

# The Advertiser

6,500 Copies

Serving North Kerry & Beyond

Thurs 23rd July 2026  
Vol. 18 Issue 43

applegreen Watson's Duagh

Friday 24th July

It's our birthday

27

Celebrate with us



**Kingdom Installation**  
Energy Retrofitting Consultants  
Project Management Specialists

Are you tired of high **ENERGY BILLS?**

**Upgrade your home with SEAI grant funding!**  
Attic Insulation - Wall Insulation

Kingdom Installation will reclaim the grant directly from SEAI on your behalf, making the entire process seamless and stress-free. Most homes can be upgraded for as little as €200.



**INDIVIDUAL ENERGY UPGRADES**

Not in a position to afford multiple measures all at once or don't need to do a lot of upgrades?  
You can still avail of the individual upgrade grants!

Grants offered are provided by the Government of Ireland through the Sustainable Energy Authority of Ireland (SEAI)  
For more information, Call us today

**066-7135991**  
Or Email: [enquiries@kingdominstallation.ie](mailto:enquiries@kingdominstallation.ie)

**seai** SUSTAINABLE ENERGY AUTHORITY OF IRELAND

[www.kingdominstallation.ie](http://www.kingdominstallation.ie)



**MAC**  
HARDWARE & FARM SUPPLIES

**PLANT & TOOL HIRE FOR YOUR SUMMER JOBS**

**Hoists and Lifts**  
**Teleporters**  
**Diggers**  
**Dumpers**  
**Rollers**  
**Mulchers**  
**Post Drivers**  
**Fence Wire**  
**Troughs**

**SCAN TO SEE OUR FULL RANGE AT** [machardware.ie](http://machardware.ie)

Listowel (087) 196 1684  
Abbeyfeale (087) 066 0524



**Leahy & Co.**  
Chartered Accountants  
REGISTERED AUDITORS :: EST. 1978

E: [Info@leahyandco.ie](mailto:Info@leahyandco.ie)

5 Main Street, Listowel

Tel 068 21235

Have your accounts prepared by a Chartered Accountant!

- ACCOUNTING
- AUDITS
- FINANCIAL MANAGEMENT
- TAXATION
- BOOK KEEPING
- PAYROLL
- PERSONAL INSOLVENCY

CHARTERED ACCOUNTANTS IRELAND xero

For a free consultation & quotation  
Phone us on 068 21235

**LYONS MONUMENTAL WORKS**

Derry, Listowel, Co. Kerry  
(Next to Lyons Funeral Home)

- New Headstones
- Additional Names & Cleaning
- Plaques
- Photos

Noel: 087-6772912  
Jacqueline: 087-2335159  
[info@lyonsmonumentalworks.ie](mailto:info@lyonsmonumentalworks.ie)



LYONS MONUMENTAL WORKS

f

**O'CONNOR**  
HARDWARE & FARM SUPPLIES

Duagh  
068 45555

For all your Building, Farming, DIY & Fuel Requirements. You Ring We Deliver





**MICHAEL HEALY-RAE TD**

Contact numbers:  
**01 618 3363 | 064 66 85782**  
Email:  
[michael.healy-rae@oireachtas.ie](mailto:michael.healy-rae@oireachtas.ie)



**CLLR LIAM SPEEDY NOLAN**

Contact number: **087 6961668**  
[Cllr.Liam.Nolan@kerrycoco.ie](mailto:Cllr.Liam.Nolan@kerrycoco.ie)



**CLLR JACKIE HEALY-RAE**

Contact numbers: **087 946 4425**  
Email: [Cllr.Jackie.Healy-Rae@kerrycoco.ie](mailto:Cllr.Jackie.Healy-Rae@kerrycoco.ie)

**LISTOWEL CLINIC**

Every **Thursday** - Horseshoe Bar, Listowel  
at 12pm  
*Your Independent Kerry team working both locally  
and nationally for you*



**Best of luck to the Kerry Ladies  
and Men in coming weeks!**

**CLLR. AOIFE KENNELLY** *Kerry Abú!* **SENATOR MIKE KENNELLY**

Cllr. Aoife **KENNELLY** Senator Mike **KENNELLY**

**087 673 8503** **086 807 7359**

[cldr.aoise.kennelly@kerrycoco.ie](mailto:cldr.aoise.kennelly@kerrycoco.ie) [Mike.Kennelly@oireachtas.ie](mailto:Mike.Kennelly@oireachtas.ie)

**Norma Foley TD**

Minister for Children, Disability, Equality and TD for Kerry

*Always available  
to support and  
assist with any  
queries or issues  
you might have.*



1 Bridge Place, Tralee Co. Kerry, V92 YR67  
Tel: 066 716 9052  
Email: [Norma.Foley@oireachtas.ie](mailto:Norma.Foley@oireachtas.ie)

Department of Children, Disability  
and Equality: 01 647 3000

This is a political advert for Norma Foley TD, 1 Bridge Place, Kerry, paid for by Norma Foley to support local business. For more visit [fiannafail.ie/transparency](http://fiannafail.ie/transparency)

**FENCE & TIMBER RAIL PAINTING SERVICES**

**LOCAL AND AFFORDABLE**

**FLEXIBLE TIMES AVAILABLE**

**LOOKING TO FRESHEN UP YOUR FENCE?**

**LOW PRICES**



**CALL GAVIN ON 087 6057512**



# SUMMER Sale

## CORCORAN'S

Furniture & Carpets Ltd.



NOW ONLY  
**€1799**  
WAS €2899

In all stores

Hamilton 2C2 5 Seater Corner Sofa

Inishmore Dining Table  
Manor Pk Tralee + NCW

NOW ONLY  
**€799**  
WAS €1299



Inishmore Chair (other colours available)

NOW ONLY  
**€199**  
WAS €339

Desmond Dining Table 2M & 6 Roxie Chairs

In all stores



NOW ONLY  
**€799**  
SAVE €999

Honduras 4'6 Wooden Bed  
(Other sizes & range items available)

NOW ONLY  
**€449**  
WAS €699



Manor Pk & Newcastle West



NOW ONLY  
**€299**  
WAS €429

All stores

Lagan Oak 4FT6 Bed Frame  
(Other sizes available & range items on sale)

## ABSOLUTELY

EVERYTHING REDUCED

### YOUR CLOSEST SHOWROOMS

|                        |                |
|------------------------|----------------|
| Manor Pk Tralee:       | (066) 718 0541 |
| Outlet Rock St Tralee: | (066) 712 6779 |
| Newcastle West:        | (069) 66777    |



# ONE OF OUR OWN

*From Ballydonoghue... to Croke Park.*

The entire Ballydonoghue community proudly wishes

**Jason Foley**  
and the Kerry Senior Football Team every success in the 2026 All-Ireland Senior Football Final.

Jason, your commitment, humility and dedication continue to inspire the next generation of footballers in our club. Wearing the green and gold of Kerry, you carry the pride of your family, your teammates and your community with you every step of the way.

*We're all behind you.*

**BRING SAM HOME!**  
**BALLYDONOGHUE ABÚ**  
#UpTheKingdom







## POWERING EVERY CUT



**STIHL IRISH BEST SELLER**

**RT 5112 Z**  
PETROL RIDE-ON MOWER

Powerful ride-on mower with excellent driving and operating comfort. Suitable for large lawns.

Cutting width: 110 cm  
Cutting height: 30-100mm  
Grass box capacity: 350 Litres  
Garden size: >6,000m<sup>2</sup>

**€4,800<sub>SSP</sub>**

**FS 55 R**  
PETROL BRUSHCUTTER

For comfortable operation when moving around obstacles.

Weight: 4.4 kg  
Power output: 1.0 hp  
Displacement: 27.2 cm<sup>3</sup>  
Performance: 0.75 kW

**€385<sub>SSP</sub>**

**SINGLE-SPEED GEARING**



**RM 253 T**  
PETROL MOWER

Petrol driven single-speed lawn mower for effortless mowing.

Weight: 33 kg  
Cutting width: 51 cm  
Grass box capacity: 55 L  
Lawn area: >1,800 m<sup>2</sup>

**€700<sub>SSP</sub>**

**STIHL IRISH BEST SELLER**



**HS 45 - 24"**  
PETROL HEDGE TRIMMER

Ideal for light maintenance of hedges, shrubs and bushes in the garden. Perfect for homeowners.

Weight: 4.7 kg  
Cutting length: 45-60 cm  
Total length: 95-110 cm  
Displacement: 27.2 cm<sup>3</sup>

**€389<sub>SSP</sub>**

**YOUR LOCAL STIHL DEALER - CALL IN STORE TO SEE OUR FULL RANGE**

**JPD LAWNMOWER AND CHAINSAW CENTRE**  
Unit 3, Tanavally Ind Est, Tralee Rd., Listowel, Co. Kerry **ph: (068) 57471**  
Open Mon - Fri 9am-6pm & Sat 9am-4pm



# Electricity in the Air.

## Good luck Kerry!

Best wishes from all at McElligott's, Tralee.



Movement that inspires

€3000  
Trade-in  
Booster   
Select models

0%  
APR

FREE  
HOME  
CHARGER

7  
YEAR WARRANTY  
QUALITY REDEFINED

### Discover the 262 Kia Electrified Range at McElligott's Tralee.

Open the door to a world of inspiration with the Kia 262 range; offers including finance from 0% APR, a €3,000 Trade-in Booster on selected models and a Free Home Charge Point installation with all of our electrified vehicles.

Contact McElligott's Tralee to find out more.

**McElligott's Kia**  
Listowel Road,  
Tralee, V92 AK6W

**Phone:** 066-7181911  
**Website:** mce.ie

Models are shown for illustrative purposes only. Finance from 0% APR is provided by way of Hire Purchase or PCP, lending criteria and terms and conditions apply.



**LISTOWEL  
TAKE AWAY  
068 57430**



# ÉABHA JOANS

## Take Away

'Restaurant Quality Food to enjoy  
in the comfort of your own home'

### Starters & Snacks

Creamy Roasted Soup of the Day  
with Homemade Brown Bread (1,2,4,7) €7.00

Crispy Chicken Wings  
in our Secret House Sauce (9,10,11)  
Small €9.50 Large €16.50

Creamy Chicken & Mushroom Vol Au Vent  
(1,4,7,14) €10.00  
(Main course portion with choice of sides €18.50)

### Main Courses

Golden Chicken Milanese, Sauté Potato, Salad  
& a Mushroom Sauce (1,4,7,9) €19.00

Penne Pasta Carbonara, Fresh Parmesan Shavings  
& Garlic Bread (1,4,7,9,14) €18.00

Chef's Freshly Carved Roast of the Day Specials  
(7) €19.00  
(Half Portion of Roast of the Day €14.50)

Our Famous Battered Fish & Chips, Tartar Sauce,  
Coleslaw & Lemon (1,3,4,5,7,9) €20.00

Homemade Beef Lasagne, Garlic Bread,  
Salad & Chips (1,2,4,7,9) €18.00

Chicken Curry & Rice (1,2,9,10,14) €18.00

Sweet Chicken & Vegetable Stir-fry & Rice  
(2,9,10,14) €18.00

### House Speciality Burgers

"The Gearoid Daniel" Our Classic  
Homemade Beef Burger topped with  
Bacon & Cheese, Ketchup  
& Caramelised Onion in a Toasted Brioche Bun  
(1,4,9,10) €10.50

"The Big Bird" Our Homemade  
Chicken Fillet Burger topped with Cheese,  
Crisp Lettuce, Red Onion, Coleslaw  
& Tangy Mayonnaise  
in a Toasted Brioche Bun (1,4,9,10) €10.50

"The Hawaiian" Our Classic Homemade  
Beef Burger topped with Grilled Pineapple,  
Bacon & Cheese, Pink Sauce  
in a Toasted Brioche Bun (1,4,9,10) €10.50

### Our Loaded Homemade Chips

• Topped with Garlic Mayo  
& Cheese (4,7) €8.50

• Topped with Bacon & Cheese (7) €8.50

**Spice Box** Crispy Spicy Chicken, Sweet  
Thai Chilli, Garlic Mayo, Mixed Pepper  
& Onions (1,2,4,9,11) €14.50

### Sides

Twice Cooked Homemade Chips €5.50

Twice Cooked Sauté Potatoes €5.50

Homemade Battered Onion Rings  
with Garlic Mayo Side (1,4) €7.00

### Kiddies Corner

Kiddies Meal Special (1,4,5,7,10) €9.00  
Sausages, Fish Fingers, Burger or Nuggets  
served with Skinny Fries & Juice

Kiddies Roast of the Day (7) €11.00

Kiddies Penne Pasta  
& Tomato Sauce (1,2,4,9) €7.50

Baby Bowls  
with Meat of your choice (7) €5.00

**Daily Dessert Specials  
€8.00**

### Takeaway Drinks

Cans of Minerals €2.50

#### Allergen List:

1. Cereals containing Gluten
2. Celery
3. Crustaceans
4. Eggs
5. Fish
6. Lupin
7. Milk
8. Molluscs
9. Mustard
10. Tree Nuts
11. Peanuts
13. Soybeans
14. Sulphur Dioxide & Sulphites

**MEAL DEAL**  
Any Burger  
with Chips & a Drink  
of your choice  
€18.00



## **TRANSFORM YOUR GARDEN FOR LESS WITH FANTASTIC DEALS**

**ON CANTILEVER PARASOLS, STYLISH PATIO SETS, AND COSY FIREPITS.  
QUALITY, COMFORT, AND GREAT VALUE—ALL IN ONE PLACE.  
SHOP NOW WHILE STOCKS LAST!**

**Casablanca 4 Seater  
Round Cushioned Set**



**WAS €699  
NOW €349  
HALF PRICE**

**Cantilever Parasol Beige 3m**



**ONLY  
€119.<sup>99</sup>**

**La Hacienda  
Barcelona Fire Pit**



**WAS €199  
NOW €129  
SAVE €70**

**Verona Patio Set**



**WAS €499  
NOW €299  
SAVE €200**



**EVERYTHING  
YOU NEED  
FOR  
OUTDOOR  
LIVING**

MARKET STREET,  
LISTOWEL, CO. KERRY

**Call 068 21044**

 **Topline  
McKennas**

Paint & Décor

Building & DIY

Heating & Bathroom

Indoor & Outdoor Living

Doors & Floors

**Quality & Service since 1871**



# BALLYLONGFORD OYSTER FESTIVAL

31st July to 3rd August 2026

*Festival Programme*



## Day 3 Sunday 2nd August

### Family Funday Country & Western Style

Enjoy an afternoon of family fun in the Church Grounds with games and activities for all ages. This year, we're adding a Country & Western theme in the Parish Hall, featuring country music, line dancing with a dance instructor.

There will also be a dog show for all to enjoy. Don't miss the excitement of our Donkey Drop Bingo, a unique attraction that is sure to keep everyone guessing with draw on the day. A guaranteed fun-filled afternoon of music, BBQ, dancing, laughter and community spirit for all the family.

**Time:** 2.00pm - 5.00pm

**Venue:** Church Grounds & Parish Hall

**Fee:** €5 per adult / €2 per child

### Charity Soccer Match

In memory of John McGrath, Timmy Noonan & Patrick Curtin Lenamore Rovers V Newtown Athletic.

Proceeds towards Ballylongford Xmas lights fund.

**Time:** 5.00pm

**Venue:** Micheal Dennehy Park, V31C678

### The Festival Duck Race

Get ready for the quackiest event of the festival. Join us for a splashing good time at the plastic duck race. Adopt a duck or more for €5 per duck. Then cheer them on as they bob and float downstream.

**Time:** 7.00pm

**Venue:** The Village

### Wellie Drag Race

Get ready to boot up speed and join us for a sole-full showdown at the wellie drag race.

**Time:** 7.30pm

**Venue:** The Village

### The Barmans Race

In honour of James McNamara. A Festival highlight, witness some hilarious fun and frolics, obstacles include bales and tyres. You don't have to be a Publican or work in a bar to take part.

**Time:** 8.30pm

**Venue:** The Village

## Opening Night Friday 31st July

### Kids Fancy Dress Parade

Gathering at Church Grounds with parade to the Festival Stage at Kennelly's Yard. Prizes for best dressed.

