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Thurs 09th July 2026
Vol. 18 Issue 41

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CLLR LIAM SPEEDY NOLAN



Contact number: **087 6961668**
Cllr.Liam.Nolan@kerrycoco.ie

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✉️
cllr.aoife.kennelly@kerrycoco.ie

Norma Foley TD
Minister for Children, Disability, Equality and TD for Kerry



Always available to support and assist with any queries or issues you might have.

1 Bridge Place, Tralee Co. Kerry, V92 YR67
Tel: 066 716 9052
Email: Norma.Foley@oireachtas.ie

Department of Children, Disability and Equality: 01 647 3000

This is a political advert for Norma Foley TD, 1 Bridge Place, Kerry, paid for by Norma Foley to support local business. For more visit fiannafail.ie/transparency

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Crispy Chicken Wings
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Creamy Chicken & Mushroom Vol Au Vent
(1,4,7,14) €10.00
(Main course portion with choice of sides €18.50)

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& a Mushroom Sauce (1,4,7,9) €19.00

Penne Pasta Carbonara, Fresh Parmesan Shavings
& Garlic Bread (1,4,7,9,14) €18.00

Chef's Freshly Carved Roast of the Day Specials
(7) €19.00
(Half Portion of Roast of the Day €14.50)

Our Famous Battered Fish & Chips, Tartar Sauce,
Coleslaw & Lemon (1,3,4,5,7,9) €20.00

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Salad & Chips (1,2,4,7,9) €18.00

Chicken Curry & Rice (1,2,9,10,14) €18.00

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"The Gearoid Daniel" Our Classic
Homemade Beef Burger topped with
Bacon & Cheese, Ketchup
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(1,4,9,10) €10.50

"The Big Bird" Our Homemade
Chicken Fillet Burger topped with Cheese,
Crisp Lettuce, Red Onion, Coleslaw
& Tangy Mayonnaise
in a Toasted Brioche Bun (1,4,9,10) €10.50

"The Hawaiian" Our Classic Homemade
Beef Burger topped with Grilled Pineapple,
Bacon & Cheese, Pink Sauce
in a Toasted Brioche Bun (1,4,9,10) €10.50

Our Loaded Homemade Chips

• Topped with Garlic Mayo
& Cheese (4,7) €8.50

• Topped with Bacon & Cheese (7) €8.50

Spice Box Crispy Spicy Chicken, Sweet
Thai Chilli, Garlic Mayo, Mixed Pepper
& Onions (1,2,4,9,11) €14.50

Sides

Twice Cooked Homemade Chips €5.50

Twice Cooked Sauté Potatoes €5.50

Homemade Battered Onion Rings
with Garlic Mayo Side (1,4) €7.00

Kiddies Corner

Kiddies Meal Special (1,4,5,7,10) €9.00
Sausages, Fish Fingers, Burger or Nuggets
served with Skinny Fries & Juice

Kiddies Roast of the Day (7) €11.00

Kiddies Penne Pasta
& Tomato Sauce (1,2,4,9) €7.50

Baby Bowls
with Meat of your choice (7) €5.00

**Daily Dessert Specials
€8.00**

Takeaway Drinks

Cans of Minerals €2.50

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3. Crustaceans
4. Eggs
5. Fish
6. Lupin
7. Milk
8. Molluscs
9. Mustard
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11. Peanuts
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SUMMER STARS AT LISTOWEL LIBRARY

Summer Stars is the public library national summer reading programme for children. Kerry Library invites all children throughout the county to join in the adventure and discover the fun and pleasure of reading over the summer by taking part. Summer Stars is non-competitive and every child who reads even one book or eBook is regarded as having completed the programme – and it's all completely free!

Children are invited to visit Listowel library and collect a Summer Stars Reading Challenge card. There will be prizes each time our little readers visit us and when they complete the challenge they will receive a medal and certificate of achievement. As part of this programme, we will be hosting events for families in July.

Join us in Listowel Library on Thursday 16th from 10.00am - 1.00pm as we welcome Aising from Kerry County Museum with her mobile museum of historical artefacts. From the Stone Age to the revolutionary era, Kerry Museum will transport you through time with their handling collection. You can even bring along your own artefacts from home! No need to book - just call in with your group up.

On Friday 17th July from 11.00am - 1.00pm, Killarney National Park Education Centre will present a nature workshop and pop-up animal display. All welcome to call in for an informal chat with Tara and a closer look at Ireland's native wildlife.

Holly's Gala

Moyvane

STAFF REQUIRED

Full Time & Part Time

If interested please submit your CV & Cover Letter to:
hollysfoodstore@gmail.com



Listowel Community Games U14 quiz team who represented Kerry at the national Community Games finals in Kilkenny last Saturday. Well done Aideen, Cerys, Culainn, Leona and Sean who came home with a national bronze medal



BON SECOURS HOSPITAL TRALEE ENCOURAGING STAFF TO ACTIVELY ENGAGE WITH THEIR LOCAL COMMUNITY

Bon Secours Hospital Tralee encourages staff to actively engage with their local community through its Training & Development Programme, which supports community initiatives through staff volunteering and participation. As Official Health Partners of Kerry FC and Kerry Camogie, Sean McGrath and Finn Barrett (Kerry FC players), along with Ciarán Meagher (Commercial Manager, Kerry Football Club), and Rachel McCarthy and Niamh Leen (Kerry Camogie), presented cheques to staff from Bon Secours Hospital Tralee on behalf of the programme.

The initiative reflects the hospital's strong commitment to community engagement and well-being, with staff giving their time to support a wide range of local organisations and causes across Kerry. A total of €5,900 was donated through the programme, reinforcing its continued support for grassroots development and community wellbeing.

Bon Secours Hospital Tralee has developed extensive expertise working with elite athletes as trusted health partners — and is proud to be the Official Health Partners of Kerry LGFA, Kerry GAA, Kerry FC and Kerry Camogie.

Photo by Domnick Walsh - Eye Focus Ltd - 087 26 72 033



Enjoying the atmosphere of Listowel Horse Fair last Thursday were Brendan O'Brien, Ballyduff, Bernie O'Connell, Lyrecrompane, Patsy O'Shea, Tarbert and Tim Browne, Ballyduff. Photo Moss Joe Browne

BREAKFAST, COLD & HOT

Catering Menu



Made with care



BREAKFAST MENU

Selection of Mini Danishes €35
(30 pcs) served with Butter & Jam

Freshly Baked Scones, a selection of plain & Fruit (8pcs) €10
served with Jam & Cream



Mini Jambons and Sausage Rolls €20
(30 pcs)
Freshly Baked for you!

Breakfast for 4 People €25
2 Rasher, 2 Sausages, Black & White Pudding, Hash Brown, Egg & Beans per person



COLD MENU

Cold Meat Platter €25
Selection of Hone Baked Ham & Delicious Turkey Crown

Salad Selection from €15
Choose from

- Coleslaw
- Potato Salad
- Egg Mayo
- Egg Salad
- Tossed Mixed Leaf



Sandwich Platter €30
A delicious selection of white & brown sandwiches filled with a selection of meat & salads fresh from our Deli!



HOT MENU

Hot Food Selection Platter

- Goujons (30 pcs) €18
- Cocktail Sausages (60 pcs) €15
- Chicken Wings (30 pcs) €18
- Chicken Balls (30 pcs) €18
- Sausage Rolls (24 pcs) €16



Chips / Wedges Platter €15
Served with a selection of Dips



Hot Dishes €40
serves approx 10 people

Delicious Homemade

- Chicken Curry
- Fresh Lasagne
- Cottage Pie



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BALLYBUNION READY TO WELCOME THOUSANDS AS HORIZON FESTIVAL ARRIVES THIS WEEKEND

Months of planning are set to come to life this weekend as Horizon Festival prepares to welcome thousands of visitors to Ballybunion for what is expected to become one of the biggest tourism and entertainment weekends the seaside town has experienced in recent years. Taking place from Friday, July 10 to Sunday, July 12, the inaugural festival has generated huge interest across Kerry and beyond, with organisers reporting exceptionally strong ticket sales in the final days before gates open.

Adding to the excitement is a superb weather forecast, with sunshine and warm temperatures expected throughout the weekend. Friday is forecast to reach around 21°C, rising to 24°C on Saturday before peaking at 25°C on Sunday, creating ideal conditions for a festival overlooking the Wild Atlantic Way.

The response from festivalgoers has exceeded expectations. Bingo Loco on Sunday has now officially sold out, while only a limited number of Friday and Saturday tickets remain available. Tickets are still on sale for the Marty Guilfoyle After Party, which will bring the inaugural Horizon Festival to a spectacular close on Sunday night.

The economic impact is already being felt throughout North Kerry. Hotels, guesthouses, self-catering accommodation and campsites have experienced strong demand, while local cafés, restaurants, pubs and retailers are preparing for one of the busiest weekends of the summer season.

Festival organisers say Horizon has always been about more than live music. "From the beginning our ambition was to create something that would showcase Ballybunion as one of Ireland's great coastal destinations while delivering a significant boost to the local economy. The support we've received from local businesses, volunteers, sponsors and the wider community has been incredible, and we're excited to finally welcome everyone through the gates this weekend."

The music programme features an impressive mix of established Irish acts and emerging talent across three entertainment areas.

Friday's opening night sees Super Céilí and The Rising build the atmosphere before chart favourites The Highstool Prophets headline the Big Top. Cnoc an Óir perform on the Horizon Stage, while DJ Ray Stack keeps the Heineken Chill Zone alive late into the evening.

Saturday's lineup includes Electrad, The Circus Ponies and one of Ireland's most recognisable DJs, Jenny Greene, who headlines what organisers expect to be one of the biggest nights of the festival. Elsewhere, Riffshop, The Vocal Ponies and DJ JJ Hartigan ensure entertainment continues across the entire site.

Sunday offers a completely different experience. The sold-out Bingo Loco takes centre stage before the official Horizon Festival After Party featuring Marty Guilfoyle. Throughout the day, visitors can also enjoy performances from Killane, DJ Ray Stack and DJ Ahmed, providing a fitting finale to the three-day celebration.

Festivalgoers will also be able to enjoy some of the biggest sporting events of the weekend without leaving the site. A giant LED screen will broadcast the FIFA World Cup quarter-finals, while Sunday's eagerly awaited All-Ireland Football Championship semi-final between Kerry and Dublin will also be shown live, allowing supporters to enjoy the match before returning to the festival entertainment.

More than 19 performances will take place across the weekend, supported by an extensive food village, premium bars, the Heineken Chill Zone and a range of local food vendors, creating a complete festival experience from afternoon until late each evening.

Visitors are also encouraged to take advantage of everything Ballybunion has to offer during their stay, from its Blue Flag beaches and spectacular cliff walks to its world-famous golf links, cafés, restaurants and traditional pubs.

With favourable weather, an outstanding lineup, live sport on the giant screen and thousands of visitors expected, organisers believe all the ingredients are in place for an unforgettable opening year.

Those still hoping to attend are encouraged to secure one of the remaining Friday or Saturday tickets, or tickets for the Marty Guilfoyle After Party, before they are gone.



LISTOWEL TIDY TOWNS COMPETITION TIME 2026

Tidy Towns Local and National Competitions are up and running, with judging for the national competition already started. Remember any place and anything that's in view of the public eye is taken into account.

Listowel Tidy Towns would also like to remind you that its full steam ahead with their local competitions this year with many already preparing their gardens and floral displays. Listowel Tidy Towns are inviting all estates to get involved in the competition of their suitable category. Resident associations and community spirit goes a long way. The upkeep of these estates also played a major role in Listowel being awarded the Tidiest Town in Ireland 2018 and Tidy Towns are asking you to keep up the good work. Many thanks to Kinisla (Kerry Group) for their sponsorship in this competition

Our roadside gardens speak for themselves. They are a credit to their owners and judges will have a difficult time choosing one above the other. But you must register your garden to be included in the competition. The Listowel Garden Centre & Café are sponsoring this competition.

You don't have to have a big garden or live in an estate to get involved in the excitement. There's also a separate category for hanging baskets/window boxes and sponsoring this competition is O'Flynn's Centra, Listowel.

There is also two additional awards, a perpetual trophy sponsored by the McCarthy family in memory of our founder member Eileen Nolan and a perpetual trophy sponsored by The Garden Centre in memory of Mary Lynch, a long time entrant in this competition. May they both Rest In Peace.

To enter this year's local competitions, please register with Oonagh at Chemco Pharmacy, Market Street as soon as possible. Judging takes place in the coming weeks with results being announced at our Awards night in the Family Centre at a later date.

