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BON SECOURS HOSPITAL TRALEE ANNOUNCES NEW DIAGNOSTIC CENTRE IN LISTOWEL, BRINGING HEALTHCARE CLOSER TO HOME

New community-based healthcare facility set to open in Quarter 2 of 2027

Bon Secours Hospital Tralee is delighted to announce plans for the opening of the new Bon Secours Listowel Diagnostic Centre in Quarter 2 of 2027, marking an important development in the provision of accessible healthcare services for Listowel and the wider North Kerry community.

The new centre will expand access to a range of diagnostic, physiotherapy and outpatient services, providing patients with greater opportunities to access healthcare locally and reducing the need to travel further afield for selected investigations and appointments.
Planned services at the facility include MRI, X-ray, DEXA – Bone Density Scanning, ultrasound scanning, echocardiography (ECHO), physiotherapy and consultant outpatient clinic rooms. The centre will provide a convenient local setting for patients requiring diagnostic investigations, specialist consultations and other healthcare services.

The development reflects Bon Secours Hospital Tralee's continued commitment to investing in healthcare across Kerry and improving access to services for patients throughout the region. By establishing a presence in Listowel, the hospital aims to make selected diagnostic and outpatient services more accessible to people living in North Kerry and the surrounding areas.

T.J. O'Connor, Chief Executive Officer of Bon Secours Hospital Tralee, said:
"The development of the Bon Secours Listowel Diagnostic Centre represents an important investment in the future of healthcare in North Kerry. We understand how valuable access to local healthcare services is for patients and their families, and we are pleased to be progressing a facility that will bring a range of diagnostic and outpatient services to the Listowel community.
"This development is about more than providing a local facility. It is about strengthening our connections with the community, supporting our local GPs and making it easier for patients to access appropriate healthcare services within their own region.
"We look forward to bringing this project to completion and welcoming patients to the new centre in 2027."

Deirdre O'Connor, Radiology Services Manager at Bon Secours Hospital Tralee, said:
"The new Listowel Diagnostic Centre will provide an additional point of access for patients requiring diagnostic investigations and other outpatient services. Having services available closer to home can make a real difference to patients, particularly those who would otherwise need to travel to attend appointments.
"We look forward to working with our clinical colleagues and local GPs to support the delivery of accessible diagnostic services for the North Kerry community. The centre will complement the services available at Bon Secours Hospital Tralee and help support patients along their healthcare journey."



NORTH KERRY DONORS URGED TOSUPPORT LISTOWEL BLOOD DONATION CLINIC

The Irish Blood Transfusion Service (IBTS) is appealing to people across Listowel and the wider North Kerry area to support its upcoming blood donation clinic as the service continues to operate under a Pre-Amber Alert under the National Blood Shortage Plan.
The alert remains in place because of critically low stocks of RhD Negative blood, particularly O Negative. With demand from hospitals remaining high, every blood donation is helping to ensure patients continue to receive the lifesaving transfusions they need.
Over the past thirteen weeks, almost 31,000 units of blood have been issued to hospitals throughout Ireland. The IBTS is encouraging local donors to play their part in helping maintain essential blood supplies by attending the upcoming clinic in Listowel.

Clinic Details: Listowel Arms Hotel
Wednesday 11th November | 4:50pm – 8:10pm
New donors are always welcome.
Appointments can be made by calling 1800 222 111

KERRY ORGANISATION CELEBRATES WIN AT THE 2026 REPAK RESOURCE AWARDS

On Tuesday 27th October 2026 KWD Recycling, based in Killarney, Co. Kerry, has been announced as the winner of the Best Recovery Operator Innovation Award at the 2026 Repak Resource Awards, Ireland's National Environmental Awards.
This is followed on the success of KWD Recycling winning the Waste Recovery Operator and Facility Award at the 2025 Repak Resource Awards.
"Sean Murphy of KWD Recycling said: We're delighted to be recognised at the Repak Resource Awards for the second year in a row. We're always looking at practical ways to recycle more, and this award is great recognition of the work and innovation that has gone into doing that by the team in Killarney."
The event, held at The Mansion House brought together leaders from across Ireland's business, environmental, and community sectors to celebrate the positive impact of environmental initiatives nationwide.

KWD Recycling was recognised for their Innovative Residual Waste Recovery System which combines optical sorting, screening and mechanical processing to recover recyclable plastics and organic material from mixed municipal waste. In its first year, the system recovered more than 10% of plastic packaging from residual waste for recycling and diverted organic material for composting.

Speaking at the 2026 Repak Resource Awards ceremony, Repak CEO Zoe Kavanagh said: "Congratulations to KWD Recycling on this well-deserved recognition at the 2026 Repak Resource Awards. Their work demonstrates the important role that businesses across Kerry are playing in reducing waste, improving recycling and supporting Ireland's transition to a circular economy. "The calibre of entries this year was exceptionally high, showcasing the innovation and commitment taking place across the country. Initiatives such as this highlight the positive impact that practical environmental action can have at both a local and national level."

For further information please visit repak.ie.

Photographed at the Repak Resource Awards are winners of the Best Recovery Operator Innovation, Luke Murphy and Denis Kearns from KWD Recycling alongside award Sponsor Gráinne Ryan from DNV



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As a Kerry library member you have free access to Borrowbox - an app that gives you access to thousands of eBooks and audiobooks as well as daily/weekly/monthly newspapers and magazines. Audiobooks can be downloaded onto a phone or tablet and listened to on the move, with the selection available constantly updated. If you're not already using Borrowbox, just download the app, log in with your library details and start to browse, borrow and read.
You can browse what is available on the app at kerry.borrowbox.com.