**Time:** 7.00pm

**Departs:** Church Grounds

**Fee:** FREE

### Kids Festival Disco

Kids, dance the evening away at our Festival disco with great live music with DJ Shicco.

**Time:** 7.30pm

**Venue:** Kennelly's Yard

**Fee:** FREE

### Official Festival 2026 Opening

Join us for the official opening of the 2026 Ballylongford Oyster Festival with special guest Patrick O'Mahony, World Champion Irish Dancer and former principal dancer with Riverdance.

**Time:** 8.30pm

**Venue:** Kennelly's Yard

**Fee:** FREE

### Annual Oyster Swallowing Competition

Join us for our most 'shellebrated' event of the year, the annual oyster swallowing contest. It's all you can swallow in 30 seconds to win big bucks.

Prizes include: 1st €100, 2nd €50, 3rd €25 plus trophies.

Kindly Sponsored by Liam & Kevin Purtill.

**Time:** 9.00pm

**Venue:** Kennelly's Yard

**Fee:** FREE



## Day 2 Saturday 1st August

### Conor Heaphy Memorial Football Blitz

U12's Tournament s at Ballylongford O'Rahilly GAA Grounds. More info contact Moss Kenrick on 086 220 9469.

**Time:** 11.00am

**Venue:** O'Rahilly GAA Grounds

**Fee:** FREE

### The Forge Coffee Stop

At the cozy coffee shop for a sing song & live music with Adam Finucane.

**Time:** 1.00pm - 3.30pm

**Venue:** The Forge Coffee Stop

**Fee:** FREE

### Festival Car Treasure Hunt

Gather in the Church Yard with Noel Lynch who will be responsible for 1 1/2 hours of fun and puzzle solving.

Prizes presented at 4.00pm in Mike O'Carroll's Bar (Sponsor)

**Time:** 2.30pm - 4.00pm

**Departs:** Church Yard

**Fee:** €15 per car

### The Annual Seafood Banquet

Join us in the Parish Hall for our annual Banquet.

All inclusive. Tickets available on PowerTik

Ballylongford Seafood Banquet at

<https://ie.powertik.com/>

Scan the QR Code for tickets!

**Doors:** 7.30pm / **Starts:** 8.00pm

**Venue:** The Parish Hall

**Fee:** €80.00



### The Mike O'Neill Memorial Darts Tournament

Perpetual trophy for the winner. To enter call 087 069 0306. Contribution will be made to Ballylongford Xmas lights fund.

**Time:** 10.00pm

**Venue:** The Rovers Return

## Bank Holiday Monday 3rd August

### Annual Memorial Tractor Run

Join us for our annual tractor run in memory of John Hanrahan, Ahanrahan, Ballylongford with both kids and adults tractor runs. Kindly sponsored by Timmy Lynch.

All donations on the day in aid of Palliative Care Kerry.

Please support this most worthy cause!

**Time:** Registration from 12noon

at Finucane's Bar

**Kids Run Departs** 1.15pm

**Adults Run Departs** 1.30pm

**Departs:** Quay Street

**Fee:** €20.00



### Historical Walk

Come along and enjoy a walk packed full of historical facts and folklore with guests, Dr. Declan Downey, Padraig O'Concubhair & Tom Kennedy.

€5 fee which will be donated to the upkeep of our Parish Hall.

**Time:** 2.30pm

**Departs:** From The Church Yard

**Fee:** €5.00



## Festival Bar Entertainment

Join us for a great weekend of live entertainment each night during the Festival in our public houses around the village of Ballylongford!



## Festival Information

We would like to take this opportunity to thank all our generous sponsors and supporters for helping us with our annual Festival. Your support is greatly appreciated. This is a fundraising event for the community. Our sponsors will be listed at events during the Festival weekend and on our facebook page, please support them where possible!

There will be a variety of local seafood available for tasting throughout the Festival which will be served all around the village.

We would like to acknowledge the contribution of our local Tidy Towns Group and CE Scheme for all their hard work in making our village so attractive and clean.

### Our Main Festival Sponsors





## GERALDINE DEE SYSTEMATIC KINESIOLOGIST

*"Empower your body, Free your mind"*

Systematic Kinesiology is for everyone. I treat people of all ages.

Systematic Kinesiology is based on muscle testing, seeking to identify and balance the root cause rather than focusing on the alleviation of symptoms.

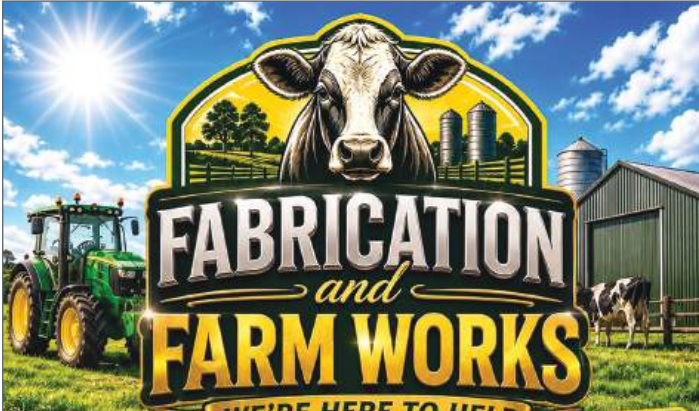
Our approach works with the whole person (Mental, Chemical, Physical and Energy).



**Kinesiology helps with:**

- Digestive Issues (heartburn, reflux, constipation etc)
- Back Pain
- Headaches
- Muscle Aches and Pains
- Stress / Work Stress
- Perimenopause / Menopause
- Anxiety
- Bereavement / Grief
- Sleep Issues / Fatigue
- Skin Problems
- Post Covid Issues
- Life after Cancer
- Vitamin Deficiencies
- Food Sensitivities.....etc

I see clients for 1 hour treatments in Ballybunion.  
Contact me on: **087 6441088**  
Email: [gerallendee@gmail.com](mailto:gerallendee@gmail.com)  
Facebook & Instagram: 'Geraldine Dee Kinesiology'



## FABRICATION and FARM WORKS

**WE'RE HERE TO HELP**

**WE SPECIALISE IN:**

-  **POWER WASHING** OF ALL FARM PREMISES UP HIGH AND DOWN LOW
-  **WE ALSO BRING YOUR OLD SHEETING BACK TO NEW** WITH OUR TOP QUALITY PAINTS THAT COME IN A VARIETY OF COLOURS
-  **WE DO ALL TYPES OF WELDING ON FARM PREMISES**
-  **GUTTER REPAIRS**
-  **WE REPAIR OLD SHEETING**
-  **AND ALSO REPLACE WITH NEW IF NEEDED**
-  **WE ALSO DO PLUMBING**

**GIVE US A CALL ON  
0899875186  
KENNETH**

 **FREE QUOTATIONS**

 **FULLY INSURED**

 **WE'RE HERE TO HELP**



# Best of Luck Kerry!

**Wishing the Kerry Senior Footballers and the Kerry Ladies Footballers every success in their All-Ireland Finals.**

**From all at Pierse Fitzgibbon Solicitors LLP, Listowel**

**Ciarraí Abú!**





**PIERSE  
FITZGIBBON  
SOLICITORS LLP**





# TRITON

## DIOLAZE *xl*



### DIOLAZE *xl*

## SMOOTH SKIN FOR EVERY SEASON

**Diolaze**, an advanced laser hair removal treatment, offers a modern solution for long-term hair reduction, helping you achieve smoother skin with fewer worries about unwanted hair



### What makes Diolaze special?

- ✓ Fast treatments
- ✓ Built-in cooling for comfort
- ✓ Suitable for many areas of the body
- ✓ Long-term hair reduction

# M K BEAUTY

## SKIN LASER EYEBROWS

18B The Square, Listowel | tel: 068 22912

hello@mkbeauty.ie | www.mkbeauty.ie

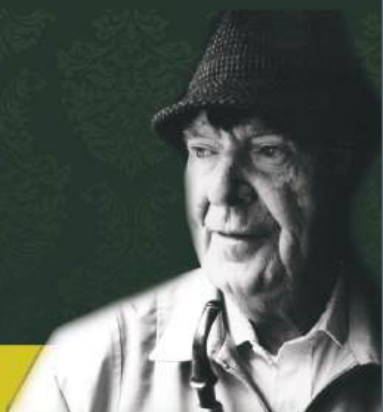




# THE SEAN MCCARTHY MEMORIAL WEEKEND

FINUGE, COUNTY KERRY

31ST JULY TO 3RD AUGUST 2026



## FRIDAY, 31ST JULY

### ELLE MARIE O'DWYER

Time: 8:30PM | Venue: Teach Siamsa | Adm: €20 + Booking Fee  
Sponsored by the Horgan Family in memory of Claire Vivian (Horgan)

### KIMS PEOPLE

Time: 10:00PM | Venue: McCarthys Bar & Beer Garden  
Admission: Free



## SATURDAY, 1ST AUGUST

### Twinning Ceremony with Sheehans Thatched Cottage and "Teac Mallon" Meigh, Armagh

Time: 4:00pm | Venue: Sheehans Thatched House | Admission: Free

### FINAL OF THE SEAN MCCARTHY BALLAD COMPETITION

Time: 8:30PM | Venue: Teach Siamsa | Admission: €15 + Booking Fee

### THREES A CROWD

Time: 10:00PM | Venue: McCarthys Bar & Beer Gardens | Adm: Free

## SUNDAY, 2ND AUGUST

### CRAFT FAIR & CAR BOOT SALE

Time: 12PM to 4PM | Venue: Sheehans Thatched Cottage | Adm: Free  
Note: Stalls/Pitch 5 euro email [info@finugeweekend.com](mailto:info@finugeweekend.com) for bookings

### FINAL OF THE MICK MCCARTHY STORYTELLING COMPETITION

Time: 8:00PM | Venue: Teach Siamsa | Admission: €15 + Booking Fee

### HEART & SOUL

Time: 7:00PM – 9:00PM | Venue: McCarthys Bar & Beer Gardens | Admission: Free



## MONDAY, 3RD AUGUST

### PEGGIE O CONNELL MEMORIAL RAMBLING HOUSE

Time: 2:30PM – 5:00PM | Venue: Teach Siamsa | Admission: Free

### THREES A CROWD

Time: 6:00 PM | Venue: McCarthys Bar & Beer Gardens | Adm: Free



GREENVILLE  
PROCUREMENT

THE NILSSON FAMILY



Tickets on sale on eventbrite and through website: [www.finugeweekend.com](http://www.finugeweekend.com)  
Queries to [info@finugeweekend.com](mailto:info@finugeweekend.com) or call 087 6250516 (after 6pm)



## CAROLINE'S DÓTERRA ESSENTIAL OILS

WELLNESS WITH CAROLINE HORGAN

### The Little Things That Make the Biggest Difference

As we move through the second half of July, I've been reflecting on how wellness isn't usually about making one big change. More often than not, it's the little things we do consistently that make the biggest difference to how we feel.

People often ask me what oils I use most, expecting there to be one magic product. The truth is, there isn't.

For me, it's about creating small daily habits that have gradually become part of everyday life. Individually they may seem simple, but together they help me feel healthier, calmer, more energised and better able to look after both myself and my family.

#### My Everyday Wellness Ritual

Every morning starts with a large glass of water with a drop of **Lemon** essential oil. Not only do I love the fresh taste, but it encourages me to drink far more water throughout the day. Staying hydrated has become one of the simplest yet most important habits in my wellness routine.

I also love taking my **VMG+** sachet with breakfast. It gives me peace of mind knowing I'm supporting my body with essential vitamins, minerals and nutrients, even on the busiest of mornings when life can be a little hectic.

Movement has also become a non-negotiable part of my day. Whether it's a walk through the countryside or simply getting outdoors for some fresh air, I always notice the difference—not only physically but mentally too.

After a longer walk or a busy day on my feet, I nearly always reach for my **Deep Blue Stick**. I simply glide it over tired muscles, my lower back or across the back of my neck where tension likes to settle. It's quick, convenient, there's no mess, and it's become one of those products I wouldn't be without.

#### Small Habits Build Healthy Lives

One thing I've learned is that wellness doesn't happen overnight.

The oils and supplements aren't magic—but they do work.

When we combine good nutrition, movement, hydration, quality sleep and essential oils into our daily routine, those small habits begin to build something much bigger: a healthier, happier lifestyle.

That's what I love most about dōTERRA. It isn't about quick fixes. It's about supporting our bodies naturally every single day.

#### Caroline's Top Tip – Keep It Simple

Don't feel you have to do everything at once.

Start with one or two simple habits that fit into your day. Perhaps it's Lemon in your morning water, diffusing your favourite oil while making dinner, or using the Deep Blue Stick after a walk.

Small steps really do lead to lasting changes.

#### Your Wellness Journey Starts with Support

One of the greatest pleasures of what I do is helping people discover how simple natural wellness can be.

If you've been thinking about getting started with dōTERRA, I'd be delighted to help you. I can set up your own **dōTERRA Wholesale Account** for just **€25 per year**, giving you access to wholesale pricing across the full range of essential oils, supplements and wellness products. Better still, the membership fee is waived when you purchase one of the popular kits, such as the **Family Essentials Kit** or **Home Essentials Kit**.

More importantly, you won't be left wondering where to begin. I'll guide you every step of the way, helping you choose the right products and showing you practical, everyday ways to use them with confidence for yourself and your family.

Supporting families across **North Kerry, West Limerick**, and beyond is something I genuinely love, and it's a privilege to be part of so many people's wellness journeys.

#### Thought for the Week

*"It's the little things we do each day that quietly become the big things we thank ourselves for later."*

Caroline  
dōTERRA Wellness Advocate –  
North Kerry & West Limerick  
087 2921292  
Wellness with Caroline Horgan



## ESB TARBERT & KERRY RETIRED GREAT OUTING TO LISTOWEL

The group with over 30 members of the ESB Retired Staff Association, from the former ESB power Station Tarbert, ESB District Staff from Kerry & North Cork had a lovely outing in Listowel on Thursday 16th July.

The morning commenced with morning coffee in the Writers Museum. At 11am the two groups were guided by two excellent guides Margaret and Connor and this gave the group a great insight into the history of the Castle including living conditions. An interactive display of medieval items are on show in the Castle rooms.

A succulent lunch was enjoyed in Christy The Well Bar and Restaurant of the finest roast beef from our North Kerry pasture land or baked Wild Atlantic North Kerry Salmon. Catering manager, Nora O'Brien delivered food to the highest standard.

After lunch the group went to The Lartigue Listowel and Ballybunion Railway Museum, where Michael Guerin conducted a guided tour of the Lartigue grounds and museum collection, including our technology section, which shows the Valentia Cable of 1857, Marconi Radio Station Ballybunion, ESB Rural Electrification. Of great interest was the showing of the original archive movie of the original Lartigue. Then the group went for a train trip on our full size replica of the train, where they experienced all the noise, movement and intricacies of the original. On duty for the train operation were many former ESB volunteers. Which made for great bonding and recollection of former ESB days.



Congratulations to Niamh Lordan from Listowel and now living in Cork was the winner of the style stakes at the Lee Strand Best Dressed at the Killarney Races on Friday, 17th of July, and Tariq Anwar from Dublin won the Lee Strand Best Dressed Gent. Also pictured were Judges Niamh de Brún-Reid and TJ Reid who selected ten lady finalists and ten gent finalists from the thousands of women and men who attended the Lee Strand Best Dressed 2026.

Photo by: Domnick Walsh - Eye Focus LTD - 087 26 72 033



EST. 1994

# THE OPTICAL SUITE

DIARMUID O'SULLIVAN OPTOMETRIST

## SMOKING AND EYE HEALTH

Why stopping smoking is one of the best steps you can take to protect your vision.

Smoking, and exposure to smoke, significantly increases your chances of developing eye disease and suffering sight loss. It's never too late to benefit from stopping. But the sooner you stop, the better the outcome is likely to be.

Below is a list of five eye conditions that are related to smoking.