Jackie (PRO) says: "The people of Listowel have been bought into the theme of 'Tidy Towns' and hopefully this theme will continue into the future."

The group would like to acknowledge the ongoing work of KCC, scheme workers, our local businesses, our schools and community groups and our sponsors whom we are hugely indebted to for their continued support. Without their generosity this part of Listowel Tidy Towns program would not be possible. And a big thank you to Oonagh for again facilitating the entries.

Remember, if you're not in, you can't win.

Listowel Tidy Towns would like to invite you all to join them any Tuesday or Thursday evening outside St. John in The Square at 7pm. If that doesn't suit, why not organise a cleanup in your own area or adopt an area that you feel needs some attention.

Keep up to date with Listowel Tidy Towns by checking out the Listowel Tidy Towns Facebook page or for further information ring Mary on 087 627 0033 or Jackie on 086 395 3387.

Jackie (PRO)

BLOOD DONORS URGED TO ATTEND CLINIC

- Listowel Arms Hotel
- Monday 13th & Tuesday 14th July
- 4:50pm - 8:10pm.
- New Donors always welcome.
- Phone 1800 222 111 for appointment.

The donation process takes about an hour, but the impact can last a lifetime. One donation can help save and improve the lives of several patients.

The Irish Blood Transfusion Service (IBTS) is appealing to blood donors to attend these upcoming blood donation clinics following a noticeable drop in attendance nationally during the recent spell of warm weather. While many people are enjoying the sunshine and holiday season, hospitals continue to need blood every day of the year. Patients undergoing cancer treatment, people involved in accidents, those requiring surgery, and new mothers all depend on a steady supply of blood donations.

The IBTS is encouraging the people to support local patients by attending these clinics and helping ensure hospitals have the blood they need. Thank you for your support.

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All used Lithium-ion batteries, regular batteries, vapes and e-cigarettes should be disposed of properly.

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Check to find your nearest **Waste Services Location** by scanning the QR code.



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Garden Centre

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WELLNESS WITH CAROLINE HORGAN

I Never Travel Without My Oils

With July well underway, many families are packing suitcases, planning staycations, heading off on holidays, or simply making the most of longer days and weekends away. Whether it's a trip abroad, a weekend by the coast, or a day out with the family, there's one thing I never travel without — my essential oils.

Over the years, they have become a trusted part of my **Natural Wellness Cupboard**, and when I'm away from home, I simply bring a little of that cupboard with me.

My Holiday Essentials

One of the first oils that makes it into my travel bag is **Peppermint**. It's wonderful for long car journeys, warm weather, tired minds, and those moments when you need a natural pick-me-up. A drop on the back of the neck or diffused in the room can feel wonderfully refreshing.

Lavender is another holiday must-have. Different beds, unfamiliar surroundings, and busy days can sometimes make it harder to switch off at night. Lavender helps create a calming bedtime routine and is also lovely for soothing the skin after a day spent outdoors.

I never travel without **Zengest** either. Holidays often mean enjoying different foods, eating out more frequently, and perhaps indulging a little more than usual. Having Zengest to hand is a wonderful support for digestive comfort and helps keep everything feeling balanced.

Support for Travel & Summer Adventures

For flights, busy airports, hotels, and crowded places, **On Guard** is always packed in my bag. It's one of my favourite blends for supporting overall wellness when travelling.

Air is another oil I love having nearby, particularly when staying in unfamiliar environments or if air conditioning and travel leave the respiratory system feeling a little challenged.

After long walks, sightseeing, beach days, or exploring new places, **Deep Blue** is often the oil I reach for in the evening. Tired legs and muscles certainly appreciate it after a busy day!

And of course, **Tea Tree** earns its place too. It's a versatile oil that's useful to have on hand for a variety of everyday skin concerns that can pop up while travelling.

Caroline's Top Tip – Pack a Travel Roller

Before heading away, make up a simple roller bottle containing **Peppermint**, **Lavender**, and **Lemon** diluted with fractionated coconut oil. It's a handy all-round companion for travel, helping with seasonal discomforts, mental focus, and keeping you feeling refreshed while on the go.

Taking Wellness With You

One of the things I love most about essential oils is that they make wellness simple. They don't take up much room in a suitcase, yet they can support so many aspects of family life while travelling.

Whether you're heading abroad or simply enjoying summer closer to home, having a few trusted oils nearby can help you feel prepared, supported, and ready to enjoy every moment.

As always, I'm delighted to help individuals and families across North Kerry, West Limerick, and beyond get started with their own wellness journey. Whether you're building your **Natural Wellness Cupboard**, looking for travel essentials, or considering opening your own dÓTERRA account, I'm always happy to share guidance and support.

Opening your own dÓTERRA account through **Wellness with Caroline Horgan** is just **€25 for the year**, giving you access to wholesale pricing across the full range of oils, supplements, and wellness products. Better still, the membership fee is waived when you purchase a qualifying kit, making it an affordable way to begin your journey.

Thought for the Week

"The best adventures are enjoyed even more when you feel your best. Pack light, travel well, and bring a little wellness wherever you go."

Caroline
dÓTERRA Wellness Advocate –
North Kerry & West Limerick
087 2921292
Wellness with Caroline Horgan



FIREFIIGHTERS SHOULDN'T BE FORCED TO RETIRE AT 62 IF THEY'RE FIT TO SERVE – KENNELLY

Firefighters who are medically and physically fit should be allowed to keep working until the State pension age, Senator Mike Kennelly has said.



Senator Kennelly has called on the Minister for Housing, Local Government and Heritage, James Browne to bring forward changes allowing retained firefighters continue serving until 66, rather than forced to retire at 62 as things currently stand.

He said, "They respond to fires, road traffic collisions, flooding and all sorts of emergencies while juggling work and family commitments. Their dedication is invaluable."

There are roughly 3,300 firefighters in Ireland, with around 2,000 of them retained. They staff most of the country's 217 fire stations. Under current rules, retained firefighters can stay on beyond 55 subject to annual medical and fitness checks, but they then must retire at 62 no matter how fit they are.

Senator Kennelly said that leaves firefighters up to four years short of the State pension age with no choice but to walk away. "If someone is fit, capable and willing to keep going, they should be allowed to. We don't want a lowering of standards. There are already robust safeguards in place through annual assessments, and the fire authority must sign off on continued service anyway."

He pointed out that the retirement age was only raised from 60 to 62 in 2024 because of recruitment and retention issues within the fire service. He said those issues haven't gone away, and pushing out experienced firefighters unnecessarily only makes things worse.

"Forcing fit, experienced firefighters out at 62 is counterproductive. It risks weakening emergency response in communities that can't afford to lose that capacity."

Senator Kennelly also flagged the urgency of the issue, with firefighters approaching 62 in the coming weeks and months who could be forced out before any changes are made. "I've asked the Minister to introduce a pause on compulsory retirements at 62 while the regulations are being sorted. It would be grossly unfair if firefighters were forced to retire now, only for the rules to change a few months later."

He concluded saying the change makes common sense... "These men and women have given their lives to protecting communities. If they're still meeting the fitness standards, they should get the chance to keep serving until pension age."



Three speakers at The Great Irish Famine "An Gorta Mór" in Listowel Workhouse Union, talk at St. John's Tuesday 30th June.
L-R: Elizabeth Stack, Michael Guerin and Kay Caball Moloney.

To a packed captive audience in St John's Theatre & Arts Centre Listowel on Tuesday 30th June, Elizabeth Stack spoke on The incident in 1846 at the gates of Listowel Workhouse.

Michael Guerin gave an illustrated presentation on Listowel Workhouse Union, it's Legacy, including a detailed study of the workhouse development and remnants today, remembering this turbulent period in our history.

Kay Moloney spoke on the Earl Grey scheme, which made provision for the emigration of Workhouse Girls to Australia.

This was the inaugural history lecture that Elizabeth has organised for St. John's Theatre.

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SAN RITA WELLNESS

Welcome to San Rita Wellness weekly column...We hope you are all sitting comfortably reading our weekly wellness column.

What is "Self Care"?

The term "self-care" has come to mean so much more than spa days and yoga classes. The point of self care is to do something for you - anything that leaves you feeling fresh and rejuvenated.

The real question is Why is self care so important for us all?

It's so important to make sure we take care of our body, mind and soul every day and not just when we get sick. Taking good care of ourselves involves making the right food choices, reducing your stress levels, being regularly active and making some "Me Time". These are some key areas to self care to keep you healthy, fit and resilient.

So the next question is why do we often fail when it comes to self care?

Most of us are crazy busy, have stressful jobs or spend too much time with technology to make time for ourselves. "Me Time" is usually last on the agenda.

What kind of an impact does lack of self care have on you?

- Leave you feeling tired or worn out.
- You often make poor food choices.
- It can also leave you feeling negative about many things especially yourself.
- Your self esteem and confidence can be low.
- No motivation to achieve your goals.

So if one or all of the above apply to you at anytime the next question is, How can you turn things around?

Eat right for self-care. The food we eat has the potential to either keep us healthy or contribute to weight gain or diseases such as diabetes, but it can also keep our minds working and alert. Eating the right foods can help prevent memory loss and inflammation, both of which can have long-term effects on the brain and, in turn, the rest of the body.

Exercise daily as part of your self-care routine. We all know exercise is good for us. Daily exercise can help you both physically and mentally, boosting your mood and reducing stress and anxiety, not to mention helping you shed extra weight. Of course, it might be hard to go to the gym every day, so try to incorporate other exercises, such as walking, tennis, or yoga, which may be able to fit into your schedule more easily. The most important thing is to create a routine that works for you.

Make sleep part of your self-care routine. Sleep can have a huge effect on how you feel both emotionally and physically. It is important to try and get 6 to 8 hours quality sleep at night and also it's especially important to stay away from caffeine and sugar, which tend to keep you awake. Try to avoid the habit of using technology or devices in bed.

Say no to others, and say yes to your self-care. Learning to say no is really hard; many of us feel obligated to say yes when someone asks for our time or energy. But once you learn how to politely say no, you'll start to feel more self confident, and you'll have more time for your self-care.

Take care of yourself by getting organized. Getting organized is often the first step to becoming a healthier you, because it allows you to figure out exactly what you need to do to take better care of yourself.

Schedule your self-care time, and guard that time with everything you have. It can be hard for us all to find extra time. But it's extremely important to plan regular self-care time. Moments alone can help you to ponder the best ways to move forward in your life and keep you grounded. And moments with friends can help you feel more connected and relaxed.

First and foremost reading through this weekly column is another step of self care on your Weight loss and Wellness journey.

For extra support and for weekly accountability check us out on Facebook San Rita Wellness or sanritawellness.com for details of our "In Person Meetings" "At Home Service" or our "One to One Service"

NB - Our weekly "In Person Meetings" take place in the Kerry Writers Museum, The Square, Listowel every Wednesday morning from 10am to 11am and evening from 6pm to 7pm

Give us a call on Sandra 087 6718377,
Rita 087 1012174

Until next week Sandra and Rita



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Hotel Exile: Paris in the Shadow of War

By Jane Rogoyska

A meeting place for Europe's bohemian artists. A headquarters of the Nazi occupation. A shelter for camp survivors. This is the true story of how one Paris hotel came to hold the weight of a century.



The Hotel Lutetia is a Paris institution, the only 'grand' hotel on the city's bohemian Left Bank. Ever since it opened, it has served as a meeting place for artists, musicians and politicians. André Gide took his lunch here, James Joyce lived in one of its rooms, Picasso and Matisse were regular guests. It has a darker history, too. During one short period, it became a focus for some of the most dramatic and terrible events in recent history.

In the 1930s the Hotel Lutetia attracted intellectuals and political activists, forced to flee their homes when Hitler came to power, who met here with the hope of forming an alternative government. But when war came, Paris was occupied, and the hotel became the headquarters of the German military intelligence service - and the centre of their operation to root out enemies of the Reich. In 1945, the Lutetia was requisitioned once more, this time transformed into a reception centre for deportees returning from concentration camps.

Hotel Exile is about what happens on the edges of a war. At its heart are three groups of people connected to a place, to one another, and to the dark ideology which dictates the course of their lives. A masterpiece of empathy and concision, Jane Rogoyska's extraordinary new book offers us a vision of individual human beings desperately trying to find a path through some of the twentieth century's most devastating events.

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A rare occasion four brothers Tim, Jim, Tom and John O'Connor who hail from Asdee meeting last Thursday at Listowel for The Annual July Fair. Photo Moss Joe Browne

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EYES IN THE SUN

Too much sun can damage the eyes. As with skin damage, it is the ultraviolet (UV) radiation from the sun which causes problems.