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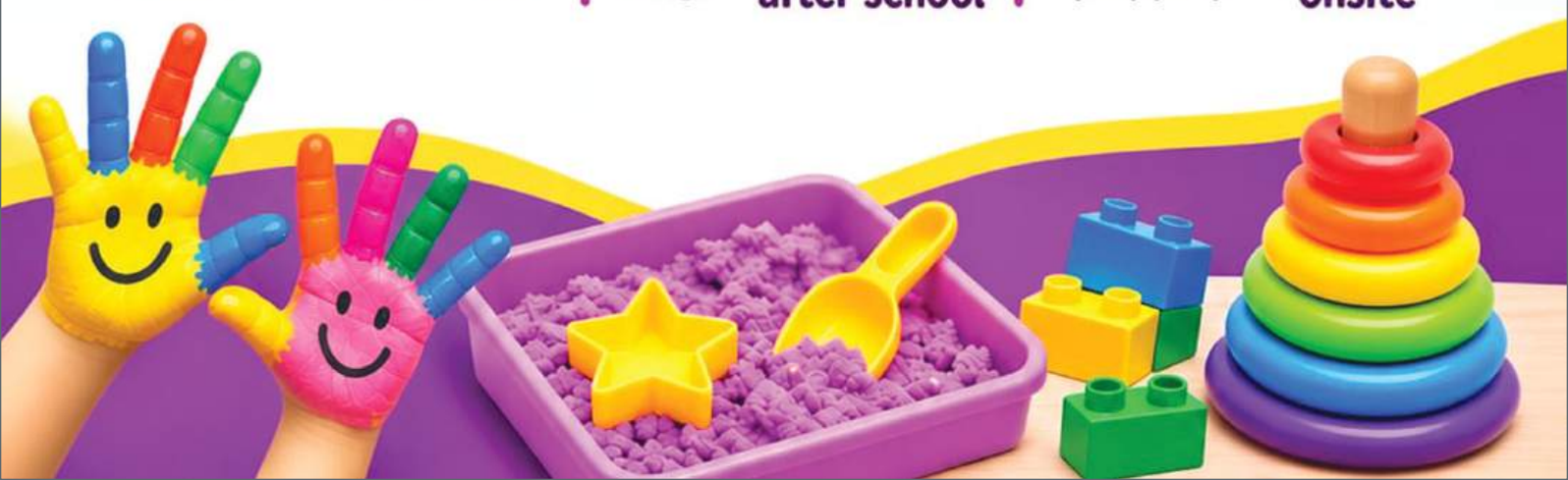
Open Day



Saturday 14th November
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Come along to a fun filled activity morning

- Bus transport from Listowel
- Sacrament preparation after school
- Preschool & afterschool onsite



CAROLINE'S DÓTERRA ESSENTIAL OILS

WELLNESS WITH CAROLINE HORGAN

Preparing Your Family Wellness Cupboard for November

As we welcome November and the colder days that come with it, now is the perfect time to take a look at our family wellness cupboard and make sure we have some of our favourite essentials close at hand. With the change in weather and temperatures, coughs, colds and seasonal sniffles often become more common. Having a few natural wellness essentials ready can help us feel prepared and support our family's everyday wellbeing throughout the winter months.

For me, one of the best places to start is with the **doTERRA Family Essentials Kit or Home Essentials Kit**, or by choosing individual oils to add to or stock up your existing wellness cupboard.

Some of my favourite oils and blends to have on hand include:

- **Tea Tree (Melaleuca):** A versatile oil traditionally valued for its cleansing properties and a wonderful addition to your home wellness collection.
- **On Guard:** One of doTERRA's popular protective blends, combining familiar essential oils with a warming, spicy aroma. It is a lovely addition to seasonal wellness routines.
- **Peppermint:** Fresh, invigorating and wonderfully uplifting. Its cooling aroma can help create a refreshing atmosphere and is a favourite for those moments when you need a little boost.
- **Air:** A beautiful blend of essential oils with a fresh, aromatic scent that can bring a refreshing feel to your home, particularly during the colder months.
- **Lavender:** A true household favourite. Known for its calming aroma, Lavender is wonderful for creating a relaxing environment and supporting moments of rest and relaxation.
- **ZenGest:** A comforting blend with a warm, spicy aroma that many families enjoy incorporating into their everyday wellness routines.

These are just some of the wonderful oils, a great starting point for anyone looking to build their own wellness cupboard.

One of the things I absolutely love about essential oils is how easily they can become part of our daily routines. Diffusing oils in a cold-water diffuser has been a real game-changer in our home, and for the past six years, it has been something we enjoy both daily and nightly.

The aromas can help create a fresh, welcoming atmosphere in our home and bring a little sense of comfort and calm during the busier months. While essential oils are not a substitute for medical care or a proven way to prevent or treat colds, they can be a lovely addition to our everyday self-care routines.

Of course, wellness is not just about looking after our physical wellbeing. It is equally important to take care of our minds and emotions, particularly during times of stress, anxiety or when life feels a little overwhelming.

This is where oils such as Frankincense, Balance and Clary Calm have become wonderful favourites of mine.

Frankincense has a beautiful, grounding aroma and is one of those oils I always love to have close by. Balance, with its earthy and calming scent, is a lovely companion during moments when we need to slow down and reconnect with ourselves. Clary Calm is another favourite for creating a soothing atmosphere and taking a little time for ourselves.

Over the last number of years, I have continued to educate myself about doTERRA essential oils, their composition, their aromatic properties and the different ways they can be incorporated into everyday wellness routines. It is a journey of learning that I continue to enjoy, and one that allows me to share my knowledge and support families throughout North Kerry and West Limerick. I believe that having the knowledge and confidence to use essential oils appropriately is just as important as having the oils themselves.

If you have been thinking about getting started with essential oils, or perhaps adding to your existing collection, there is no better time than now to prepare your family wellness cupboard for the months ahead. You can begin with your very own Family Essentials Kit or Home Essentials Kit, containing 10 of doTERRA's foundation oils and blends, or alternatively, start with your own doTERRA account and choose the individual oils that best suit your needs.

Think of it as having a little wellness toolkit at home, much like your first-aid kit, with the added benefit of learning how to incorporate these beautiful oils into your everyday routines. And, of course, you don't have to figure it all out on your own! I am always happy to offer support and guidance, helping you understand the oils you choose and how to use them safely and appropriately once they arrive.

A little November offer!

For every kit purchased through Caroline during the month of November, you will also receive two FREE gifts! If you would like to discuss your kit options, start your own essential oil journey or simply learn a little more about the oils, contact Caroline on the number below. I would love to help you get started.

A Thought for the Week Ahead

As we move into November, let's remember that caring for ourselves and our families doesn't have to be complicated. Sometimes, it is the little things that make the biggest difference — a calming aroma in the evening, a few quiet moments to ourselves, or simply taking the time to prepare for the weeks ahead. After all, when we take care of ourselves, we are better able to care for those around us.

Caroline - dóTERRA Wellness Advocate – North Kerry & West Limerick
087 2921292 - *Wellness with Caroline Horgan*

LISTOWEL FOOD FAIR ANNOUNCE NEW PARTNERSHIP WITH FBD INSURANCE

The Listowel Food Fair is set to host its 31st staging of the forthcoming festival in the North Kerry town of Listowel with a full festival programme of events starting on Thursday 5th to Monday 9th November 2026.