### 1. Age-related macular degeneration (AMD)

AMD is the most common cause of sight loss in Ireland and mainly affects older people. Smokers are up to four times more likely to develop the condition.

AMD affects the central part of your vision and can make everyday activities, such as reading or even recognising faces, difficult or impossible. There are two types of AMD – wet AMD, which can often be treated with injections in the eye if caught early enough, and dry AMD, for which there is currently very little effective treatment. Stopping smoking is the best way to reduce your risk of developing AMD.

### 2. Cataracts

Smoking doubles your risk of developing cataracts. Cataracts cause the lens inside your eyes to become cloudy.

Smokers tend to develop cataracts at an earlier age than usual. The cataracts develop more rapidly than normal, and usually affect the central part of the lens.

### 3. Dry eye

Dry eye can make your eyes feel sore and itchy and cause them to water. Smoking often causes this condition or makes it worse.

### 4. Uveitis

Smokers are at least twice as likely to develop uveitis – a condition where the middle layer of the eyeball becomes inflamed, causing eye pain and changes to your vision. The condition can also lead to secondary eye conditions, such as glaucoma and cataracts.

### 5. Diabetic retinopathy

If you suffer from diabetes, smoking increases your risk of developing retinopathy, where the blood vessels in the retina at the back of the eye become damaged. This often causes blurred vision and dark spots and can lead to permanent loss of vision.

### Looking after your eyes

Stopping smoking is one of the best steps you can take to protect your vision.

Whether you are a current smoker, an ex-smoker or have never smoked, it is important you visit your optometrist regularly.

We recommend that you have a sight test at least every two years, or more often if your optometrist recommends it.

For more information and honest advice contact us for an appointment.



Ray-Ban TED BAKER LONDON  
FURLA  
Mulberry kate spade  
JIMMY CHOO NEW YORK

FOR AN APPOINTMENT CALL US AT  
THE OPTICAL SUITE

7 WILLIAM STREET, LISTOWEL V31 NF40  
T. 068 53463 | E: listowel@opticalsuite.com

hometech

SMART TECHNOLOGY  
FOR YOUR HOME & BUSINESS

Contact us for your free quote...

Tel: (066) 715 2003 | 087 6929230

Email: info@hometech.ie

### OUR SERVICES



FIBRE BROADBAND



SATELLITES & AERIALS



SMART INTEGRATION



TV SYSTEMS



CCTV & INTRUDER ALARMS

BROUDER'S

Blinds



Call Andy

087 9345865

Manual & Electric Roller Blinds  
Venetian Blinds - Vertical Blinds  
Perfect Fit Blinds - Cassette Blinds



## Clounmacon GAA Club Lotto

01 Scan the QR code below!

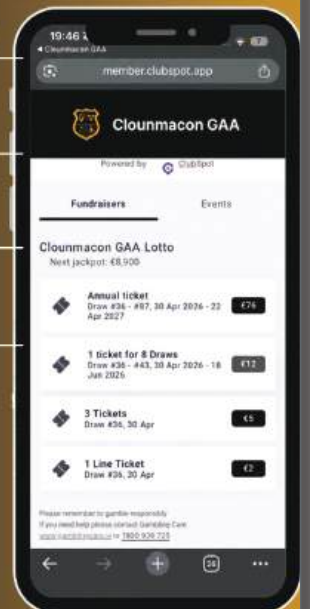
02 Enter Details  
& Select Auto Review

03 Proceed to payment  
& secure your ticket!

04 Could you be the  
Jackpot Winner?



Scan Here!



Jackpot  
€8,900



## SAN RITA WELLNESS

Welcome to San Rita Wellness weekly column... We hope you are safe and well.

I'm sure you are familiar with the saying "If the cap fits wear it".

Well, that's all fine and dandy if we were only talking about a cap. But what we want to think about this week is how can our clothes in our wardrobes help to keep our motivation strong and our weight loss and wellness journey going.

### Change of Season / Weather

This is now the time of the year, and more so with the change of weather, we are having to maybe sort out our wardrobe and change around the clothes that are in there at the moment. For example, are there clothes in there that are too heavy, too dark, too wintery, too BIG, too SMALL or maybe just not quite fitting you right yet etc? Think about it.....

How often do we look in the wardrobe and say "I've nothing to wear"

Now that normality has resumed and we are all making plans to go places. Whether its meeting friends and having a meal out or maybe a night away, we all want to look and feel our best. Its great to now have an opportunity to get dressed up and we all have the clothes in the wardrobe that we haven't had a chance to wear in a while.

### Carrot V Stick

Clothes are something that can help us to keep our weight loss going. A bit like the carrot and the stick.

The CARROT being to get DOWN to a smaller size, and the STICK being not having to go UP to the bigger size. We are all guilty of hoarding and holding on to stuff, so take out the clothes that are too big for you and get rid of them, otherwise you will only be thinking sure I will always find something to fit if I gain weight again, so our advice would be to get RID, RID, RID

The type of clothes you wear can help or hinder your Weight loss. It's usually your clothes that'll be the first thing you notice as you start losing or gaining weight.

Avoid wearing elasticated waistbands ALL of the time, because they grow with you while an item of clothing with a waistband will always give you the pinch or the credit when it's due.

Next, take a look at what's not quite fitting right yet, and keep those where you will see them. That would remind you every time you open the wardrobe of what you want to achieve. The most important thing is that we should feel good in the clothes that we "want" to wear, and not just "have" to wear something because we have no choice and it will have to do. De-cluttering the wardrobe is like de-cluttering the mind, and that has to be good for our overall well being too.

### Think Ahead

Upcoming events can be a great motivator for us to keep us inspired on how we want to look and feel when we are dressed up. After all when you feel good about yourself on the inside, no matter what you wear it will sparkle through on the outside.

So, now we hope you will be busy sorting out the wardrobe over the week, but think about the satisfaction you will get every time you open the doors, knowing that you can put your hand on anything and every thing you love.

We at San Rita Wellness would often encourage our members to look beyond the number on the scales and focus on their changing body shape. Clothes are really a great indicator of the progress our members are seeing and feeling and also are a great motivator.

We will leave you with a thought...

*"Nothing tastes as good as being slim feels."*

For extra support and for weekly accountability check us out on Facebook San Rita Wellness or [sanritawellness.com](http://sanritawellness.com) for details of our "In Person Meetings" "At Home Service" or our "One to One Service"

NB - Our weekly "In Person Meetings" take place in the Kerry Writers Museum, The Square, Listowel every Wednesday morning from 10am to 11am and evening from 6pm to 7pm

Give us a call on Sandra 087 6718377,  
Rita 087 1012174

Until next week Sandra and Rita



## BOOKS OF THE WEEK

in association with

## Woulfes Bookshop

Listowel's Only Dedicated Bookshop

Church Street, Listowel - T: 068 21021

[www.woulfesbookshop.ie](http://www.woulfesbookshop.ie) / follow us on facebook

### Everything She Didn't Say

By Jane Casey

*Someone is dead.  
Someone is a killer.  
Someone is lying.*



A woman is found in bloodstained clothes on the lonely coast of County Mayo.

At first, she won't speak. Then a name comes: Ruth. And a story about her missing friend: Maura.

Ruth says she and Maura were staying in a clifftop house together. But there's no trace of her there. Nothing but a pool of blood.

Ruth says the pair fought in the days before Maura disappeared. But the locals say they only ever saw one woman.

Ruth swears she's telling the truth, but do the answers really lie in everything she didn't say?

*'Insanely gripping, full of hairpin twists and turns, I could not put it down'*  
Marian Keyes

**OPEN MON TO SAT 10.30AM - 5.30PM**

**Phone Orders 068 21021. Also by email at [woulfesbookshop@gmail.com](mailto:woulfesbookshop@gmail.com)**

**WE OFFER A**

**Book Choosing & Book Posting Service**

**We will choose a book to suit you & have it posted**

*"I am Reading"*

**SOUTH WESTERN**  
**SCRAP METAL**  
COMPANY LTD

**CALL OR TEXT**  
**087 1961684**  
[www.swscrapmetal.ie](http://www.swscrapmetal.ie)

Yard open at Clieveragh, Listowel (Behind Mac Fuels)

**WE TAKE ALL METALS INCLUDING CARS & ALL KINDS OF SCRAP**

**€CASH FOR SCRAP€**

Opening Hours... Mon-Sat: 8.30am - 5.30pm





**NEUROFIT**  
Injury Rehab & Performance

**STRENGTH TRAINING FOR OLDER ADULTS**  
LISTOWEL, CO. KERRY

MOVE BETTER, STAY STRONGER, LIVE INDEPENDENTLY

Suitable for:

- ✓ Complete Beginners
- ✓ Safe Training for Injuries
- ✓ Pain Relief & Better Mobility
- ✓ Osteoporosis Management
- ✓ Support for Arthritic Conditions

CALL **NEUROFIT** TODAY ON **087 352 5261**  
**FREE CONSULTATION FOR NEW CLIENTS**

Clieveragh Ind Estate, Listowel, Kerry | 087 352 5261 | [www.neurofit.ie](http://www.neurofit.ie)





**LISTOWEL RACES SUPPORTERS CLUB**

Proud sponsors of Listowel Races since 1986  
Membership now available - Annual Subscription €270  
Total value of passes over €400

**JOIN BEFORE THE GALWAY RACES AND BE IN WITH A CHANCE TO WIN UP TO €600**  
Before Monday 27th July

**Whats Included?:**

- You get 14 passes for September Meeting + 1 for June Meeting
- Participation in the daily sweeps and competitions, with a prize fund in excess of €7,000.
- Private clubroom with Full Bar, Tote & TV.
- Complimentary teas/coffees and light snacks.
- A leading racing personality will mark your card each day before racing from Monday to Friday inclusive.
- The Supporters Club also sponsor 2 valuable races during the week.

By joining The Supporters Club you are helping to promote The Listowel Races.

For further information please contact our Secretary Con McCarthy  
Email: [conmac53@yahoo.co.uk](mailto:conmac53@yahoo.co.uk) | 087 2513582





**HARD OF HEARING?**

**ADVANCE HEARING**

**VISIT THE NEXT HEARING AID EXHIBITION ON**  
**Wednesday 29th July 10am-2pm**  
**O'Connor's Pharmacy - Chemco**  
**Market Street, Listowel Tel: 068 21295**

**SEE, TRY & TEST** the latest in **DIGITAL HEARING TECHNOLOGY**  
Free hearing test and a professional evaluation of your hearing. Generous P.R.S.I. grants available if fitted.  
This is an opportunity to stop living in silence, and improve your hearing now.  
Talk to us, leading experts in Digital Hearing Technology and get the best advice available to you.

**For an appointment please call: 021 4276337**





Well done to Listowel's Joey Heffernan who competed in The Community Games Regional Finals last Saturday



Olivia Walsh representing Listowel Athletic Club who ran in the girls U11 600m to finish 5th in her heat with a time of 2:10.86 at The Munster B Championships



Some members of St Michael's Basketball Club Lixnaw excited to receive their basketballs kindly sponsored by Life Pharmacy Lixnaw



John O'Carroll from Ballyduff enjoying a snack at Austin Stack Park on Saturday for the championship semi final between Ballyduff & Abbeydorney. Photo Moss Joe Browne



Sean Keane, Lixnaw Community Games, who was part of the winning Kerry U.16 Pitch & Putt team, who competed at the National Community Games Finals in Clara, Co. Offaly last weekend



Nessa McElligott, representing Kerry and Lixnaw Community Games, at the recent Regional Finals in Templemore. Nessa competed in the U.14 80m Hurdles



U14B Listowel Emmets Team after a great game against Beale last week



Congratulations to Daryl Mongey representing Listowel Athletic Club who won silver in the boys U11 600m in 2nd place with a time of 1:59.64. Daryl also competed in the boys U11 long jump and finished 4th with a jump of 3.17m at The Munster B Championships



Kerry prizewinners from the Munster Intermediate Mens Pitch & Putt Strokeplay Championships in Deerpark last Saturday. Ajay Barrett (Listowel, Winner, right) and Dan Broderick (Deerpark, Runner-Up, left)



Well done to Aoileann Collins who competed in the Community Games Regional Finals in Templemore last Saturday



Huge congratulations to Saoirse Carey representing Listowel Athletic Club who claimed 1st Place in the U13 Girls Shot Putt with a brilliant new PB of 8.21m at The Munster B Championships



# PROFSSIONAL WALL CHASING SERVICES

SAVE TIME ON SITE — LET US DO THE DIRTY WORK!



**WHY HIRE ME?**

- ✓ Efficient: Get in, done, out.
- ✓ Dust Conscious
- ✓ Clean sites.
- ✓ Professional: Irish Install Standards. Insured & Certified

**SAFETY FIRST. FREE QUOTES. GUARANTEED WORK.**

**LORCAN**  
**087 763 0694**  
Call or WhatsApp for bookings and availability




# HERMITAGE GREEN

CELEBRATING 15 YEARS

**FRIDAY, JULY 31**  
*Tickets on sale now*

**THE TINTEAN**  
Ballybunion, Kerry

# Zack Doolan Painting Contractor

**Call Zack**  
**087 037 9307**

## Professional Painting Services

- Interior & Exterior Painting
- Hand Pained Kitchens & Resprays
- Fully Insured
- Many Years Experience
- All Jobs Considered

**Call Zack Today for a Free Quote**

# CAR/VANS FOR SALE



**PRICE DROP**

**Toyota Auris Car Van 2017**

- 1.4ltr Diesel
- 212150km (131,800 miles)
- Excellent Condition and in perfect running order
- Serviced at 10k intervals
- A great run around car van
- Light on fuel
- Low on maintenance

**€5,100 ex VAT**



**PRICE DROP**

**Toyota Auris Car Van 2018**

- 1.4ltr Diesel
- 190693km (118,500 miles)
- Excellent Condition and in perfect running order
- Serviced at 10k intervals
- A great run around car van
- Light on fuel
- Low on maintenance

*Call now and dont miss the opportunity!*

**€5,650 - No VAT on sale**

**If interested please call John on**  
**086 8145184**



## BALLYBUNION

### CONDOLENCES

We extend our deepest sympathy to the family of Paul McGlinchey, Kilcox, Lisselton, Co Kerry. Paul will be sadly missed and lovingly remembered by his mother Margaret, sister Julie, fiancée Sonya, extended family, neighbours and many friends.  
May he Rest in Peace.

### SUMMER ART FUN – EVERY SATURDAY

Looking for something creative and fun for your child this summer? Join our Children's Art Classes in the heart of Ballybunion! At Cinema Lane, Main Street, Ballybunion. Every Saturday throughout the summer, 11.30am – 1.30pm. €15 per child (includes all art materials!)

To book, contact Marie on 086 066 4435. Let your little artist shine this summer!

### TINTEÁN THEATRE

Coming up on Fri 24th July at 8pm is Kerry-born country-pop artist Kaylene Chute returns home to perform a special headline show. Originally from Listowel and now based in Abu Dhabi with a full live band, Kaylene's performance promises a mix of upbeat, feel-good tracks and more intimate, emotional moments, all centred on her signature storytelling style. Coming Fri 31st July at 8pm Hermitage Green reach a 15 year landmark and are aiming as high as ever. Following sell out shows at St John's Castle, Limerick and Whelan's Dublin we are excited to welcome them back to Ballybunion. Doors open for both shows at 7pm. Tintean has an exciting line-up of concerts coming up this year: visit [www.tintean.ie](http://www.tintean.ie)

### BALLYBUNION TIDY TOWNS

Free workshop on how to help stranded dolphins on the beach. Friday 24th July 6pm-9pm The Olde Attic, Main Street. Booking [ballybuniontidytowns2023@gmail.com](mailto:ballybuniontidytowns2023@gmail.com). Garden Competition is still open. If your garden is blooming let us see it! Art Competition for ages 6 to 16 based around our world, biodiversity and recycling! Entry forms and dropping off art work at the Tourist Office. Art Competition open for ages 6-16. Thank you to all volunteers and local residents for all your watering around town. All information on our FB and Instagram pages. Every Monday 6.15pm clean up, meet up Supervalu car park. Any queries email [ballybuniontidytowns2023@gmail.com](mailto:ballybuniontidytowns2023@gmail.com).