There are two types of UV rays: UV-A and UV-B.

Over time, the effects of UV rays may help cause several eye problems.

UV-A

Can hurt your central vision. It can damage the macula, a part of the retina at the back of your eye.

UV-B

The front part of your eye (the cornea and the lens) absorbs most UV-B rays, but these rays may cause even more damage to your eyes than UV-A rays.

WHAT EYE PROBLEMS CAN UV RAYS CAUSE?

Macular Degeneration

UV rays may lead to macular degeneration, a leading cause of vision loss for older people.

Cataract

UV rays, especially UV-B rays, may also cause some kinds of cataracts. A cataract is a clouding of the eye's natural lens, the part of the eye that focuses the light we see.

Another UV-related problem is a growth called pterygium.

This growth begins on the white of the eye and may involve the

cornea. Eventually, the growth may block vision. It is more common in people who work outside in the sun and wind.

Skin Cancer

Skin cancer around the eyelids is also linked to prolonged UV exposure.

Corneal Sunburn

Corneal sunburn, called photokeratitis, is the result of high short-term exposure to UV-B rays. Long hours at the beach or skiing without proper eye protection can cause this problem. It can be very painful and may cause temporary vision loss.

PROTECTING YOUR EYES FROM THE SUN

If you are spending time outdoors, especially in the summer or on holidays abroad, make sure that you and your children have good quality, dark sunglasses with UV protection.

Look for the British Standard (BS EN ISO 12312-1:2013) or the CE mark, which is the manufacturer's assurance that the sunglasses have been made to the appropriate safety standards. You can also protect your eyes by making sure to wear a hat with a brim or a sun visor in bright sunlight.

For more information and honest advice contact us for an appointment.



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I see clients for 1 hour treatments in Ballybunion.
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PHOTOS FROM THE OFFICIAL OPENING OF THE NEW FUNCTION ROOM AT SWANKY BAR, TARBERT


ON SATURDAY 4TH JULY
BY SHANE ENRIGHT





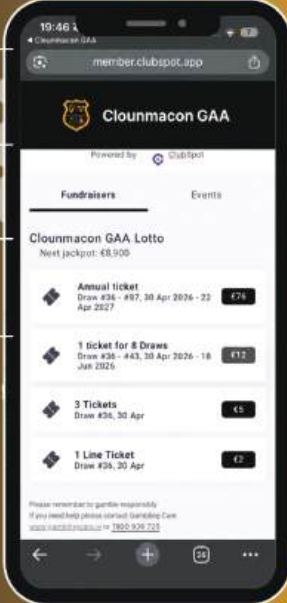


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BALLYBUNION

CONDOLENCES

We extend our deepest sympathy to the family of Bridie O'Connor in England and formerly of Beale, Also to the family of Gerard Lyons of Finuge, And to the family of Gertrude (Trudy) O'Connor England and formerly of Rahoona. May they Rest in Peace.

Horizon Festival Ballybunion

Taking place this weekend 10th - 12th July, an outdoor music festival taking place at the former Atlantic Hotel site & Marine Car Park. Combined into one secure, fully managed festival arena in the heart of town. Line-Up Includes: The Highstool Prophets, Super Céilí, The Rising, Jenny Greene, Bingo Loco, Riffshop, The Circus Ponies, Electrad & more to be announced. Limited capacity, Over 19s only. Tickets available on www.eventbrite.ie

Retirement Celebration for Fr. Seán

After many years of faithful and dedicated service to our parish community, Fr. Seán will be retiring.

We warmly invite everyone to join us for a special weekend of celebration on 11th-12th July. A parish celebration will take place at all Masses as we come together to thank Fr. Seán for his faith, friendship, guidance and devoted ministry.

A special gathering will be held in Scoil Íosagáin on Sunday 12th July, following the 11.30am Mass. Please join us for tea, coffee and refreshments as we celebrate Fr. Seán's many years of service, share memories, and wish him every blessing, good health and happiness in his retirement.

This will be a wonderful opportunity to meet Fr. Seán, express our gratitude, and bid him a fond farewell. Everyone is most welcome.

Thank you, Fr. Seán, for your faith, friendship and unwavering dedication to our parish. You will be greatly missed and fondly remembered.

SUMMER ART FUN – EVERY SATURDAY

Looking for something creative and fun for your child this summer? Join our Children's Art Classes in the heart of Ballybunion! At Cinema Lane, Main Street, Ballybunion. Every Saturday throughout the summer, 11.30am – 1.30pm. €15 per child (includes all art materials!) To book, contact Marie on 086 066 4435. Let your little artist shine this summer!

TINTEÁN THEATRE

'Step into the world of bubbles' Matinee Sunday 19th July @ 3pm.

A family friendly bubble show based on a successful science show being performed since 2017. Also works in Special Needs Schools. A fast paced show full of high energy and some of the most remarkable and memorable bubble tricks in the world. The show is based on a computer game.

Also coming up on the 24th July at 8pm is Kerry-born country-pop artist Kaylene returns home to perform a special headline show. Originally from Listowel and now based in Abu Dhabi, Kaylene has been building her music career while performing regularly across both the UAE and Ireland.

Following the release of her debut EP Bittersweet, a collection of honest, story-driven songs blending modern country and pop influences, this show marks a milestone moment as she brings the music back to a home audience.

With a full live band, Kaylene's performance promises a mix of upbeat, feel-good tracks and more intimate, emotional moments, all centred on her signature storytelling style.

The Tintean has an exciting line-up of concerts coming up this year: visit www.tintean.ie

BALLYBUNION TIDY TOWNS

Art Competition for children 6 to 10 and 11 to 16. The theme is Your Environment, Ocean, Biodiversity and Recycling. Full details on our Facebook/Instagram. Entries can be dropped off in Ballybunion Tourist Office. Judging starts for our Garden Awards; any late entries are welcome. Every Monday at 6.15pm we meet up in Superval car park for a clean-up. All are welcome.

BEACH WHEELCHAIRS

Free Beach wheelchair service is continuing again this summer. The Beach Wheelchair is housed at Ballybunion Ladies Beach at the Lifeguards Hut. It can be used for up to 3 Hours depending on Bookings. Weekdays 12 Noon – 7pm and weekends 11am – 7pm Phone 087 3748030 to Book.

PATTERN DAY – SATURDAY 15TH AUGUST, BALLYBUNION

A fun-filled Pattern Day in Ballybunion on Saturday, 15th August. The day begins with a FREE Sand Castle Competition on the Ladies Beach at 10am, followed by the Kids Fun Colour Run at 10.30am and the 5km Colour Run at 11am. Registration for both colour runs is available at: <https://eventmaster.ie/event/02W3FzqsA1>

Enjoy Busking on the Street from 11.30am to 12.30pm, followed by Ger Walsh performing at The Railway Bar from 1pm to 3pm. From 5pm to 7pm, Eddie Lee will perform on the Castle Green, where a Jiving Competition will also take place.

Market stalls on the Castle Green will be open from 11am until late, and all music events are free. Everyone is welcome for what promises to be a fantastic day of family fun and entertainment.

BALLYBUNION SUMMER MARKETS

Ballybunion Summer Markets are back up and running every Sunday until August 30th from 11am-3pm. Come along each week to enjoy local vendors, food, and community spirit, all while supporting a fantastic cause. Like last year, all money raised will be donated to Ballybunion Sea & Cliff Rescue.

We can't wait to see you all there for another wonderful summer in Ballybunion!

BINGO BALLYBUNION

Every Wednesday at 8.15pm in Mikey Joe's Bar, Main Street, Ballybunion. Prices: Single book €10, double book €13, plenty of prizes to be won! Come along for a fun-filled evening—everyone is welcome!

MASS ON SUNDAY

St John's Parish Ballybunion is seeking new musicians and singers to support the 11.30am Mass. They are inviting volunteers who could commit to one or more Sundays during the year. Any contribution, no matter how small, would be greatly appreciated.

Please contact Fr. Sean or any member of the parish team for further information

BALLYBUNION LIBRARY

Ballybunion Library: Come in with your child and sign up for the Summer Stars Reading

Programme, whereby they read 8 books over the holidays and are awarded with a certificate and Medal for completing the challenge. www.summerstars.ie Also, for the children that are starting Junior Infants this September, we have a Little Library Bag for each child. It contains some nice books and other goodies that may help the transition to Primary School.

Opening Hours: 10am-1:30pm and 2:30pm-5pm from Tuesday to Saturday inc. ballybunion@kerrylibrary.ie 068 27615 www.kerrylibrary.ie Everybody Welcome!

CHAIR BASED FITNESS PROGRAM

Class Chair-Based Exercise in Ballybunion Community Centre every Tuesday 11.00am-12.00pm. Pay as you go classes available also, Please phone to book your chair call Martina on 087 797 3688

BALLYBUNION MEALS ON WHEELS

Delivery Days: Monday, Wednesday, and Friday, Areas Covered: Ballybunion, Lisselton, Asdee, and Ballylongford. Please note: €8 per meal (delivered directly to your door). To arrange delivery, please contact: Eileen Fogarty – 086 2234 965 Con McCarthy – 087 418 4241. Reliable, home-cooked meals delivered with care!

TAEKWONDO BALLYBUNION

Taekwondo Classes – Ballybunion Community Centre. Join our Taekwondo classes in the upstairs hall for all ages and skill levels! Every Wednesday – Beginners (ages 5+), teens & adults & every Friday – Beginner teens & adults. Build confidence, balance & coordination, improve fitness & self-defence skills & Develop self-discipline in a fun environment. Interested? Contact Michael at 087 924 5637 to get started!

BALLYBUNION BADMINTON

Stay Active with Ballybunion Badminton! Looking for a fun and engaging way to stay fit? Join Ballybunion Badminton for a great cardio workout that improves agility, coordination, and relieves stress. Every Thursday, 8 PM – 10 PM at Ballybunion Community Centre. Strictly over 15s – New members are always welcome! For enquiries, contact us via the Ballybunion Baseliners Facebook page or text 086 166 0682.

BALLYBUNION COMMUNITY CENTRE

Ballybunion Community Centre has the perfect space for hosting your sports, groups, classes or parties. The following are the classes take place in the centre, Parent, baby and toddler groups, Taekwondo, Badminton, Yoga Classes, Chair based exercises, Craft circles, Dance fitness, English lessons, Indoor soccer, Drama class, Basketball, Irish language development class for kids, Gymnastics, Ballybunion Youth Club. Please contact 068-27799 or email ballybunioncentre@gmail.com for any information.

POSITIONS AVAILABLE IN COMMUNITY

Community Employment offers paid work, welfare supports, free training courses and an opportunity to get involved in the community. Current part-time positions (19.5 hrs. /wk.) Include: Tintean caretaker, Leisure Centre Cleaner, Sea Rescue Hut Caretaker, Environmental worker with Tidy Towns. For details, contact Rosaleen on 089-2763786 or email saohairnanabhann@gmail.com

SAN RITA WELLNESS

In Person Meetings take place every Wednesday from 10am-11am & 6pm to 7pm in The Kerry Writers Museum. If you are anxious to make a start now you can join our "At Home Service" where our members love the support, motivation, accountability and also seeing fantastic results on the scales. Call us for more information. Sandra 087 6718377 Rita 087 1012174

GROW SUPPORT GROUP MEETINGS

Grow support meetings on Wednesdays from 7:30pm to 9:30pm in the Seanchai centre, Kerry writers museum the square Listowel, All men and women welcome, for more information either attend or ring Jerry Cronin 0860271990 or www.grow.ie

BALLYLONGFORD OYSTER FESTIVAL

Ballylongford Oyster Festival - August Bank Holiday Weekend (Friday 31st July - Monday 3rd August). Fun and sport for all the family! Check out our Facebook page for a full festival programme.

BALLYBUNION NOTES

If you'd like to include an item in The Ballybunion Notes, please send it to ballybuniontouristoffice@gmail.com or message us on the Ballybunion Tourist Office Facebook page by 10:00 AM on Monday. The Ballybunion Tourist Office is funded by the Ballybunion Community Forum and is open all year round.



BALLYLONGFORD
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AUGUST BANK HOLIDAY WEEKEND 2026
Friday July 31st to Monday 3rd August

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TARBERT

TARBERT NEWS

Contact: tarbertnews@outlook.com or telephone Patrick Lynch at 068/36117 on or before 7pm Sunday. Fan slán.