The Listowel Food Fair was originally launched in 1995 as a specialised food fair. Listowel, located in North Kerry has a reputation for its lush landscapes and fertile land, making it an ideal location for the production of high-quality food and beverages. As such, the Listowel Food Fair became a platform for many food producers to highlight their artisan food products such as cheeses, baked goods, beverages and more.Now in its 31st year, the Listowel Food Fair celebrates many successful years of promoting culinary talent and fostering a sense of community pride. The festival has continued to evolve and adapt to changing tastes and trends while staying true to its mission of celebrating the rich culinary heritage of Listowel and North Kerry. The Listowel Food Fair not only celebrates the region's culinary offerings but also its cultural heritage.

Listowel Food Fair is pleased to announce a new partnership with Ireland's largest insurance provider, FBD Insurance plc who join the major supporting line up of new sponsors, to support the Listowel Food Fair's diverse agricultural, food production and culinary programme.This new partnership, announced today, recognises the shared goals and values of FBD Insurance and Listowel Food Fair, supporting Ireland's agricultural and agri-food sectors while also supporting small rural businesses.

This year's Listowel Food Fair 'Farming Seminar' will take place on Monday 9th November 2026 and will be attended by Niall Collins TD, Minister of State at the Department of Agriculture, Food and the Marine with special responsibility for Forestry, Farm Safety and Horticulture. Presentation of the 2026 Listowel Food Fair 'Best Factory Heifer Award' will also take place on the night. The Farming Seminar addresses important and topical issues within the Irish farming and agricultural sectors.

FBD Insurance is delighted to support the forthcoming Listowel Food Fair. Speaking about the new partnership Michael Kerins, FBD Insurance Branch Manager, Tralee said:
"FBD Insurance is Ireland's leading local, homegrown insurer and supporting community initiatives like the Listowel Food Fair are at core of what we do. The 2026 edition of this renowned festival promises to be a fantastic showcase for local food and culture, and we are very excited to be partnering with it."

Speaking about the new partnership with FBD Insurance Jimmy Deenihan said: "Listowel Food Fair's history of supporting the farming and agricultural community of North Kerry and West Limerick, combined with our core remit of highlighting food production in this region over the past thirty one years, has laid a strong foundation for the formation of this new partnership with FBD Insurance. As a non for profit and voluntary led community festival, we rely on such partnerships with organisations who share our values and goals. We welcome this new partnership with FBD Insurance, and we look forward to working with FBD Insurance to support the continued growth of the Listowel Food Fair in future years".

The Positive Ageing Seminar – In Association with Listowel Credit Union takes place on Friday 6th November 2026 at 7pm at the Listowel Community Centre. A festival highlight, this event features a series of guest speakers including Minister Kieran O'Donnell TD and Dr. Niall Moyna, Professor of Clinical Exercise Physiology, DCU. Dr Susan Crawford will host an Autism Seminar on Saturday 7th November 2026 at 11am at the Listowel Community Centre.

TV Chef & Food Author Rory O'Connell will meet with local Kerry artisan producers and customers at Garvey's Supervalu Listowel at 11am on Saturday 7th November 2026. Then at 2pm Rory O'Connell takes to the stage at the Listowel Arms Hotel for a live 'Cooking Demonstration'. Award Winning Kerry Chef TJ O'Connor, Head of Culinary Arts at MTU will then deliver a 'Cooking Demonstration' at 3pm.

The 2026 Listowel Food Fair is supported by Kinisla, Fáilte Ireland, Kerry County Council, Kerry Local Enterprise Office, FBD Insurance plc, Garvey's Supervalu Listowel, John J Galvin & Son Ltd, Listowel Credit Union, Media365, Buckley Agri and Tipperary Crystal.

FBD Insurance plc is the 'Preferred Insurance Partner' of the 2026 Listowel Food Fair.

Information on the 2026 Listowel Food Fair is available at www.listowelfoodfair.ie.
Tickets can be purchased at www.eventbrite.ie

Image: Aisling Scully, BA Ag - Adjudicator of the 2026 L.F. 'Best Factory Heifer Award, Michael Kerrins, Tralee Branch Manager, FBD, Jimmy Deenihan, Albert Barrett, FBD Life & Pensions,John O'Connor, Chairman, Listowel Livestock Mart, PJ Mulvihill, General Manager, Listowel Livestock Mart, John McGlynn, FBD Representative, North Kerry & West Limerick - Shot on location at Listowel Livestock Mart. Photo by: John Kelliher Photography



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SAN RITA WELLNESS

Welcome to San Rita Wellness weekly column… We hope you are safe and well.

The term "self-care" has come to mean so much more than spa days and yoga classes. The point of self care is to do something for you—anything that leaves you feeling fresh and rejuvenated.

The real question is .... Why is self care so important for us all?

It's so important to make sure we take care of our body, mind and soul every day and not just when we get sick. Taking good care of ourselves involves making the right food choices, reducing your stress levels, being regularly active and making some " Me Time ". These are some key areas to self care to keep you healthy , fit and resilient.

So the next question is why do we often fail when it comes to self care ?
Most of us are crazy busy, have stressful jobs or spend too much time with technology to make time for ourselves. **"Me Time"** is usually last on the agenda.

What kind of an impact does lack of self care have on you?

- Leave you feeling tired or worn out.
- You often make poor food choices.
- It can also leave you feeling negative about many things especially yourself.
- Your self esteem and confidence can be low.
- No motivation to achieve your goals.

So if one or all of the above apply to you at anytime the next question is,
How can you turn things around?

Eat right for self-care. The food we eat has the potential to either keep us healthy or contribute to weight gain or diseases such as diabetes, but it can also keep our minds working and alert. Eating the right foods can help prevent memory loss and inflammation, both of which can have long-term effects on the brain and, in turn, the rest of the body.

Exercise daily as part of your self-care routine. We all know exercise is good for us. Daily exercise can help you both physically and mentally, boosting your mood and reducing stress and anxiety, not to mention helping you shed extra weight. Of course, it might be hard to go to the gym every day, so try to incorporate other exercises, such as walking, tennis, or yoga, which may be able to fit into your schedule more easily. The most important thing is to create a routine that works for you.

Make sleep part of your self-care routine. Sleep can have a huge effect on how you feel both emotionally and physically. It is important to try and get 6 to 8 hours quality sleep at night and also it's especially important to stay away from caffeine and sugar, which tend to keep you awake .Try to avoid the habit of using technology or devices in bed.

Say no to others, and say yes to your self-care. Learning to say no is really hard; many of us feel obligated to say yes when someone asks for our time or energy. But once you learn how to politely say no, you'll start to feel more self confident, and you'll have more time for your self-care.

Take care of yourself by getting organized. Getting organized is often the first step to becoming a healthier you, because it allows you to figure out exactly what you need to do to take better care of yourself.

Schedule your self-care time, and guard that time with everything you have. It can be hard for us all to find extra time. But it's extremely important to plan regular self-care time. Moments alone can help you to ponder the best ways to move forward in your life and keep you grounded. And moments with friends can help you feel more connected and relaxed.

First and foremost reading through this weekly column is another step of **self care** on your Weight loss and Wellness journey.

For extra support and for weekly accountability check us out on Facebook San Rita Wellness or sanritawellness.com for details of our " In Person Meetings " " At Home Service " or our " One to One Service."

NB - Our weekly "In Person Meetings" take place in the Kerry Writers Museum, The Square, Listowel every Wednesday morning from 10am to 11am and evening from 6pm to 7pm

Give us a call on Sandra 087 6718377,
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Until next week Sandra & Rita



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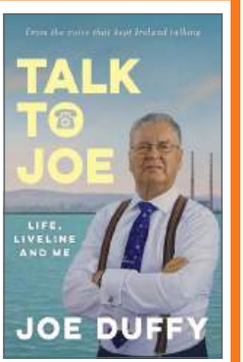
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By Joe Duffy



From the voice that kept Ireland talking

For nearly three decades, Joe Duffy sat behind the mic as host of RTÉ's Liveline, the radio show that became Ireland's national sounding board. In this walk down memory lane, Joe takes readers inside the studio and beyond, sharing the stories, voices and moments that defined a generation.

From Celtic Tiger boom to crash, from marriage equality to menopause, Liveline was where Ireland came to talk - and often to change. It was the place where scandals broke, injustices were exposed, and ordinary people made headlines - and where issues from maternity care to abuses in schools and institutions were brought into the national conversation.

With warmth, honesty and trademark wit, Joe reflects on the privilege and responsibility of platforming the nation's voice, through heartbreak, humour, anger and hope. Talk to Joe is more than a memoir: it's a chronicle of Ireland in transition, told by the man who listened hardest - and made talking feel easy.

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Early arrivals at The Listowel Coursing field on Saturday were Jerry and Callum McMahon with Jason Carmody and Colm Curtin. Photo Moss Joe Browne

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SOME PHOTOS FROM A FANTASTIC OPENING WEEK AT PADEL LISTOWEL









































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After many months of planning Padel Listowel opened it's doors on Friday 30th October with huge numbers either trying out the sport for the first time or testing whats on offer at Cahirdown, Listowel. The state of the art facility boasts two full sized doubles courts, bathroom, changing facilities, three seating areas as well as a table tennis and mini picketball zone.
The Padel Listowel team are also currently in the process of constructing a premium golf simulator, with completion expected in the next 2-3 weeks.

Speaking after the opening, Padel Listowel member Ricky: "We are thrilled to have our padel facility finally operational, though we do need to complete our golf simulator. We are absolutely delighted with the positive feedback we have received since opening and the amount of players to have already used our facility is phenomenal. We didn't expect so many at this early stage but we hope the trend continues. I would like to thank all the players, the well wishers and the business community for their remarkable support agreeing to take a space on our sponsorship wall. It truly does mean a lot to us".

The facility is open 10am-10pm Monday to Friday and 8am-9pm on weekends so if you are considering a new hobby Padel Listowel might well be the best place to start!

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BALLYBUNION

BALLYBUNION RUNNING CLUB QUIZ NIGHT
Test Your Knowledge Support a Great Cause. Friday 13th November, at The Railway Bar, Ballybunion. Quiz Starts: 10.00pm. Fundraising Cheque Presentation at 8.30pm to Ballybunion Sea & Cliff Rescue & Scoil Íosagáin. Quiz Night Details, Entry Fee: €40 for a table of 4, Extra members €10 each. Quiz Master on the Night: Tony Moore. Finger food provided, Spot prizes on the night! Great Minds Support Great Causes!

CHRISTMAS CHORAL NIGHT A CHRISTMAS CELEBRATION
St. Joseph's Secondary School Parents' Association presents a special Christmas Celebration in association with Kerry Choral Union, with performances from students of St. Joseph's Secondary School. At St. John's Church, Ballybunion on Wednesday, 25th November at 7pm. Tickets: €15

Children go free (must be accompanied by an adult). Tickets available from: The Marine, SuperValu & St. Joseph's Secondary School. Limited tickets will also be available on the night. Come along and enjoy a wonderful evening of Christmas music and festive entertainment.

CANCER CARE PACKS
Normally during the month of October Miriam Costello runs a campaign to raise awareness of cancer and the importance of checking things out if in doubt while also offering the opportunity to sponsor care packs to donate locally. This year I've decided to run the campaign during November. Behind every statistic is someone's loved one, a parent, a sibling, a child, a friend. I am delighted to have helped so many people in the past who have been delighted to receive a pack. All sponsored packs will be donated to Kerry Cancer Support Group or you can of course buy a pack to gift to a loved one yourself. Each pack contains four natural products which can be purchased this month for €25. The packs are unisex and everything that is included in the pack are safe and beneficial to those going through or recovering from treatment. Please contact Miriam on 087 698 2711 to purchase a pack.

TINTÉAN THEATRE
Coming up - Sat 7th Nov, Rock Rising, The Supreme Classic Rock Show. Sat 14th Nov, Waterloo ABBA Tribute. Sat 28th Nov, Vegas Trad. Sat 5 Dec, Cash Returns - The Man in Black is back. Sat 19th Dec, 'An Enchanted Christmas' with The O'Neill Sisters & Rebecca Winckworth. All shows at 8pm. Check out www.tintean.ie for more details.

BALLYBUNION TIDY TOWNS
Garden Awards and quiz night 6th November 8pm in the Bunker. A night not to be missed. A big thank you to Ballybunion Events Committee for a fantastic Halloween night.

BALLYBUNION ACTIVE RETIREMENT
The Room of light - Ballybunion Community Centre. Weekly Meetings: Every Wednesday, 11.30am - 1.30pm. New members are always welcome. Come along and enjoy a wide range of activities, including: Creative writing, Theatre visits, Day trips, Guest speakers, Yoga and most importantly, great company. For more information, contact Pat Buckley at 086 356 1615.

BALLYBUNION MEN'S SHED
Are looking for new members for shed. A great place for tea and a chat any day. Also handymen for small jobs in the shed and community. Follow us on Facebook. Contact Francis Bennett manager 087 246 0491.

BALLYBUNION LIBRARY
Ballybunion Library: Come in with your child and sign up the children that are starting Junior Infants this September. We have a Little Library Bag for each child. It contains some nice books and other goodies that may help the transition to Primary School.