### BEACH WHEELCHAIRS

Free Beach wheelchair service is continuing again this summer. The Beach Wheelchair is housed at Ballybunion Ladies Beach at the Lifeguards Hut. It can be used for up to 3 Hours depending on Bookings. Weekdays 12 Noon – 7pm and weekends 11am – 7pm Phone 087 3748030 to Book.

### PATTERN DAY – SATURDAY 15TH AUGUST, BALLYBUNION

A fun-filled Pattern Day in Ballybunion on Saturday, 15th August. The day begins with a FREE Sand Castle Competition on the Ladies Beach at 10am, followed by the Kids Fun Colour Run at 10.30am and the 5km Colour Run at 11am. Registration for both colour runs is available at: <https://eventmaster.ie/event/02W3FzqsA1>

Enjoy Busking on the Street from 11.30am to 12.30pm, followed by Ger Walsh performing at The Railway Bar from 1pm to 3pm. From 5pm to 7pm, Eddie Lee will perform on the Castle Green, where a Jiving Competition will also take place.

Market stalls on the Castle Green will be open from 11am until late, and all music events are free.

Everyone is welcome for what promises to be a fantastic day of family fun and entertainment.

### BALLYBUNION SUMMER MARKETS

Ballybunion Summer Markets are back up and running every Sunday until August 30th from 11am-3pm. Come along each week to enjoy local vendors, food, and community spirit, all while supporting a fantastic cause. Like last year, all money raised will be donated to Ballybunion Sea & Cliff Rescue. We can't wait to see you all there for another wonderful summer in Ballybunion!

### BINGO BALLYBUNION

Every Wednesday at 8.15pm in Mikey Joe's Bar, Main Street, Ballybunion. Prices: Single book €10, double book €13, plenty of prizes to be won! Come along for a fun-filled evening—everyone is welcome!

### MASS ON SUNDAY

St John's Parish Ballybunion is seeking new musicians and singers to support the 11.30am Mass. They are inviting volunteers who could commit to one or more Sundays during the year. Any contribution, no matter how small, would be greatly appreciated. Please contact Geraldine or any member of the parish team for further information

### BALLYBUNION LIBRARY

Ballybunion Library: Come in with your child and sign up for the Summer Stars Reading Programme, whereby they read 8 books over the holidays and are awarded with a certificate and

Medal for completing the challenge. [www.summerstars.ie](http://www.summerstars.ie) Also, for the children that are starting Junior Infants this September, we have a Little Library Bag for each child. It contains some nice books and other goodies that may help the transition to Primary School.

Opening Hours: 10am-1:30pm and 2:30pm-5pm from Tuesday to Saturday inc. [ballybunion@kerrylibrary.ie](mailto:ballybunion@kerrylibrary.ie) 068 27615 [www.kerrylibrary.ie](http://www.kerrylibrary.ie) Everybody Welcome!

### CHAIR BASED FITNESS PROGRAM

Class Chair-Based Exercise in Ballybunion Community Centre every Tuesday 11.00am-12.00pm.

Pay as you go classes available also, Please phone to book your chair call Martina on 087 797 3688

### BALLYBUNION MEALS ON WHEELS

Delivery Days: Monday, Wednesday, and Friday, Areas Covered: Ballybunion, Lisselton, Asdee, and Ballylongford. Please note: €8 per meal (delivered directly to your door). To arrange delivery, please contact: Eileen Fogarty – 086 2234 965 Con McCarthy – 087 418 4241. Reliable, home-cooked meals delivered with care!

### TAEKWONDO BALLYBUNION

Taekwondo Classes – Ballybunion Community Centre. Join our Taekwondo classes in the upstairs hall for all ages and skill levels! Every Wednesday – Beginners (ages 5+), teens & adults & every Friday – Beginner teens & adults.

Build confidence, balance & coordination, improve fitness & self-defence skills & Develop self-discipline in a fun environment. Interested? Contact Michael at 087 924 5637 to get started!

### BALLYBUNION BADMINTON

Stay Active with Ballybunion Badminton! Looking for a fun and engaging way to stay fit? Join Ballybunion Badminton for a great cardio workout that improves agility, coordination, and relieves stress.

Every Thursday, 8 PM – 10 PM at Ballybunion Community Centre. Strictly over 15s – New members are always welcome! For enquiries, contact us via the Ballybunion Baseliners Facebook page or text 086 166 0682.

### BALLYBUNION HEALTH AND LEISURE CENTRE

Opening Hours, Monday – Friday: 8:00 AM – 9:00 PM, Saturday: 9:00 AM – 6:00 PM, Sunday & Bank Holidays: 10:00 AM – 6:00 PM. We offer a variety of exercise and fitness classes, including Hydro Bikes, Aqua Aerobics, and Spinning.

Public swimming lessons take place during the week and can be booked by contacting reception. For more information, please call Reception at 068-28111 or follow our Facebook page: Ballybunion Health & Leisure Centre for regular updates.

### BALLYBUNION COMMUNITY CENTRE

Ballybunion Community Centre has the perfect space for hosting your sports, groups, classes or parties. The following are the classes take place in the centre, Parent, baby and toddler groups, Taekwondo, Badminton, Yoga Classes, Chair based exercises, Craft circles, Dance fitness, English lessons, Indoor soccer, Drama class, Basketball, Irish language development class for kids, Gymnastics, Ballybunion Youth Club. Please contact 068-27799 or email [ballybcomcentre@gmail.com](mailto:ballybcomcentre@gmail.com) for any information.

### POSITIONS AVAILABLE IN COMMUNITY

Community Employment offers paid work, welfare supports, free training courses and an opportunity to get involved in the community. Current part-time positions (19.5 hrs. /wk.) Include: Tinteán care taker, Leisure Centre Cleaner, Sea Rescue Hut Caretaker, Environmental worker with Tidy Towns. For details, contact Rosaleen on 089-2763786 or email [saothairmanabhann@gmail.com](mailto:saothairmanabhann@gmail.com)

### HAPPY TAILS DOG GROOMING

Exciting news for all pet owners! A brand-new dog grooming service has just opened 10 minutes from Ballybunion, offering top-quality care to keep your furry friends looking and feeling their best. Whether your pup needs a full groom, a quick wash, or a little pampering, they've got you covered!

Support local business and treat your dog to a well-deserved spa day. To book your appointment today Contact Sinead on 087 622 9501.

### SAN RITA WELLNESS

In Person Meetings take place every Wednesday from 10am-11am & 6pm to 7pm in The Kerry Writers Museum. If you are anxious to make a start now you can join our "At Home Service" where our members love the support, motivation, accountability and also seeing fantastic results on the scales. Call us for more information. Sandra 087 6718377 Rita 087 1012174

### GROW SUPPORT GROUP MEETINGS

Grow support meetings on Wednesdays from 7:30pm to 9:30pm in the Seanchai centre, Kerry writers museum the square Listowel, All men and women welcome, for more information either attend or ring Jerry Cronin 0860271990 or [www.grow.ie](http://www.grow.ie)

### BALLYLONGFORD OYSTER FESTIVAL

Ballylongford Oyster Festival - August Bank Holiday Weekend (Friday 31st July - Monday 3rd August). Fun and sport for all the family! Check out our Facebook page for full festival programme.

### BALLYBUNION NOTES

If you'd like to include an item in The Ballybunion Notes, please send it to [ballybuniontouristoffice@gmail.com](mailto:ballybuniontouristoffice@gmail.com) or message us on the Ballybunion Tourist Office Facebook page by 10:00 AM on Monday. The Ballybunion Tourist Office is funded by the Ballybunion Community Forum and is open all year round.



# ISLAND

## HEARING SUITE



FOR SOUND ADVICE

Tel: 066 971 9111

Mobile: 086 823 6065

Email: [info@islandhearingsuite.ie](mailto:info@islandhearingsuite.ie)

[www.islandhearingsuite.ie](http://www.islandhearingsuite.ie)

### Services we offer include...

- Full hearing test
- Micro-suction
- HD video otoscopy
- Multiple brands supplied
- Otoscan Digital 3D scanner
- FREE PRSI Hearing Aids
- Pricing to suit all budgets
- Grants of up to €1,000 available
- House Calls by appointment
- 5 year warranty

### DELIVERING WORLD CLASS AI TECHNOLOGY FOR YOUR HEARING

ReSound

# Vivia

Sound is more  
vivid than ever

ReSound GN

### World's Smallest AI Hearing Aid

- Bluetooth® LE Audio & Auracast
- Tinnitus Support
- Practically Invisible
- Custom made



### Introducing...

The World's First  
Hearing Aid with a  
dedicated **AI Chip**.

Unprecedented Speech  
Clarity from any direction  
in background noise.

**Available Now!**



PHONAK  
life is on



oticon

New: Oticon | Zeal  
Hearing Aids

- Discreet
- AI Sound Processing
- Connectivity
- Rechargeable
- Same-day Fitting and Flexibility
- The world's most discreet, complete solution



## SPECIAL OFFER



**50% OFF**

Micro-suction

**€300 OFF**

any pair of  
**PHONAK** ReSound GN **oticon**  
hearing aids

**FREE**

Complimentary  
Hearing Test

*When you present this voucher at your next appointment*

John O'Mahony  
M.I.S.H.A.A



Clinics in:

Optical Suite, 7 William Street, Listowel, Co. Kerry, V31 NF40  
Áth-Trasna Medical, Newmarket, Co. Cork, P51W2PY

Head Office:

Island Point, Tralee Road, Castleisland, Co. Kerry, V92 E894





## TARBERT

### TARBERT NEWS

Contact; [tarbertnews@outlook.com](mailto:tarbertnews@outlook.com) or telephone Patrick Lynch at 068/36117 on or before 7pm Sunday. Fan slán.

### MEMORIAL MASS

There will be a Memorial Mass for John Kelly, New York who died in late 2025. John's final wish was that he would be buried in Tarbert with his late father Noel and grandmother Joanna Kelly. That wish will be fulfilled on Saturday next 25 July with a Memorial Mass in St. Mary's Church, Tarbert and burial of Ashes in the adjoining St. Mary's Cemetery. Sympathy to his wife Antoinette, mother Mary formerly Walshe of Asdee, his two sisters Hanna and Emma, his brother Matthew who will travel to Tarbert with the remains. Sympathy to his aunts Rosaline in UK, Maeve in USA and his aunt Liz in Chapel Street, Tarbert. He was predeceased by his uncles Frank and Owen Kelly, Tarbert. He enjoyed spending his holidays in Tarbert and Asdee where he made many friends.

### GRAVEYARD MASSES

The Graveyard Masses will take place as follows, all at 7pm. - St. Mary's Cemetery, Tarbert on Friday 31 July, Lislughtin Abbey on Friday 7 August, Kilnaughtin Cemetery on Thursday 13 August and Reilig Mhichil, Ballylongford on Friday 4 September.

### EUCCHARISTIC DEVOTION

Eucharistic Adoration and praying of the Rosary continues on Wednesday evening from 6 to 7pm in St. Mary's

### WOMEN'S GROUP

The Shannonside Women's Group coffee morning held recently at the Bridewell raised €1,372.35 in aid of Brú Columbanus. Thanks to everyone who baked and supported the event.

### LUIMNEACH ABÚ

Congratulations and best wishes to our neighbours Limerick on winning the Liam McCarthy Cup against Galway. Mary Coolahan, Limerick's Ambassador in residence will now have an extra title marker to add to her 2018 winning title and her Limerick flag and colours in the big window. Hopefully Kerry will bring home the Sam Maguire and deliver a Munster double.



A smiling Martina O'Keeffe receiving the trophy from Murt Murphy after the Pat Guilfoyle trained Daleroad Magic won the Regional Nights and Supporters Final at Tralee Track on Friday evening. Holding the winner is owner Lixnaw man Thomas O'Keeffe, right, while also included are members of the O'Keeffe family with Heather Hartley, left, KGS. Photo Moss Joe Browne



Emmets U12 ladies at their match against neighbours Finuge/St. Senans last week

## BALLYLONGFORD

### SUMMER CAMP

A Kids Summer Camp will take place at St. Oliver's National School from Monday, 11th August to Wednesday, 13th August, from 10.00am to 1.00pm each day.

Activities include arts and crafts, indoor and outdoor games, LEGO, music and lots of fun. A sibling discount is available.

To book a place or for further information, please email [ballylongfordcamp@gmail.com](mailto:ballylongfordcamp@gmail.com).

### BALLYLONGFORD GAA NEWS FOR 2026

#### CLUB DEVELOPMENT

As we reach the halfway point of 2026, we would like to update our members and supporters on the continued development of Ballylongford GAA Club. The club remains committed to the ongoing improvement of our grounds, facilities, and buildings. During the first half of the year, we have successfully completed a number of important projects, including the installation of new LED floodlighting, new perimeter fencing around the entire playing field, new team dugouts, and extensive pitch improvements through sanding, irrigation, and rolling.

These upgrades will make a significant difference to both our players and supporters and will help ensure that our facilities continue to meet the highest possible standards. We would like to sincerely thank everyone who contributed their time, expertise, and effort to these maintenance and development projects.

#### FOCUS JULY TO DECEMBER

We continue to focus on phase one of our development plan i.e. the conversion of the redundant basketball court to a skills training area for our underage players and the modification of the sports complex to a state-of-the-art gym, meeting room and recreational room. We're well into our fundraising activities and await the publication of the Sports Capital Grant for 2026 to achieve our objectives we'll need significant financial support from this source.

A massive thank you to all those who have contributed to date-your contribution is greatly appreciated.

#### NEW CLUB GEAR

Mike Rice-a significant financial backer of the club over the year's-has again generously contributed to a new set of togs for our senior team-for your contributions over the years we thank you Mike.

#### CLUB COMMITTEE & MANAGEMENT

The continued success of Ballylongford GAA is only possible because of the dedication of so many volunteers.

We would like to extend our sincere thanks to our committee, officers, player management teams, ticket sellers, volunteers, members, and loyal supporters. An enormous amount of work takes place behind the scenes throughout the year, and there are many individuals who generously give up their time to ensure that every aspect of the club continues to operate successfully.

Your commitment and voluntary service are greatly appreciated and play a vital role in making Ballylongford GAA the thriving club it is today.

#### CLUB TEAMS

Everyone involved in Ballylongford GAA shares the same objective-to support and encourage all of our players, from our youngest boys' and girls' teams right through to senior level, helping them to develop both as footballers and as individuals.

Our underage teams continue to make excellent progress, with many talented young players emerging and representing the club with great pride.

Our Senior team has once again shown exceptional commitment throughout the season. A number of players travel long distances each week from Dublin, Galway, Cork, and other parts of the country to train and play, while others regularly rearrange work shifts to ensure they are available for matches and training.

This level of dedication, sacrifice, and teamwork is something of which the entire club can be immensely proud.

To all of our players, both underage and senior, thank you for your commitment, sportsmanship, and pride in wearing the Ballylongford jersey. You are a credit to your families, your teammates, and Ballylongford GAA Club.

#### CLUB LOTTO

Weekly Lotto Draw: 18th July Jackpot €4750. Numbers Drawn: 06, 20, 23, 31. There was no winner Lucky Dips: €20 Des Duffy Co. Tipperary, €20 Sarah Donovan Ballyline, €20 Liz Mulvihill & Jackie Foran, €20 online Breda Ferris Ahanagran Free tickets x 3 Donal Donovan Lenamore Next week's Lotto €4800

#### LISLAUGHTIN ABBEY

As we prepare for the Annual Outdoor Mass at Lislughtin Abbey on Friday, August 7th at 7.00pm (weather permitting), we invite families to take advantage of the lovely weather and spend a little time tending to their loved ones' graves.

A heartfelt thank you to everyone who has already been working away at the Abbey, it is looking beautiful. If possible, please also consider helping to tidy one of the Yellow Ribbon graves that may not receive regular visitors.

Thank you for helping keep Lislughtin Abbey looking its best.

#### BALLYLONGFORD OYSTER FESTIVAL 2026

August Bank Holiday Weekend (Friday 31st July - Monday 3rd August). Fun and sport for all the family! Check out our Facebook page for a full festival programme.

#### TUESDAY NIGHT YOGA

A weekly yoga class will take place every Tuesday from 7.00pm to 8.00pm at the Parish Hall, Ballylongford.

The class focuses on gentle stretching and deep relaxation and will suit everyone. Beginners are very welcome.

Sessions are €12 pay-as-you-go, or €40 when booked in advance for four sessions.

To book a place, contact Jose on 086 358 1800.

#### BALLYLONGFORD NOTES

The notes are entirely free to use for all and are for the benefit of the community to highlight notices, events, services, etc. If you would like to include something in our weekly notes, please email [ballylongfordnotes@gmail.com](mailto:ballylongfordnotes@gmail.com) or phone/WhatsApp 087 930 8223. If you have trouble with electronic submissions, please call me on the above number.

Please Note: Deadline for submission is 8pm on Sunday



# ALL **TIMBER** **WORK**

**FROM BIG TO SMALL**  
*I do it all*

- ✓ WE COVER ALL OF MUNSTER
- ✓ FULLY INSURED
- ✓ FREE QUOTATIONS



 TREE CUTTING
  TREE PRUNING
  HEDGE CUTTING
  REMOVAL
  WE PROVIDE ALL THE MATERIAL LOG SPLITTER ETC

*Give me a call*  
**0894149105**  
**CONTACT DENIS**  
*Over 30 years experience*

 FULLY INSURED
  WE COVER ALL OF MUNSTER
  FREE QUOTATIONS

## BEALE VIEW

LANDSCAPING & GARDEN MAINTENANCE  
Eoin Mulvihill  
Qualified Horticulturist

- Mature Trees Pruned & Cut up for you or Taken Away
- Lawns sprayed for weeds.
- Rose & Fruit Tree Pruning
- All Tree & Hedge Cutting Taken Away
- All Palm (Leylandii) hedges cut
- All hedges planted (large range available)
- Powerwashing Service
- Estate Maintenance
- Plant & Supply Shrubs and Trees

### LAWN CUTTING AND SPRAYING

MOYVANE, CO. KERRY - 086 1681401 **FULLY INSURED**



## MAC

HARDWARE & FARM SUPPLIES  
Ballylongford Rd, Clieveragh, Listowel

Tel/Fax: 068 53728  
Mike: 087 0660524  
Shop Mob: 087 7676649  
Eileen: 087 2673568  
E: info@macfuels.ie  
W: www.macfuels.ie

### TOPSOIL

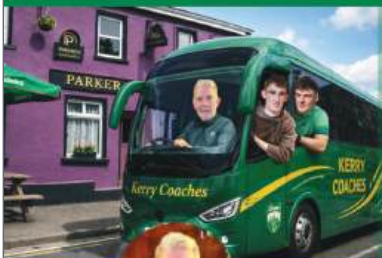
- Double Screened Quality Topsoil
- Available in Ton Bags, 1/2 Ton Bags & 25kg Bags
- Also Loose Any Size Load COLLECTED OR DELIVERED



## ALL-IRELAND FOOTBALL FINAL 2026

# KERRY V MAYO

Sunday 26th July 2026 - 3.30pm




Wishing Cillian, Danny, Sean and the Kerry Team and Management the best of luck in All-Ireland Football Final

PARKER'S PUB & VENUE  
WATCH THE GAME  
LIVE ON  
@PARKERSPUBANDVENUE  
TVS

#CiarraiAbu #BigPourBehindThePinkDoors



## GREEN & GROWING

Firewood and garden supplies




Softwood from €70 per bulk bag  
Hardwood from €120 per bulk bag  
Half and full truck loads also available

### Other products

- Timber in lengths to cut yourself
- Woodchip/mulch
- Decorative bark
- Woodchip/mulch
- Decorative bark
- Woodchip/mulch
- Decorative bark
- Topsoil



**0874177070**  
info@greenandgrowing.ie



## LIXNAW

### PARISH MASS TIMES

ST MICHAEL'S CHURCH: Friday 24th July, Mass at 7.30pm for Terry Brosnan, Ballinclogher. Saturday 25th July, Mass at 7.30pm for Tony & Sheila Moloney, Ballintogher; Sonny Scanlon, Ahabeg; Deborah & Patrick Coffey & grandparents John & Elizabeth Coffey, Ownagarry; Hannah & Thomas McCarthy; Denis & Jane Horgan; Denis & Eileen Horgan. IRREMORE CHURCH: Sunday 26th July, Mass at 11.00am.

### LIXNAW COMMUNITY GAMES

Pitch & Putt: Congratulations to Sean Keane who was part of the winning Kerry U.16 Pitch & Putt team, competing at the National Community Games Finals last Saturday in Clara, Co. Offaly. This is the first national medal for Lixnaw in this particular competition, so a huge congratulations to Sean on winning the Gold. It is also the first National medal won for the area this year, with hopefully more to follow from Carlow at the end of August. Well done Sean on this tremendous achievement.

Regional Track & Field: Well, done also to Nessa McElligott who competed last Saturday in the U.14 80m Hurdles competition in Templemore, Co. Tipperary. This was Nessa's first time competing in the Community Games Regionals. Nessa ran very well down the track until she unfortunately hurt her ankle coming off the third hurdle. Nevertheless, a great achievement to compete against Munster and Leinster athletes and wear the Kerry geansaí with pride. Well done, Nessa.

### ST MICHAEL'S BASKETBALL CLUB

Memories made at St. Michael's Basketball Camp!  
From drills to scrimmages, laughs to lessons, what an incredible week! New skills, new friendships, and memories that will last long after the final buzzer. Thanks for making this camp a memorable one!

A huge thank you to our Super guest coaches Jimmy Diggins & Charles O'Sullivan for giving their time to our young basketballers. Huge well done to our own dedicated club coaches Tara, Larry, Sophie, and to Lisa, Lucy O'Connor, Shannon Scanlon, and Sarah McKenna for all of your hard work and commitment throughout the week. We couldn't have done it without you. Thanks to Stacks Lixnaw for the lovely sandwiches every day keeping our coaches well fed. Thanks to Tracy & Pa for the use of the fantastic facilities, which is the Lixnaw Community Centre.

A special mention also goes to our older club members Charlie, Cillian, Saoirse, Sheana, Emily & Eabha who gave their time to support and encourage our younger players. Thank you to our club committee and everyone who helped make this year's camp such a success. We hope you all had as much fun as we did, and we look forward to seeing you back on the court soon!

And don't forget to keep practising your dribbling over the summer, there are no excuses now with your new basketballs, very kindly sponsored by Matt, Mary, and everyone at Life Pharmacy Lixnaw. Life Pharmacy Lixnaw is a family-run pharmacy and is now part of the Life Pharmacy Group to offer even more health services. They offer flu and shingles vaccinations, blood pressure checks, medication management. Also, they can now prescribe and dispense certain medications under the common conditions service. We would like to thank Matt, Mary, Aoife & Caoimhe Fitzmaurice for their continued support.

### SPLIT THE BUCKET DRAW

Congratulations to Nellie Cronin on winning €70 in this week's Split the Bucket Draw.

### LIXNAW GAA LOTTO DRAW

13/07/26 Jackpot €18,850. Numbers drawn were 7, 16, 22,31. No jackpot winner. €30 winners: Paul Bowler, Ballinclogher; Georgina O'Reilly (online); David Walsh, Finuge. Next week's Jackpot will be €18,900. Thank you for your continued support.

### LIXNAW GAA 50TH ANNIVERSARY NIGHT

The rescheduled date for the Lixnaw GAA 50th Anniversary Celebration for the winning teams of 1974 and 1976 is Saturday 8th August 2026.

### ST SENAN'S GAA CLUB LOTTO DRAW

13/07/26 Jackpot €3,300. Numbers drawn were 01 18, 20, 25. No Jackpot winner. €30 winners: Rachel McKenna, Six Crosses; Michael McElligott (online). €20 winners: Paul Cahill; Michelle Moran (online), Robbie & Emma Larkin. Next week's Jackpot will be €3,400. Tickets €2 each or 3 for €5. Tickets are available at Kelly's Six Crosses, The Halfway Bar, Parker's Bar, Kilflynn, or play online.

### SEAN MCCARTHY MEMORIAL WEEKEND FESTIVAL

The Sean McCarthy Memorial Weekend Festival will take place in Finuge from 31st July – 3rd August. A great weekend for all, with traditional music, ballads and storytelling. For more information on competitions email [info@finugeweekend.com](mailto:info@finugeweekend.com)

### CRAFT FAIR & CAR BOOT SALE

On Sunday 2nd August (12- 4pm) there will be a craft fair and car boot sale at Sheehan's Thatched Cottage, Finuge. Come along, browse the stalls, pick up a bargain, and enjoy the atmosphere. Interest in having a stall? We'd love to hear from you! For all enquiries, please email [info@finugeweekend.com](mailto:info@finugeweekend.com).

### FINUGE GAA

Finuge 500 July draw is a big one – 2 x All-Ireland Football tickets (Kerry V Mayo Game) along with €500 to be one. Draw will take place on Friday 24th July. Tickets for the draw can be obtained from <https://finugegaa.com> or at local businesses: J.J. Walsh's Butchers/Bar, McCarthy's Bar, Foley's Shop, Lixnaw Post Office and Lixnaw Filling Station.

### CONTACT

To include items in the Lixnaw notes, please email [lixnawnotes@gmail.com](mailto:lixnawnotes@gmail.com) by 10pm on Sunday evening.

## BALLYDUFF

### LOTTO DRAW

The results of the weekly Ballyduff GAA Club, Lady's Walk Hurling Club and the Ballyduff Community Games Committee Lotto Draw for Tuesday July 14th are as follows: The numbers drawn were 1, 13, 26 and the Bonus Number was 10. There was no winner of the Lotto Jackpot of €16,000 or Match 3 prize of €400. The €20 consolation prize winners were Tom O'Sullivan, Coole; Declan/Colin, The Cashes; Tessa Whyte, Online. The Lotto Draw takes place on each Tuesday night at the Ballyduff GAA Clubrooms.

### BALLYDUFF GAA

#### U10 Hurling:

A huge well done to our U10 hurlers who put in a fantastic performance against Causeway today in perfect playing conditions in Ballyduff. There were some excellent displays of skill, determination and teamwork throughout the game, with some brilliant scores to match. It was fantastic to see all the hard work the boys have been putting in at training shining through on the pitch.

A big thank you to Causeway for a great sporting game and to all the parents, coaches and supporters who came along to cheer on the team. Keep up the great work, boys – the future is looking very bright!

### CHURCH NEWS

Anniversaries: Sean O'Connor; Nora O'Leary

#### Masses for the week:

Friday July 24th 7.30pm: Rahela Graveyard Mass

Saturday July 18th 6.30pm: Mass in Causeway  
Sunday July 26th: Ciara O'Neill; Seamus & Baby O'Sullivan; Margaret Kavanagh; Seán, Joan & Michael O'Dowd

Readers July 26th: Martina Rochford  
Eucharistic Ministers July 26th: Eileen Dee/ Norma O'Carroll/Helen Dowling  
Mass Servers July 26th: Elliott, Aodhán & Aaron

Eucharistic Adoration: Every Sunday in Ballyduff Church at 3.00pm

Divine Mercy Devotion: every Thursday in SS Peter's & Paul's Church

Follow our Facebook Page: For more information and announcements

Parish Office: Is open Tuesday to Friday from 10.30am to 1.00pm. Please phone (066) 714 8404

Individual Confessions: First Saturday: Ballyduff 11.00am – 11.45am. Causeway 12.00noon to 12.45pm

Annual Diocesan Pilgrimage to Knock: Saturday August 22nd, the Feast Day of the Queenship of Mary. Bus will travel from the Pastoral Area. Cost €30 per person. To book, please contact the Parish Office

Youth 2000 Summer Festival 13th–16th August: Calling all young people aged 16–35! Join us at the Youth 2000 Summer Festival in Newbridge College, Co. Kildare. This is a donation-only event, with free buses available across the country and all meals included. Expect inspiring talks and workshops, Youth Mass, music, prayer, and plenty of opportunities to chill out and meet other young Catholics. Whether you are new to the faith or looking to be refreshed, all are welcome. To register or find out more, visit [youth2000.ie](http://youth2000.ie) or follow @Youth2000Ireland."

### FOUR PEAKS CHALLENGE

Come and hike up Mount Brandon this Saturday 25th of July as part of the Kerry Four Peaks Challenge 2026, in aid of Laura Lynn children's Hospice. Kerry Four Peaks Challenge are climbing 4 of Kerry's highest mountains in 2 days – Carrauntoohil, Purple Mountain, Caherconree and Mount Brandon. Mount Brandon is open to whoever wants to join us. Reasonable level of fitness required. Starting at the Dingle side at approximately 1.30. Contact Kevin Maguire on (086)3943508 for more details. You may also make a donation on the day.

### BALLYBUNION SUMMER MARKETS

Ballybunion Summer Markets are back up and running every Sunday until August 30th from 11.00am to 3.00pm. Come along each week to enjoy local vendors, food, and community spirit, all while supporting a fantastic cause. Like last year, all money raised will be donated to Ballybunion Sea & Cliff Rescue. We can't wait to see you all there for another wonderful summer in Ballybunion!

### BALLYLONGFORD OYSTER FESTIVAL

Ballylongford Oyster Festival – August Bank Holiday Weekend (Friday 31st July – Monday 3rd August). Fun and sport for all the family! Check out our Facebook page for full festival programme

### PATTERN DAY BALLYBUNION

A fun-filled Pattern Day in Ballybunion on Saturday, 15th August. The day begins with a FREE Sandcastle Competition on the Ladies Beach at 10.00am, followed by the Kids Fun Colour Run at 10.30am and the 5km Colour Run at 11.00am. Registration for both colour runs is available at: <https://eventmaster.ie/event/02W3FzqsA1> Enjoy Busking on the Street from 11.30am to 12.30pm, followed by Ger Walsh performing at The Railway Bar from 1.00pm to 3.00pm. From 5.00pm to 7.00pm, Eddie Lee will perform on the Castle Green, where a Jiving Competition will also take place. Market stalls on the Castle Green will be open from 11.00am until late, and all music events are free. Everyone is welcome for what promises to be a fantastic day of family fun and entertainment.

### BINGO

Bingo continues at the Community Centre, Ballyduff on each Friday night commencing at 8.00pm. All are welcome.

### BUDS FRC

Thursday:  
Experience the joy from surviving to thriving parent wellbeing skills with Margaret Gilbert from 10.00am to 12.00pm

Friday:  
Men's Shed breakfast every Friday from 9.00am to 12.00pm

Monday:  
Active Retirement Group 2.00pm to 4.00pm  
N.E.W.K.D craft circle Ballyduff from 7.00pm to 9.00pm

Tuesday:  
Buds pantry surplus food for everyone 9.00am to 1.00pm  
Parent and toddler group 10.00am to 12.00pm



**BEST OF**  
**LUCK**  
**TO**  
**THE MENS & LADIES**  
**KERRY TEAMS**  
**IN THEIR**  
*All Ireland Finals*



Bridge Road, Listowel  
068 57656 / 086 3102708  
news@theadvertiser.ie  
www.theadvertiser.ie

**The**  
**Advertiser**

**Serving North Kerry and Beyond**



KILFLYNN

MUNSTER TITLE FOR SONNY EGAN

Huge Congratulations and Well done to Sonny Egan, Garrynagore, Lixnaw who won The Senior Storytelling competition at a sun drenched Munster Fleadh in Blackwater College Lismore Co Waterford on Sunday 18th July. A grand total of 21 Munster medals came home to Lixnaw Comhaltas branch members with all first and second place qualifiers heading to the All Ireland Finals in Belfast in August. A fantastic achievement for everyone who got to compete in the Munster finals and we wish the very best of luck to those going to Belfast.

KERRY CAMOGIE

Hard luck to the Kerry senior camogie team, who lost out to Laois in the semi-final of the Intermediate Camogie Championship at Glenisk O'Connor Park, Tullamore they went down to Laois 1-17 to 2-7. The squad had a very successful year, winning Division Two and securing promotion to Division 1B for 2027. We are very proud of our own Crotta ladies Roisin Quinn, Aoife Behan, Jackie Horgan and Amy O'Sullivan representatives on the team. The Kerry Senior footballers take on Mayo in the All Ireland Senior Championship Final this Sunday 26th July at Croke Park with a 15:30 throw-in live on RTÉ and Radio Kerry. Best wishes to Cillian Trant and his Kerry teammates and management also safe travels to the Kerry supporters to and from Dublin. #Ciar-raiAbu

CROTTA LOTTO RESULTS

Parker's Pub in Kilflynn hosted the Crotta Hurling Club's weekly lotto draw on Monday 20th July. The four numbers drawn from the drum by the independent observer, Sonny Egan, Garrynagore, Lixnaw were 8, 17, 27, and 30. No one won the €8,500 Jackpot.

Congratulations to the following who won €35 in the lucky dip draw: Catherine Godley, Snipefield, Ardfer, Mike Parker, Kilflynn and Mary Long, Abbeydorney

The next draw will take place in Herbert's Bar, Kilflynn on Monday, 27th July at 10:30 p.m. with an €8,600 jackpot.

Tickets are available: 3 for €5 online at [www.crotta-gaa.club](http://www.crotta-gaa.club) or this link: <https://tinyurl.com/crotta-club-lotto> or Herbert's Bar/Village Store, Parker's Pub, Zam Zam Kabab, Foley Shop Lixnaw, Abbeydorney Post Office or from Club ticket sellers. Many thanks to all who contribute to our weekly Club Lotto.

ST. MARY'S CHURCH, KILFLYNN

Mass Intentions for the week in St. Mary's Church:

Mass will be celebrated on Friday 24th July at 10am and Saturday 25th July at 6:00 p.m.

If anyone would like a call, please contact the Parish Office at 066 4018996 or Fr. Jerry Keane 087 2844649. Adoration of Blessed Sacrament Kilflynn: Monday 7pm- 8pm.

Check [www.dioceseofkerry.ie](http://www.dioceseofkerry.ie) go to Abbeydorney parish and check the newsletter.

CROTTA LEISURE CYCLISTS

The group meets at Crotta Cross at 7:00 p.m. every Tuesday. Contact Graham for information at 089 4528603

CROTTA GAA

Crotta Gaa & Ballyheigue Gaa super U6's hurlers played a friendly game on Friday evening 17th July Fantastic to see the children out enjoying hurling. Thanks to all the wonderful children, parents and coaches.

Keane's SuperValu County Minor Hurling Championship Semi-Final on Wednesday evening 22nd July, Crotta play Ballyduff at 7.00 pm in the sports field Dromakee. Best wishes to the Crotta players and their mentors.

Kerry have secured their place in the TG4 Ladies All-Ireland Senior Football Championship Final on Saturday 18th July, at FBD Semple Stadium, in Thurles they overcame Dublin 2-16 to 1-9. Congratulations to Niamh Quinn, Crotta and her Kerry teammates and their management.

Lee Strand Kerry Coiste na nÓg County Under 14 Hurling Championship Semi-Final RESULTS

Friday, 17 July  
Ballyduff 2-12 Crotta O'Neill's 1-3  
Tralee Parnells 5-11 St. Brendan's 1-5

ACTIVE RETIRED

The Abbeydorney/Kilflynn Active Retired Group enjoyed a wonderful day trip to Lough Derg on Wednesday 15th July. Members took in a relaxing boat trip around the lake before enjoying a delicious lunch at the Lakeside Hotel.

It was a fantastic day filled with friendship, fun, laughter and great company. If you'd like to become part of our friendly and active group, we'd be delighted to welcome you.

For further information, please contact Marie Williams on 066 713 5831 or 085 252 4028.

MOYVANE

Contact: [moyvanenotes@gmail.com](mailto:moyvanenotes@gmail.com)

BLOTTO

There was no winner of last Thursday night's Jackpot. Numbers drawn were 4 18 28 32. Lucky Dips: €100: Helena Slemon, Woodford, Listowel. €50: Catherine Lyons, Clounmacon, Listowel. €20 each: Emma & Tess, Listowel. c/o Jackie Sugrue. Betty Flaherty, Ahalanna, Moyvane. Margaret O'Mahony, Feale Drive, Listowel. Cats Kennelly, Ballybunion. Mary Brosnan, Ballybunion. Free Tickets: Anne Shields, Carrickerry. Catherine Walsh, Gortdromagouna. Mary Brosnan, Derry, Listowel. Miriam Slemon, Feale Drive, Listowel. Rory Sheehan, The Yard, Killeaney, Glin. Next draw will be held this Thursday night, July 23 at Bingo in The Marian Hall. Jackpot: €16,500. Bingo starts at 8.00pm. Thank you for your support.

SPIN THE WHEEL

Congratulations to Beatrice Carmody, Ballylongford who Spun the Wheel and won €400 each last week. The minimum you can win on the wheel is €300 and the top prize is €2,000.

SPLIT THE BUCKET

Is back this week and this week it could be you. Envelopes are available in all the usual outlets locally, Holly's Gala, Mike Kennelly's HomeValue Hardware, Noel Stack Butchers, Enright's Bar, The Village Grill, Speedy's Bar, Moyvane. Newtownsandes Co-op Curl up and Dye (Anna Enright Fogarty) and at Bingo in the Marian Hall. €2.00 per entry or 3 for €5.00. Next draw, Thursday, July 09. Thank you all for supporting this very important fundraiser for our local school.

MOYVANE GAA LOTTO

Lotto Result 20/07/2025 Numbers 11, 17, 25, 26.  
There was no winner. Lucky Dips: Lewis Mulvihill c/o Jeremiah Mulvihill. Kiegan Moloney, Glenalappa. Therese Kennelly, Online. Darragh Scanlon, Tir na nÓg. Sinead Hanrahan, Online. Next Week's Jackpot: €9,400. NOTE next draw will be held in Enright's Bar on Monday, July 27 at 8:30pm.

CHIROPODIST

This week is chiropodist week. Contact Noreen at 068 49238 for an appointment on Saturday, July 25 beginning at 10.00am.

MOYVANE DEVELOPMENT ASSOCIATION

Tidy towns clean up every Tuesday evening in the village at 7.00pm. Please come along.

GER KENNELLY VINTAGE RUN

Thank you to everyone who helped make the recent vintage run such a success. A special thank you to all the fantastic car/bike owners, volunteers and local businesses for their generous donations, those who sold tickets and bought tickets, those who supplied food on the day. A total of €6010 was presented to both the Nano Nagle special school and Moyvane Community Centre. This would not be possible without the incredible community spirit. Thank you.

MOYVANE PARISH GRAVEYARD MASSES 2026

Monday, August 03 at 8.00pm in Ahavoher Cemetery. Tuesday, August 04 at 8.00pm in Knockanure Old Cemetery. Wednesday, August 05 at 8.00pm in Murhur Cemetery.

MASSES FOR THE WEEK

MOYVANE:  
Thursday, July 23 Eucharistic Adoration at 6.00pm.  
Friday, July 24 Month's Mind Mass at 7.00pm for Thomas O'Brien.  
Saturday, July 25 Anniversary Mass at 7.30pm for the following Liam Lynch & deceased members of the Lynch family, Aughrim & Denis Corridan, Murhur.



U12 Listowel Emmets very happy after 2 great games in North Kerry League



Congratulations to Donie Kelly from Ballyduff seen here with his wife Ann on a great achievement by their grandson Odhrán Keegan to have been selected on the London GAA U15 football team that was victorious beating Hertfordshire in an All Britain final played in Ruislip. Parnells is his club once associated with a lot of Kerry folk.

Photo Moss Joe Browne



# Memorial Paddy Healy Fishing Tournament A Huge Success

The 30th annual memorial Paddy Healy Fishing Tournament was held on Cape Cod in the USA recently and was a huge success. Around 120 anglers took part on what was another enjoyable day on the high seas. A large number of fish were caught on all parts of Cape Cod with fishing boats going out from Sesuit, Barnstable, Wellfleet and Truro as well as a number of anglers fishing from the shore, rivers and the side of the canal.

The competition is organized annually by the Healy brothers in honour of their late father Paddy (aka Garda Pat) who himself was a keen fisherman on the banks of the River Feale in North Kerry and on Cape Cod USA in later life. The Healy brothers Gus, PJ and Kieran, who are all living in the USA since the 80s were joined for the event this year by their brother Seán, sister in law Annemarie and their daughter, Kim Juliet from Ireland.

The two biggest fish caught this year by Tony Sheehan Cork and Mal Thornton from Meath were both in excess of 44 inches. The third largest caught by Brian Ayre was 43 inches. They were all striped bass (commonly known as Stripers and similar to our Pollock fish in Ireland). The winner of the Ladies competition with a 36 inch fish was Teri Ayre wife of Brian. The junior prize with a 32 inch fish was caught by Declan McFaul Cape Cod but whose father Barry hails from Antrim. For the second year in a row, there were no Kerry people in the prizes albeit there were 12 of the Healy's out fishing as well as Listowel native Daithí Henry-Scully and his three daughters. Some of the catches are captured in the pictures below along with Declan's winning fish.

The participants joined another 100 supporters of the tournament in the Sons of Erin in West Yarmouth where they were all treated to a sumptuous meal provided by the Healy's after the prize giving. Johnny O'Sullivan from Cork provided the entertainment at the Sons of Erin.

Other Listowel natives to have taken part in this fishing tournament over the years included, Alan 'Zeb' Lawlor, Aidan O Sullivan; James, Paul and Jim McCarthy; Jimmy Dore, Brendan, Sarah and Peter Healy, P J Shaughnessy, Jordan Lyons, James Hennessy, Seamus Walsh, Croghan Leahy, Gerard Mc Mahon and Tralee's Tom O'Leary et al.

A 9 hole golf tournament was held in the Bass River Golf Club on the Saturday of the fishing tournament and the winning team consisted of Colm Murphy, Kevin Conroy and Anne Marie Healy who won by one shot from a team which consisted of Gus, Kim Juliet and Kathy Conroy.

The winners shared \$1500 while a contribution in excess of \$4,500 was made to the Cancer Care Fund after the event.



Pictured above... Winners Tony Sheehan and Mal Thornton holding the Paddy Healy Trophy along with their cheques for \$500 each with from left P.J. Gus, Shea, Seán and Kieran Healy.



Right... Declan McFaul after catching his 32 inch fish and being congratulated by Gus Healy

Below... Gus and Shea Healy with Mick McDonagh presenting the McDonagh Cup to Teri Ayre.



The Healys' along with their first cousins. Gus, Shea, Mick McDonagh, P.J., Kieran, John McDonagh, Kathy Conroy, Robert McDonagh and Seán.



Gus, Shea, Michael Healy presenting Brian Ayre with third prize







All the Emmets boys and girls getting ready for the camera as 'Up for the Match' came to Frank Sheehy Park



Congratulations to Listowel Athletic Club's Alex Collins in the SIAB's in Belfast in the triple jump finishing 5th overall with a best jump of 13.22m. A slight break on one huge jump but Alex can be happy jumping over 13m three times in this competition and in the past three competitions. Alex shows consistency, stamina and determination in competition, a true competitor. Congratulations on your Irish vest, the future is bright for Alex



Early arrivals at Tralee Greyhound Track on Friday evening were Frank Quilter from Lixnaw with friends Richie Houlihan, Jim Begley and Con O'Shea. Photo Moss Joe Browne



St Michael's Basketball Club Lixnaw Chairperson Sophie Conway and club members receiving Basketballs very kindly sponsored by Life Pharmacy Lixnaw



Congratulations to Listowel Emmets boys playing on Kerry Development Squads last weekend



Emmets U8 girls training in Frank Sheehy Park on Saturday morning



Cora Griffin of Listowel brings All Ireland Silver back to the Kingdom along with her Glenflesk team mate. Great achievement last weekend against a large and competitive field in the U16 community games pitch and putt national finals



JOHN B. KEANE ROAD  
LISTOWEL, CO. KERRY

**Call 068 21044**



**Railway Sleepers  
New Sleepers**



**Fence Panels  
Fence Boards**



**Paving Brick  
& Flags**



**Timber &  
Composite Decking**



**Large selection of  
Decorative Stone**



**Screened Topsoil  
Garden Mulch & Bark  
Composts & Peat Moss**

## ***Plan the perfect garden makeover***

Contact McKennas for all your gardening requirements. We have a full range of top-quality products in stock for the perfect garden makeover.

**QUALITY & SERVICE SINCE 1871**

 **Topline  
McKennas**

Paint & Décor

Building & DIY

Heating & Bathroom

Indoor & Outdoor Living

Doors & Floors



LISTOWEL CELTIC

Draw 20/07/26 - Numbers Drawn 8-17-29-31  
Jackpot not won - Lucky Dip Winners  
€40 Linda Holly c/o Centra  
€20 Fiona Kennedy c/o New Kingdom  
€20 Jim Regan c/o Mikes  
€20 Christine Horgan,Skeheneerin  
€20 Ann Carey c/o New Kingdom  
Next Draw 27/07/27 at Christys - Jackpot €3,450

LISTOWEL EMMETS LADIES

Training times  
U8 - Saturday morning 10.30am - 11.30am in Frank Sheehy Park  
U10 - Thursday 5.00pm - 6.00pm in the Boys School field  
U12 - Mondays 7pm - 8pm in St. Michael's grass pitch  
U14 - Mondays & Wednesdays 6pm - 7.30pmin Cows Lawn  
U16 - County League underway Trainings TBC  
Seniors/Minors - Tuesday 7.15pm - 8.45pmCows Lawn

For further information follow us on Facebook & Instagram or contact anyone involved with Emmets Ladies. New members always welcome.

Fixtures:  
Senior Development League  
Listowel Emmets B vs. Clounmacon/Moyvane B  
Friday 24th July 7.00pm  
Coolard, Ballydonoghue GAA Grounds

We would like to wish Niamh Mulvihill the very best of luck on Saturday as her and her Kerry teammates take on Tyrone in the Minor B All Ireland Final in Tullamore

Ladies All-Ireland Final Ticket Order  
As the Kerry Ladies have reached the All-Ireland Final on Sunday 2nd August, the club can place a group ticket order. This means everyone who orders through the club will be seated together in the same section of Croke Park.

If you're planning on heading to the final and would like a ticket, please contact Geraldine Walsh on 085 126 6654. Payment can be made by Revolut or cash.

Please get in touch by Friday 24th if you'd like to be included in the club order.

We also have a very special reason to get behind Kerry on the day! Our very own Sadie O'Brien, one of our U10 superstars, has been chosen to carry the Brendan Martin Cup onto the pitch before the final.

It's a fantastic honour for Sadie and for our club, so let's make sure we have a huge Listowel Emmets support in Croke Park to cheer on both Kerry and Sadie on this special occasion!

Congratulations  
A huge congratulations to our senior player Aoife Kennelly and her partner Adam on the birth of their beautiful baby daughter, Lily.

We wish you both every happiness as you begin this exciting new chapter together and we are very thankful another Kennelly to throw on an Emmets jersey has arrived!!

LISTOWEL COMMUNITY GAMES

Well done to Aoileann Collins. Sixth in her 200m semi final heat at the Regional Finals in Templemore last Saturday and running for Kerry is a brilliant achievement for any young athlete. That race was packed with serious competition and while holding her own she showed real grit and confidence.  
It's the kind of result that tells you she's on the right track and strong enough to compete at Regional level and experienced now to push even further next time.  
Representing Kerry adds that extra bit of pride as she carried the green and gold colours well.  
Well done again Aoileann. Thanks to her parent's for making the journey and for all their support.

Well done to Joey Heffernan on finishing fifth in his 100m semi final heat at the Regional Finals in Templemore last Saturday.  
Running for Kerry at this level is a massive honour and he showed real determination, focus and heart from the moment he stepped onto the track.  
Competing in a Regional final isn't just about the race itself, it's about the weeks of training, the discipline and the courage to line up against the best in the province. Joey brought all that with him and represented Kerry brilliantly. He should be incredibly proud of how he ran and how he continues to grow as an athlete.  
Well done again Joey and thanks to Joey's parent's and family for all the support throughout.

Well done to Brian Enright on a brilliant run in his 1500m race at the Regional Finals in Templemore last Saturday. Securing 6th place while proudly representing Kerry.  
Brian delivered a strong and determined performance against top Regional athletes while showing real heart and commitment from the first lap to the final push.  
His effort, attitude and his competitive spirit were outstanding throughout. Brian should be incredibly proud of his performance while wearing the Kerry colours and the way he continues to grow as a middle-distance runner.  
Well done again Brian. A fantastic achievement.  
Thanks to his parent's for traveling and for their support.

A huge congratulations to Cora Griffin who along with her Kerry team mate Ella from Glenflesk won a National silver medal at the National pitch & putt finals in Clara last Saturday.  
Competing at National level is a remarkable milestone and doing so while wearing the Kerry colours make it even more special. Her dedication, focus and steady hand under pressure have paid off and helped her and her team mate to shine on the National stage.  
Well done again Cora. Keep aiming high, this silver medal is just the beginning of many great moments ahead.  
Thanks to Cora's parent's for travelling and all their support.

BALLYBUNION GOLF CLUB

Men's Competitions:  
Friday Mixed Competition Sponsored by Cahill's SuperValu Ballybunion – Friday 17th July Old Course  
1st Tim Fenn, Loreto Fenn, Frank Fenn & Helen McSweeney  
H/C 9.2 Nett 42.8  
2nd Bernadette Burke, Mel Hurley, Aidan Hanrahan & William O'Sullivan  
H/C 8.7 Nett 43.3  
3rd Maurice McEllistrem, Patricia McEllistrem, Anna Kureczko & Marie Murphy Kissane  
H/C 10 Nett 45 (bk 5 17)

Men's Singles Sponsored by Fusion Logistics (GOY) – Sunday 19th July Old  
1st Jim O'Flynn (11) 42pts (B9 21pts, B6 14pts)  
2nd Patrick J O'Sullivan (14) 42pts (B9 21pts, B6 12pts)  
3rd Mel Hurley (18) 41pts (B9 21pts)  
Best Gross: James O'Callaghan 36pts  
4th Seán McCarthy (29) 41pts (B9 19pts)  
Category 1  
1st Brian Lenihan (3) 37pts  
Category 2  
1st Giles O'Grady (8) 39pts  
2nd Gavin Quinlivan (7) 38pts  
Gross Dara Browne  
Category 3  
1st John Leen (17) 39pts  
2nd Mark O'Brien (17) 38pts (B9 17pts, B6 11pts)  
Gross Frank Dore  
Category 4  
1st Robert Ryan (23) 37pts  
2nd Rory Mehigan (23) 36pts  
Gross Fergal Hennessy

Fixtures:  
Friday Mixed Competition Sponsored by Cahill's SuperValu Ballybunion – Friday 24th July Cashen Course  
Men's Brosnan Memorial Medal 2 Sponsored by The Brosnan Family (GOY) – Sunday 26th July Old Course

Ladies Voucher Competition – Tuesday 14th July Cashen Course  
1st Mary Whelan 26 pts  
2nd Maria B O'Connor 24 pts (B6-15pts)  
3rd Tina Curtin 24 pts (B6-13pts)  
4th Geraldine Gallagher 24 pts (B6-12pts)

Ladies (GOY 11) Sponsored by AGC – Saturday 18th July Old Course  
1st Marion Kennedy Hogan(24) 44pts  
2nd Jeanelle Griffin(31) 38pts (B9-21pts)  
Best Gross Margaret McAuliffe(8) 30 gross pts  
Division 1  
1st Josephine Larkin(11) 37 pts  
2nd JOConnell(9) 36 pts  
Division 2  
1st Louise Lane(23) 36 pts  
2nd Mary Horgan(20) 34 pts  
Division 3  
1st Margaret M McAuliffe(29) 36 pts  
2nd Maria Lyons(25) 33 pts  
Division 4  
1st Caroline Horgan(39) 34 pts  
2nd Hazel Stafford(47) 31 pts  
Seniors Susan Gilmore Kettler(11) 30 pts

Vintage Mary Hickey Keane(34) 30 pts  
9 Hole  
1st Marjorie Morkan(13) 19 pts

Fixtures:  
Friday Mixed Competition Sponsored by Cahill's SuperValu Ballybunion – Friday 24th July Cashen Course  
Elaine Molyneaux Captain's Day– Sat 25th July Old Course & Cashen Course  
Ladies Voucher Competition – Tuesday 28th July Cashen Course  
Senior Men's Competition - Thursday 16th July Cashen Course  
1st. Nicholas Hayes (12) 23pts.  
2nd. Tim Nolan (12) 22pts.  
3rd. Patrick Snr Carmody (13) 21pts.  
Gross. Michael K Barrett 16pts.  
4th. Maurice O'Connell (13) 20pts. B6-15.  
5th. Brent Williams (19) 20pts. B6-13.  
6th. Tom Scanlon (12) 19pts. B6-14. 3-8.  
7th. Neilus O'Sullivan (10) 19pts. B6-14. B3-6.  
8th. Thomas J. Quilter (14) 19pts. B6-13. B3-8.  
9th. Michael Barrett.(9) 19pts. B6-13. B3-6.  
10th. Aiden Daly (9) 19pts. B6-13. B3-5.  
V. Richard O'Reilly (8) 17pts. B6-14.  
S.V. Eddie Moylan (10) 18pts. B6-13.  
S.S.V. Jerry Galvin (11) 18pts. B6-10.

Fixtures: Senior Men's Competition – Thursday 23rd July Cashen Course  
  
Senior Ladies 9 Hole Competition – Friday 17th July Cashen Course  
1st Maria B O'Connor(25) 24pts  
2nd Anna Walsh(19) 23pts BK6 -14  
3rd Margaret Scannell(15) 23pts BK6 -13  
Fixtures: Senior Ladies 9 Hole Competition – Friday 24th July Cashen Course

BALLYDONOGHUE GAA

Lotto Draw results:  
The numbers drawn for Friday 17th July 2026, were as follows, 1, 2, 15, 23. The Jackpot was €6,300 and there was no Jackpot winner.  
The following won 30 euro lucky dips:  
Gearóid Kissane - Online.  
Eamon Walsh - Online.  
Tyler & Danny c/o Christy.  
Stephen Keane - Knockenagh N.  
Ed Nepean - Coolard.  
The following won three free tickets:  
Dwayne Holly - Online.  
Tom & Kay Fitzgerald - Ballydonoghue  
Eamon Dunlea - c/o Eddie.  
Next Jackpot will be €6,400 and it will take place at the usual day and time Friday 24th July 2026, will be held in the Coolard Clubhouse, at 9pm.

UPDATE: NEW IMPROVED LINK TO OUR ONLINE LOTTO. ONE CLICK AND YOUR READY TO PLAY. Online Entry closes at 8.30pm.  
TRY ME! <https://ballydonoghuegaa.clubforce.com/products/lotto/ballydonoghue-gaa>  
(ONCE YOU LOGIN CLICK ON 3 HORIZONTAL LINES TOP RIGHT HAND CORNER TO DOWNLOAD CLUBFORCE CONNECT APP)

Results:  
McCarthy Insurance Group North Kerry Junior Football League Division 3 - Final Ballydonoghue B 1-10 Moyvane B 1-13

Lee Strand Under 16 Football County League Division 5A - Round 5 Northern Gaels 6-11 Dingle 2-15

McCarthy Insurance Group N. Kerry Junior Football League Div 5 - Semi-Final Ballydonoghue C 6-16 Finuge B 1-09

Fixtures:  
Keane's SuperValu Minor Football County League Division 3 Cup - Semi-Final Northern Gaels v Churchill  
Monday 20th July 2026 - Churchill

All-Ireland Football Final  
The bunting is up and the flags are flying high in Coolard and all over Ballydonoghue and Kerry ready for Sunday and the 2026 All Ireland Football Final. The pride is real as we get behind the Kerry Team and Management and our very own Jason Foley. Jason has had another fantastic year we are so proud of you.  
Everyone in Ballydonoghue is right behind you and the Team on Sunday. Ciar-raí Abú.

FINUGE GAA

FINUGE 500: Congratulations to our June €500 winner Caroline Keane. Entry tickets for each month are available at McCarthy's Bar Finuge, Foleys Your Stop



Shop Lixnaw, Stacks Lixnaw, JJ Walsh Bar & Butchers Lixnaw, Gibbons Filling Station Lixnaw and the Post Office Lixnaw. Tickets also available on-line at [www.finugegaa.com](http://www.finugegaa.com) or from any club officer. Some really great bonus prizes are coming in the months ahead - All Ireland football tickets for July and passes for Listowel Races Harvest meeting will be won in August! The July draw which includes the All Ireland tickets will be held Friday night the 24th of July, in good time for the All-Ireland.

**SENIOR:** The focus now switches to the county club championship which is due to commence in a couple of weeks time. Main senior team sponsor Buckley Agri of Listowel are on board again this year as principal sponsor and we are delighted to have such a prestigious business involved with our senior team. Cronins Cider are also sponsoring the team and recently helped provide training gear.

**JUNIOR:** The Junior team are in great form and have qualified for the North Kerry Junior League division 5 final where they will play Brosna B this Wednesday the 22nd at 7:30pm in Knocknagoshel - we wish the team & management the very best of luck.

**MINOR:** The minor county league got going Monday 29th of June when the team travelled to play Dromid/Waterville. Our lads put in a great performance and led for the majority of the game. The home side levelled matters with the last kick of the game with a two pointer - the final score sitting at 1-11 each. Its never easy to travel to South Kerry and come away with something! Last Monday the 6th July, the team played An Ghaeltacht at home in Finuge. This was an exciting encounter between two well matched teams. The halftime score read Finuge 4-07; An Ghaeltacht 3-06. This setup an exciting second half which saw our lads with their noses in front on the final whistle - Finuge 6-12; An Ghaeltacht 6-11. Captain on the night was Davy Lawlor who led his team through the drama. On Monday night the 13th, the team played Glenflesk at home in their last group game. Another hot evening and a closely contested game was enjoyed by all. The visitors held the halftime advantage on the scoreline of 1-07 to 0-06 having had the advantage of the breeze. The second half saw our lads reel in the visitors with the lead changing hands at the end but finished in a draw at 1-12 each. The county league semifinal against Milltown/Castlemaine takes place Monday 20th of July in Finuge - we wish the lads all the best.

**U16:** Two weeks ago the team had a bye week with Beale coming to visit last Thursday the 16th of July. A close game throughout which saw our lads lead by a few points until Beale struck from three fast goals in the last quarter. Our lads pulled back a few points but in the end the visitors prevailed with a strong finish on the scoreboard. This Thursday the team play An Ghaeltacht in a back game postponed due to weather warnings.

**U14:** North Kerry league is up a running for both A & B teams. The B's had two already and are in good form with wins, the A's are commencing this week.

**ACADAMEY:** Our youngest members are in full summer action and having an absolute ball! Training for U6, U8, U10 is on Sunday mornings. Please feel free to contact us through social media or any club officer if you have a boy or girl in these ages that would like to try out Gaelic Football.

**U12:** The team played Knock/Brosna last Sunday in Finuge and put in a battling performance against a strong opposition. Lots of games coming in the weeks ahead for the boys, so best of luck to them!

**U10:** The game scheduled for last week against Moyvane has been postponed to this week.

**U8:** Well done to our mighty U8s who played brilliantly in the sunshine in Duagh on Friday evening week. Great skill and teamwork on show - the team are improving every week. Keep up the practice at home. Thank you to Duagh or hosting.

**CLUB MEMBERSHIP:** Its that time of the year again and club membership is open to all those wishing to join. For any members that are playing, registration must be completed through Foireann - see [www.foireann.ie](http://www.foireann.ie) It is important for all playing members to register through Foireann as it is an insurance requirement. Non-playing membership is also available through Foireann or through any club officer. The club wishes to thank everyone for their support. Rates are as follows - Juvenile €40; Juvenile x 2 €70; Juvenile x 3 €90; Senior player €50; Non-playing Adult €50; Family (2 juveniles & 2 adults) €120.

**CLUB SHOP:** With the season in full swing we have the perfect gifts for the football player or supporter in your life - Finuge GAA merchandise. This is an online shop hosted by KCS. Search for [www.kcsports.ie](http://www.kcsports.ie), click on the 'Club Shop' tab and search for Finuge. We have over 30 items of high quality Finuge branded sports gear to choose from, happy shopping.

**KERRY DEVELOPMENT:** At U15 level, Joe Joy and Ruairi O'Brien are representing the club on Kerry North. Last weekend Joe had the honour of captaining the side that defeated Mayo in the All-Ireland semifinal played at UL Limerick. The team play Cork in the final in a couple of weeks time. At U14 level we have three players on Kerry North - Aaron Collins, Eoghan Og Galvin and Robbie Breen. The boys played two Cork county teams last weekend and are in great form - well done to all.

**CÚL CAMPS:** Its that time of the year again to book your Finuge Cúl Camp places. This year the camp takes place the last week of July from the 27th - 31st. A fantastic week of fun and activity as always, so don't miss out and book today!

**KERRY SENIORS:** We wish the county senior football team the very best of luck in the big game against Mayo this Sunday. Hopefully All-Ireland title number 40 will be on the record books for the Kingdom on Sunday evening! The Kerry Ladies are also into the All-Ireland final after a massive display against reigning champions Dublin last Saturday evening. This is a great feat given the high level of change in the team in the past couple of years and we wish the very best of luck in two weeks time against Galway.

BALLYLONGFORD GAA

CLUB DEVELOPMENT

As we reach the halfway point of 2026, we would like to update our members and supporters on the continued development of Ballylongford GAA Club.

The club remains committed to the ongoing improvement of our grounds, facilities, and buildings. During the first half of the year, we have successfully completed a number of important projects, including the installation of new LED floodlighting, new perimeter fencing around the entire playing field, new team dugouts, and extensive pitch improvements through sanding, irrigation, and rolling.

These upgrades will make a significant difference to both our players and supporters and will help ensure that our facilities continue to meet the highest possible standards. We would like to sincerely thank everyone who contributed their time, expertise, and effort to these maintenance and development projects.

FOCUS JULY TO DECEMBER

We continue to focus on phase one of our development plan i.e. the conver-

sion of the redundant basketball court to a skills training area for our underage players and the modification of the sports complex to a state-of-the-art gym, meeting room and recreational room.

We're well into our fundraising activities and await the publication of the Sports Capital Grant for 2026-to achieve our objectives we'll need significant financial support from this source.

A massive thank you to all those who have contributed to date-your contribution is greatly appreciated.

NEW CLUB GEAR

Mike Rice-a significant financial backer of the club over the year's-has again generously contributed to a new set of togs for our senior team-for your contributions over the year's we thank you Mike.

CLUB COMMITTEE & MANAGEMENT

The continued success of Ballylongford GAA is only possible because of the dedication of so many volunteers.

We would like to extend our sincere thanks to our committee, officers, player management teams, ticket sellers, volunteers, members, and loyal supporters. An enormous amount of work takes place behind the scenes throughout the year, and there are many individuals who generously give up their time to ensure that every aspect of the club continues to operate successfully.

Your commitment and voluntary service are greatly appreciated and play a vital role in making Ballylongford GAA the thriving club it is today.

CLUB TEAMS

Everyone involved in Ballylongford GAA shares the same objective—to support and encourage all of our players, from our youngest boys' and girls' teams right through to senior level, helping them to develop both as footballers and as individuals.

Our underage teams continue to make excellent progress, with many talented young players emerging and representing the club with great pride.

Our Senior team has once again shown exceptional commitment throughout the season. A number of players travel long distances each week from Dublin, Galway, Cork, and other parts of the country to train and play, while others regularly rearrange work shifts to ensure they are available for matches and training.

This level of dedication, sacrifice, and teamwork is something of which the entire club can be immensely proud.

To all of our players, both underage and senior, thank you for your commitment, sportsmanship, and pride in wearing the Ballylongford jersey. You are a credit to your families, your teammates, and Ballylongford GAA Club.

CLUB LOTTO

Weekly Lotto Draw: 18th July - Jackpot €4750

Numbers Drawn - 06, 20, 23, 31

There was no winner - Lucky Dips

€20 Des Duffy Co. Tipperary

€20 Sarah Donovan Ballyline

€20 Liz Mulvihill & Jackie Foran

€20 online Breda Ferris Ahanagran

Free tickets x 3 Donal Donovan Lenamore

Next week's Lotto €4800



Listowel Emmets wishing the Kerry Team the very best in this Sunday's All Ireland Final



## FOR SALE

### DRIED TIMBER FOR SALE

Can be delivered. Call Eoin on 086 1681401

### HEDGING FOR SALE

Supplied & Planted. Can be delivered.  
Call Eoin on 086 1681401

### COMPOST FOR SALE

#### TOP QUALITY ORGANIC COMPOST FOR SALE

In tonne bags or in small & big trailer loads.

**Also Farm Manure already composted for sale.**

Fully licenced to accept Green Waste...tree, plants, cuttings, grass etc.

**Contact Green and Gold Composting:**

087 1277682 or [info@greenandgold.ie](mailto:info@greenandgold.ie)

### JACK RUSSEL PUPPIES FOR SALE

Call 087 9127017

### BICYCLE ITEMS FOR SALE

3 Speed Gear Gents Raleigh Cycle  
Emelle Amrada 5 Speed Ladies Cycle  
Easy Rack Car Cycle Carrier  
Call 068 / 36117 or 086 / 1604307

### OFFICE ITEMS FOR SALE

6 Drawer Office Desk  
4 Drawer Filing Cabinet  
Rexel Paper Shredder  
Shop Display Units, Shelving Units  
Fireproof Office Safe  
Call 068 / 36117 or 086 / 1604307

## HOUSE FOR SALE

### 4 Bed Bungalow

Within 2 mile radius of Listowel.  
Electric Gates, Alarm System,  
Solar Panels, Solid Fuel & Oil  
Heating. Large 50x30ft  
Storage Shed. 0.6 acre site  
surrounded by wall.  
Well maintained lawn.

**Call: 087 1907147**

## USEFUL SERVICES

### CONVERT TAPES TO CD, DVD, USB

Curiosity Shop, 39 Main Street, Castleisland V92 CFR6.  
Call 087 4586136

### QUALIFIED PAINTER AVAILABLE

Interior / Exterior. Kitchens hand painted or sprayed.  
New builds sprayed. Call Mike on 086 3125140

### HANDYMAN AVAILABLE

Soffit & Facia Cleaning, Painting, House & Shed Clean  
Up, Lawn Cutting, Powerwashing. Any job considered.  
Call 087 7647826

## WANTED

### THIN, LAME AND MASTITIS COWS WANTED

Payment on the day - 087 4166163

### WANTED EXPERIENCED HORSE HANDLER

To help with lead training and general husbandary  
of two thoroughbred yearlings. Previous experience  
with thoroughbred horses required. Flexible hours for  
right person. Contact Bryan 087 2347619

## MOTORS

### 2014 MAZDA DEMIO

Hatchback, 1.3 petrol. Automatic. Mileage: 66,417.  
NCT April 2027. Excellent condition. €8,750 ono.  
Call 087 7450260

## Acknowledgement Notice



**Helen Galvin**  
The Lodge, Bridge Road, Listowel  
Died on the 5th April 2026

The family of the late Helen Galvin wish to express their sincere thanks and appreciation to all those who sympathised with them in their recent sad loss.

We want to thank all those who attended Helen's Reposing, Funeral Mass, and Burial. Our thanks too to those who sent mass cards, flower tributes and messages of condolence.

The Holy Sacrifice of Mass will be offered for your intentions.

*May Helen rest in peace.*

## JACK RUSSEL PUPPIES FOR SALE

Contact 087 9127017



## POPE FRANCIS PRAYER TO JOSEPH

Pope Francis said this prayer for 40 years to St. Joseph.

O Glorious St. Joseph, thou who hast power to render possible even things which are considered impossible, come to our aid in our present trouble and distress. Take this important and difficult affair under thy particular protection, that it may end happily.

O dear St. Joseph, all our confidence is in thee. Let it not be said that we would invoke thee in vain; and since thou art so powerful with Jesus and Mary. Show that thy goodness equals thy power.

St. Joseph, to whom God entrusted the care of the holiest family that has ever been, grant, we ask of you, the father and protector of ours, and let the grace be brought to us to live and die in the love of Jesus and Mary.

St. Joseph, pray for us who have recourse to thee.

Many thanks. JC

## MEANING OF LIFE

*"I wish I knew what I'm on this planet for... why on earth am I here? I feel so useless."*

It was a remark made by someone who was going through an awful lot of trials and suffering.

Questioning life and feeling unsure and overwhelmed about our purpose has to be a normal human response in any circumstances but especially when life is difficult. We all wonder at times what on earth we are doing here.

Their words got me thinking.

I never understood that our life has such profound value until I started reading the Word of God. Scripture reveals that you and I were uniquely created by God. Psalm 139:13 says: *"For You (God) formed my inward parts ;You covered me in my mother's womb. I will praise You, for I am fearfully and wonderfully made...You saw me before I was born and scheduled each day of my life before I began to breathe...how precious it is, Lord, to realise that You are thinking about me constantly, I can't even count how many times a day Your thoughts turn towards me."*

Wow! We're talking here about the Creator of the universe, and how He sees us. No one cares more for us, loves us more or thinks more highly of us than He does. And He doesn't just toss us onto the planet and let us sink or swim. Jeremiah 29:11 is so clear: *"For I know the plans I have toward you, says the Lord, plans to prosper you and not to harm you, plans to give you hope and a future."*

You and I were designed for a purpose. Several scriptures provide amazing reassurance that our lives are meaningful. The bible repeatedly emphasises that we were handcrafted by God and that we are here for a specific reason. Ephesians 2:10 puts it like this: *"For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do."*

This highlights that you are a masterpiece, created by God for a purpose. Every detail of our lives is known and purposed by God. And it's so incredible to know that *"God is for us and not against us"*. Romans 8:32

Remember the old Catechism when we were in national school? We had to learn off lots of questions and answers. One question went like this:

Q. *Why did God make you?*

A. *God made me to know, love and serve Him in this life and to be happy with Him forever in the next.*

That's why we are here on earth. And thankfully we aren't left guessing, we have the Word of God to show us how to know, love and serve Him.

We can be confident that; *"... the Lord, He is the One who goes before you, He will be with you, He will not leave you nor forsake you; do not fear nor be dismayed."* Deuteronomy 31:8

If you require any further information or would like a free Bible please contact LCF at 085 7387594 or email [lcfkerry@gmail.com](mailto:lcfkerry@gmail.com)  
Le Grá, Bridie



## OUR LADY OF MOUNT CARMEL

Oh, most beautiful flower of Mount Carmel, fruitful vine, splendor of Heaven.

Blessed Mother of the Son of God; Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in my necessity (Mention your request here)

There are none that can withstand your power. Oh, Mary, conceived without sin, pray for us who have recourse to thee (3 times). Sweet Mother, I place this cause in your hands (3 times). Amen

*This prayer is never known to fail. It is to be said for 3 consecutive days. Publication on granting of the favour must be promised and done. JC*

## PRECIOUS MOTHER OF JESUS

Mother of Divine Grace, You can find a way where there is no way, please hear my prayer and grant my request. Amen. Say 6 times a day for 3 days. JC

## FOR A SOUND MIND

For God hath not given us the spirit of fear... But of power, and of love, and of a sound mind. Thanks. JC



## THE MIRACLE PRAYER

Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your own favour not mine. Amen.

Say this prayer three times for three days and your favour will be granted. Never been known to fail. Must promise publication of prayer. JC

## PRAYER FOR SPECIAL REQUEST

**Oh Dear Mother of God, Our Lady Conception Aparecida.**

**O St. Rita of Cassia and Saint Jude** worker or miracles and helper of impossible causes, pray for me  
**St. Expeditus**, Saint of urgent causes.  
**St. Edwiges**, the Saint of the needy, you know how desperate I feel, please ask Jesus to help me.

(Here mention my request)  
May The Sacred Heart of Jesus be adored and glorified forever.

Pray: One Our Father, Hail Mary, Gloria. Pray for 3 days. Publish on the 3rd day. See what happens on the 4th day. JC



**Dunlea**  
Flooring  
Ballylongford, Co. Kerry  
Tel: 068 43837 | Mobile: 087 2947879  
Quality & Service

- Domestic & Commercial Flooring
- Sales & Fitting
- Carpets & Vinyl
- Mat Binding Service
- FREE Delivery

**Flexible Hours To Suit**  
Prop: Kevin Dunlea

**JOE GUINEY**  
SEPTIC TANK & WASTE DISPOSAL CONTRACTOR

Permit Holder; Joe Guiney  
m. 087 2460486 (any time)  
t. 068 23013 (after 6pm)

**Fully Licenced & Insured**

**TO LET**  
087 3507846

- OFFICES
- WAREHOUSING
- RETAIL
- INDUSTRIAL
- TRAINING ROOM

FREE ONSITE PARKING AVAILABLE  
www.kelticbusinesspark.ie

**SEAMUS STACK**  
SERVICE & REPAIRS  
To all Electrical Appliances  
**Over 30 Years Experience**



**Mobile: 087 7709794**

Covering North Kerry & West Limerick

**MOC**  
MICHAEL O'CONNOR  
PAINTING & DECORATING

- Interior & Exterior
- Kitchens
- Furniture

Qualified with 20 Years Experience  
**TEL: 068 22758**  
**MOB: 086 312 5140**

**M J Carroll**  
SINCE 1908  
The Square, Listowel  
**Carrolls for Beds!!**

POCKET SPRUNG MATTRESSES FROM €229 46"

**Free Delivery**  
tel: (068) 21032 / 21052

**PROFESSIONAL HOME IMPROVEMENTS**

- POWER WASHING
- GUTTER CLEANING
- GARDEN MAINTENANCE
- PAINTING
- PLASTERING
- SLABBING
- BLOCKLAYING
- CONCRETE WORK ETC.

WITH OVER 20 YEARS EXPERIENCE FULLY INSURED

FOR MORE INFORMATION ON SERVICES  
**CONTACT 087-7541631**

**DAN'S HANDYMAN SERVICES**

- CARPENTRY
- PLUMBING
- STEEL FABRICATION ETC

CLOSE LINE CANOPIES  
MADE TO COVER ANY SIZE

**CONTACT DAN BARRETT**  
**087 7461521**  
Fully Insured & Registered  
www.dan-the-handyman.com  
f "Dans Handyman Service - Kerry"

**JOHN O'CONNOR SERVICES**

*Services Offered:*

- Chimney Sweep & Camera Inspection
- Chimney Insurance, Surveys
- Gutter Cleaning
- Roof Cleaning
- Soft Washing of External Insulation Red, Green and Black Algae Removal.
- Powerwashing

Find us on f **Fully Insured.**  
**Tel: 087 9313865**  
e. info@joconnorservices.ie

**ACUPUNCTURE & INTEGRATIVE THERAPY**  
*Alle*

**BENEFITS SECTION**

- PAIN RELIEF (BACK, NECK, SHOULDER,...)
- STRESS AND ANXIETY REDUCTION
- IMPROVED SLEEP QUALITY
- INCREASED ENERGY AND WELL-BEING
- EMOTIONAL BALANCE

*Less Pain. Less Stress. More Balance.*  
Your appointments: 083 155 8627  
LISTOWEL, CO. KERRY

**Tom Enright**  
**DOMESTIC APPLIANCE REPAIRS**



**TELEPHONE**  
**087 1200 398**

**DJC Services**

Tel: 087 268 6286 • Web: www.djcservices.ie

**POWERWASHING**

- Solar Panel Cleaning
- Window Cleaning
- Gutter Cleaning
- Softwash External Cleaning
- Driveway, Decking and Patio Cleaning
- Hedge Trimming
- General Garden Maintenance

*Fully Insured & Registered*

**HARRIS**  
WINDOWS & DOORS Ltd  
Ardfert Business Park, Ardfert, Co. Kerry V92 DC8K

**REPLACEMENT NEW BUILDS & REPAIRS**

Windows and Palladio Doors, Conservatories and Porches, All Internally glazed, A rated glass, wide range of colours, new designs.

**WINDOW AND DOOR GRANTS AVAILABLE**

Email: info@paulharriswindows.ie  
Tel: 066 7115790  
www.paulharriswindows.com

Come and visit our showroom upstairs in the Ardfert Furniture Centre. V92 DC8K

**A.B.C**  
SEPTIC TANK CLEANING  
Waste Permit Number: NWCPO-12-1022-01



**DOMESTIC TANKS CLEANED**  
CERT GIVEN FOR EACH TANK  
Fully Licenced & Insured  
Call Ned Moran, Moyvane  
**087 6097701**

**THE ARK**  
Quartz Crystal Sound Therapy

A non-invasive wellness experience to calm the nervous system, reduce stress, restore balance and support clarity, focus and full-body relaxation.

Aoife Somers



Not a sunbed  
"ENHANCING THE NATURAL GLOW FROM THE INSIDE OUT"

Tel: 087 445 7444 | E. info@glowell.ie  
www.glowell.ie/the-ark | Listowel, Co. Kerry



## Fantastic Value Across The Store

Fresh Irish  
Rib Eye Steak



**SAVE 33%**

Now €24.11/kg

Alabama  
Pork Rack



**1/2 PRICE**

Now €6.75/kg

Fresh Legs of  
Irish Lamb



**SAVE 33%**

Now €11.72/kg

**REAL REWARDS  
OFFERS**

SuperValu Fresh Irish  
Whole Chicken 2.1kg



**NOW ONLY  
€5**

WAS  
€7.39

## OFF LICENCE OFFERS When They're Gone They're Gone



**FROM  
€22**  
REAL REWARDS PRICE

Beefeater London Pink Gin 70cl €22  
Beefeater London Dry Gin 70cl €22.09  
Bombay Sapphire London Dry 70cl €26



**€10**  
REAL REWARDS PRICE

Campo Viejo Rioja Reserva  
Wolf Blass Yellow Label Chardonnay  
Villa Maria Sauvignon Blanc



REG. PRICE  
FROM  
€17  
**FROM  
€15**  
REAL REWARDS PRICE

Heineken / Corona Extra /  
Bavaria / Carlsberg / Birra Moretti  
12pk 330ml Bottles



REG. PRICE  
FROM  
€22\*  
**FROM  
€18.94\***  
REAL REWARDS PRICE

Rockshore Lager / Guinness Draught / Carlsberg /  
Budweiser / Heineken / Coors / Bulmers Cider /  
Bulmers Light Cider Cans 12-15 Pack 440ml-500ml

ONLY  
WITH YOUR  
REAL REWARDS  
CARD/APP  
SuperValu  
Real Rewards

## REAL REWARDS OFFERS

ONLY WITH YOUR  
REAL REWARDS  
CARD/APP  
SuperValu  
Real Rewards

REGULAR  
PRICE  
€19\*

**€12\***  
REAL REWARDS PRICE



Coca Cola Original Cans 18 Pack 330ml

**€10\***  
REAL REWARDS PRICE



Coke Zero/Diet Coke Cans 18 Pack 330ml

REGULAR  
PRICE  
€4.25

**€2**  
REAL REWARDS PRICE



Capri-Sun 200ml Orange 10pk

REGULAR  
PRICE  
€8.50

**€4**  
REAL REWARDS PRICE



Plenty Max Kitchen Towel 3 Roll

See instore for terms & conditions

Find us on  
Facebook

Customer Quotas Apply - Images for illustration purposes only

**The Advertiser - Serving North Kerry & Beyond**

3 Hill-Top, Bridge Road, Listowel, Co. Kerry

Tel: 068 57656 | Sales: 086 3102708 | Web: [www.theadvertiser.ie](http://www.theadvertiser.ie) | Email: [news@theadvertiser.ie](mailto:news@theadvertiser.ie)