CURSAI EAGLAISE

Due to priests' retirement and shortage of clergy the Wednesday evening Mass in St. Mary's Church in Tarbert is suspended for the time being and will be replaced by Eucharistic Adoration from 6 p.m. The praying of the Rosary will commence at 7pm each Wednesday. Sunday Masses will continue at 11.30am. Fáilte roimh gach éinne.

NEW YORK GAA

Kerry New York played Cork New York in Gaelic Park some two weeks ago in the New York Senior Championship and won. Last Sunday 28 June they played Shannon Gaels going for 3 in a row wins. Gillian Langan, formerly of Chapel Street, Tarbert played at Centre Forward but had to withdraw having pulled a hamstring but looks forward to playing in subsequent rounds of the championship.

TIDY TOWNS

Judging and visits by Tidy Towns adjudicators is now under way. In the 2025 Competition Tarbert came 4th in Category B population, 2nd after Listowel in same population category in the North Kerry area and increasing its marks on 2024. It is important that we keep up the effort especially in relation to litter control. Not alone for our own pleasure and pride of place but visitors also comment on the tidiness and appearance.

FR. JOHN

Fr. John is over his operation and continues to make steady progress and hopefully will be back with us in the near future le cunamh De.

BALLY OYSTER FESTIVAL

The Ballylongford Oyster Festival will take place over the August Bank Holiday weekend Friday 31 July to Monday 3 August with fun and sport for all the family.

1926 CENSUS

The population of Tarbert and Tarmons District Electoral Divisions were as follows

	Tarbert	Tarmons
1901	1190	935
1911	1013	849
1926	1040	825

The oldest people in 1926 were Maggie Enright, Tarmons East 90 years of age, Patrick Scanlon, Kilpadogue 90 years of age and Michael Bovenizer, Carhoona aged 88 years.

The most frequent Surnames were O'Connor, Enright, Finucane, Fitzell, Mulvihill, O'Connell, Holly, Foley, Shanahan, Walsh, Kelly, Stack, O'Sullivan, Lynch, Murphy, Brassil, Buckley, Cregan, Fitzgerald and Lavery (Twenty in all)

Thanks to Jerry O'Connell who analysed the Census for the Historical Society.

GRAVEYARD MASSES

A reminder that the local Graveyard Masses are as follows- St. Mary's Cemetery, Tarbert on Friday 31 July at 7pm. Lislaughtin Abbey Cemetery on Friday 7 August at 7pm, Kilnaughtin Cemetery, Tarbert on Thursday 13 August at 7pm. and Reilig Mhichil, Ballylongford on Friday 4 September at 7pm.

SWANKY BAR

A large crowd gathered for the opening of the new Function Room at the Swanky Bar on Saturday last 4th July. The tape was cut by Kerry GAA and 2014 All Star, Shane Enright. Everybody was delighted with the new multi purpose function room which will be a great local amenity to cater for all social occasions. Among the attendance were Deputy Michael Healy-Rae, Senator Mike Kinnelly, Councillors Michael Foley and Liam Speedy Nolan. Music was provided by resident DJ Chico.

Best wishes and continued success to the Predeville family on their new venture.

BALLYLONGFORD

LISLAUGHTIN ABBEY

As we prepare for our Annual Outdoor Mass at Lislaughtin Abbey on Friday, August 7th at 7.00pm (weather permitting), we kindly ask anyone with loved ones buried there to take a little time to tidy their family graves.

If possible, please also keep an eye out for our "Yellow Ribbon" graves, which may not receive regular visitors, and help tidy one of these plots if you can.

Grass cuttings and weeds can be left in a bag on the grave, or in a neat pile at the corner of the grave for collection.

Thank you for your help in keeping Lislaughtin Abbey Cemetery cared for and ready for this special evening of remembrance and prayer.

BALLYLONGFORD TIDY TOWNS

With Tidy Towns 2026 now underway, volunteers are continuing to work hard each week to keep Ballylongford looking its best during the judging period.

We would really appreciate the support of the community in helping to keep homes, businesses and public areas clean, tidy and well presented throughout the summer. Small actions like picking up litter, keeping footpaths clear and cleaning up after pets all make a big difference.

New volunteers are always welcome on Tuesday evenings. Thank you to everyone for your continued support.

BALLYLONGFORD OYSTER FESTIVAL 2026

August Bank Holiday Weekend (Friday 31st July - Monday 3rd August). Fun and sport for all the family! Check out our Facebook page for full festival programme.

"HELLO SUMMER!" MARKET, BALLYBUNION

The Ballybunion Sea and Cliff Rescue Market is delighted to present the Hello Summer Market on Sunday, 28th June from 11am to 3pm in McMunn's Garden, Ballybunion.

Come along and enjoy a fun-filled day with the sounds of summer, themed stalls, handmade treasures, great gift ideas, free giveaways, a raffle, fun photo opportunities and much more.

Don't forget to wear your brightest outfit and take part in the Best Hawaiian Shirt Contest!

Bring your family and friends and help support the Ballybunion Sea and Cliff Rescue while celebrating the start of summer. Everyone is welcome!

BALLYLONGFORD TOWN CENTRE HEALTH CHECK & ACTION PLAN

Closing date is approaching for you to have your say on the future of Ballylongford.

Kerry County Council is preparing a Town Centre Health Check and Action Plan for Ballylongford to help guide the future development of the village.

The Council are inviting residents, businesses and community groups to complete a short survey and share their ideas on how Ballylongford can be improved and enhanced for everyone. Survey closes: 5.00pm, 17 July

Complete the survey online:
https://docs.google.com/forms/d/e/1FAIpQLScdrs5_eAKOr_s2ZCR2CXmg1P-RAqRvI3y9yaEo16HioIVyw/viewform

Hard copies are available from:

- Centra Ballylongford
- The Forge Cafe
- The Parish Hall

Completed hard copies can be returned to either location or posted to: Town Regeneration Unit, Kerry County Council, Rathass, Tralee, Co. Kerry. Your feedback will help shape the future of Ballylongford.

BALLYLONGFORD GAA

McCarthy Insurance Group - County League Division 6 - Champions Heading to Tuosist on Saturday, the task for our boys was pretty straight forward - win the game and we'd win Division 6 of the County League, and they didn't disappoint with an emphatic win over the locals on a

scoreline of 4-12 to 0-5. After a competitive first half this game was quickly put to bed with three clinically executed goals in quarter three and a fourth goal late on was the icing on the cake. This success is a result of the huge commitment given by this group all year round and they deserve all the plaudits they receive - there is no substitute for hard work - as our boys have proven, and hopefully we can now take this into the championship season and give it a blast - nothing is impossible.

Team 1. Paudie Moroney, 2. Pa Carmody, 3. Sean Carmody, 4. Oran O'Neill, 5. Liam Hanrahan, 6. Tadgh McEllistrem, 7. Paudie O'Neill, 8. Sean Hanrahan, 9. Logan O'Sullivan, 10. Jack Mulvihill, 11. Paddy O'Neill, 12. Conor Carmody, 13. Liam Mulvihill, 14. Oisín Healy, 15. Michael Holly, 16. James O'Connor, 17. Cian Barrett, 18. Michael Lynch, 19. Brendan Keane.

Management Team: Jim O'Carroll, Paudie Moroney, Nelius O'Connor, Liam Donegan, Kieran Culhane. Pro, Tom Carmody, Stats, Hughie Dineen, S&C, Shane Dunne

U10 Go Games

Well done to our Bally/Tarbert u10s who had 2 great games v St Senans in Mountcoal on Friday evening.

U12'S

Well done to Tarbert/Ballylongford u12s on winning their Co.league group.

We played in a tough group with St.michaels Foilmore,Glenbeigh/Glencar Keel and Castlegregory.They made 2 trips back west and after all games remained unbeaten. Great displays shown in all games and will look to take this form into the North Kerry league campaign which starts next weekend. Great stuff lads and congratulations on winning the Co League

Weekly Lotto Draw: Jackpot €4600. Numbers Drawn 1st July: 01, 02, 09, 10. There was no winner

Lucky Dips: €20 Gerard Neville Lenamore, €20 Bernadette O Sullivan Lenamore. €20 Conor, Shane, Darraigh & Eoghan Walsh Carrig, €20 online Seamus Walsh Ahangan
Free tickets x3 Pat Prendagast & Gerry Heaphy

Next week's Lotto €4650

Thanks for your continued support

KIND HEARTS WELLBEING CAMP

Last call to book your place at the Kind Hearts Wellbeing Camp.

Designed for children aged 6 to 11 years, this engaging camp offers a variety of activities including creative mindfulness, children's yoga, arts and crafts, as well as outdoor sports and sensory activities.

The camp will take place at St Oliver's in Ballylongford from the 20th-24th of July 2026, running daily from 10am - 3pm. The cost is €25 per day or €100 for the full week, with a sibling discount of €5 per day available.

As places are limited, early booking is recommended. You can secure your spot by emailing your booking to kindheartswellbeingcamp@gmail.com or via WhatsApp at 087 343 5231.

TUESDAY NIGHT YOGA

A weekly yoga class will take place every Tuesday from 7.00pm to 8.00pm at the Parish Hall, Ballylongford.

The class focuses on gentle stretching and deep relaxation and will suit everyone. Beginners are very welcome.

Sessions are €12 pay-as-you-go, or €40 when booked in advance for four sessions.

To book a place, contact Jose on 086 358 1800.

BALLYLONGFORD NOTES

The notes are entirely free to use for all and are for the benefit of the community to highlight notices, events, services, etc. If you would like to include something in our weekly notes, please email ballylongford-notes@gmail.com or phone/WhatsApp 087 930 8223. If you have trouble with electronic submissions, please call me on the above number.

Please Note: Deadline for submission is 8pm on Sunday

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LIXNAW

PARISH MASS TIMES

ST MICHAEL'S CHURCH: Monday 6th July, Mass at 7.30pm for Michael, Bridie & Bridie Allen, Gortadrislig. Wednesday 8th July, Mass at 10.00am. Friday 10th July, Mass at 7.30pm for James & Elizabeth Flaherty & their sons, Jimmy & Brendan & their uncles Johnny & Michael, Irrebeg. Saturday 11th July, Mass at 7.30pm for Mary O'Hanlon, Ahabeg & her parents Sally & Joe.

IRREMORE CHURCH: Sunday 12th July, Mass at 11.00am.

LIXNAW COMMUNITY GAMES

Well done to J.J. Liston who competed for his parish at last weekend's National Community Games Swimming Finals in The Watershed, Kilkenny. Unlucky to be in a very fast heat in the U.14 Freestyle competition, J.J. was only a few seconds off qualifying for the final. However, he did secure a new Personal Best for himself. A great achievement for J.J. to compete with the best in the country, for a second year running. Well done J.J.

SPLIT THE BUCKET DRAW

Congratulations to Sheila Flaherty on winning €85 in this week's Split the Bucket Draw.

LIXNAW GAA LOTTO DRAW

29/06/26 Jackpot €18,750. Numbers drawn were 1, 3, 23, 29. No jackpot winner. €30 winners: Dara Hogan (c/o Pat McMahon); Ciara Quilter (online); Mary Curran, Lixnaw. Thank you for your continued support.

ST SENAN'S GAA CLUB LOTTO DRAW

29/06/26 Jackpot €3,100. Numbers drawn were 19, 21, 26, 31. No jackpot winner. €30 winners: John Whyte, Knockane, Listowel; Eoin O'Connell, Glenoe. €20 winners: Josephine Whelan, Matty Dillon, Tom Blond McElligott, Glenoe Next week's Jackpot will be €3,200. Tickets €2 each or 3 for €5. Tickets are available at Kelly's Six Crosses, The Halfway Bar, Parker's Bar, Killflyn, or play online.

UNIVERSITY OF LIMERICK 2026/2027

Hi! I am returning to University of Limerick in September and currently planning ahead and looking for transport, and would be willing to pay fuel allowance, I am based in Ballybunion and trying to make contact with any students from the North Kerry Area. WhatsApp Number is 0861715188

CONTACT

To include items in the Lixnaw notes, please email lixnawnotes@gmail.com by 10pm on Sunday evening.

BALLYDUFF

LOTTO DRAW

The results of the weekly Ballyduff GAA Club, Lady's Walk Hurling Club and the Ballyduff Community Games Committee Lotto Draw for Tuesday June 30th are as follows: The numbers drawn were 14, 24, 27 and the Bonus Number was 7. There was no winner of the Lotto Jackpot of €15,800 or Match 3 prize of €400. The €20 consolation prize winners were Maurice Sheehy, The Village; Michael T Hussey, Ardoughter and Paudie County, Hearthill. The Lotto Draw takes place on each Tuesday night at the Ballyduff GAA Clubrooms.

BALLYDUFF GAA

U15 Hurling:

A huge congratulations to our Ballyduff representatives who were part of the Kerry U15 hurling panel that recorded an excellent 4 – 17 to 2 – 9 victory over Waterford U15s in Austin Stack Park, Tralee on Saturday last. Well done to: Pdraig O'Connor, Ruairi Condon (Captain), Lorcan Enright, Ronán Barron and Anthony Doherty. It is fantastic to see so many Ballyduff players proudly representing Kerry and contributing to another impressive performance.

Congratulations to all the players and management, especially our own Darragh Goulding on the management team, on a well-deserved win. We are incredibly proud of you all!

Senior Hurling:

Massive congratulations to our Senior Hurlers and their management team on topping their group in the County Senior Hurling Championship! What a performance!

It certainly wasn't for the faint-hearted, with the game going right down to the final whistle. Winning by just a single point made for a nail-biting finish that had everyone on the edge of their seats!

The determination, heart and resilience shown by this team was outstanding. Every score, tackle and block counted, and they never gave up when it mattered most.

Well done to all the players, management and everyone who travelled to support the team. Your backing made a huge difference.

Congratulations once again, and best of luck as you prepare for the knock-out stages. Ballyduff received a Bye to the Senior Hurling Championship semi-final.

CHURCH NEWS

Anniversaries: Patsy Rahilly; Bridie O'Connor, Hearthill; Seán & Joan O'Dowd; Hannamai Diggin (née Enright); Willie & Bridge O'Grady.

Masses for the week:

Saturday July 11th 6.30pm: Mass in Causeway
 Sunday July 12th: Michael O'Dowd – Month's Mind; Robbie Condon; Harry Power; Olivia & Noel O'Carroll; Michael, Noreen, Lil & Johnny Linnane; Kathleen & Brendan O'Carroll
 Reader July 12th: Eileen Dee

Eucharistic Ministers July 12th: Catherine O'Driscoll/Carmel Costello/Helen Dowling

Mass Servers July 12th: Elliott, Orla, Anthony
 Divine Mercy Devotion: every Thursday in SS Peter's & Paul's Church
 Eucharistic Adoration: Every Sunday in Ballyduff Church at 3.00pm
 Follow our Facebook Page: For more information and announcements
 Parish Office: Is closed on Wednesday & Thursday of this week.

Individual Confessions: First Saturday: Ballyduff 11.00am – 11.45am. Causeway 12.00noon to 12.45pm

Parish Pilgrimage to Knock 2026: On this Wednesday and Thursday July 8th & 9th. A bus will leave The Square, Ballyduff at 8.30am sharp on Wednesday. All those travelling are asked to be on time.

Kerry Life & Family: Rally for Life will take place in Tralee on this Saturday July 11th. Meet at the Immaculate Conception Church, Rathass at 2.30pm. The rally will proceed to the Square, Tralee where the people will be addressed by Guest Speakers.

Youth 2000 Summer Festival 13th–16th August

Calling all young people aged 16–35! Join us at the Youth 2000 Summer Festival in Newbridge College, Co. Kildare. This is a donation-only event, with free buses available across the country and all meals included. Expect inspiring talks and workshops, Youth Mass, music, prayer, and plenty of opportunities to chill out and meet other young Catholics. Whether you are new to the faith or looking to be refreshed, all are welcome. To register or find out more, visit youth2000.ie or follow @Youth2000Ireland."

PIERSIDE PERK

The Pierside Perk is open at The Cashen, Ballyduff weekly on Monday & Friday from 12.00noon to 4.00pm and on Saturday & Sunday from 10.00am to 4.00pm. The Eircode is V92 YNV2. Come along and enjoy Crêpes, Homemade Treats, Ice Cream and Coffee of course.

BINGO

Bingo continues at the Community Centre, Ballyduff on each Friday night commencing at 8.00pm. All are welcome.

BUDS FRC

Thursday:
 Experience the joy from surviving to thriving parent wellbeing skills with Margaret Gilbert from 10.00am to 12.00pm

Friday:
 Men's Shed breakfast every Friday from 9.00am to 12.00pm

Monday:
 Active Retirement Group 2.00pm to 4.00pm

N.E.W.K.D craft circle Ballyduff from 7.00pm to 9.00pm

Tuesday:
 Buds pantry surplus food for everyone 9.00am to 1.00pm
 Parent and toddler group 10.00am to 12.00pm



Congratulations to Ballylongford Senior team who are County League Division 6 Champions and will play Division 5 in 2027 after defeating Toustist away last Saturday



Kaylene

The Bittersweet Experience

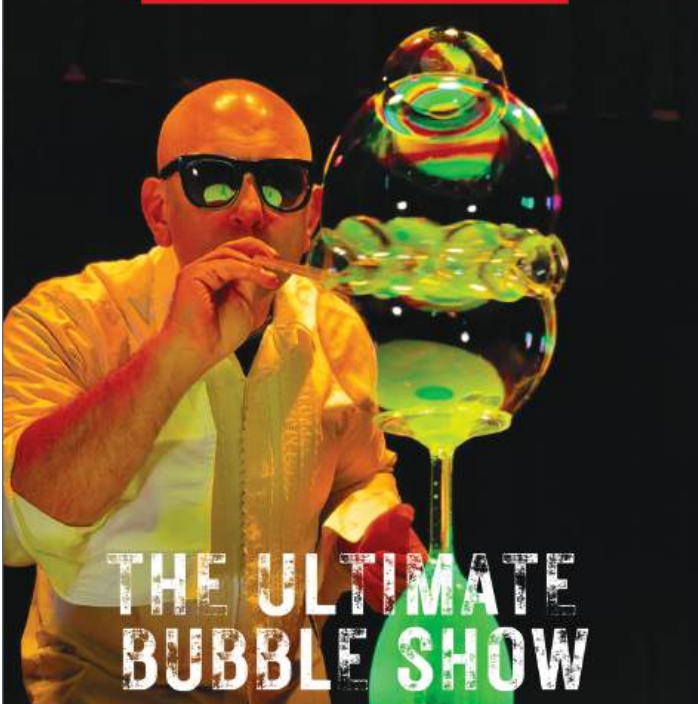
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KILFLYNN

CEMETERY MASS

The Cemetery Mass will be celebrated for the departed in St. Mary's Cemetery, Kilflynn on Wednesday, 8th July at 7.00 pm. Please take this opportunity to tidy up family graves. Please notify friends and relatives of those buried in the Cemetery.

This is an occasion to gather, pray for and remember our loved ones. Masses will be held in the cemeteries unless the weather is very bad. Thanks to all who help with the upkeep of the cemeteries and the committees who work behind the scenes

CROTTA LOTTO RESULTS

Parker's Pub in Kilflynn hosted the Crotta Hurling Club's weekly lotto draw on Monday 6th July. The four numbers drawn from the drum by the independent observer, Graham Harris, Clounsillagh, Lixnaw were 1, 16, 28, and 31. No one won the €8,300 Jackpot. Congratulations to the following who won €35 in the lucky dip draw:

Patrick Quille, Clounafneela, Kilflynn, Jeanette Lawlor, Ballyrehan, Lixnaw and Brendan Twomey, Crotta Cross, Lixnaw.

The next draw will take place in Parker's Pub, Kilflynn on Monday, 13th July at 10:30 p.m. with an €8,400 jackpot.

Tickets are available: 3 for €5 online at www.crottagaa.club or this link: <https://tinyurl.com/crotta-club-lotto> or Herbert's Bar/Village Store, Parker's Pub, Zam Zam Kabab, Foley Shop Lixnaw, Abbeydorney Post Office or from Club ticket sellers. Many thanks to all who contribute to our weekly Club Lotto. The Club cannot overemphasize the importance of our members promoting the Club Lotto among family, friends, and work colleagues. Your continued support is greatly appreciated

ST. MARY'S CHURCH, KILFLYNN

Mass Intentions for the week in St. Mary's Church:

Mass will be celebrated on Friday 10th 10th July:00 a.m.m and Saturday 11th July at 6:00 p.m. Tom Breen Cappa, Kilflynn (Months Mind)

If anyone would like a call, please contact the Parish Office at 066 4018996 or Fr. Jerry Keane 087 2844649. Adoration of Blessed Sacrament Kilflynn: Monday 7pm – 8pm.

Sick & Retired Priests Fund provides for the ongoing support and care of those who have given their lives in priestly ministry as well as making provision for the payment of unforeseen medical expenses. Collection next weekend 4 th /5 th July. Envelopes are available in both churches

Check www.dioceseofkerry.ie go to Abbeydorney parish and check the newsletter.

Annual Diocesan Pilgrimage to Knock takes place on Saturday August 22nd, the Feast Day of the Queenship of Mary. Many people look forward to this day each year, a day of faith, community, and friendship. A bus will travel from the Pastoral Area. Cost €30 per person. If interested in travelling, please contact the Parish Office 066 4018996.

ABBEYDORNEY / KILFLYNN COMMUNITY GAMES

Congratulations to Lauren McCarthy on winning Gold in Girls U-13 Gymnastics at the National finals on Sunday 5th July in Kilkenny, and for representing the Abbeydorney/Kilflynn area with pride.

We are all so proud of you, Lauren, and your achievements and always with the biggest smile. Well done. Lauren is the daughter of Michelle McCarthy and Tommy McCarthy, the renowned All-Ireland Ploughing Champion.

OLD CEMETERY KILFLYNN - PRAYER EVENING

A remembrance evening for all those buried in the Old Cemetery in Kilflynn on Monday 13th July, at 7:00 p.m. Joining us will be Fr. Jerry Keane and Rev. Jim Stephens. This gathering will give everybody the opportunity, if they wish, to contribute to the upkeep of the cemetery. There will be light refreshments afterward in St

Columba's Centre. In the event of unsuitable weather conditions, the ceremony will be held indoors.

SUPERCÉILÍ COMES TO PARKERS

Comes to Parker's Pub and Venue in Kilflynn on Saturday, 18th July 2026 for the first time, following numerous requests from North Kerry fans. Let's go! Doors at 7:30 p.m. Starts at 8:30 p.m. followed by Disco SuperCéilí is the only show of its type which combines acoustic and digital instruments to create electronic Irish Dance Music.

The technical wizardry of Peter Staunton and the unmatched stage presence of Sean Leahy combine to create a gigantic sound and spectacle. SuperCéilí fills dance floors with a unique combination of very old and very new music.

Buy tickets for SuperCéilí at www.parkerspub.com

CROTTA LEISURE CYCLISTS

The group meets at Crotta Cross at 7pm. every Tuesday. Contact Graham for information at 089 4528603

CROTTA GAA

2026 Garvey's SuperValu Kerry County Senior Hurling Championship / Craobh Iomána Sinsir Ciarraí 2026 Round 3 Result - Friday, 3 July Crotta O'Neills 3-17 Tralee Parnell's 2-12

Lee Strand Kerry Coiste na nÓg Under 16 Division 1 hurling semi final Result Friday, 3 July - Crotta O'Neills 2-19 Kilmoyley 4-10

2026 Garvey's SuperValu Kerry County Senior Hurling Championship / Craobh Iomána Sinsir Ciarraí 2026 Quarter Finals - Saturday, 11 July St. Brendan's v Crotta O'Neills @ 2.00 Abbeydorney v Ballyheigue @ 4.00pm

Best wishes to the Crotta players and their mentors.

Well done to Kerry U14's v Clare played in Currans and the U15's v Waterford at Austin Stacks Park on Saturday 4th July. Crotta was represented by Dean McElligott, Brian Cronin, Darragh Diggins, Edward Nolan and Jack Kelliher. Well done to all our Kerry Hurlers

Munster champions Kerry firmly defeated Meath in the TG4 All-Ireland quarter-final, winning by a comprehensive 12 points at a sunny but windy Austin Stack Park in Tralee.

Kerry 2-14 to Meath 0-8. Well done to the Kerry players and their mentors, especially Niamh Quinn from Crotta.

Mark Bourke's Kerry can now look forward to an All-Ireland semi final where they will play Dublin on July 18th.

Well done to all the boys and girls who took part in Tuesday evening's U6 training session in Crotta on 30th June. Congratulations, Fiadh & David Cashell who were this weeks U6 players of the week. See you all again next Tuesday @ 6:15

Best wishes to Cillian Trant and the Kerry senior footballers who play Dublin in the All Ireland Semi final on Sunday 12th July in Croke Park.

CEMETERY MASS

St. Mary's, Kilflynn- Wednesday 8 th July 7.00 p.m. Please take this opportunity to tidy up family graves.

FAI FOOTBALL CAMPS

Listowel Celtic will host their first 2026 FAI camp from July 13th to 17th Book online <https://bookings.faifootballcamps.ie/s/login/>

Please Note Bookings close at midnight on Thursday July 9th. No Walk Ons Allowed.

MOYVANE

Contact: moyvanenotes@gmail.com

BLOTTO

There was no winner of last Thursday night's Jackpot. Numbers drawn were 1 6 19 26. Lucky Dips: €100: Josephine O'Connor, Carrig. €50: David Kissane, c/o Christine Kissane, Tarbert. €20 each: Karen & Caira Fitzgerald, Lenamore. Majella O'Connor, c/o Noreen O'Connell, Ahalahanna. John Joe Walsh, Moyvane. Muiris Kearney, Moyvane South. Josephine Crowe, Ballyunion. Free Tickets: Ned Joe Kennelly, Lisselton. Caroline Saccard, Woodgrove, Moyvane. Mike Mulvihill, Woodgrove, Moyvane. Taylor, Michelle & Seanie, c/o Michelle Dore, Moyvane. Michael Lynch, Taxi, Moyvane. Next draw will be held this Thursday night, July 09 at Bingo in The Marian Hall. Jackpot: €16,500. Bingo starts at 8.00pm.

SPLIT THE BUCKET

You could be the lucky one this week. Liz Mulvihill, Glenalappa won €280 in the last draw. This week it could be you. Envelopes are available in all the usual outlets locally, Holly's Gala, Mike Kennelly's HomeValue Hardware, Noel Stack Butchers, Enright's Bar, The Village Grill, Speedy's Bar, Moyvane. Newtownsandes Co-op Curl up and Dye (Anna Enright Fogarty) and at Bingo in the Marian Hall. €2.00 per entry or 3 for €5.00. Next draw, Thursday, July 09. Thank you all for supporting this very important fundraiser for our local school.

MOYVANE GAA LOTTO

Lotto Result 05/07/2025 Numbers 5, 9, 27, 31. There was no winner. Lucky Dips: Mary B. Curtin, Online. Dolores O'Connor, Online. Tommy Clancy, Knockanure. Pat Brosnan, Murhur. Michael Mulvihill, Lenamore. Next Week's Jackpot is €9,200 and the draw will be held in Enright's Bar on Sunday, July 13 at 8:30pm.

MOYVANE DEVELOPMENT ASSOCIATION

Tidy towns clean up every Tuesday evening in the village at 7.00pm. Please come along.

MOYVANE CARNIVAL

You may have seen the feature in last week's Kerryman. I would like to compare the then and now. All North Kerry & West Limerick carnivals were wonderful occasions and spanned up to twenty years. We all supported each other and cooperated with each other. Crowds were amazing. Can you imagine putting 1,500 into a local venue like Moyvane in 2026! If you did, can you imagine the crowd control measures you would have to put in place! Time changes everything. I know that is the way life is and there are changes with every generation but I do think young people had more to do and more places to go locally in that era. Now you have to go to a venue in one of the cities, Dublin, Cork etc and take out a mortgage to pay for the privilege. There was dancing everywhere and young people interacted and built relationships and many later got married having their future husbands and wives at some local dance. Just a little detail about the development of the football field. It was decided at the time to erect a stand and would you believe there was no stand in Fitzgerald Stadium in Killarney or Semple Stadium, Thurles at the time so Moyvane was ahead of the posse!

BALLYLONGFORD OYSTER FESTIVAL

August Bank Holiday Weekend, Friday, July 31 to Monday, August 03. Come along for a weekend of fun and sport for all the family. You will find full details on their Facebook page.

MOYVANE PARISH GRAVEYARD MASSES 2026

Monday, August 03 at 8.00pm in Ahavoher Cemetery. Tuesday, August 04 at 8.00pm in Knockanure Old Cemetery. Wednesday, August 05 at 8.00pm in Murhur Cemetery.

MASSES FOR THE WEEK

MOYVANE:
Friday, July 10 Month's Mind Mass at 7.00pm for Nora Scanlon nee Mulvihill. Eucharistic Adoration at 6.00pm.
Saturday, July 11 Mass at 7.30pm.

KNOCKANURE:

Wednesday, July 08 Mass at 7.00pm.
Thursday, July 09 Mass at 7.00pm.
Sunday, July 12 First Anniversary Mass at 9.30am for Daniel Stack & fourth anniversary of Christopher Higgins

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Listowel Athletic Club's Padraic McCarthy is the National Champion WFD with a personal best of 8.18 in the National U20/U23 Championships 2026. Padraic also had his season best throw of 10.88 for 4th place in shot putt



Finuge ladies Nuala Horgan, Breda Dowling, Bridie O'Sullivan and Joanne Kelly Walsh at The Joe Dolan Tribute Show with Pascal Brennan at Parkers Pub & Venue Kilflyn on Saturday night 4th July



Listowel's Declan Griffin pictured at Ireland's Nations Championship victory over Australia at Allianz Stadium in Sydney last weekend



J.J. Liston, representing Lixnaw and Kerry Community Games at last weekend's National Swimming Finals in Kilkenny



A delighted looking Shirley Walsh holding Swanky Chip owned by Tarbert Publican J.P. Prendiville after winning round 2 of the rerun Moortown Kennels Stakes at Tralee on Friday evening with Eamon O'Hanlon also pictured. Photo Moss Joe Browne



Aine O'Connor, Ballybunion, enjoying the company of John Bosco McMahon, Lisselton, with Jim Daughton also Tom and Timmy Collins at the July Listowel Horse Fair in Listowel last Thursday. Photo Moss Joe Browne



Listowel Athletic Club's Alex Collins continues his wonderful streak with Silver in the National Juniors Finals Triple Jump. A great achievement considering he still has another 3 years in this age group



A proud Ballyduff native Jimmy Browne holding the trophy with the White Sands Hotel team after they won the Ballyheigue Summer Festival tug of war event on Saturday. Photo Moss Joe Browne



Listowel Emmets Split the Bucket winner on 30th was June Maureen Moloney collecting her cheque of €802.50 from Joan Healy. Next draw Tuesday 14th July



Prizewinners from the Kerry Pitch & Putt U16 Strokeplay Championships in Listowel last Saturday pictured L to R as follows: Sean Stack (Listowel, U13 Boys Third Place), Fionn O'Callaghan (Deerpark, U16 Boys Runner-Up), Fionn MacMonagle (Deerpark, U16 Boys Third Place), Aodhan O'Halloran (Deerpark, Boys Overall Winner), Shona Griffin (Listowel, Girls Winner), Joey Blake (Tralee, U13 Boys Winner), Ryan Deady (Listowel, U13 Boys Third Place), Diarmuid Lyons (Listowel, Boys U16 Runner-Up), Mary Walsh (Listowel, Girls Runner-Up) and Sarah Walsh (Listowel, Girls Third Place)



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- 5.5mm, 12mm & 18mm Hardwood Plywood
- 18mm Shuttering Foil Faced
- 18mm Anti Slip Foil / Mesh
- 12mm Construction Marine
- 18mm Construction Marine

OSB3

- 11mm & 18mm
- 18mm Tongued & Grooved

Floor Protection

- 2.4mm Corryboard Floor Protector
- Ram Board Floor Protector

Clear Perspex

- 2.5mm, 4mm & 5.5mm

Panel Board

- 18mm Gluelam Pine Panel

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LISTOWEL CELTIC

Draw 06/07/26 - Numbers Drawn 2-19-23-32

Jackpot not won - Lucky Dip Winners

€40- Jim Galvin St. Senans | €20- Leo Lynch

€20- Liam Healy, Greenville | €20- Mary Holly Young

€20- Mike Corridan, Moyvane

Next Draw 13/07/26 at Mikes - Jackpot €3,350

LISTOWEL EMMETS

Coiste na nÓg

Saturday mornings in Frank Sheehy Park are buzzing with activity as our ABCs and U8s take part in our ever-growing Saturday Morning Club. New skills are being learned, new friendships are being formed, and lots of fun is had each week. Join us every Saturday at 10.30am.

Our U8s recently made the trip to St Senans on a beautiful sunny evening for another great outing. The boys continue to impress Coach Leo with their enthusiasm, skill development and teamwork. It's fantastic to see the progress they're making each week. Well done, boys – keep up the practice!

A big thank you to all the U10 boys who played at half-time during the senior game on Sunday. They played in front of a huge crowd and did themselves and their coaches very proud. Well done, boys. U10s continue to train each Wednesday evening at 6.30pm and are preparing for Phase 2 of their Go Games. They will play their first game away to Duagh on July 15th.

Huge congratulations to our U12 team and coaches, who were crowned winners of their group in the County League recently. This group has had a hugely successful campaign, winning all eight games in their group. A fantastic achievement. The focus now is on the North Kerry League where the boys will play Ballyduff on July 13th at home.

The North Kerry League gets underway this week for the U14s, with the B team taking to the field in Ballylongford on Tuesday evening to take on Northern Gaels at 6.30pm. These boys are training hard, and it's great to have all our players back following their North Kerry commitments. While it wasn't the result they had hoped for, they gained valuable experience both on and off the field and now look forward to the North Kerry League.

The U16s are well into their County League campaign, with both teams performing well. The A team travels to Scartaglin in Division 1 this Thursday at 7pm, while the B team recorded a good away win against Kilcummin on Saturday evening. Well done to all involved.

We have several players who continue to train and play games and challenge games with the Kerry North Development Squads. We wish all these boys continued success.

LISTOWEL EMMETS LADIES

Training times

U8 - Saturday morning 10.30am - 11.30am in Frank Sheehy Park

U10 - Thursday 5.00pm - 6.00pm in the Boys School field

U12 - Mondays 7pm - 8pm in St. Michael's grass pitch

U14 - Mondays & Wednesdays 6pm - 7.30pm in Cows Lawn

U16 - Tuesdays & Thursdays 6pm - 7pm in Cows Lawn

Seniors/Minors - Tuesday & Thursday 7.15pm - 8.45pm Cows Lawn

For further information follow us on Facebook & Instagram or contact anyone involved with Emmets Ladies. New members always welcome.

Fixtures:

U8 Go Games Blitz hosted by Churchill

Our super U8 girls made the trip to a sunny Churchill on Sunday morning where they played four fantastic matches against Castleisland Desmonds, Churchill, Ballymac, Castlegregory and Moyvane. The girls put on a brilliant display, showcasing all the teamwork, skills and hard work they have been putting in at training. Well done, girls – the future is very bright!

A huge thank you to Churchill GAA for hosting such a fantastic morning of football and to all our loyal supporters who came along to cheer the girls on

U10 Go Games

A great evening of fun at training this week for our U10 girls as three of our Senior Ladies, Daisy, Emma and Geraldine stopped by to take the session to give Brendan and Tadhg a rest and a great way for them to connect with the girls! There was some brilliant football on display throughout the hour, with fantastic skill, great fielding and some excellent scores in the match to finish. It was great to see the girls learning, enjoying themselves and playing with such confidence.

Well done to all the girls – keep up the great work!

U12 Go Games - U12s welcomed Kilcummin to Frank Sheehy Park last Tuesday 30 June. A great display of football with the girls going from strength to strength every week with brilliant teamwork. Thanks to our Minor player Emily Kissane, Referee for the game.

U14 - Super 9s Tournament hosted by Milltown/Castlemaine Thursday 02 July. Well done to our u14 Black team who played the first round of the Super Touch u14 competition last Thursday in Milltown/Castlemaine GAA grounds. The girls had 2 tough games in dead heat and showed some immense team spirit

and skill. They look forward to the next draw against Dr Crokes and Austin Stacks, Connolly park Tuesday 07 July. Best of luck girls!!

U16 - Training continues as usual

Emmets Ladies Seniors v Beale Division 3 Cup Semi Final

Frank Sheehy Park was the venue for our Division 3 Cup semi-final as Beale made the trip for another local derby. Missing a number of our regular forwards meant we had to reshuffle the team, and what a decision it proved to be. The opening half was a tense affair, with both sides struggling to find their composure in front of goal. We went in at the break leading 1-8 to 0-6 and, in truth, probably should have been further ahead considering the chances we created. After a few stern words from the sideline at half-time, the girls came out with a completely different intensity. The second-half display showed exactly what this team is capable of, with ruthless finishing, excellent teamwork and a wide spread of scorers combining for a superb performance. At the back, Niamh Mulvihill was a rock in goals, while the full-back line of Aoife Shine, Nora Keane and Geraldine Walsh were as mean as ever—you wouldn't get a cold off them, never mind the ball! Our half-back line of Cliona Piersie, Emma "The Bomber" Browne and Trina Kennedy were outstanding. It was fantastic to see Trina back in action as she battled for every ball and drove the team forward time and time again. In midfield, we dominated against a very strong Beale pairing. Rebecca Stapleton and Caoimhe O'Sullivan were full of class, composure and know-how, working brilliantly together throughout. Up front, the forwards really came alive after the break. Laura was a constant threat, chipping in with some excellent scores across both halves, while Taylor, making the switch from goalkeeper to full-forward, once again showed her incredible versatility. Emily Kissane, still only a minor, impressed hugely from the corner-forward position. Éire, usually seen in defence, starred at centre-forward with a brilliant return of scores and assists—she reckons she's the next Clifford now! Zara was outstanding throughout, cutting through the defence time and time again with some brilliant attacking runs and also showing great strength under the opposition's kick-outs.

Special mention once again goes to Sinéad Lyons. Her relentless work rate, determination and sheer class were there for all to see as she dictated so much of the game. Nora Keane wasn't far behind either with another outstanding display, producing some dogged defensive work to win crucial turnovers along with driving powerfully out of the full-back line. She was unlucky not to cap off her performance with a well-deserved point. The bench also made a huge impact. Daisy linked the play brilliantly when introduced, Brid grabbed a superb goal, while Emilie Browne made a real impression with an excellent cameo. Unfortunately, we couldn't get all of our players onto the field tonight, but it's fantastic to see the strength of the squad growing week by week with Caoimhe and Lauren back after their Leaving Cert and Aoife and Jess unlucky to miss out but have been big features in many senior games this year. Attention now turns to next Monday night's Division 3 Cup Final against ISG. It will take another massive performance, but it's one we're all looking forward to, especially with hopefully a few more players returning. Finally, a huge thank you to our loyal supporters who turned out once again to cheer the girls on. Your support never goes unnoticed and is greatly appreciated.

A big thank you also to Lidl Listowel for providing refreshments for the game. It was also great to see the girls sporting their new away jerseys, received for taking part in Lidl's #SeriousSupport programme over the past few weeks. Thank you to Lidl for continuing to back Ladies Football and grassroots clubs. Final score: Listowel 4-14 Beale 0-9. Scorers: Taylor 1-2, Éire 1-1, Emilie B 0-1, Zara 0-3, Caoimhe 0-2, Laura 0-3, Sinéad 1-1, Brid 1-0, Emily K 0-1

LISTOWEL COMMUNITY GAMES

Huge congratulations to our brilliant quiz team who have done us proud representing Kerry Community Games at the National finals in Kilkenny last Saturday.

Out of 40 teams from across the country, they battled through 160 challenging questions from a variety of topics and showed great resilience, teamwork and incredible focus. With three rounds to go they were sitting in third place. They held steady under pressure finishing third place overall and claiming a National bronze medal. What an achievement!

Well done Aideen Buckley, Cerys Hartevelde, Culainn Doyle, Leona Buckley and Sean Kelly. Your hard work, teamwork and determination shone through from start to finish. A national bronze medal for a team that absolutely deserved it. What a performance.

Well done also to Killorglin, the other Kerry team who finished in a very close sixth place. Thanks to Karena Buckley and Siobhan Mahony for the time that they have put in with this team from the very start. Thanks also to all the parents for their support throughout.

BEALE GAA

Beale seniors are divisional champions! We shared the spoils with St Michael's Foilmore on Sunday, in the final round of the County League, Division 4, to top the league table, bringing a memorable league campaign to the perfect conclusion. Another impressive performance saw the game in Foilmore on Sunday end on a scoreline of 2-10 to 1-13. Amongst scenes of jubilation, the winning trophy was presented to team captain, Rob Stack.

Foilmore were first off the mark, but our lads rattled the net inside the opening five minutes and led by two points at the interval. Our opponents struck for a goal after the restart to move a point in front, but we responded well to

regain a two-point advantage. With little separating the sides on the scoreboard throughout, the teams were level when the final whistle sounded, to share the points.

Our consistency throughout the campaign sees us finish top of the table, on 19 league points - the highest points total achieved by any team across Divisions 1 to 4 this year. This caps off a league campaign that has delivered on every front. Promotion to Division 3 was the primary objective at the beginning of the year, and the lads achieved that goal with games to spare. To go one step further and finish as Division 4 champions is a tremendous achievement and a fitting reward for the commitment and teamwork shown across the campaign. With just a single defeat throughout, in game after game, different players stepped up when needed. Finishing top of the table reflects the hard work put in by players and management from the very first round and is richly deserved recognition.

While this success has been built on a tremendous all-round team effort, our defensive record deserves recognition as one of the foundations of the campaign. Conceding just 123 points across the league - the lowest tally of any team in Divisions 1 to 5 - is a remarkable achievement and reflects the organisation, discipline and work rate shown throughout the field. It is a statistic the entire team can take pride in, highlighting a great team effort.

Well done to all the players and management on a most successful league campaign. Promotion secured, the Division 4 title won, a campaign completed with just one defeat and an impressive defence record - there is much to celebrate. We look forward to the exciting challenge of Division 3 next year! Attention now focuses on the County Junior Club Championship, which throws in at the beginning of August. We contest Group 3, with Lispolo and Cromane.

On Sunday, Beale lined out as: Brian Dinneen, Dara O'Connor, Seamie O'Sullivan, Fionán Toomey, Phillie Blake, Daithí Toomey, Fiachra Buckley, Diarmuid O'Mahony, Rob Stack (c), Owen Tydings, Conor Toomey, Barry O'Neill, Seán Maloney, Eric Daly and Daithí Keane Tyrell.

Fir Ionaid: Ian Mannix for Seán Maloney, Jack Mallon for Eric Daly, Tom Joy for Barry O'Neill, Joe Downey, Shane O'Connor, Jack O'Sullivan, Chris Kiely, Archie Walsh, Con Carmody, Rory Mulvihill, Darragh Kissane, Charlie Ryan, Jack O'Connor, Oisín Buckley, Cormac Scanlan and Joe Finch.

Bainistíocht: Kenneth Mannix, Conor Liston, Patie O'Mahony and Shane Joy.

Sponsor: Dan Ahern, Beale Hill Wind Farm.

The County League is sponsored by McCarthy Insurance Group, with strong local links to former Beale player, Dónal Buckley.

2 out of 3 ain't bad! A busy schedule in the past week for Beale Ladies, winning two of our three County League, Division 3, games to secure a semi-final spot. At the beginning of last week, in sun-drenched Páirc de Staic, despite our well-taken goals and strong defending, the win went to visitors, Emmets, on a scoreline of 3.9 to 2.17. Then it was onto Asdee on Thursday to face Knock/Brosna, when a great team effort yielded a good 8-point victory. The last of the trio of games was on Monday when we defeated table toppers, Kerins O'Rahilly's, in Páirc de Staic. Another great performance by the ladies, coming away with a 2.14 to 1.10 victory. Emmets are the opposition in the semi-final on Monday evening in Listowel. Throw in at 7.30.

Beale juniors shared the spoils with Ballyduff B in the North Kerry League, Division 4. The teams ended 10 points apiece last Tuesday evening in Páirc de Staic. Beale minor lads saw off Milltown-Castlemaine in Division 3B of the County League last Monday evening. In a high-scoring game, we edged out by one point.

Action on the under-age front!

Our u16 boys' County League, Division 5B, game of the with Laune Rangers was postponed, due to thundery weather alert. We await details of refixture. Meanwhile, last week, we fell short to An Gaeltacht in Gallarus.

Go Games action! Our u8 boys and girls played Tarbert/Bally in Ballylongford. Our u12 girls travelled to play Scartaglin, and u12 boys and girls hosted Emmets in North Kerry Go Games, while u10 boys and girls hosted St Senans last Wednesday.

Over 120 boys and girls aged 6-13, enjoyed a fun and energetic week of Gaelic football at Beale Cúl Camp in Páirc de Staic last week. Teamwork, skill development and well-being were the main focus of the camp. Every child received a Cúl Camp kit.

Upcoming fixtures!

Beale juniors play Clounmacon in the final round game of the North Kerry League, Division 4, in Clounmacon on Tuesday at 7.30.

Our u16 boys host Desmonds in the County League, Division 5B, on Thursday at 7 o'clock in Páirc de Staic. Next week, we travel to play Finuge at 7 o'clock on Thursday.

Our u14B boys play Duagh B in the North Kerry League, Division 3, in Asdee GAA pitch on Tuesday at 7 o'clock.

A busy schedule ahead for our u12 boys and girls with North Kerry Go Games on 19th July and then every Sunday evening in August. It has been a busy time with many of our players and mentors proudly representing Kerry and North Kerry teams across county and inter-county competitions.

North Kerry u14 boys came up short against West Kerry in the County Championship semi-final on Tuesday evening in Lispolo. Captained by Jake Bennett, Jack Browne, Aidan Spillane, Elyes Tarkhani and Luke Scanlan also represented Beale on the divisional side.

Daithi Keane Tyrell lined out with North Kerry against Kenmare Shamrocks in the opening round of the County u21 Championship, with Brian Dineen and Dara O'Connor among the substitutes. Seán Dee and Paul Collins were part of the management team. A very close-knit contest saw the divisional side lose out by just two points. This marks the end of North Kerry's campaign in the championship.

Kerry Masters shared the spoils with London in the All-Ireland series on their first trip to London. Kerry then went onto edge Mayo by one point last Saturday, with Jeremy King lining out at centre back and Denis Kennelly corner back. Kerry Masters play Galway Masters in two weeks' time.

Recent Beale Lotto draws took place in Mikey Joe's and The Feale Bar. The weekly draw continues to rotate between our local host venues, on Monday nights during the summer, keeping a familiar presence in the community. Full results are available on our regular outlets, with details shared as they come in.

The next draw will be held in Courtney's Bar on Monday night, with a jackpot of €4,950. Match all 4 numbers to win or share the Jackpot, and match 3 numbers to win or share €100! A huge 'mile buiochas' to all who support and promote the lotto. Beale Lotto tickets, €2 each or three for a fiver, are available in Cahill's SuperValu, the local pubs and online.

Beale GAA is delighted to link in with the organising committee of the upcoming Horizon Festival, with many members volunteering during what promises to be a great weekend in Ballyb!

BALLYBUNION GOLF CLUB

Friday Mixed Competition Sponsored by Cahill's SuperValu Ballybunion
Friday 3rd July Old Course

1st	Con A O'Flynn, Ann O'Flynn, Bryan Kenny, Ian McKenna	H/C 8.7 Nett 43.3
2nd	Pat O'Riordan, Mossie O'Callaghan, Helen O'Riordan, Frank Healy	H/C 9.3 Nett 44.7
3rd	Chris O'Donoghue, John Haugh, Pat Brennan, Caroline Horgan	H/C 6.9 Nett 45.1

Men's Singles Sponsored by Roc Mehigan (GOY) – Sunday 5th July Old Course

1st	Padraig Brosnan(11)	39 Pts (B9 19)
2nd	Aidan Buckley(5)	39 Pts
3rd	John Michael Kendlin(16)	38 Pts
Best Gross:	James Kennelly	32 Pts
4th	Kevin O'Callaghan(12)	37 Pts

Category 1

1st	Brian Lenihan(3)	33 Pts
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Category 2

1st	Mark Hennessy(12)	37 Pts (B9 18)
2nd	Liam Carmody(7)	37 Pts
Gross:	Padraig Harrington	29 Pts

Category 3

1st	Michael J McCarthy(17)	37 Pts
2nd	Eoin Walsh(16)	36 Pts
Gross:	Gearoid Costello	

Category 4

1st	John Quirke(22)	37 Pts (B9 18)
2nd	Michael Holly(20)	37 Pts
Gross:	Eoghan Ferris	

Ladies Voucher Competition – Tuesday 30th June Old Course

1st	Susan Gilmore Kettler (10)	36 pts (B9:22)
2nd	Louise Lane (24)	36 pts (B9:21)
3rd	Nora Quaid (15)	35 pts

9 Hole Qualifying Old Course

1st	Ann O'Riordan (18)	14 pts
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Ladies (GOY 9) Sponsored by Ardfert Quarry Products Ltd – Saturday 4th July

1st	Catrina Corrigan (13)	38pts
2nd	Patricia Gleeson (25)	37pts
Best Gross	J O'Connell (9)	23pts

Division 1

1st	Josephine Larkin (12)	34pts
2nd	Ann O'Connor (16)	33pts

Division 2

1st	Eileen Kenny Ryan (17)	36pts
2nd	Teresa Cronin (20)	34pts

Division 3

1st	Rena Blake (31)	34pts
2nd	Deirdre Keating (28)	32pts

Division 4

1st	Antoinette Breen (35)	33pts
2nd	Ann O'Tiarnaigh (36)	26pts

Vintage	Louise Griffin (23)	31pts
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Senior	Margaret Scannell (30)	30pts
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9 Hole Competition

1st	Mary Sheahan (16)	19pts
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Fixtures: Friday Mixed Competition Sponsored by Cahill's SuperValu Ballybunion – Friday 10th July Old Course

Ladies (GOY 10) Medal 4 Old Course Sponsored by Adams Garage Glin – Saturday 11th July 2026 Old Course

Ladies Voucher Competition – Tuesday 14th July Cashen Course

Senior Men's Competition – Thursday 2nd July Cashen Course

1st.	Pat Costello (11)	22pts.
2nd.	Rory Flannery (9)	21pts.
3rd.	John Maguire (12)	21pts.
Gross.	Eric Kettler	14pts.
4th.	John A. Murray (7)	21pts.
5th.	Sean Corcoran (8)	20pts.
V.	Tom M O'Connor (11)	14pts.
S.V.	Michael P. O'Farrell (12)	18pts.
S.S.V.	Brendan Brosnan (13)	18pts.

Senior Ladies 9 Hole Competition – Friday 3rd July Cashen Course

1st	Anne Marie Sexton, Sighle Henigan & Marjorie Morkan	H/C 4.1 – Nett 30.9 (1 under par)
2nd	Susan Gilmore Kettler, Eileen Kenny Ryan & Anne Marie Healy	H/C 2.3 – Nett 31.7 (2 under par)

Fixtures: Senior Ladies 9 Hole Competition – Friday 10th July Cashen Course

FINUGE GAA

FINUGE 500: Congratulations to our June €500 winner Caroline Keane. Entry tickets for each month are available at McCarthy's Bar Finuge, Foley's Your Stop Shop Lixnaw, Stacks Londis Lixnaw, JJ Walsh Bar & Butchers Lixnaw, Gibbons Filling Station Lixnaw and the Post Office Lixnaw. Tickets also available online at www.finugegaa.com or from any club officer. Some really great bonus prizes are coming in the months ahead - All Ireland football tickets for July and passes for Listowel Races Harvest meeting will be won in August!

SENIOR: Last round of the county league was played last weekend with the team away to Kilgarvan on Sunday. The game finished in a draw at 1-10 each and the team finished the competition in mid table. The focus now switches to the county club championship which is due to commence in a month's time. Main senior team sponsor Buckley Agri of Listowel are on board again this year as principal sponsor and we are delighted to have such a prestigious business involved with our senior team. Cronins Cider are also sponsoring the team and recently helped provide training gear.

MINOR: County club championship final against Beaufort was played Monday 22nd of June in Caherslee. Not to be on the night for our young minor team who came up against a stronger and older Beaufort side. The boys battled hard throughout but the opposition were stronger in the heat. At halftime the score stood at Beaufort 2-11; Finuge 0-06 which created a margin that our lads could not recover. Hard luck to the team & management but well done on your effort. The minor county league got going last Monday 29th of June when the team travelled to play Dromid/Waterville. Our lads put in a great performance and led for the majority of the game. The home side levelled matters with the last kick of the game with a two pointer - the final score sitting at 1-11 each. Its never easy to travel to South Kerry and come away with something! This Monday the 6th July, the team play An Ghaeltacht at home.

U17: Our U17 Super 10 team were in finals action Monday 15th of June on what turned into a Super Monday for them. First up was a semifinal appearance against Keel and a comprehensive win on the scoreline of Finuge 3-13; Keel 3-03. This qualified the boys for the final against old friends Listowel Emmets in what was a much tighter affair. Final score - Finuge 1-03; Listowel 0-03. Captain Callum O'Sullivan happily collected the winning trophy for the team in what was a great nights work. Well done to the team and management over the three weeks of this competition.

U16: Last week the team travelled to play Castleisland Desmonds on a warm Thursday evening. Our lads got going early and went into a lead that they would not surrender. The home team came back into it in the second half with the aid of the breeze, but our boys were able to respond with their own scores. The final result was a comprehensive win - Finuge 5-19; Castleisland 2-10. Joint captains on the night were Finn Daughton and Adam Fealy - both lads performed excellently in goals and corner back respectively. This week is a bye week for our lads with Beale coming to visit Thursday of next week.

U14: North Kerry league is next up for the boys - B team commence this week while the A team kick in two weeks time.

ACADAMEY: Our youngest members are in full summer action and having an absolute ball! Training for U6, U8, U10 is on Sunday mornings. Please feel free to contact us through social media or any club officer if you have a boy or girl in these ages that would like to try out Gaelic Football.

U12: The team played Lios Pol last Sunday in their final game of the county league series. Prior to that the team played Cromane on Wed of last week.

U10: Well done to our U10 boys on a fantastic performance two weeks ago against Duagh. That was your best team performance of the year so far. The effort, teamwork, skill and determination shown by everyone was outstanding from start to finish. Every player played their part, worked hard for each other and showed how much you have improved. Keep training hard and enjoying your football. A special thank you to Daithi Laide and Jamie Breen for help-

ing the lads with their warm-up, offering words of encouragement after the game, and doing a great job refereeing the matches. The team await details of the next phase.

U8: Well done to our mighty U8s who played brilliantly in the sunshine in Duagh on Friday evening week. Great skill and teamwork on show - the team are improving every week. Keep up the practice at home. Thank you to Duagh or hosting.

CLUB MEMBERSHIP: Its that time of the year again and club membership is open to all those wishing to join. For any members that are playing, registration must be completed through Foireann - see www.foireann.ie It is important for all playing members to register through Foireann as it is an insurance requirement. Non-playing membership is also available through Foireann or through any club officer. The club wishes to thank everyone for their support. Rates are as follows - Juvenile €40; Juvenile x 2 €70; Juvenile x 3 €90; Senior player €50; Non-playing Adult €50; Family (2 juveniles & 2 adults) €120.

CLUB SHOP: With the season in full swing we have the perfect gifts for the football player or supporter in your life - Finuge GAA merchandise. This is an online shop hosted by KCS. Search for www.kcsports.ie, click on the 'Club Shop' tab and search for Finuge. We have over 30 items of high quality Finuge branded sports gear to choose from, happy shopping.

DISTRICT U14: Well done to our three representatives on the North Kerry U14 county championship team - Aaron Collins, Eoghan Ó Galvin and Robbie Breen are playing big parts on this team and we wish them every success.

CÚL CAMPS: Its that time of the year again to book your Finuge Cúl Camp places. This year the camp takes place the last week of July from the 27th - 31st. A fantastic week of fun and activity as always, so don't miss out and book today!

KERRY SENIORS: Its been a rollercoaster of a season so far which saw the team put in a fantastic display against Armagh in Killarney which was followed by another dramatic game with Tyrone. The big games keep coming thick and fast, with the old enemy Dublin this Sunday in the All Ireland semifinal, 12th of July. We wish the team and management the very best of luck.

BALLYLONGFORD GAA

McCarthy Insurance Group - County League Division 6 - Champions
Heading to Tuosist on Saturday, the task for our boys was pretty straight forward - win the game and we'd win Division 6 of the County League, and they didn't disappoint with an emphatic win over the locals on a scoreline of 4-12 to 0-5. After a competitive first half this game was quickly put to bed with three clinically executed goals in quarter three and a fourth goal late on with the icing on the cake. This success is a result of the huge commitment given by this group all year round and they deserve all the plaudits they receive - there is no substitute for hard work - as our boys have proven, and hopefully we can now take this into the championship season and give it a blast - nothing is impossible.

Team 1. Paudie Moroney, 2. Pa Carmody, 3. Sean Carmody, 4. Oran O'Neill, 5. Liam Hanrahan, 6. Tadgh McEllistrem, 7. Paudie O'Neill, 8. Sean Hanrahan, 9. Logan O'Sullivan, 10. Jack Mulvihill, 11. Paddy O'Neill, 12. Conor Carmody, 13. Liam Mulvihill, 14. Oisín Healy, 15. Michael Holly, 16. James O'Connor, 17. Cian Barrett, 18. Michael Lynch, 19. Brendan Keane.

Management Team: Jim O'Carroll, Paudie Moroney, Nelius O'Connor, Liam Donegan, Kieran Culhane. Pro, Tom Carmody, Stats, Hughie Dineen, S&C, Shane Dunne

U10 Go Games - Well done to our Bally/Tarbert u10s who had 2 great games vs St Senans in Mountcoal on Friday evening.

Well done to Tarbert/Ballylongford u12s on winning their Co.league group. We played in a tough group with St.michaels Foilmore, Glenbeigh/Glencar Keel and Castlegregory. They made 2 trips back west and after all games remained unbeaten. Great displays shown in all games and will look to take this form into the North Kerry league campaign which starts next weekend. Great stuff lads and congratulations on winning the Co league

Weekly Lotto Draw: Jackpot €4600

Numbers Drawn 1st July - 01, 02, 09, 10

There was no winner - Lucky Dips

€20 Gerard Neville lenamore

€20 Bernadette O Sullivan Lenamore

€20 Conor, Shane, Darragh & Eoghan Walsh Carrig

€20 online Seamus Walsh Aharran

Free tickets x 3 Pat Prendagast & Gerry Heaphy

Next week's Lotto €4650

Thanks for your continued support

ASDEE GAA

Underage fixtures for this week:

U 14 Beale B v Duagh B in Asdee at 7 this Tuesday evening

U16 Beale v Castleisland Desmonds in Ballybunion at 7 this Thursday evening

Best of luck to all involved

Golden Goal winners for Sun 5th July: Clare v Limerick:

Maura & Shane, Ivan Tydings, Pauline Denihan

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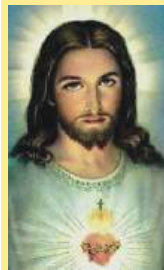
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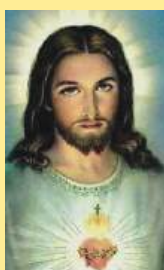


THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your own favour not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never been known to fail. Must promise publication of prayer. **M.B.**



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MEANING OF LIFE

"What goes on there on Sunday? Ye must be praying for hours!!! Hard going I'd say, is it?"

I was at an event and some of the people in the group were strangers to me. During the conversation I just mentioned that I go to Listowel Christian Fellowship. The above response prompted this week's article.

If you check the website you will get a very clear picture of what goes on at Listowel Christian Fellowship. We are an independent, non denominational bible based community of Christians from the North Kerry area. (We are not Jehovah Witnesses or Mormons.)

LCF seeks to communicate the Good News of Jesus Christ in a culturally sensitive way while nurturing body, soul and spirit.

The Fellowship's core activities include Sunday gatherings from 11am to 12:30pm for worship and teaching from the Bible. This always concludes with tea/coffee, lots of delicious food and loads of chat and laughter.

There is also a Sunday school program for children. Also there is a prayer meeting every Thursday night at 8pm where we spend time in praise and worship and bring our needs to God. There is a men's bible study and a ladies bible study that takes place during the year.

We have a monthly viewing of the Chosen, a groundbreaking historical drama based on the life of Christ through the eyes of those who

knew Him. Next Sunday there is a Youth and Teens Social and Board Games Activity from 7.30 to 9.30pm.

That's it in a nutshell. However, that's not all. The reality is, we are a family, made up of very real people of all ages, personalities, shapes and sizes with one common denominator: We hunger to know the God of the bible more intimately. I am totally at home there, among friends, safe and loved.

The fellowship offers profound spiritual, emotional and social benefits, creating a strong safety net of support. It strengthens my faith and provides essential encouragement during difficult times.

It has fostered a deep sense of belonging. I know that the people in this Fellowship love God and take His Word seriously. I know we all try to please Him and we all try to live as He wants us to live.

Hebrews 10:24-25 puts it like this: **"Let us think of ways to motivate one another to acts of love and good works."** Of course we fail daily but we keep coming back to be filled with the love of the only One who can save us. I love my church family. **It's anything but hard going!!!**

If you require any further information or would like a free Bible please contact LCF at 085 7387594 or email lcfkerry@gmail.com
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