Opening Hours: 10am-1:30pm and 2:30pm-5pm from Tuesday to Saturday Inc.
ballybunion@kerrylibrary.ie 068 27615 www.kerrylibrary.ie Everybody Welcome!

TAEKWONDO BALLYBUNION
Taekwondo Classes – Ballybunion Community Centre. Join our Taekwondo classes in the upstairs hall for all ages and skill levels! Every Wednesday – Beginners (ages 5+), teens & adults & every Friday – Beginner teens & adults. Build confidence, balance & coordination, improve fitness & self-defence skills & Develop self-discipline in a fun environment. Interested? Contact Michael at 087 924 5637 to get started!

BABY & TODDLER GROUP TÍR NA NÓG BALLYBUNION
Just a little update for all parents and carers, our Baby & Toddler Group will now take place every Wednesday only from 9:30am to 11am. Please note that there will be no Monday classes going forward. We look forward to welcoming all our little ones and their grown-ups every Wednesday. If you have any questions, please get in touch with Ballybunion Community Centre. Email: ballybcomcentre@gmail.com or phone 068 27799

CHAIR BASED FITNESS PROGRAM
Class Chair-Based Exercise in Ballybunion Community Centre every Tuesday 11.00am-12.00pm. Pay as you go classes available also, Please phone to book your chair call Martina on 087 797 3688

BALLYBUNION MEALS ON WHEELS
Delivery Days: Monday, Wednesday, and Friday, Areas Covered: Ballybunion, Lisselton, Asdee, and Ballylongford. Please note: €8 per meal (delivered directly to your door). To arrange delivery, please contact: Eileen Fogarty – 086 2234 965 Con McCarthy – 087 418 4241. Reliable, home-cooked meals delivered with care!

BALLYBUNION BADMINTON
Stay Active with Ballybunion Badminton! Looking for a fun and engaging way to stay fit? Join Ballybunion Badminton for a great cardio workout that improves agility, coordination, and relieves stress. Every Thursday, 8 PM – 10 PM at Ballybunion Community Centre. Strictly over 15s – New members are always welcome! For enquiries, contact us via the Ballybunion Baseliners Facebook page or text 086 166 0682.

BALLYBUNION HEALTH AND LEISURE CENTRE
Opening Hours, Monday – Friday: 8:00 AM – 9:00 PM, Saturday: 9:00 AM – 6:00 PM, Sunday & Bank Holidays: 10:00 AM – 6:00 PM. We offer a variety of exercise and fitness classes, including Hydro Bikes, Aqua Aerobics, and Spinning. Public swimming lessons take place during the week and can be booked by contacting reception. For more information, please call Reception at 068-28111 or follow our Facebook page: Ballybunion Health & Leisure Centre for regular updates.

BALLYBUNION COMMUNITY CENTRE
Ballybunion Community Centre has the perfect space for hosting your sports, groups, classes or parties. The following are the classes take place in the centre, Parent, baby and toddler groups, Taekwondo, Badminton, Yoga Classes, Chair based exercises, Craft circles, Dance fitness, English lessons, Indoor soccer, Drama class, Basketball, Irish language development class for kids, Gymnastics, Ballybunion Youth Club. Please contact 068-27799 or email ballybcomcentre@gmail.com for any information.

POSITIONS AVAILABLE IN COMMUNITY
Community Employment offers paid work, welfare supports, free training courses and an opportunity to get involved in the community. Current part-time positions (19.5 hrs. /wk.) Include: Tinteán Care taker, Leisure Centre Cleaner, Sea Rescue Hut Caretaker, Environmental worker with Tidy Towns. For details, contact Rosaleen on 089-2763786 or email saothairnanabhann@gmail.com

SAN RITA WELLNESS
In Person Meetings take place every Wednesday from 10am-11am & 6pm to 7pm in The Kerry Writers Museum. If you are anxious to make a start now you can join our "At Home Service" where our members love the support, motivation, accountability and also seeing fantastic results on the scales. Call us for more information. Sandra 087 6718377 Rita 087 1012174

GROW SUPPORT GROUP MEETINGS
Grow support meetings on Wednesdays from 7:30pm to 9:30pm in the Seanchai centre, Kerry Writers museum, The Square Listowel. All men and women welcome. For more information either attend or ring Jerry Cronin 0860271990 or www.grow.ie

UNISLIM LISTOWEL
UniSlim – New Class Opening in Listowel. The Kerry Writers' Museum, 24 the Square, Listowel, V31 RD93. Every Thursday 6pm – 8pm. Call or Whatsapp Loraine: 087 678 1862. FREE TO JOIN! Free MIX30 in class, Join today for only €12 and save €13! T&Cs apply. www.unislim.com

BALLYLONGFORD CHRISTMAS CRAFT AND FOOD FAIR
Ballylongford Christmas Craft and Food Fair at The Parish Hall on Sunday 15th November 10am-4pm. Fantastic 1st prize in the raffle of dinner for two with welcome cocktail and wine at the award winning Curry House Restaurant at the Great National South Court Hotel Limerick.

Come along for a wonderful atmosphere and brilliant Christmas gift ideas.

BALLYBUNION NOTES
If you'd like to include an item in The Ballybunion Notes, please send it to ballybuniontouristoffice@gmail.com or message us on the Ballybunion Tourist Office Facebook page by 10:00 AM on Monday. The Ballybunion Tourist Office is funded by the Ballybunion Community Forum and is open all year round.



Local success for the Curtin family in the 3 Course Champion Duffer Stake as Mary B. Curtin is accepting the trophy from treasurer Micheál McMahon while her son Marc is holding the winner Moyvane Admiral. Photo Moss Joe Browne

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LIXNAW

PARISH MASS TIMES
ST MICHAEL'S CHURCH: Monday 2nd November, Feast of all Souls Mass at 7.30pm. Wednesday 4th November, Mass at 10.00am. Friday 6th November, Mass for the Deceased at 7.30pm. Saturday 7th November Mass at 7.30pm for the Deceased of the Parish from November 2025 to November 2026.

RATHEA CHURCH: Sunday 8th November, Mass at 9.30am for Paddy, Margaret & Ned Whyte, Rathea, Deceased members of the O'Sullivan Family, Gortacloghane & the O'Brien Family, Scrahan, Duagh.

IRREMORE CHURCH: Sunday 8th November, Mass at 11.00am for May & Sonny Buckley, Mountcoal.

DEATHS
Hannah Lynch (née Sheehy), Ahabeg (Dale Road), Lixnaw. Sympathy to her son Denis, daughter in-law Finola, grandchildren Denise and Stephen and all the extended Lynch family. May she rest in peace.

SPLIT THE BUCKET DRAW
Congratulations to Mary Barry on winning €65 in this week's Split the Bucket Draw.

LIXNAW CLUB LOTTO DRAW
26/10/26 Jackpot €2,150. Numbers drawn were 06, 10, 18, 21. No winner. €30 winners: Jerome Foley, Ballinclogher (online); Sean Cronin, Keel; Charlie McElligott, The Bridge. Next draw on Monday 2nd November at the Dew Drop Inn. Next week's jackpot will be €2,200. Thank you for your continued support.

ST SENAN'S GAA CLUB LOTTO DRAW
26/10/26 Jackpot €4,800. Numbers drawn were 07, 12, 21, 27 No Jackpot winner. €30 winners: Eilish Walsh, Listowel, Hilda Doody (online). €20 winners: Hilda Doody, (online), Joe Mulvihill, Moyvane; Mairead Slemon (online). Next week's Jackpot will be €4,900. Tickets €2 each or 3 for €5. Tickets are available at Kelly's Six Crosses, The Halfway Bar, Parker's Bar, Kilflynn, or play online.

FINUGE GAA
FINUGE 500: Congratulations to our October winners: €500 winner Caroline Foley and 500 litres of Macoil home heating oil winner Teresa Gilbert. Entry tickets for each month are available at McCarthy's Bar Finuge, Foleys Your Stop Shop Lixnaw, Stacks Londis Lixnaw, JJ Walsh Bar & Butchers Lixnaw, Post Office Lixnaw, and O'Carroll's Bar Listowel. Tickets are also available online at www.finugegaa.com.

COMMUNITY EVENT AT LIXNAW LIFE PHARMACY
Hidden Hearing on The Road!! Free earwax check & healthy hearing advice. Meet the experts at Wednesday 11th November from 10am - 4pm at Life Pharmacy in Lixnaw

CONTACT
To include items in the Lixnaw notes, please email lixnawnotes@gmail.com by 10pm on Sunday evening.

BALLYDUFF

LOTTO DRAW
The results of the weekly Ballyduff GAA Club, Lady's Walk Hurling Club and the Ballyduff Community Games Committee Lotto Draw for Tuesday October 27th are as follows: The numbers drawn were 5, 18, 19 and the Bonus Number was 7. There was no winner of the Lotto Jackpot of €17,500 or Match 3 prize of €400. The €20 consolation prizes were won by Amy O'Toole, Laois; David Slattery, Glounerdalive & Seamus Ó Murchú, Online. The Lotto Draw takes place on each Tuesday night at the Ballyduff GAA Clubrooms.

BALLYDUFF GAA
North Kerry Minor Football Champions 2026
Ballyduff defeated Finuge 4 – 8 to 0 – 9 to become winners of the Jotty Holly Memorial Cup for the first time since 2021.

Played in wet conditions in Ballybunion the Ballyduff lads controlled the game from the start and led 2 – 5 to 0 – 3at halftime and ran out comfortable winners in the end. Congratulations to JJ O Rourke who accepted the Jotty Holly Cup. Well done to team and management .

Ballyduff Team: JJ O Rourke(capt.); Ruairí Walshe, Evan O Conor, Aodhan Slattery; Ryan Carey, John Curtin, Seán Barron; Billy Moriarty, Thomas Scanlon; Jake Rochford, Dylan Costello, Ruain Houlihan; Adam O Neill, Adam Kennelly, Sean Ross O'Gorman.
SUBS: Daragh James, Philip Brosnan, Ben Lynch, Odhran McDermortroe, James Harrington, Maurice Whelan.

CHURCH NEWS
Anniversaries: Annette O'Connor; Timmy Leahy, Blackpool; Delores Harrington; Mary Doherty; Maurice, Annie & Tom Dineen.
Deaths: Mary O'Sullivan

Masses for the week:
Friday November 6th 7.00pm: Annette O'Connor – 1st Anniversary
Saturday November 7th: Mass in Causeway
Sunday November 8th: For those who died from November 2025 to November 2026
Reader Sunday November 8th: Tina Egan
Ministers of the Eucharist November 8th: Eileen Dee/Norma O'Carroll/Helen Dowling

Mass Servers November 8th: Elliott, Aodhán, Aaron
Eucharistic Adoration: Every Sunday in Ballyduff Church at 3.00pm
Divine Mercy Devotion: every Thursday in SS Peter's & Paul's Church, Ballyduff
November Lists: Please note All those on November Lists will be remembered at all Masses during November

Private Confessions: First Saturday in Ballyduff from 11.00am – 11.45am; in Causeway 12noon -12.45pm

Follow our Facebook Page: For more information and announcements

Padre Pio Devotions: First Tuesday of the Month in Ballyduff Church commencing at 7.30pm. The next devotion will be on Tuesday December 3rd.

CHRISTMAS FAIR
The Ballyduff Christmas Craft Fair will be held in the Community Centre, Ballyduff on Sunday November 29th from 11.00am to 4.00pm. Homemade Gifts, Local Crafts, Festive Treats and much more on offer on the day. Please support local Businesses. Contact Betty on (087)6403152 to book a table.

DEATH
The death took place of Mary O'Sullivan (née O'Sullivan), Clahane Cross, Ballyduff. Her remains were removed from Lawlor's Funeral Home, Ballyduff to SS Peter's & Paul's Church, Ballyduff. Her Requiem Mass was celebrated in SS Peter's & Paul's Church and was followed by burial in Rahela Cemetery,
The death took place of Mary Casey, Dromkeen East, Causeway and formerly of Clahane, Ballyduff. Her remains reposed at Casey's Funeral Home, Causeway. Her Requiem Mass was celebrated at St. John's Church, Causeway and burial was in St. John's Cemetery.
Sympathy is extended to the families, relatives and friends of the above deceased.

FERRIS THE PLAY
The Martin Ferris story, a play by Mike O'Halloran, will be presented in the Abbeydorney Community Parish Hall on this Saturday & Sunday November 7th, 8th and on Saturday & Sunday November 14th & 15th at 8.15pm nightly. Tickets can be booked by texting (086)3116077and they cost €15 each.

BINGO
Bingo continues at the Community Centre, Ballyduff on each Friday night commencing at 8.00pm sharp. All are welcome.

BUDS FRC
Thursday
Sewing classes 3.30pm to 6.30pm

Friday:
Men's Shed breakfast every Friday from 9.00am to 12.00pm

Monday:
Baby massage classes 10.30am to 12.00pm
Active Retirement Group 2.00pm to 4.00pm
Joe Burkett theatre from 5.00pm to 6.30pm

Tuesday:
Buds pantry surplus food for everyone 9.00am to 1.00pm
Irish Dancing 3.00pm to 4.00pm



Listowel man Michael O'Donnell with his mother Kathleen. Michael was awarded a bursary from the All Ireland Endorsement Body for Community Work Education Training to complete a 3-year, part-time, in-service Masters in Community Development with NUI Maynooth. He graduated in October 2026

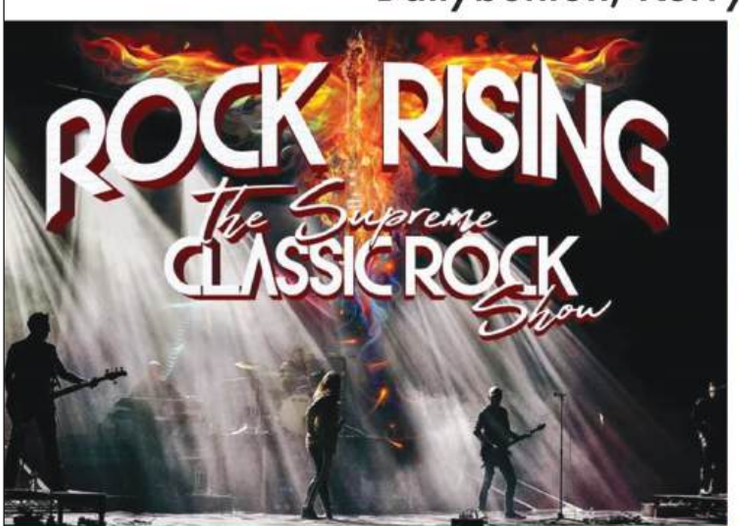


St Michael's Basketball Team Lixnaw U12 boys white team after their first game of the season against Bobcats in Tralee

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Sat 7th November
Doors: 7pm | Show Starts: 8pm



Sat 14th November
Doors: 7pm | Show Starts: 8pm

For a full list of all upcoming shows visit www.tintean.ie

TARBERT

TARBERT NEWS
Contact; tarbertnews@outlook.com or telephone Patrick Lynch at 068/36117 on or before 7pm Sunday. Fan slán.

DEATH
The death took place of Elsie Rowbottom, (née Moore) Kilpadogue, Tarbert and formerly of Birkenhead, England. Elsie who was in her 80's died at the home of her daughter Lesley and her husband Seamus on Monday 26 October. She was predeceased by her husband Charles and her daughter Jackie. She reposed at St. Mary's Funeral Home, Tarbert on Tuesday 3 November. A Funeral Service of celebration of her life took place at Shannon Crematorium followed by cremation on Wednesday 4 November.

REMEMBRANCE MASS
A Remembrance Mass for all who have died during the year will be celebrated on Wednesday 25 November at 7pm. All welcome to come and join in the celebration.

NOVEMBER MASSES
Mass for all the Holy Souls will be celebrated in St. Mary's Church, Tarbert on Wednesday 4 November at 7pm. This will follow Eurcharistic Adoration which will take place at 6pm. Mass will continue every Wednesday at 7pm during the month of November and until further notice. Mass in Ballylongford for the Holy Souls will take place on Friday 6 November at 7pm.

TARBERT N.S. ENROLMENTS
Tarbert National School are now accepting enrolments for September 2027. If you wish to enrol a child who will be four years of age on or before 31 August 2027 you can do so by writing to Tarbert N.S. Chapel St. Tarbert or by emailing office@tarbertns.ie. Completed forms must be returned by 16 November 2026.

WEDDING BELLS
Over 150 guests gathered in Cloughjordan House, County Tipperary on Friday 30 October to celebrate the Wedding of Noel Kennedy, Tieraclea, Tarbert son of Michael and Mary and Kendall Zoll, New Hampshire, USA. Michael Kennedy, father of the groom explained how the couple had met and wished them both well into the future and health and happiness together. The Wedding Solemniser administered the oath and Kendall and Noel exchanged their wedding vows. Kendall's parents were among the in excess of 30 guests who had travelled from the USA for the occasion. John Kennedy who was best man spoke of growing up in the Kennedy household with his brother Noel. Among the local groomsmen were James Enright and Colm Reidy. The bridesmaids were all friends of Kendall from the USA. There were many well known faces from Tarbert, Moyvane and North Kerry who celebrated the occasion long into the night after a very enjoyable meal. The newly weds will continue to reside in the USA.

STAR PLAYERS
Well done to David Mulvihill, Tarbert and North Kerry who was the only player from North Kerry to be picked by the Kerryman on the Kerry Team of the Senior Football Championship. David was picked at right full back. Also well done to Jason Foley, Ballydonoghue who received his third All Star, one of three Kerry players to receive an All Star. John O'Dowd, Sports Journalist with the Kerryman expressed his disappointment that Paudie Clifford did not receive an All Star agus tuillte go maith aige and so say all of us.

MOBILE LIBRARY
The Kerry Mobile Library will visit Tarbert on Wednesdays 11 and 25 November from 12.30pm to 1pm and proceed from Tarbert to Ballylongford. If the librarian does not have the book you require, he or she will request it from the library service, all part of the fine service provided.

BALLYLONGFORD

BALLYLONGFORD GAA
Ballylongford senior team travelled to Moyvane on Saturday 31st October 2026 for Round 1 of the North Kerry Senior Football Club Championship, kindly sponsored by McMunn's Ballybunion. Our boys got off to a promising start, showing great determination and maintaining good possession throughout the opening 15 minutes of the game, with a well-taken two-pointer getting Ballylongford off the mark. As the first half continued Moyvane began to find their rhythm, taking control of the game and putting our lads under increasing pressure, and build up their lead heading into half-time. The second half saw Moyvane continue their strong performance, but credit must go to our Ballylongford boys, who kept battling and working hard for every ball. Their efforts were rewarded with two further hard-earned points. Despite their continued determination and with fresh legs and support coming from the substitutes bench, Moyvane proved the stronger side on the day and deservedly came away with the victory. A huge thank you to our fantastic Bally supporters who made the journey to Moyvane to cheer on the team. Your loyal support, encouragement and commitment mean so much to the players and club, and is greatly appreciated.
Final Score: Moyvane 3:14 Ballylongford 0:04

Team: 1. Kenneth Tydings, 2. Pa Carmody, 3. Sean Carmody, 4. Liam Hanrahan, 5. James O'Connor, 6. Fionn Byrne, 7. Paudie O'Neill, 8. Sean Hanrahan, 9. Logan O'Sullivan, 10. Jeremiah Tydings, 11. Cathal Byrne, 12, Michael Holly, 13, Paddy O'Neill, 14. Ciaran O'Connor 15. Brendan Keane, Substitutes: Matt O'Connor, Cian Barrett, Jack Mulvihill, Darren Murphy, Oran O'Neill, Adam Finucane, Liam Connolly.
Management: Jim O'Carroll, Kieran Culhane, Nelius O'Connor, Liam Donegan, Liam Weir, Paudie Moroney, Communications Officer, Tom Carmody, Stats, Hughie Dineen, S&C, Shane Dunne.

Weekly Lotto Draw: 24th October. Jackpot €5,450. Numbers Drawn: 13, 16, 19, 24. There was no winner
Lucky Dips: €20 Ruth Dowling, €20 George McNamara Ahanagran, €20 Mairead Rae Ahanagran. €20 online Elizabth Skinner. Free tickets x 3 Mary Ahern Ballyline
Next week's Lotto €5,500 - Bally Abú
Thanks for your continued support

BALLYLONGFORD ANNUAL CHRISTMAS CRAFT FAIR
Ballylongford Christmas Craft and Food Fair at The Parish Hall on Sunday 15th November 10am-4pm. Fantastic 1st prize in the raffle of dinner for two with welcome cocktail and wine at the award winning Curry House Restaurant at the Great National South Court Hotel Limerick.
Come along for a wonderful atmosphere and brilliant Christmas gift ideas.

TIDY TOWNS BALLYLONGFORD
Ballylongford Tidy Towns – A Wonderful Achievement
All our hard work has paid off, and we are delighted to have gained 10 points in this year's SuperValu TidyTowns competition - Taking us to 360.

We are absolutely thrilled with this fantastic result and would like to extend a heartfelt thank you to everyone who contributed in any way to making Ballylongford such a beautiful place to live, work and visit.

From those who rolled up their sleeves and got involved in the hands-on work, to everyone who supported us, encouraged us, planted flowers, tidied up, maintained their properties or simply took pride in our village, every effort, big or small, made a difference.

Ballylongford looked absolutely beautiful, and we can all be incredibly proud of what has been achieved through the hard work, dedication and community spirit shown by so many people. This result is a reflection of what we can accomplish when we work together for the good of our village. While we celebrate this achievement, we know there is always more that can be done to make Ballylongford an even better place for everyone.

So, as the saying goes, "A lot done, and more to do"

Thank you once again to everyone who played a part in our success. Let's keep the momentum going, continue to build on what we have achieved, and work together to make Ballylongford even prouder in the years ahead.
Ballylongford Abú

BALLYLONGFORD NOTES
The notes are entirely free to use for all and are for the benefit of the community to highlight notices, events, services, etc. If you would like to include something in our weekly notes, please email ballylongfordnotes@gmail.com or phone/WhatsApp 087 930 8223. If you have trouble with electronic submissions, please call me on the above number.
Please note: Deadline for submission is 8pm on Sunday

JACKPOT JOY FOR NORAH BROWNE IN PRESENTATION SECONDARY SCHOOL LOTTO

Congratulations to Norah Browne, who was presented with her €3,000 jackpot prize in the Presentation Secondary School, Listowel Lotto fundraiser last week.

Norah, a loyal supporter of the school lotto for some time now, was shocked and delighted to hear of her win. "It was a very welcome phone call," said Norah, "as I win very little!" She is a truly deserving winner.

Principal Katherina Broderick and Deputy Principal Marguerite Linnane were delighted to make the presentation to Norah last Friday. The school has been fortunate to celebrate three jackpot winners in a short space of time, and extends sincere thanks to everyone whose continued support makes this worthwhile fundraiser such a success.

New members are always welcome. The lotto can be joined through the school website https://presentationsecondarylistowel.ie/ or at https://www.ourfundraiser.ie/org/pssl



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SCREEN TIME, FACTS FOR PARENTS

Most parents worry about how much time children are spending on digital devices.

Here are the facts

WHAT IS BLUE LIGHT?
Sunlight contains red, orange, yellow, green and blue light rays. Combined, this spectrum of coloured light rays creates what we call 'white light' or sunlight. Depending on where they fall on the spectrum, light rays have long wavelengths (with less energy) or short wavelengths (with more energy).

Blue light is a high-energy visible light and has shorter wavelengths. It is known as blue light because it is on the violet-blue band of the spectrum. Blue light is naturally present in sunlight but is also something we can see from screens such as TVs, computers, smartphones and tablets.

Can blue light damage my child's eyes?
There is currently no scientific evidence that blue light causes damage to the eyes. However, there is evidence to suggest that carrying out near tasks, involving looking at something close-up, such as using mobile devices, screen time and reading a book, can increase eye strain for those who do this for long periods of time.

What is digital eye strain?
Digital eye strain happens when a lot of time is spent using near vision, for example, reading on screen or playing online games. One of the main symptoms is temporary blurred vision but other signs such as sore and tired eyes, dry eye and headaches are also associated with digital eye strain.

Can blue light affect my child's sleep pattern?
Using screens close to bedtime may contribute to poorer sleep, which may mean your child's concentration levels are lower during the day. This may be because blue light is linked to the suppression of the hormone melatonin which makes us feel sleepy. However, there is a range of other factors linked to disrupted sleep.

Can blue light filtered lenses help?
Some people report that lens coatings that filter blue light make their eyes feel more comfortable or are helpful before bed.

Is there a link between screen time and shoertsightedness?
Short-sightedness, or myopia, is increasing throughout the world. Family history, ethnic background, environment (living indoors, in cities) and carrying out near tasks, such as screen use, have all been linked to the development of myopia. However, there is no clear evidence to suggest that screen time alone is the direct cause. But, there is good evidence to suggest that children who spend more time outdoors are at lower risk of developing short-sightedness.

Tips for keeping your Child's Eyes Healthy
Get them outdoors – regular play and exercise can help prevent or reduce the development of myopia (short-sightedness). Studies show two hours of outdoor activity a day is ideal.
Use night settings - using night settings, if your device has them, may help children sleep by reducing the amount of blue light given off by the screen during night-time hours.
Make sure digital devices are turned off at least an hour before bedtime.
Book your child in for a sight test at least every two years, from the age of three.

For more information and honest advice contact us for an appointment.



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KILFLYNN

CROTTA LOTTO RESULTS
Herbert's Bar in Kilflynn hosted the Crotta Hurling Club's weekly lotto draw on Monday 2nd November. The four numbers drawn from the drum by the independent observer, Graham Harris, Clounsillagh, Lixnaw were 2,4,10 and 22. No one won the €10,000 Jackpot.

Congratulations to the following who won €35 in the lucky dip draw: P.J Twomey, Garrynagore, Lixnaw, Martina Lawlor, