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Thurs 15th January 2026  
Vol. 18 Issue 16

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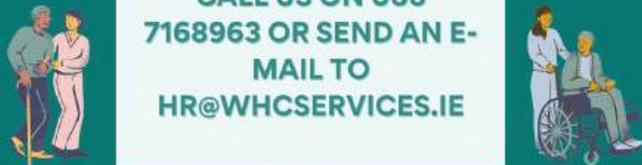
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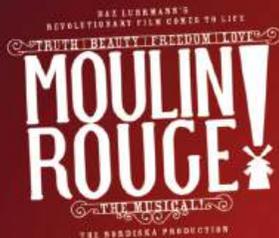


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The Parents Association - Presentation Primary School, Listowel

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## PRESENTATION SECONDARY SCHOOL CELEBRATES EXCELLENT WSE-MLL REPORT

Presentation Secondary School, Listowel is delighted to announce the publication of its Whole School Evaluation – Management, Leadership and Learning (WSE-MLL) report, recently issued by the Department of Education and Youth.

The report highlights the school's very high-quality teaching and learning, excellent leadership and management, and its strong commitment to student wellbeing.

Inspectors commended the school for key strengths including:

- A nurturing, inclusive, and high-achieving school environment, firmly grounded in the ethos of the school.
- A dedicated staff and a visionary leadership team who consistently place students at the centre of decision-making.
- Student voice and leadership, was recognised as a particular strength, alongside a broad and enriching curricular and extracurricular programme.
- Highly effective communication with all stakeholders and exemplary provision for students with Special Educational Needs.

The Board of Management warmly welcomed the affirming findings and constructive recommendations contained in the report. The full WSE-MLL report is available on [www.gov.ie](http://www.gov.ie) and [www.presentationsecondarylistowel.ie](http://www.presentationsecondarylistowel.ie) printed copies are also available on request from the school office.

To mark this significant achievement, the entire school community gathered for a day-long celebration coordinated in partnership with the Student Council where all students were invited to the school canteen for hot chocolate and treats. The student council representatives delivered a short presentation to all attendees, outlining the purpose of a Whole School Evaluation and summarising the key findings of the report.

Staff were later invited to a celebratory lunch in the Listowel Arms Hotel to acknowledge their collective contribution to achieving this outstanding report.

Principal Katherina Broderick expressed appreciation to all members of the school community on the publication of the report:

*"This report is a wonderful acknowledgement of the daily dedication, care, and professionalism shown by our entire school community. I am deeply grateful to our students, staff, parents, and the Board of Management for the trust, teamwork, and goodwill that make Presentation Secondary School a school where our shared values are lived everyday.*

*This recognition belongs to everyone. It reflects not only the excellence of our work, but the kindness, respect, and commitment to one another. We will continue to build on these strengths together, always keeping our students at the heart of all we do."*



Huge congrats to Tommy Dalton & James Sheehy who were joint winners of our Listowel Emmets Ladies Club "Last Man Standing" competition for 2025! Thank you to everyone who took part. It is greatly appreciated.

## LISTOWEL LIBRARY

### WELL WORTH A VISIT IN 2026

For 2026, why not make one of your resolutions to visit your Local Library to see what's on offer. Joining your local library gives you access not only to all books in Kerry Library but to all books in all libraries in Ireland. You can request books from other counties and collect them here in Listowel Library. Membership is free and there is no charges for borrowing books and no fines! We provide access to PCs, a printing and photocopying service - you can even print remotely from your own device (laptop, tablet, phone)

As a library member you will also have access to Borrowbox - this free app gives you access to thousands of eBooks and audiobooks as well as daily/weekly/monthly magazines and newspapers - access to the daily newspapers is particularly handy when on holidays! We also have the Transparent Language app and Universal (available through [www.kerrylibrary.ie](http://www.kerrylibrary.ie)) which gives you access to hundreds of online courses.

We also host a wide range of events - Book Clubs and a Creative Writing Group - new members are always welcome. Every Thursday evening from 6.00pm - 7.30pm an Adult Games Evening takes place, Scrabble, Trivial Pursuit, board games - all welcome and tea & coffee is provided. No need to book, just come along. For younger audiences we host Saturday morning Storytime/colouring/crafts every Saturday at 11.00 am and Sensory Construction Play on Tuesday evenings from 5.30 pm - 8.30 pm and again on Saturdays from 2.00pm - 4.00 pm.

This Saturday 10th at 11.00 am there will be a Fishy Craft Workshop with Maria - suitable for 4 - 7 year olds - no need to book - just come along with your grown up.

Phone: 068-23044 or Email [listowel@kerrylibrary.ie](mailto:listowel@kerrylibrary.ie)

Opening Hours: Monday, Wed, Friday & Saturday from 10am to 5pm and from 10.00 - 8.00pm on Tuesday and Thursdays.

## ST MICHAEL'S ACADEMY CHRISTMAS TRAINING NIGHT

A great night was had by all at our Christmas themed training session last Monday! The evening was filled with basketball fun, music, singing, and dancing, making it a truly memorable night for all the kids. A huge thank you to all our dedicated Committee members, players, coaches, and volunteers who give their time and energy each week to help make St Michael's such a successful and growing club. A special word of thanks to Tracy and Pa from Lixnaw Community Centre who are a huge support to the club.

Thank you to our sponsors Stacks Londis Lixnaw.





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## CAROLINE'S DÓTERRA ESSENTIAL OILS

WELLNESS WITH CAROLINE HORGAN

### A Gentle Start to 2026: Reset, Restore & Realign

As my first column of 2026, I want to begin not with pressure, resolutions, or big expectations - but with gentleness. January can feel like a fresh page, yet after the busyness of Christmas and the long winter evenings, many of us are still finding our footing. And that's perfectly okay.

Rather than rushing into the New Year, this is a time to reset, restore, and realign - slowly and intentionally.

#### Resetting the Body Gently

After festive indulgences and disrupted routines, the body often craves simplicity. For me, January is about getting back to basics:

- drinking more water
- moving gently
- getting back into earlier nights
- and supporting the body naturally

**Lemon and Peppermint** are two oils I love at this time of year. Lemon added to water feels refreshing and cleansing, while Peppermint helps awaken the body and mind - perfect for slow winter mornings when motivation feels low.

#### Restoring Calm & Emotional Balance

January can be emotionally mixed - a blend of hope, reflection, and sometimes a little heaviness. To support emotional balance, I lean into grounding oils like Balance and Frankincense.

Balance helps steady emotions and is often used by holistic therapists for its calming, harmonising properties. I love applying it to the soles of my feet in the morning to feel more centered for the day ahead.

Frankincense is my oil of reflection. I take a drop under the tongue each morning - not just for how it supports my body, but because it helps me feel clear-headed, calm, and connected as I set intentions for the day. It's also wonderful for supporting cellular function and overall wellbeing.

#### Realigning with Intention (Not Resolution)

Instead of resolutions, I prefer intentions - gentle reminders of how I want to feel as the year unfolds.

A simple practice I love in January is journaling with Frankincense or Wild Orange in the diffuser and asking:

- How do I want to feel this year?
- What am I ready to let go of?
- What do I want to nurture more of?

Small, consistent choices are what truly shape our wellbeing - not perfection.

#### Supporting You on Your Wellness Journey

As the go-to **dōTERRA Wellness Advocate for North Kerry and West Limerick**, I'm here to support anyone looking to purchase essential oils or set up their own dōTERRA account.

Opening your own account through me for **€25 for the year** (or free when purchasing a kit or group of products) is the most cost-effective way to buy oils, with **25% savings across the entire range**, along with my ongoing guidance on using your oils safely and confidently as part of your wellness journey.

#### Caroline's Top Tip – January Reset Diffuser Blend

- 2 drops Lemon
- 2 drops Frankincense
- 1 drop Peppermint

Diffuse this blend in the morning to create clarity, motivation, and a calm sense of direction for the day ahead.

#### Thought for the Week:

"Begin the year gently - clarity comes with time, and growth follows consistency, not pressure."

Wishing you all a calm, healthy, and positive start to 2026.

I look forward to supporting you throughout the year ahead.

Caroline  
dōTERRA Wellness Advocate –  
North Kerry & West Limerick  
087 2921292  
Wellness with Caroline Horgan



## LISTOWEL CELEBRATES OUR FUNDRAISER LOTTO - NATIONAL COMPETITION WINNER

**Presentation Secondary School**, Listowel, is delighted to announce that we have secured the National Winner in the Our Fundraiser National competition for Schools. This is a wonderful achievement for our school community, and we extend our sincere thanks to all who continue to support our weekly school lotto. We are delighted with the support shown for our school fundraiser to date. This support has helped fund the replacement and upgrading of school resources and we have more exciting projects planned for 2026. Since our launch we have had over a hundred weekly winners, a €2,900 jackpot winner and in December, Norma Healy won the top prize in the Our Fundraiser national competition – a fantastic Disneyland Paris €5,000 holiday. A big congratulations to Norma!

Norma is a proud past pupil of Presentation Secondary School. She went on to study International Marketing and Languages at Dublin City University (DCU) and has enjoyed a rich and varied career both in Ireland and abroad. Her professional journey has brought her through many global settings, and she is widely admired for her leadership, innovation, and commitment to lifelong learning. In recent years, Norma has served in a leadership role with Microsoft, where she has continued to champion opportunities for young people in education. As part of this support, she generously facilitated a memorable school visit to DreamSpace, Microsoft's immersive STEM experience designed to inspire creativity and problemsolving. Our students were deeply appreciative of this unique opportunity, which sparked enormous curiosity and excitement about the world of technology and innovation. In fact, Presentation Listowel is delighted to have 3 entries in this year's Stripe Young Scientist Competition in the RDS, Dublin.

Norma has always remained a dedicated supporter of Presentation Secondary School. She follows the school's achievements closely and is passionate about giving back to the community that helped shape her path. Her ongoing connection with our school is a source of great pride for all of us. We congratulate her warmly on this national win and thank her for her continued support of Presentation. We also extend our heartfelt gratitude to every member of our wider community who participates in the school lotto. Your contributions make a significant difference in the daily lives of our students.

Our current school jackpot is €3,000 and Our Fundraiser are having another national competition on 29th January 2026 with three exciting prizes - an Ultimate Unwind Getaway @Wineport Lodge (value €1,500), a Dyson Spot & Scrub AI Robot Vac and an Emerald Park Annual Membership (Family of 5).

If you're not in you can't win so, please support our school by visiting our fundraising page [www.ourfundraiser.ie/org/pssl](http://www.ourfundraiser.ie/org/pssl) or scanning our QR code in photo below



## SING WITH THE NORTH KERRY COMMUNITY CHOIR

The North Kerry Community Choir is meeting Every Tuesday from 11.30-12.30pm in St Patrick's Hall, Upper William St, Listowel. New members are most welcome... No Audition. €50 per 5 week term.

To book your place contact Mary on 087 9222753

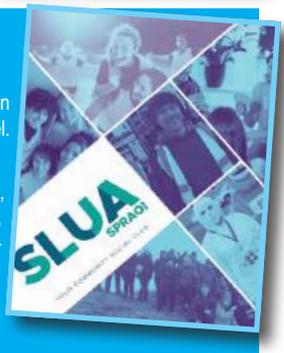


## SLUA SPRAOI PRESENTS "TRAD FOR CHARITY"

Slua Spraoi Listowel Club presents "Trad for Charity," taking place on Thursday, January 22nd, from 9pm at Christy's The Well in Listowel. All proceeds will benefit the AS I Am autism charity.

AS I Am is Ireland's autism charity, providing evidence-based advice, resources, and guidance that the community can rely on. In addition, we strive to foster a more inclusive and accepting Irish society, ensuring that Autistic individuals have equal opportunities.

Are you interested in joining the Listowel club? Are you aged 18 to 45? Please visit our information desk on the night of the event.





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## SAN RITA WELLNESS

Welcome to San Rita Wellness weekly column...We hope all is good with you, below is our weekly column for this week.

**Happy new year to all our readers.** At this stage Christmas is well and truly over ..or is it? It's well proven that it can take a while for people to get back into the healthy habits. This year especially we are hearing of many people who are holding on to Christmas a little bit longer by not taking down the Christmas tree etc to help keep them motivated and in good spirits as January can be a long dreary month for some people. That's all well and good if it works for the right reasons, but it may have other implications also. For example, it may influence your food choices, your ability in being more active etc. So if you want to make a fresh start and want to see and feel better, it's important to maybe shift your mindset in a way that will motivate you in developing a healthier lifestyle.

Over the years we have seen a lot of our **San Rita Wellness** members losing weight for many different reasons like an occasion coming up such as a wedding, communion, confirmation or a holiday. So now it's time to shift our mindset, and focus on how making lifestyle changes can benefit us in other ways such as better health and wellbeing, which can lead to long term sustainable weight loss.

Watching or following various motivation apps or blogs and following our **San Rita Wellness** plan both have common messages about the value of good health and wellbeing. Being guided how to eat healthier, being more active and keeping ourselves in a positive headspace are key to building lifelong helpful habits.

### EAT HEALTHY:

Whether its 3 main meals or 5 smaller meals it doesn't matter once you feel satisfied and getting a healthy nutritional balance. When we talk about healthy nutritional balance it's all about not having too much of one thing and not enough of the other.

Breakfast is one of the most important meals of the day as by skipping breakfast has it's implications  
eg. feeling weak, poor concentration and the impulse to pick for the rest of the day.

Lunches can get boring if you keep having the same old thing, but as it's the meal that has to carry you until dinner time we would encourage you to include carbs to help you feel fuller for longer.

Dinner is probably one of the easiest meals to get in variety such as Carbs, veg and protein. The golden rule is your plate should mentally be divided in 3 ie. 1/2 veg, 1/4 carb and 1/4 protein.

### BEING ACTIVE:

We all know we should be active but that can sometimes be easier said than done. Doing something you enjoy rather than doing something you think you "should" be doing is the key to sticking with physical activity.

### WELL BEING:

What we think determines how we feel and how we feel determines what we do! It's important that we make time out of our day for ourselves and do something that we will benefit from.

For example:

- Set aside 20 minutes or so to do something nice for YOU.
- Arrange to meet up with a friend for coffee and a chat.
- Read a few pages daily from a book about mindfulness and well being.

All of these are important for your overall mind and body wellness.

So, all in all losing weight for an occasion may have worked in the past, but if we want to look good, be healthy and live longer we need to eat healthy, be active and take care of our wellbeing.

Our **San Rita Wellness** ethos is "Eat well, Feel well, Live well"

For extra support and for weekly accountability check us out on Facebook **San Rita Wellness** or [sanritawellness.ie](http://sanritawellness.ie) for details of our "In Person Meetings", "At Home Service" or our "One to One Service"

**NB - Our weekly "In Person Meetings" take place in the Kerry Writers Museum, The Square, Listowel every Wednesday from 10am to 11am and 6pm to 7pm**

Give us a call on Sandra 087 6718377  
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Until next week  
Sandra and Rita



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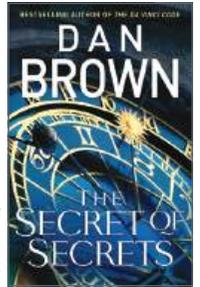
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### The Secret of Secrets:

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By Dan Browne



Accompanying celebrated academic, Katherine Solomon, to a lecture she's been invited to give in Prague, Robert Langdon's world spirals out of control when she disappears without trace from their hotel room. Far from home and well out of his comfort zone, Langdon must pit his wits against forces unknown to recover the woman he loves.

But Prague is an old and dangerous city, steeped in folklore and mystery. For over two thousand years, the tides of history have washed back and forth over it, leaving behind echoes of everything that has gone before. Little can Langdon know that he is being stalked by a spectre from that dark past. He must use all of his arcane knowledge to decipher the world around him before he too is consumed by the rings of treachery and deception that have swallowed Katherine.

Against a backdrop of vast castles, towering churches, graveyards buried twelve deep and labyrinthine underground passages, Langdon must navigate a shadow city hiding in plain sight, a city which has successfully kept its secrets for centuries and will not readily deliver them.

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<p><b>SATURDAY 24TH JANUARY</b></p> <p><b>RAPID TRIVIA</b></p> <p><b>smartphones PUBQUIZ</b></p> <p>9PM - €5 TO PLAY</p>	<p><b>SATURDAY 31ST JANUARY</b></p> <p><b>MUSIC BINGO</b></p> <p>SATURDAY 31ST JANUARY ENTRY €5</p> <p>9PM - €5 TO PLAY</p>	<p><b>SUNDAY 1ST FEBRUARY</b></p> <p><b>FLY SHOP BLUES BAND</b></p> <p>10PM - FREE</p>
<p><b>SATURDAY 7TH FEBRUARY</b></p> <p><b>Latino night</b></p> <p>SATURDAY 7TH FEBRUARY WITH LIVE DJ STARTS 9PM FREE ENTRY</p> <p>NEW DJ PLAYLIST TAPAS   SANGRIA</p>	<p><b>SATURDAY 14TH FEBRUARY</b></p> <p><b>THE HOLLYZ</b></p> <p>10PM - FREE</p>	<p><b>SATURDAY 28TH FEBRUARY</b></p> <p><b>THE WATERMELONS</b></p> <p>10PM - FREE</p>

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# Scoil Réalta na Maidine

## LISTOWEL BOYS N.S.

# NOW ENROLING

## For September 2026

### School Clubs

Curious Minds: Early drop-off from 7am  
After School/Homework Club up until 6pm

After School Extra-Curricular Clubs:

Lego  
Guitar Club (Comhaltas)  
GAA Academy  
Basketball Club  
Chess Club  
STEM and Art Club  
Badminton Club



## OPEN DAY

Friday January 30th  
11am - 12:30pm

Come and see  
our school in action!

- ✓ Music Generation School
- ✓ School Library
- ✓ Maths Recovery School
- ✓ Drama with Jo Jordan
- ✓ Tin Whistle lessons with Matt Dean (Comhaltas) 1st and 2nd class
- ✓ STEM School of Excellence
- ✓ Aistear
- ✓ Guided Reading School
- ✓ Focus on Pupil Wellbeing
- ✓ Reading Recovery School
- ✓ Excellent Sports Facilities
- ✓ Ukulele and Guitar lessons - 3rd to 6th class
- ✓ GAA, Basketball, Pitch and Putt, Rugby, Badminton
- ✓ Free Hot School Meals and Breakfast Snacks
- ✓ Incredible Years School

## OPEN FOR ENROLMENTS FOR SEPTEMBER 2026

Closing Date for Enrolments is Friday February 27th

Please contact the school for enrolment forms on:

**06821994** [info@scoilrealta.ie](mailto:info@scoilrealta.ie)

or download from our website [www.scoilrealta.ie](http://www.scoilrealta.ie)

Check us out on Instagram and Facebook @scoilrealta



# A Year at Scoil Réalta na Maidine



Winners of North Kerry Credit Union U13 Quiz, 2nd place in County Kerry and 2nd place in Munster and runners up in the All Ireland Credit Union Quiz in the RDS (by 1 mark)



'Oliver' Easter Show 2025



Ogie Scanlon represented the school at half time in the Munster Final on the Kerry Primary Games Team



Ger Tarrant Basketball



STEM and Chess Afterschool Clubs



St. Michael's Primary School Science Quiz Winners



2nd place Kerry Primary Schools Badminton Competition 2025



Winners of the North Kerry Football Skills Competition (winning team & winning individual award)



Some photos from our Annual School Football Leagues (Junior and Senior) that were held in June

## BALLYBUNION

### CONDOLENCES

We extend our deepest sympathy to the family of Peggy Evans (née Lynch), Church Road, and Ballybunion and formerly of Ahalahana, Moyvane. May she Rest in Peace.

### BALLYBUNION LIBRARY

Opening Hours: Tues-Sat 10am-1:30pm and 2:30pm-5pm.

Access available to all historical editions of Irish Newspapers in your library – just log on to [www.kerrylibrary.ie](http://www.kerrylibrary.ie) to access the Irish Newspaper Archive. The Irish Times Newspaper – both current and archive – is also available. These are excellent resources for anyone doing any type of research. So come and visit your library and check out all the other services available! Email: [ballybunion@kerrylibrary.ie](mailto:ballybunion@kerrylibrary.ie) 068 27615 [www.kerrylibrary.ie](http://www.kerrylibrary.ie)

### MASS ON SUNDAY

Ballybunion Parish is seeking new musicians and singers to support the 11.30am Mass. We are inviting volunteers who could commit to one or more Sundays during the year. Any contribution, no matter how small, would be greatly appreciated. Please contact Fr. Sean or any member of the parish team for further information.

### TINTEAN THEATRE

Upcoming shows: Saturday 31st Jan - Kilfenora Céilí Band, Saturday 7th February - when Ireland rocked, Saturday 21st February - Michael English. Tickets available at [www.tintean.ie](http://www.tintean.ie)

### BALLYBUNION TRIATHLON CLUB

Ballybunion Tri Club is a friendly, inclusive triathlon club in North Kerry for all abilities from beginners to podium chasers. Join us for 2026 and enjoy great craic, support, and a full calendar of events including time trials, club races, a duathlon, and regular group rides and swims. Membership is now open via Triathlon Ireland. Sign up and get ready for the 2026 season. Please check out our website at [www.ballybuniontriathlon.ie](http://www.ballybuniontriathlon.ie)

### RUNBALLYBUNION

Our 17th Annual Run Ballybunion 2026 will take place on Easter Saturday, April 4th 2026 and promises to be another great event for an amazing cause. Check out [www.runballybunion.com](http://www.runballybunion.com) for more details.

### BALLYBUNION MEALS ON WHEELS

Delivery Days: Monday, Wednesday, and Friday. Areas Covered: Ballybunion, Lisselton, Asdee, and Ballylongford. Please note: €8 per meal (delivered directly to your door). To arrange delivery, please contact: Eileen Fogarty – 086 2234 965 Con McCarthy – 087 418 4241. Reliable, home-cooked meals delivered with care!

### SCOIL ÍOSAGÁIN FUNDRAISER WEEKLY LOTTO

Weekly Lotto Fundraiser in support of Scoil Íosagáin! Weekly Prizes: €20 winner + a growing jackpot! Play: 1 line for €2.50 or 3 lines for €5, every ticket helps our school — and you could be a winner! Enter here: [www.ourfundraiser.ie/org/ballybunionprimary](http://www.ourfundraiser.ie/org/ballybunionprimary) Thank you for your wonderful support!

### PARENTS ASSOCIATION OF SCOIL ÍOSAGÁIN BALLYBUNION

Ongoing Clothes Collection – drop off reusable clothes, bed linen (no quilts/pillows), paired shoes, belts, handbags, towels & curtains at the front door during school hours (Mon–Fri). Thank you for your continued support! Please don't leave bags at the gates.

### SOCIAL DANCING

Join us every Tuesday at 7:30 PM in the upstairs hall of the Community Centre, The Old Central Ballroom, for a wonderful evening of music, movement, and fun! Dance the night away with waltz, jive, quickstep, line dancing,

and more. No partner? No problem everyone is welcome! Come along, meet new friends, enjoy the rhythm, and support your local dance community. We can't wait to see you there!

### BALLYBUNION ACTIVE RETIREMENT

Weekly Meetings: Every Wednesday, 2pm, Location: The Old Convent, Doon Road. New members are always welcome! Come along and enjoy a wide range of activities, including: Creative writing, Theatre visits, Day trips, Guest speakers, Yoga, and most importantly, great company! For more information, contact Pat Buckley at 086 356 1615

### TAEKWONDO BALLYBUNION

Taekwondo Classes – Ballybunion Community Centre. Join our Taekwondo classes in the upstairs hall for all ages and skill levels! Every Wednesday – Beginners (ages 5+), teens & adults & every Friday – Beginner teens & adults. Build confidence, balance & coordination, improve fitness & self-defence skills & Develop self-discipline in a fun environment. Interested? Contact Michael at 087 924 5637 to get started!

### BINGO BALLYBUNION

Returns this Wednesday and every Wednesday at 8.15pm in Mikey Joe's Bar, Main Street, Ballybunion. Prices: Single book €10, double book €13, plenty of prizes to be won! Come along for a fun-filled evening, everyone is welcome!

### BALLYBUNION BADMINTON

Stay Active with Ballybunion Badminton! Looking for a fun and engaging way to stay fit? Join Ballybunion Badminton for a great cardio workout that improves agility, coordination, and relieves stress. Every Thursday, 8 PM – 10 PM at Ballybunion Community Centre. Strictly over 15s – New members are always welcome! For enquiries, contact us via the Ballybunion Baseliners Facebook page or text 086 166 0682.

### BALLYBUNION HEALTH AND LEISURE CENTRE

Opening Hours, Monday – Friday: 8:00 AM – 9:00 PM, Saturday: 9:00 AM – 6:00 PM, Sunday & Bank Holidays: 10:00 AM – 6:00 PM. We offer a variety of exercise and fitness classes, including Hydro Bikes, Aqua Aerobics, and Spinning. Public swimming lessons take place during the week and can be booked by contacting reception. For more information, please call Reception at 068-28111 or follow our Facebook page: Ballybunion Health & Leisure Centre for regular updates.

### BALLYBUNION COMMUNITY CENTRE

Ballybunion Community Centre has the perfect space for hosting your sports, groups, classes or parties. The following are the classes take place in the centre, Parent, baby and toddler groups, Taekwondo, Badminton, Yoga Classes, Chair based exercises, Craft circles, Dance fitness, English lessons, Indoor soccer, Drama class, Basketball, Irish language development class for kids, Gymnastics, Ballybunion Youth Club. Please contact 068-27799 or email [ballybcmcentre@gmail.com](mailto:ballybcmcentre@gmail.com) for any information.

### CHARITY SOCIAL DANCE

Join us for a delightful Charity Tea Dance on Sunday, 25th January, in St. Patrick's Hall, Listowel, from 3:00pm to 5:30pm. Enjoy a lively afternoon of music and dancing with Stevie Donegan, along with great company and delicious tea and refreshments. All proceeds will go directly towards Pattern Day. Admission: €10 (includes refreshments). Come along for an enjoyable afternoon of music, friendship, and community spirit. Everyone is very welcome!

### ROW SUPPORT GROUP MEETINGS

Grow support meetings return on Wednesdays from 7:30pm to 9:30pm in the Seanchai centre, Kerry writers museum the square Listowel, All men and women welcome, for more information either attend or ring Jerry Cronin 0860271990 or [www.grow.ie](http://www.grow.ie)

## STRIPE YOUNG SCIENTIST SUCCESS FOR PRESENTATION SECONDARY SCHOOL

Presentation Secondary School, Listowel's students broke exciting new ground with their projects at the Stripe Young Scientist Exhibition which took place in the RDS, Dublin last week. This year, 550 projects were shortlisted from over 1,900 entries, making qualification more competitive than ever a fantastic achievement for the students and school community. The Presentation students represented their school and Listowel superbly as they conveyed their research findings to a vast number of judges, industry experts and various Ministers including Taoiseach Micheál Martin, Tánaiste Simon Harris and Minister for Education and Youth Hildegard Naughton. Sinéad Barry & Kate O'Carroll (Transition Year) were thrilled to receive a Highly Commended Award for their project: Melting the Problem – The Effects and Alternatives of NaCl on Frosty Irish Roads. Sinéad and Kate's project explored the environmental and structural impacts of road salt (NaCl) in Ireland and investigated sustainable, effective, and affordable alternatives for de-icing.

Amy O'Mahony, Emily Ashley & Yvonne Barrett (Transition Year) also received a Highly Commended Award for their project: "tempoTeacher" An innovative educational app that uses AI technology to simplify large amounts of information by transforming it into catchy rhymes and songs making studying easier and more fun!

Margaret Carmody & Éabha Keane's (1st Year) Project: I'm Alone Safely – Alert System App was also praised by the judges for its innovation and design. The safety app designed by Éabha and Margaret sends alerts to designated contacts for people who feel at risk or in danger when alone providing extra reassurance and protection.

Katherina Broderick, Principal, congratulated the students for 'their impressive and innovative projects which rightly deserved a place at the STRIPE Young Scientist competition. Our students put a tremendous amount of work into their research and presentations, which were of an exceptionally high standard and recognised by the judging panels. This marks the fourth consecutive year that Presentation Secondary School has reached the finals at the RDS—a significant achievement that reflects the passion and commitment of our Science teachers, who continually foster a love of STEM among our students. Great credit is due to the girls and their dedicated teachers and their parents for making this journey such a rewarding experience.'



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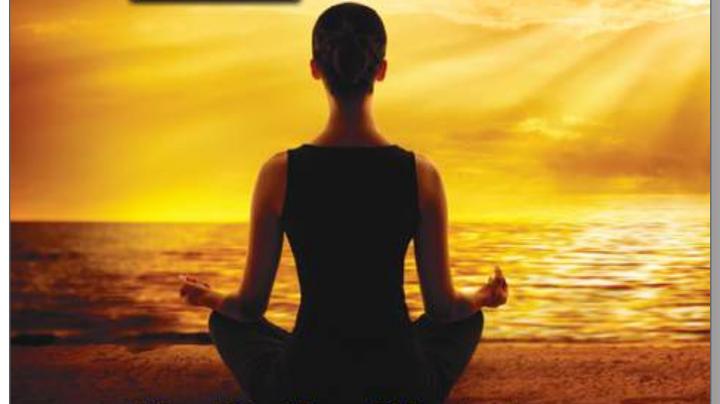
- Digestive Issues (heartburn, reflux, constipation etc)
- Back Pain
- Headaches
- Muscle Aches and Pains
- Stress / Work Stress
- Perimenopause / Menopause
- Anxiety
- Bereavement / Grief
- Sleep Issues / Fatigue
- Skin Problems
- Post Covid Issues
- Life after Cancer
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- Food Sensitivities.....etc

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Email: [gerallendee@gmail.com](mailto:gerallendee@gmail.com)

## 'How to think not what to think'



### Meditation Workshop in the Family Resource Centre Listowel.

Date: **Tuesday 20th January 2026**

Date: **7.00pm-8.30pm | Cost: €20**

Learn how to fulfil your dreams and potential.  
Includes Yoga Breathing and Guided Meditation.

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**or email: [energiseme.ie@gmail.com](mailto:energiseme.ie@gmail.com)**



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- The ability to multi-task, be highly motivated, positive and flexible;
- Excellent telephone and organisational skills with an attention to detail and accuracy;
- Good IT skills and proficient knowledge of all Microsoft applications;
- The ability to work as part of a team.

**Please email your C.V. to [careers@pierse.ie](mailto:careers@pierse.ie)**

**with a short covering letter setting out how you meet the requirements of this role.**

## BALLYDUFF

### LOTTO DRAW

The results of the weekly Ballyduff GAA Club, Lady's Walk Hurling Club and the Ballyduff Community Games Committee Lotto Draw for Tuesday January 6th 2026 are as follows: The numbers drawn were 17, 18, 22 and the Bonus Number was 5 There was no winner of the Lotto Jackpot of €13,300 or the Match 3 prize of €400. The €20 consolation prizes were won by Tom O'Sullivan, Coole; Elizabeth Hussey, Ardoughter and Michael O'Sullivan, Online.

The Lotto Draw takes place on each Tuesday night at the Ballyduff GAA Clubhouse. Tickets cost €2.50 each and are available at the local shops and businesses and from members of the promoting Clubs. You may also play the Lotto online at [www.ballyduffgaa.com](http://www.ballyduffgaa.com). Remember "If you are not in you can't win"

### BALLYDUFF GAA

\*\*Ireland Lights Up & Every Step Challenge 2026\*\*

Time to dust off the runners and get active.

We are delighted to announce that we are taking part in 'Ireland Lights Up' and the Irish Life "Every Steps Challenge" again this year as part of our Healthy Club initiative. Starting the 7th January 2026 we invite all the Community to take part! This year the lights will be turned on in the walkway every evening from 6.30pm - 9.30pm.

We are also taking part in the Irish Life GAA Healthy Clubs Every Steps Counts Challenge. The aim of the challenge is that the club collectively walks 4000km between 7th January and 11th February. The more participants we have the quicker we reach our goal. To participate in the My Life GAA Healthy Clubs Every Step Counts Challenge complete the following steps:

Step 1. Download the MyLife App from AppStore or Google Play Store  
Step 2. Join the Challenge  
Tap Social > Challenges > Pending - Tap Munster GAA > Every Step Counts Challenge 2026 > Ballyduff GAA Kerry

All clubs who achieve the 4,000km target will be entered into a draw. There are three prizes of €2,500 to give away per province.

Looking forward to seeing everyone out and about

### CHURCH NEWS

Anniversaries: John Dominic Harrington, Philomena O'Brien, Kathleen O'Brien, Josie Usher, Kitty Higgins

Death: Peter Murphy, Tralee, Husband of Sheila Forde

Masses for the week:

Friday January 16th 7.00pm: John Dominic Harrington

Saturday January 17th 6.30pm: Mass in Causeway

Sunday January 18th 11.00am: Mass in Ballyduff

Readers January 18th: Sophie & Adam Burns

Eucharistic Ministers January 18th: Rita Goulding /Anthony Doyle/ Sarah Ann Ross

Mass Servers January 18th: Elliott, Orla, Anthony

Communion Calls: Please be aware that there will be no Calls in January. Resumes as normal in February  
Divine Mercy Devotion: every Thursday in SS Peter's & Paul's Church

Eucharistic Adoration: Every Sunday in Ballyduff at 3.00pm  
Items for Parish Newsletter: Must be in the Parish Office by 1.00pm on Thursday. Otherwise, it will not appear that weekend  
Follow our Facebook Page: For more information and announcements

Parish Office: Is open Tuesday to Friday from 10.30am - 1.00pm  
Tralee Red Cross: Recent collection €535. Thanks to all who contributed

Would You Like To Be A Reader Of The Word?: Please think about it and contact Fr. Gerard or the Parish Office

Diocesan Collection: This weekend 17th/18th - Needs of the Holy Land

Helper's Night Out is Back! Friday 6th February. Time and Venue to be decided. Anyone involved in any way in the Parish are welcome to come along. Please sign your name in the book provided at the Altar as we will need to know the numbers attending.

North Kerry Community Choir: Every Tuesday 11.30am - 12.30pm.  
St Patrick's Hall, Upper William St, Listowel. New Members are very Welcome. €50 per 5-week term. Contact Mary (087)9222753 to book your place

### BINGO

Ballyduff Community Council Bingo continues on each Friday night at 8.30pm sharp in the Community Centre, Ballyduff. All are welcome.

### BUDS FRC

WELCOME TO 2026 AT BUD'S FAMILY RESOURCE CENTRE & BUDDIES CRECHE & CHILDCARE!

As we step into the new year, our commitment to supporting, nurturing, and strengthening our community burns brighter than ever!

At Bud's Family Resource Centre, we'll keep offering vital services—from family support and wellness workshops to community events that bring neighbours together.

At Buddies Creche & Childcare, little ones will thrive in safe, playful spaces where curiosity is sparked and friendships grow!

Here's to 2026: a year of connection, care, and community—together! Drop by, say hello, and let's make amazing things happen!

#BudsFamilyResource #BuddiesCreche #Community2026 #KerryCare

### NEWS ITEMS

All items for inclusion in these notes should be with the writer on each Sunday night by 8.00pm. Please forward items to [johnwhite330@gmail.com](mailto:johnwhite330@gmail.com) or phone (087)6732856.

## LIXNAW

### PARISH MASS TIMES

ST MICHAEL'S CHURCH: Friday 16th January, Mass at 7.30pm for Margaret (Peggy) Mulvihill, Knockreagh. Saturday, Saturday 17th January, Mass at 7.30pm for Mary (Dolly) Carr, Ahabeg (Month's Mind); Antonia Gleeson, Muckenaugh; Eamonn Fitzmaurice, Ballinclogher; Roibeard Thornton, Ballinageragh & Limerick.

RATHEA CHURCH: Sunday 18th January, Mass at 9.30am.

IRREMORE CHURCH: Sunday 18th January, Mass at 11.00am.

### DEATHS

Mary McCarthy, Ilford, Essex, England and formerly of Garrynagore. Sympathy to her sister-in-law Kathleen McCarthy, nieces, nephews, neighbours and friends. May she rest in peace.

### LIXNAW ACTIVE RETIREMENT

The Lixnaw Active Retirement Group will be recommending on Wednesday 14th of January at 10am in the Community Centre. New members male and female, are welcome.

### LIXNAW HOSPICE GROUP

The Lixnaw Hospice Group would like to thank everyone who supported our recent annual Christmas raffle fundraiser and Christmas card sale, so very generously. The amount of €1,974.00 was raised for the Kerry Hospice. Your continued support is so greatly appreciated.

### LIXNAW COMMUNITY GAMES

Girls U.10 (over 8) Indoor Soccer: To form a panel of 8 players, please send your entry to [lixnaw@communitygames.eu](mailto:lixnaw@communitygames.eu) before the deadline of this Friday, 16th January. Participants must reside in Lixnaw Parish and the cut-off is 31st July for individual age groups. More information can be found at [www.cairncommunitygames.ie/events/team](http://www.cairncommunitygames.ie/events/team).

### LIXNAW GAA SPLIT THE BUCKET DRAW

Congratulations to Eddie Joe McCarthy, on winning €80 in the Split the Bucket Draw.

### LIXNAW CLUB LOTTO DRAW

Jackpot €17,500. Numbers drawn were 02, 25, 29, 30. No jackpot winner. €30 winners: Seán, Donnacha & Aoife Lynch, Annascaul; Paddy Quilter, Lixnaw; Pat Hayes, Killynny. Next week's Jackpot €17,550. Next draw Monday 12th January in Quilter's Bar, Lixnaw. Tickets are available 3 for €5 etc., online. Visit <https://www.lottoraiser.ie/LixnawCC/> or from usual outlets. Many thanks to all who contribute to our weekly lotto.

### ST SENAN'S GAA CLUB LOTTO DRAW

05/01/2026 Jackpot €3,200. Numbers drawn were 1, 7, 8, 25. No jackpot winner. €30 winners: Tim Kennelly, Rathea; Doreen Buckley, Duagh. €20 winners: Anne Wolfe, Kilmorna; Luke, Ronan & Kate Sheridan, Abbeyfeale; Sean O'Connell, Glenderry. Next week's Jackpot will be €3,300. Tickets €2 each or 3 for €5. Tickets are available at Kelly's Six Crosses, The Halfway Bar, or play online.

### FINUGE GAA CLUB

FINUGE 500: December is always a bumper month for the Finuge 500 Draw, and we had a long list of prizes and winners yet again with the draw taking place at McCarthy's Bar on Monday the 29th of December. Congratulations to our December winner PJ Kelliher who took away the top prize of €500 - a great start to the new year for PJ.

Next up was the excellent hamper from Life Pharmacy Lixnaw worth €250 and Mary Fitzmaurice pulled out Eamon Breen as the winner - congratulations to our long-suffering chairman. Third prize was a fine hamper from Foley's Shop in Lixnaw worth €100, with the prize going to Jamie Fitzgerald. Kelly Ann Walsh and John Shanahan were both winners of €50 Finuge 500 annual entry tickets to our monthly draw.

Next up were two €50 drinks vouchers courtesy of McCarthy's Bar where Mary McCarthy drew out Kieran Mackessy and Louise Barry as the winners. Last prizes to be won on the night were Elaine O'Mahony and Rachel McKenna who both took away €25 entry six month tickets for Finuge 500. Congratulations to all our worthy winners and a huge thank you to all the businesses that supported this draw and our monthly draw throughout the year.

Entry tickets for each month are available at McCarthy's Bar Finuge, Foley's Your Stop Shop Lixnaw, Stacks Londis Lixnaw, JJ Walsh Bar & Butchers Lixnaw, Reilhan's Filling Station Lixnaw, and the Post Office Lixnaw. Tickets are also available online at [www.finugegaa.com](http://www.finugegaa.com) or from any club officer.

FINUGE GAA AGM: The AGM of the Finuge GAA Club will take place at 8.00pm on Friday evening the 16th January at the clubrooms. In the meantime, nominations are being sought for all the Club Officer positions and for membership of the Executive Committee which will be ratified at the AGM.

### CONTACT

To include items in the Lixnaw notes, please email [lixnawnotes@gmail.com](mailto:lixnawnotes@gmail.com) by 10pm on Sunday evening.



Miss Molly Joy from Ballyduff was thinking of buying fowl at Listowel January fair from trader Gerard O'Leary with her grandfather Jack O'Carroll also Timmy Collins, Abbeyfeale and Bernie O'Connel, Tralee. Photo Moss Joe Browne

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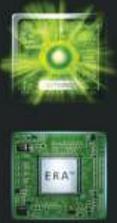
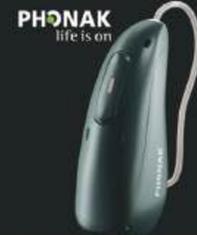
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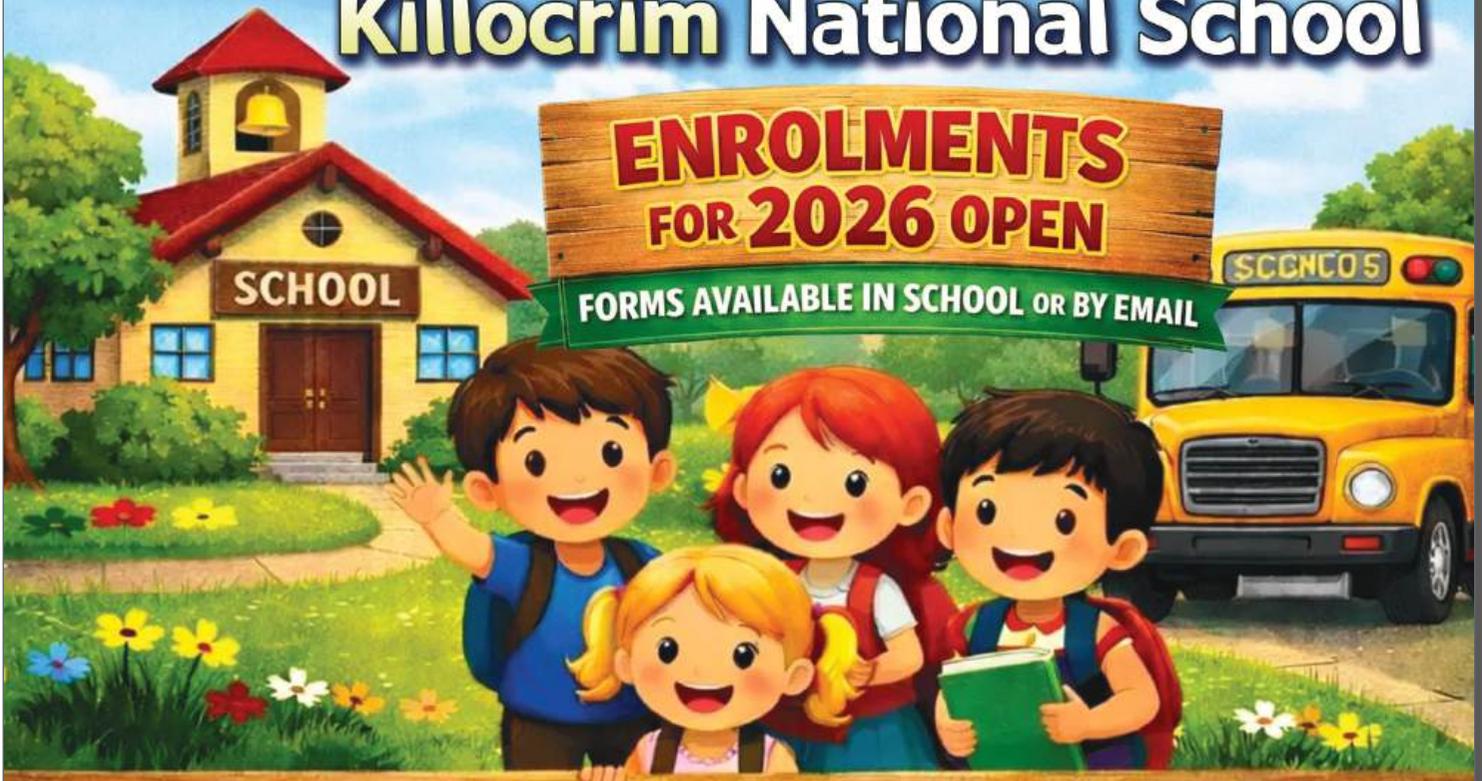
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**TARBERT**

**TARBERT NEWS**

Contact; tarbertnews@outlook.com or telephone Patrick Lynch at 068/36117 on or before 7pm Sunday. Fan slán.

**DEATHS**

The death took place of Breda O'Neill (née Pattwell) of Kilpadogue, Tarbert and formerly of London. Breda who was aged 90 years died at University Hospital Kerry on 26 December 2025. Her remains were removed from her home in Kilpadogue on Monday 5 January and her Requiem Mass was celebrated in St. Mary's Church, Tarbert on Monday by Fr. John Buckley. Her three grandsons read poems in her honour extolling the virtues and values of a mother and the influence she exerted. Her granddaughters spoke of the many different aspects of her life. She was one of 10 children born in Kilpadogue to her parents Richard and Catherine (nee Kissane). At the age of 19 with little prospects of employment at home she emigrated to England. She worked in hotels in London and took any employment. She later met and married her husband Edward and they had three children. She returned to Ireland in 1991 and lived beside her brothers Joe and Packie. She loved gardening and like to grow various varieties of roses. She also loved animals and looking after friends and neighbours. Packie was very good to her and looked after her when she was in ill health. She was in and out of hospital since last November until her final demise on 26 December last. After the Requiem Mass her remains were removed to Kilnaughtin Cemetery to be laid to rest with other family members.

Breda was predeceased by her husband Edward, her parents and brothers Michael, Richard, Tommy, Joe and infant brother John. Sympathy to her sons John and Gary, daughter Theresa, son-in-law Michael, daughters-in-law, brother Patrick, sisters Margaret, Catherine and Mary, grandchildren, great grandchildren, nephews, nieces, relatives and friends.

The death took place of Johanna (Josephine) Fitzgerald of Chicago, USA and formerly of the Steeple Road, Tieradea, Tarbert. She was aged 83 years and was one of 14 children born to James and Nora Fitzgerald (née Scanlon) in Tieradea, Tarbert. She attended Tarbert Girls' National School and later St. Ita's College, Tarbert, a short distance from her home. She worked at the Marine Hotel, Dunlaoire. In the 1960's she was the Dublin entrant in the Rose of Tralee Festival. She later emigrated to England where she worked in the hospitality industry. She moved to the USA to join other members of her family in Chicago. She returned home from time to time while her parents were alive. Josephine died peacefully at home in Chicago on Christmas Day 25 December 2025 surrounded by family and friends.

She was predeceased by family members Sarah, Mary, Thomas, Catherine and Maurice. Sympathy to surviving family Sr. Ambrose (Nuala),

Loughrea, William California, Carmel, Tarbert, John, Chicago, James, Dublin, Máiread, Chicago and Celestine and brother-in-law Danny, Tarbert.

Sympathy also to Peg and Des Murphy, Doonard, Tarbert on the recent death of Peg's sister Teresa Geary (née Cussen) of Kilmeeady, County Limerick Her Requiem Mass took place on Saturday 10 January in St. Ita's Church, Kilmeeady followed by interment in the local cemetery.

**WALK CLOSED**

Due to recent inclement weather, the John F Leslie Woodland Walk is now closed until further notice for health and safety reasons.

**TURAS GO LANZAROTE**

On Wednesday 7 January, leaving the wind and the rain behind them some 30 members of the Tarbert football team flew out from Cork Airport to Lanzarote for a short holiday break sponsored by their trainer Eamon McElligott as a reward for their winning the County Junior Football Championship. Beir bua leo.

**MOBILE LIBRARY**

Kerry Mobile Library will be in the Square, Tarbert on the 2nd Wednesday of the month from 12.30pm to 1pm le cúnamh Dé. Thanks to Library staff Joe Howard, librarian and Niall McSweeney, driver who provide an excellent service. If the book you are seeking is not available they will request if for you and there is an excellent choice in all genres available free of charge. Beir bua Kerry Library Service.

**COACH SHANE**

Comhghairdeas to 2014 All-Star Shane Enright, Tarbert and Killarney on being appointed the new Laune Rangers Senior Football coach. Shane is son of Tommy and Stella Enright, Doonard, Tarbert and we wish them both well recovering from a recent car accident.

**WEDDING BELLS**

Comhghairdeas to Michelle Griffin, daughter of Mike and Eithne Griffin, Main Street, Tarbert and Liam Cattigan, son of Patrick and Mary Cattigan, Achill, County Mayo who were married in St. John's Church, Ballyunion by Fr. Sean Hanafin on 30 December 2025. Best Man was Kevin Cattigan and Groomsmen were Ryan Cattigan and Ian Boyle. Bridesmaids were Sandra Shanahan and Magali Quinn. Flower girl was Clodagh Cattigan and Pageboy was Evan Cattigan. The Reception was in the Rose Hotel, Tralee and the happy couple will reside in Ballyunion. Guimis gach rath ar an mbeirt a phós agus go neiri go geal leo le chéile as seo amach.

**TARBERT ACTIVE RETIREMENT (OVER 55'S)**

Is on every Friday in Tarbert Bridewell between 10.30 and 12.00. Different activities every week followed by Tea/Coffee and refreshments and a chat. New Members always welcome.

**BALLYLONGFORD**

**WEEKLY 41 GAME**

The Listowel Emmets weekly card game is a 41 card game held on Monday nights at 8:30 PM sharp at the clubhouse in Frank Sheehy Park. It is open to everyone and results are posted on the Listowel Emmets GAA Club Facebook page. All are welcome and generous prize money is on offer.

**GROW MENTAL HEALTH**

The Grow Support Group meeting take place on Wednesday. Between 7:30pm-9:30pm, at the Seanchai Centre, 24 the Square Listowel, V31 RD93. This group is well supported so far in 2025 with the attendance at the meetings. If you would like any more information please attend or contact Jerry Cronin on 0860271990. All are welcome.

**THE YOGA ROOM AT THE PARISH HALL, BALLYLONGFORD**

Yoga mat class Tuesday 7pm-8pm. Chair Yoga Thursday 10am-11am. €12 per session at the Parish Hall. Places are limited so booking is essential. Contact Elisha on 087 343 5231

Fifth Dimensional Energy Healing: releases negative thinking, stress, trauma. Emotional cleansing and Spiritual Growth. Balancing mind, body and spirit. A journey of self-love and self-compassion. Treatment 60 minutes: €70. Special offer available for €50.

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**TFI LOCAL LINK**

For information on (066) 714 7002 or visit <https://www.localink-kerry.ie/ballylongford/>

**BALLYLONGFORD NOTES**

Going forward to the New Year I hope that all the local clubs and organisations will take advantage of the service that the notes provide. The notes are entirely free to use for all and are for the benefit of the community to highlight notices, events, services, etc. If you would like to include something in our weekly notes, please email [ballylongfordnotes@gmail.com](mailto:ballylongfordnotes@gmail.com) or phone/WhatsApp 087 930 8223. If you have trouble with electronic submissions, please call me on the above number. Please Note: Deadline for submissions is 8pm on Sunday.

**Congratulations to Duagh/Lyre Community Games participants who received awards last Sunday night at Duagh Sports Complex**



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# NEW YEAR DANCE CLASSES

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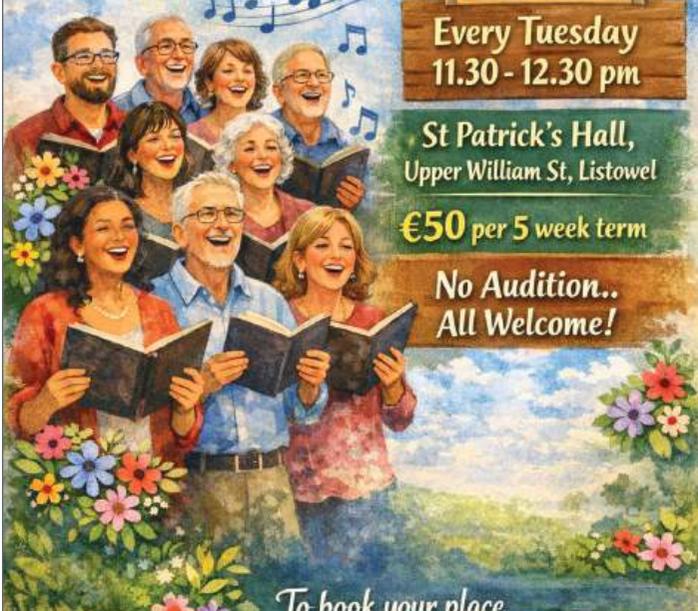
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## KILFLYNN

### CROTTA GAA

Still time to support the club your club if you wish Crotta GAA are running a video race night in both Herbert's and Parker's Bars Kilflynn on Saturday 7th February.

This will be a very enjoyable night out, while supporting your club and a chance to meet up with friends and neighbours.

If you would like to support the fundraiser you can purchase any of the following:

Horse Owner €50, Horse Trainer €25 or Jockey €25.

The name you provide for the item you chose to purchase will appear on the screens for the race your horse is running.

If you're the Horse Owner, Horse Trainer or Jockey wins the race you get your money back

If you would like to support the fundraiser contact any club officer and we will put you in contact with one of our sellers.

Thanks a million as always for your support

Full-Time in Austin Stack Park on Sunday 11th January in the 2026 Co-Op Superstores Munster Senior Hurling League, Group A Round 3 was Tipperary 1-16 to Kerry 1-07. Well done to Kerry players and their management against All Ireland Champions, especially our own Jordan Conway and Sean McGrath who acquitted themselves well. On Wednesday night 7th January in Fraher Field Dungarvan in the 2026 Co-Op Superstores Munster Hurling League Group A, Round 2. The home side had a 6-25 to 0-06 victory over the visitors. Sean McGrath was Crotta representative on the Kerry team.

Causeway Comprehensive claimed Munster glory with a deserved 2-7 to 1-5 victory over Edmund Rice College, Carrigaline in the Hayes Intermediate Shield final played in Banteer on Wednesday, January 7th. Crotta's own Jackie Hogan managed the victorious team.

The Crotta club wishes to express sincere sympathy to the Lawlor families in Galway and Tullacrimmin, Abbeydorney.

With John's passing the Crotta club has lost one of its most loyal and passionate supporters. Throughout the years John made many trips from Galway to lend his support to a Crotta team whether minor or senior. John's great regret that due to declining health he was unable to be in Tralee in 2023 when Crotta finally ended the championship hoodoo. In his youth John starred as a minor full forward. Along with Michael McElligott, Brendan Landers and J.P. Twomey he formed part of the St Patrick's team (a combination of Abbeydorney, Kilflynn and Crotta) that won the 1956 minor championship title. John contributed 3gls and 2pts out of the final score of St Pats 7 -03 Lixnaw to 7-02. Unfortunately for the club John left Tullacrimmin when in his prime so another stalwart was lost to the club. Go dtuga dia suaimeanas na siorai do

Former Crotta hurler Tomas O'Connor made his senior debut for the Wexford Senior hurlers in the Walsh Cup will take place at the Oulart-The Ballagh GAA pitch, when Dublin defeated Wexford 2-17 to 1-11 in the Dioralyte Walsh Cup quarter-final dash on Thursday evening, 8th January. Crotta and St. Senan's player Cillian Trant helped Kerry Senior footballers booked their place in the McGrath Cup final at a canter, as the All Ireland champions continued their pre-season preparations

with a devastating display of attacking football as they swept aside Waterford with a comprehensive 1-27 to 0-1 victory at Dr.Crokes gaa pitch, Killarney on Sunday 11th January. Cillian played at midfield and scored (0-4, 1tp). Kerry will play cork in the final on Saturday 17th January at 1.30p.m in Fitzgerald stadium, Killarney.

### ST. MARY'S CHURCH, KILFLYNN

Mass Intention for the week in St. Mary's Church:

Mass will be celebrated on Friday 16th January at 10.00a.m Special Intention, Mass will be celebrated on Saturday 17th January at 6.00pm Hannah & Paudie Quille, Clounafineela, Kilflynn (Anniversary)

If anyone would like a call, please contact the Parish Office 066 4018996 or Fr. Jerry Keane 087 2844649.

Adoration of Blessed Sacrament Kilflynn: Monday 7.00p.m. – 8.00 p.m.. Check [www.dioceseofkerry.ie](http://www.dioceseofkerry.ie) go to Abbeydorney parish and check the newsletter.

Dates for the Diary: Pledge for Confirmation Children: - Abbeydorney Sunday 15th February (Temperance Sunday) 10.00 a.m. Confirmation: Abbeydorney Wednesday 25th February 11.00 a.m. First Communion: Abbeydorney Saturday 9th May 11.00 a.m. Kilflynn Saturday 16th May 11.00 a.m.

### CROTTA O'NEILLS AGM

The Crotta Gaa Annual General Meeting was held on Friday 9th January in St Columba's Centre, Kilflynn.

The following officers were elected for 2026:

President Dick McElligott, Vice President: Tom Cronin (Snr), Thomas Egan, Gerald Byrnes, Mike Kenny, Sonny Egan, Brendan Twomey, Dan Shanahan and Mike "Black" Leen.

Chairman: Paddy Weir, Vice Chairman: Páwl Sheehan, Secretary: Darren Houlihan, Joint Treasurers: Paud Twomey and Alan O'Connell. Registrar: Shane Herbert. PRO: Mike Parker,

County Board Delegate: Shane Herbert, North Kerry Board Delegates: Paul Sheehan and Shane Herbert, Children's Officer: Maire Beirne Club Health and Wellbeing Officer: Jordan Conway, and Irish Language and Culture officer: Tom Breen.

### CROTTA LOTTO RESULTS

Herbert's Bar, Kilflynn was the venue for the Crotta Hurling Club weekly lotto draw on Monday 12th January, The Four numbers drawn out of the drum by the independent observer: Graham Harris, Clounsillagh, Lixnaw were 7,9,15 and 18. There was no winner of the 5,800 Jackpot. Congratulations to the following who won €35 in the lucky dip draw: Seanie Stack, Stack, Banemore, Listowel, Christy O'Connell, Ballyrehan, Lixnaw and Michael Lynch, Abbeydorney.

The next draw will take place in Parker's Pub, Kilflynn on Monday night 19th January at 10.30p.m with a €5,900 Jackpot.

Tickets available 3 for €5 online visit [www.crottageaa.dub](http://www.crottageaa.dub) or this link <https://tinyurl.com/crotta-club-lotto> or Herbert's Bar/Village Store, Parker's Pub, Zam Zam Kabab, Foley Shop Lixnaw, Abbeydorney Post Office or from Club ticket sellers. Many thanks to all who contribute to our weekly Club Lotto. The Club cannot emphasize enough the importance of our members promoting the Club Lotto among family, friends, and work colleagues. Your continued support is greatly appreciated

## MOYVANE

Contact: [moyvanenotes@gmail.com](mailto:moyvanenotes@gmail.com)

### BLOTTO

There was no winner of last Thursday night's Jackpot. Numbers drawn were 15 17 18 26. Lucky Dips: €100: Eileen Hannon, Willowbrook, Listowel. €50: Tania McMahon, Moyvane Bingo. €20 each: Noreen O'Connell, Ahalahanna. Eileen Lynch, Asdee. Eileen Jones, Aughrim. Paudie Reidy, Upper Athea. Eileen (Ed) O'Connor, Kilbaha. Free Tickets: Ena & Mike, Listowel. Nora O'Sullivan, Shanagolden. Katie O'Leary, Causeway. Shane Finucane, Keylon. Mary Griffin, Lixnaw. Next draw will be held this Thursday night, January 14, 2026 at Bingo in The Marian Hall. Bingo starts at 8.00pm. Jackpot €13,500.

### SPIN THE WHEEL

Congratulations to Marian Mulcahy, Abbeyfeale who won €500 last week. The minimum you can win on the wheel is €300 and the top prize is €2,000.

### SPLIT THE BUCKET

Congratulations to Nuala Kelly, Listowel who won €330 last week. Envelopes are available in all the usual outlets locally, Holly's Gala, Mike Kennelly's HomeValue Hardware, Noel Stack Butchers, Enright's Bar, The Village Grill, Speedy's Bar, Moyvane. Newtownsandes Co-op Curl up and Dye (Anna Enright Fogarty) and at Bingo in the Marian Hall. €2.00 per entry or 3 for €5.00. Thank you all for supporting this very important fundraiser for your local school. Next draw will be held at Bingo on Thursday, January 22.

### MOYVANE GAA

#### MOYVANE LIGHTS UP

We had a great turn out for our first Moyvane Lights Up on Wednesday last. The initiative continues every Wednesday from 7:30pm on the walking track beside the pitch. All welcome.

#### LAST MAN STANDING

Our senior team is running a "Last Man Standing" fundraiser for the National Football League. Entry to the competition is €10, and entry cards are available from any senior player. All support is greatly appreciated.

#### LOTTO: Lotto Results 11/01/2026

Numbers: 02, 10, 14, 26 No Winner. Lucky Dips €40 Marie Lynch - Online. Pat Walsh - Online. Pat Walsh - Online. Alanna Donegan - Online. Mary B Curtin - Online. Next Week's Jackpot :€6,700. Next Week's Draw Sunday January 18 at 8:30pm in Speedy's Bar.

MEMBERSHIP: Club membership is now due. €40 for players, €20 for student players & non-players. Membership can be paid on [www.foireann.ie](http://www.foireann.ie)

#### MASSES FOR THE WEEK

##### MOYVANE:

Thursday, January 15 Mass at 7.00pm.  
Saturday, January 17 Anniversary Mass at 7.30pm for John Stack, Gale Bridge.  
Sunday, January 18 Anniversary Mass at 11.00am for Eileen Collins, Glin Road, Moyvane.

##### KNOCKANURE:

Friday, January 16 Mass at 10.00am.  
Sunday, January 18 Mass at 9.30am.



A large crowd participated in the Goal Mile in Listowel Town Park on Christmas Day. All contributions donated at the event will be used by Goal to fund their humanitarian programme in Gaza. Pictured on right are Emma & Fiona Hehir and Jimmy Deenihan

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# Snapped

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Listowel Celtic U12 A team who beat Fenit Samphires 4-1 last weekend



At the Tralee Car Boot sale before Christmas Jimmy O'Sullivan from Ballyduff has his eyes on a bunch of holly while in the company of Bernie O'Connell & John Rahilly. Photo Moss Joe Browne



Chloe Lynch was hoping to sell at her local Listowel Fair on New Years Day with Tim Browne, Ballyduff and local man Brendan Kelliher with his grandchildren Adam and Kacie Carey. Photo Moss Joe Browne



Listowel woman Claire Bradley with her daughter Lily at their local Listowel fair on new years day. Photo Moss Joe Browne



A happy group of dancers with the Breen Ceili band at the Stretford End on Sunday. Noreen O'Connell, Ann Lynch, John O'Connell, Martina Breen, Katie Houlihan, John Breen



Listowel Emmets Split the Bucket winner from 13th January was Valerie Chute collecting her cheque of €1034.50 from committee members. Next draw Tuesday 27th January



Billy Kelliher, MEP, visited Duagh NS on Friday last to meet 5th Class and their class teacher, Mrs O'Flynn. They are taking part in the Blue Star Programme, which focuses on learning about European cultures and the EU



Listowel Celtic U12B team wearing their New Jersey's kindly sponsored by Brendan Moloney Kitchens and Carpentry



A proud moment for former Kerry footballer Shane Enright who is a syndicate member that owns Solo And Go with his father Tom after the presentation at Tralee Track before Christmas. Photo Moss Joe Browne



Janina Doyle of Listowel who performed as Cinderella in Oliver Hurley Productions sold out show Cinderella at Siamsa Tire on Saturday January 3rd



Alex, Ashley & Lottie Allman enjoying Christmas in Florida

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## LISTOWEL EMMETS

The 41 Card game organised by Emmets GAA Club continues every Monday night in the Clubhouse at Frank Sheehy Park, Listowel.

Jackpot for week 17 is €260 for 11 games. Starting time is 8.30 sharp and all are welcome.

Winners from Week 16:

1st Shared: Eamon Canty and Pat Costello

2nd: Pete Lyons and Kay Heffernan;

Table Prizes: Mick Naughton and Jim Buckley; Tom Sullivan and Seán Egan; Martin O'Brien and Paudie Keane; Ned and Mary Holland.

And just a reminder of our winners over Christmas break:

Winners from Week 15:

1st Shared: Pete Lyons and Kay Heffernan; Toddy Toss O'Connor and Mick Scannel; Denis Paul Curtin and Tom Murphy; Mike Donoghue and Seán Healy

Table Prizes: Eamon Kennelly and Donal Kearney; John Joe Flavin and Seán Egan; Nora Lynch and Kathleen Nolan.

Winners from Week 14: 1st: Jimmy Goggin and Seán Egan

2nd Shared: Pete Lyons and Kay Heffernan; Eamon Kennelly and Donal Kearney; Michael Dowling and Roddy Gormley, Monnie Leahy and Mary Holland.

Table Prizes: Fintan Quirke and Tom Sullivan; Dan Joe Reidy and Noel Murphy; Jane O'Sullivan and Margaret Scannel; John Joe Flavin and Mike Cox.

Winners Week 13: Shared: Noel Carmody and Mike Moriarty; Tom Holly and Eddie Flaherty

Table Prizes: Jimmy Goggin and Tom Kennelly; Roddie Gormley and Eamon Canty; Frank and Liz Reidy; Monnie Leahy and Danno Moriarty

Special Christmas Prizes:

Hamper: Toddy Toss O'Connor.

Visit to the Dáil and Meal for two: Pete Lyons.

A bottle of Wine: Roddie Gormley; Frank Reidy; Jimmy Buckley.

## LISTOWEL CELTIC

Draw 5/1/26 - Numbers Drawn 1-11-24-32

Jackpot not won - Lucky Dip Winners

€40 Shauna Ring, Newmarket on Fergus

€20 Mike Holly, O'Connells Avenue

€20 Vinny O'Connor c/o Cons

€20 Seanie Lynch, Feale Drive

€20 Duck, Ballygologue Park

Draw 12/01/26 - Numbers Drawn 1-12-21-22

Jackpot not won - Lucky Dip Winners

€40 Sadie O'Brien, Upper Clieveragh

€20 Cathal Dennehy, Moyvane

€20 Myra Kissane -Online

€20 Sophie Lyons, Kilbaha, Moyvane

€20 Teresa Collins c/o Kostal

Next Draw 19/01/26 - Brosnans Bar - Jackpot €2,100

## LISTOWEL KARATE CLASSES

Kerry Martial Arts School have recommenced karate and self-defence classes in Presentation Secondary School Hall every Monday. Classes led by team of experienced black belt instructors. All ages from 4 to adults welcome at 6pm. Contact (089) 490 7724 for further information or search Kerry Martial Arts School on Facebook.

## BEALE GAA

Keep up to date with club activities. For updates, photos, and all the latest news from around the club, make sure you're following Beale GAA on Facebook, X (Twitter) and Instagram. If you haven't already done so, join our Beale GAA Community WhatsApp group to keep up to date with fixtures and results as they happen.

Senior and junior men's player registration is now due. Ladies and juveniles register before end March. Non-player membership also due before end March. Membership /registration fees:

Senior Player, €60; Player/Lotto, €120; Minor Player, €50 (linked in with Juvenile Family); Juvenile Player, €40; Juvenile Family (subject to a max. 5 minors /juveniles), €100; Coach Family (1 adult and max. 4 minors/juveniles), €100; Player/Parent Family (1 adult and max. 4 minors/juveniles), €120. Full Membership (non-player), €30 - free membership with Annual Lotto ticket, €100. Register on [www.foireann.ie](http://www.foireann.ie).

Steps Challenge is back! Walk or run while enjoying our stunning beaches, countryside, hills, cliffs and town or wherever you are in the world - and it's all for free, including the fresh air and the scenery! Everyone's welcome - whether you're a seasoned runner or walker or just enjoy a leisurely stroll. As a club, we're aiming to clock up a combined 4,000km (a trip around Ireland) to be entered into a draw. There will be 3 lucky clubs per province. A few years ago, we were one of the lucky clubs that won €2,500. Prize money or not, get your walking or running shoes on and sign up to the app. The 5-week challenge started last Wednesday, but it's not too late to join. You

don't have to be a member of the club to join. To take part, simply download or update the MyLife App from Irish Life, register, join the Munster Challenge, select Beale GAA and link your Fitbit or other health device/app. Get moving and kick off 2026 with fresh air, exercise, good company and plenty of fun!

The Lotto draw took place in The Feale Bar on Sunday. Numbers were: 6, 12, 18 and 23. There was no jackpot winner and Match-3 winners win €25 each: Eleanor Hannan and Jack O'Sullivan (online), Tom Stokes O'Sullivan and John Joy. 6 Free Tickets Winner: Danny Larkin. Check out the winning Beale Lotto numbers and prize details each week in local newspapers, on our social media platforms or in designated outlets.

Next week's draw will take place in The Bunker Bar on Sunday night, with a jackpot of €3,750. A huge 'mile buiochas' to all who support and promote the lotto. Beale Lotto tickets, €2 or three for a fiver, are available in Cahill's Super-Valu, the local pubs and online. Download the Clubforce app or simply click the link on our Facebook, X or Instagram pages or log onto <https://clubforce.com/clubs/beale-gaa-kerry/>. Terms and conditions apply. The Beale Lotto benefits all our players from under-5s to seniors.

Congratulations to Ian Blake (former Beale player and manager) and Ballymacelligott GAA on winning the All-Ireland Junior Club Championship. Ian managed Ballymacelligott to victory over Clogher Éire Óg (Tyrone) on Sunday. Well done too to An Ghaeltacht on their All-Ireland Intermediate victory. Best of luck to Dingle in the All-Ireland Senior Club final on Sunday to make it a Kingdom hat trick. Ciarraí Abú

## BALLYUNION GOLF CLUB

Mixed 4 Ball - Saturday 10th January 2026 Cashen Course

1st	Elva Clancy (15) & Colm O'Halloran (9)	27pts
2nd	Nora Quaid (7) & Patricia Gleeson (11)	26pts
3rd	Mary Horgan (9) & Mary Murphy (11)	26pts

AGC Construction Hampers Singles (9 Holes) - Sunday 11th January Cashen

1st	Michael Jones (11)	24
2nd	Ignatius O'Brien (9)	22 (B6 18)
3rd	Brian Slattery (3)	22
Gross:	Brendan Gildea	16 (B6 13)

Category 1

1st	Kevin W Barry (4)	20 (B3 9)
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Category 2

1st	Patrick J. O'Sullivan (6)	19 (B6 13)
2nd	Jonathan Stack (5)	19

Category 3

1st	John Kennelly (7)	21
2nd	Mel Hurley (8)	20

Category 4

1st	David Malone (10)	22
2nd	Edward Costello (9)	21 (B6 15)

Fixtures:

Mixed Waltz Stableford - Sunday 18th January Cashen Course

Ladies Competitions Fixtures:

Ladies Saturday Voucher - Saturday 17th January 2026 Cashen Course

Mixed Waltz Stableford - Sunday 18th January 2026 Cashen Course

Ladies 9 Hole Competition - Tuesday 20th January 2026 Cashen Course

Senior Ladies Competition Front 9 - Friday 9th January Cashen Course

1st	Jean Liston (15)	20pts
2nd	Anne Marie Carroll (7)	18pts

Fixtures: Senior Ladies 9 Hole Competition - Friday 16th January Cashen

## FINUGE GAA

FINUGE 500: December is always a bumper month for the Finuge 500 draw and we had a long list of prizes and winners yet again with the draw taking place at McCarthys Bar on Monday the 29th of December. Congratulations to our December winner PJ Kelliher who took away the top prize of €500 - a great start to the new year for PJ. Next up was the excellent hamper from Life Pharmacy Lixnaw worth €250 and Mary Fitzmaurice pulled out Eamon Breen as the winner - congratulations to our long suffering chairman. Third prize was a fine hamper from Foleys Shop in Lixnaw worth €100, with the prize going to Jamie Fitzgerald. Kelly Ann Walsh and John Shanahan were both winners of €50 Finuge 500 annual entry tickets to our monthly draw. Next up were two €50 drinks vouchers courtesy of McCarthys Bar where Mary McCarthy drew out Kieran Mackessy and Louise Barry as the winners. Last prizes to be won on the night were Elaine O'Mahony and Rachel McKenna who both took away €25 entry six month tickets for Finuge 500. Congratulations to all our worthy winners and a huge thank you all the businesses that supported this draw and our monthly draw throughout the year.

Entry tickets for each month are available at McCarthys Bar Finuge, Foleys Your Stop Shop Lixnaw, Stacks Londis Lixnaw, JJ Walsh Bar & Butchers Lixnaw, Gibbons Filling Station Lixnaw and the Post Office Lixnaw. Tickets also available online at [www.finugegaa.com](http://www.finugegaa.com) or from any club officer.

AGM: The AGM of the Finuge GAA Club will take place at 8.00pm this Friday

evening the 16th January at the clubrooms. In the meantime, nominations are being sought for all the Club Officer positions and for membership of the Executive Committee which will be ratified at the AGM. While many of the outgoing Committee may decide to seek re-election, some may not and, in any event, it is important that the club continually seeks new ideas and new energy through the active participation of all its members.

The Agenda at the Annual General Meeting will be as follows:

- Adoption of Standing Orders.
- Minutes of previous Annual General Meeting.
- Consideration of the Annual Report submitted by the Secretary.
- Consideration of the Financial Statements - Treasurers Report.
- The Chairperson's Address.
- Election of Officers and Members of the Executive Committee.
- Notices of Motion.
- Other Business (to include Team Mgt for 2026)

We encourage all paid up members to attend as we continue to reinvigorate our club, thank you.

RACE NIGHT: On Saturday night, 6th December, the club ran a fantastic video race night fundraiser in McCarthys Bar, Finuge. Renowned sport journalist Murt Murphy was MC on the night and proved a brilliant host that kept everyone entertained and the event moving. With 14 races including an auction race, a busy and entertaining night was had by everyone. A great group from Con Dillons Pub Listowel emerged as the winners of the auction race when 'Gordons Army' crossed the line in first place which sparked great celebrations! Thank you to everyone who bought horses, sponsored races, purchased adverts in the race programme, bought horses in the auction race and attended on the night. Our various race sponsors on the night were Jimmy Deenihan, Donal Browne, Lixnaw Coursing Club, Georgie Joy, Donaghay & Scanlon Masonry, Maurice Lyons & Brian McCarthy, Liston Electrical, The Corridan Family, Cronin's Cider, Gerry Galvin & Family, Tom Kelly Scaffolding, Irish Wire Products, Listowel Livestock Market, Lixnaw GAA Club.

CLUB SHOP: With the new season only around the corner, we have the perfect gifts for the football player or supporter in your life - Finuge GAA merchandise. This is an online shop hosted by KCS. Search for [www.kcsports.ie](http://www.kcsports.ie), click on the 'Club Shop' tab and search for Finuge. We have over 30 items of high quality Finuge branded sports gear to choose from, happy shopping.

DEVELOPMENT: We continue to develop and improve our facilities at James O'Sullivan Park, Finuge at every opportunity. Earlier this spring we upgraded our lights on the pitch to make them more effective & efficient. This has been a big help to our teams when the days were shorter and a valuable investment into the future. Thank you to Liston Electrical for carrying out the work and to everyone who supports our various fundraising initiatives.

## MOYVANE GAA

MOYVANE LIGHTS UP

We had a great turn out for our first Moyvane Lights Up on Wednesday last. The initiative continues every Wednesday from 7:30pm on the walking track beside the pitch. All welcome.

IRISH LIFE GAA HEALTHY CLUBS STEPS CHALLENGE 2026

Our club has signed up to this year's steps challenge and we have made a strong start. It is not too late to join. This is open to all and we would encourage as many people as possible to sign up. Sign up by downloading the "My Life by Irish Life" app and registering for the challenge on the app. All steps throughout the week count towards our total, not just those done during Moyvane Lights Up. Let's keep up the great start we have made so far.

SCÓR NA BPÁISTÍ

Anyone interested in taking part in Scór na bPáistí please get in contact with either Lisa (0860537310) or Laura (0871163040) by the 22nd of January. Categories include solo singing, dance and music, music group, ballad group, set and figure dancing, recitation, and novelty act. All competitors must live in the parish of Moyvane to take part for Moyvane GAA.

LAST MAN STANDING

Our senior team is running a "Last Man Standing" fundraiser for the National Football League. Entry to the competition is €10, and entry cards are available from any senior player. All support is greatly appreciated.

LOTTO: Lotto Results 11/01/2026

Numbers: 02, 10, 14, 26 - No Winner - Lucky Dips €40

Marie Lynch - Online

Pat Walsh - Online

Pat Walsh - Online

Alanna Donegan - Online

Mary B Curtin - Online

Next Week's Jackpot €6,700

Next Week's Draw Sunday January 18th 8:30pm in Speedy's Bar

MEMBERSHIP: Club membership is now due. €40 for players, €20 for student players & non-players. Membership can be paid on [www.foireann.ie](http://www.foireann.ie)

## DUAGH / LYRE COMM GAMES

Annual Awards evening

Last Sunday evening despite the wind and rain outside the atmosphere in Duagh sports complex was electric for the Annual Duagh/Lyre Community Games awards night. One hundred and eight participants efforts for 2025 were recognised for their endeavours at County competitions some progressed to Provincial and National finals. All participants received awards on the night which were presented by our committee members. A record breaking number of twenty participants qualified and excelled at National finals in various events - Cycling on grass: 2nd Clara Danagher, Jeremiah Buckley and 3rd Kirsten

Brosnan, Cross Country: Siún Kelly, Handwriting: Shonagh Walshe,

Project u13:1st Kirsten Brosnan and Senan Brosnan, Athletics: 3rd David Watson (high jump), 3rd Thomas Cahill (discus), Conor O'Mahony (100m), Skittles u14 team: 3rd Caoilinn Harte, Julia Quilter, Kyle Kerins, Thomas McMahon, Sean Musgrave, Jeremiah Buckley and Fionn Buckley. U16 Skittles team: 2nd David Watson, Thomas McMahon, Cody Collins, Gearoid Buckley, Sinead Buckley & Charlie Watson. At Provincial Finals Catherine Buckley competed in the 200m

All our participants competed at Kerry Community Games County events and activities across swimming, art, handwriting, projects, athletics, indoor

soccer, basketball, tag rugby, chess, solo singing, solo music and cycling on grass. Thanks to our volunteers on the night and for the work that was put into organising the event. Special thanks our MC and Kerry Community Games chairperson Nelius Collins.

Thanks to our participants for their efforts in 2025 and we look forward to what 2026 brings. Thanks to parents/guardians for supporting Duagh/Lyre Community games.

2026 - Events for 2026 are starting so keep an eye on our Facebook page.

## Duagh/Lyre Community Games award winners who excelled at National finals in 2025 receiving awards last Sunday in Duagh Sports Complex



Winner of the AGC Christmas Hamper at Ballybunion Golf Club was Michael Jones with a great score of 24 pts for 9 holes on the Cashen with sponsor Anthony Bennett, AGC and Captain Frank Dore. Photo by Francis Bennett



Listowel Celtic U10 Girls who played last weekend against Camp



The Listowel Juvenile Badminton Club held a number of fun tournaments last Christmas. Many thanks to the committee for the organisation, our club coaches, senior members, players and their parents for their support on the nights

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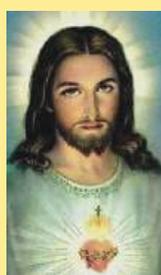
Monday 2nd February

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Michael Collins Band

Facebook: John Joes Dances

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### THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where

your father sees it. Then in his merciful eyes it will become your own favour not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never been known to fail. Must promise publication of prayer. M.M.

## NOVENA TO ST. CLARE

Ask St Clare for 3 favours, one business and two impossible. Say 9 Hail Mary's for 9 days with a lighted candle. Pray whether you believe or not, finish on the 9th day. Powerful Novena.

Say May the Sacred Heart of Jesus be praised, adored, glorified now and forever throughout the world. Amen.

Your request will be granted no matter how impossible it may seem. Favour requested. Publication must be promised. D.W.

## MEANING OF LIFE

"I had intended to... there's so much going on I hadn't time... I genuinely meant to... it was foremost on my list a year ago... time is going so quickly... I just got caught up with other stuff... I forgot... I put it on the back burner... it clean slipped my mind..."

As some unknown wise person said: "The bad news is time flies..." as if we didn't know!!! But the rest of the quote is very reassuring: "... the good news is YOU are the pilot!"

I like that. That puts us in control of time rather than time controlling us... to a degree of course because eventually time runs out for all of us. The Word of God offers us profound insights on time, chiefly that "My times are in God's hand." Psalm 31:15 because everything is under God's sovereign control. God orchestrates all events. Equally important, it emphasises the fleeting nature of our life: "... you do not know what will happen tomorrow. For what is your life? It is even a vapor that appears for a little time and then vanishes away..." James 4:14. Life is short and uncertain.

And for that reason Holy Scripture stresses the importance of making the most of our present, limited time wisely, for **ETERNAL PURPOSES**. Ephesians 5:15-16 puts it like this: "Be very careful then how you live; these are difficult days. Don't be fools; be wise: make the most of

every opportunity you have for doing good... try to find out and do whatever the Lord wants you to."

The big question is...how do I " ...number my days and recognise how few they are;... and spend them as I should."? as Psalm 90:12 puts it.

The Word of God has the answer, from Genesis to Revelation, for example in Matthew 6:33: " ...seek ye first the Kingdom of God and His righteousness and all these things will be given unto you." Again Colossians 3:2 says: "Set your mind on things that are above, not on things that are on Earth."

Romans 12:2 gives me great advice: "Don't copy the behaviour and customs of this world but be transformed by renewing your mind" (with God's Word and His Holy Spirit)."

Time does fly by and I can continually be side tracked and preoccupied by things that are unimportant against the backdrop of eternity. Lord, help me to use my remaining time on earth wisely to love You more.

If you require any further information please contact LCF at 085 7387594 or email [lcferry@gmail.com](mailto:lcferry@gmail.com)

Le Grá, Bridie

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