on Sunday in a game that could've gone either way.

The match started cagey, with both teams struggling to create chances. But after 15 minutes, it was the Tralee side that opened the scoring. After a handball was given against Lenamore on the halfway line, Corinthians took a quick free-kick, which caught the Shannonsiders off guard. A long ball over the top was pounced onto by the Kingdom Corinthians striker, who put the ball in the back of the net to make it 1-0.

However, Lenamore kept their heads up. Minutes later, following a Lenamore throw-in in Corinthians' third, Cian Sheehy got on the ball and was taken down when he reached the penalty area - a spot-kick was given to the side in red and white. Michael Holly stepped up and dispatched the penalty, levelling the tie.

Both teams were now seeing good spells of possession and some nice passages of play, but it was Corinthians who struck next after one of their attackers got on the ball in the final third, slotting it home to put the Tralee side back in front - 2-1 the score at half-time.

Lenamore made a couple of changes in the second half and were desperately in search of an equaliser - eventually, they found what they were looking for. Kieran Swan found Robbie Foley in the middle of the park, and Foley played in Michael Holly, who deftly flicked the ball over the Corinthians' goalkeeper before finishing with composure.

The game was a physical one and could've gone either way. In the end, the spoils were shared in a competitive game at Mounthawk Park.

LENAMORE: Marius Jurca (GK), Liam McCarthy, Jack Sheehy, Conor Carmody, Jack Mulvihill, Robbie Foley, Conor Hogan, Michael Dunworth, Michael Holly (C), Sean Hanrahan, Cian Sheehy

SUBS: Kieran Swan, Stephen McCarron, Wayne Hayes, Brandon O'Driscoll, Cian

NORTH KERRY GAA

Novice Cup Final.

Clounmacon 0.17 -v- Ballydonoghue C 0.09

On a crisp, dry afternoon in Ballylongford, Clounmacon and Ballydonoghue C faced off in the North Kerry Novice Cup Final, with Mike Hennessy taking charge of proceedings. Clounmacon opening the scoring through a Bryan Greaney free after five minutes, before Gearóid Kissane responded shortly after for Ballydonoghue.

Clounmacon dominated the opening half, registering nine points and controlling possession throughout. Ballydonoghue C were unlucky not to raise a green flag when Jim Cremin rattled the crossbar, though he did add two well-

taken points before the break. Clounmacon's scores came from Conor O'Brien. Stephen McCarthy and Trevin Chute, with Greaney in outstanding formkicking six points (three frees, three from play). At half-time, Clounmacon held a deserved 0-09 to 0-04 advantage.

The second half resumed with Clounmacon again on the front foot, Paul O'Connor swinging over a superb point from play in the second minute. Greaney added another before Ballydonoghue rallied, Colin Mahony and John Mahony narrowing the margin to three. A missed goal chance at 14th minute denied them further momentum.

Clounmacon steadied the ship with scores from Greaney, O'Brien, Darragh T. Keane, Niall Horgan and Chris Lyons to keep the scoreboard ticking. In the end, their consistency and accuracy proved decisive as they ran out worthy winners on a 0-17 to 0-09 scoreline.

Ballydonoghue C battled well with strong displays from Kissane, Podge O'Connor, Cremin and Mahony, but Clounmacon's all-round performance stood out.

Brendan Boyle Junior Cup Final. Sponsored by McCarthy/Moloney Financial Services Full time Score: Ballyduff B 1.15 -v- Duagh B 0.13

Minor Division 2 North Kerry Championship Sponsored by O Connors Farm and Hardware Supplies Duagh Saturday 22nd of November @2pm in Finuge.

St Senan's v Duagh.

The Bernard O Callaghan Senior North Kerry Championship Final Sponsored by McMuns Bar and restaurant Ballybunion.

Sunday 23rd of November @2pm in Brosna. Knocknagoshel v Listowel Emmets

KNOCK KNOCK KNOCKING ON EMMETS DOOR!!

The charm of The North Kerry Championship will be on full display this Sunday in Brosna as The 2025 Championship comes to a conclusion. The holders and standard-bearers Listowel Emmets take on the surprise package Knocknagoshel in was promises to be a very intriguing final. Listowel have been the benchmark over the last two decades or so, having lifted The Bernard O'Callaghan Cup on seven occasions since 2004, while also finishing runners-up four times in that period. Knocknagoshel, in contrast, contest their first North Kerry Championship Final in their history. Two teams with seemingly two very different agendas. Listowel will want to cement their place as the current kings of North Kerry, while also equalling Moyvane's haul of eighteen titles. There is also a small personal matter for Listowel's long-serving Ger McCarthy, who if his side wins, could break the record of seven North Kerry Championship medals to lead the way on eight. Knocknagoshel won't be worried about records in the competition though, with their sole interest being to create their own history, in this their maiden final.

Throughout the year the opposing teams have been playing on different spectrums of Kerry GAA competition. Listowel Emmets had a respectable mid-table finish in an ever competitive division 2, while Knocknagoshel had a very disappointing campaign dropping to division 5 for 2026. Then after an encouraging group phase in The Junior Championship, they ultimately limped out at the quarter final stage, while Emmets were desperately unlucky to not be competing in the semi finals of The Intermediate Championship. The levels may seem poles apart but we all know The North Kerry Championship can be somewhat of a leveller and as history tells us, it is not inordinately rare for a lower-ranked team to take the spoils in a final. This of course is one element that will encourage Knock and give Emmets cause to be wary.

> Emmets have reached this year's showpiece having overcome a spirited Beale team in the first round, followed by an accomplished performance again Ballydonoghue in the quarter final and ultimately a controlled win over Ballyduff in the semi final. Knocknagoshel got their campaign off to a brilliant start defeating local

rivals Brosna by three points after extra time. What followed however was remarkable when they faced a very fancied Castleisland Desmonds in the quarter final. Surprising to many they dominating their opponents throughout and were full value for their six point win. The semi final was even more remarkable as Knocknagoshel stunned St. Senans, a much more traditional North Kerry side.

Incidentally the semi finals retained many similarities making this final all the more fascinating. Both Knocknagoshel and Listowel Emmets were very economical upfront against their counterparts, however did cough up a lot of chances at the other end. Ballyduff and St. Senans had numerous opportunities to put real pressure on their respective opponents but failed to capitalise. It would have been interesting to see how either would have responded had the cushion been smaller as the buzzer neared.

Looking at Listowel's team they have quality all over. The ever green and vastly experienced Shane Quinn is in goal behind a very solid defence, with many having wore the Kerry jersey at various grades. They have a strong midfield with lively forwards upfront, though less likely to attempt two pointers, are very efficient closer to goal. Listowel seem to adopt a controlled playing style, not prepared to take many risks, rather carve an opportunity and are very adept in taking them. Knocknagoshel on the other hand have a sprinkle of youth and experience throughout, and though few if any would have wore the county colours, many have been successful with St. Kierans at different underage levels. The team has a huge work ethic and have played with a real belief and hunger that has been unmatched so far in the competition. Knock have a number of players who won't be afraid to attempt from outside the arc and taking these opportunities will be pivotal in their quest.

With the recent rule changes the battle at midfield has become crucial and the result on Sunday could very well hinge of who gets the upper hand in those exchanges. Listowel's Daragh Leahy and Joejoe Grimes, who have been very consistent throughout, face a slightly older pairing of Shane O'Connell and Billy O'Rahilly. The Knock combination have shown an absolute desire and drive to this point providing their team with a platform to attack. This may be the key battieground where the importance of primary possession and breaks could ultimately determine the result. Another factor that could prove decisive, as the game goes deeper, is the disparity in each team's panel. Knocknagoshel lack reinforcements from the bench, while Listowel have a huge advantage in this regard. Having players such as Sam Tarrant, Cormac Mulvihil, Sean Keane and Bryan Sweeney to call on could make all the difference.

So its down to one final game and no one could argue that the final pairing includes the best two teams of this year's championship. While it is no shock to see Listowel Emmets on the final day, it is both surprising and refreshing to see Knocknagoshel as their opponents for the glory of North Kerry. Ballylongford's Pat Dowling will officiate his first North Kerry Final and no doubt he will referee the game and not the occasion. Brosna is the venue, which is possibly the best pitch in the district at the moment. and will be a swell with anticipation from 2pm next Sunday. Lets hope for a great game, played in the spirit of North Kerry, with the winner being the best team on the day.

Logic suggests the cup will be remaining this side of The Feale for another year but Knocknagoshel's voyage to the final has been anything but logical. Emmets are the worthy title holders from 2024, but no doubt Knocknagoshel will be knocking on their door this Sunday. The boys in green & gold are currently writing the final page of their fairytale, however I suspect Listowel won't have read the script!,

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sist me in my necessity. Oh, Star of the Sea, help me and show me you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in my necessity (Mention your request here)

There are none that can withstand your power. Oh, Mary, conceived without sin, pray for us who have recourse to thee (3 times). Sweet Mother, I place this cause in your hands (3 times). Amen

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your father sees it. Then in his merciful eyes it will become your own favour not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never been known to fail. Must promise publication of prayer. B.F.



THE MIRACIE **PRAYER**

Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one, (mention favour). Take it dear heart of lesus and place it within your heart where

your father sees it. Then in his merciful eyes it will become your own favour not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never been known to fail. Must promise publication of prayer. J.T.



THE MIRACIE **PRAYER**

Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where

your father sees it. Then in his merciful eyes it will become your own favour not mine. Amen. Say this prayer three times for three days and your favour will be granted. Never been known to fail. Must promise publication of prayer. AMD

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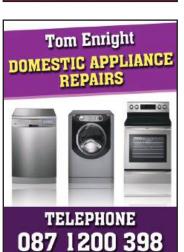




















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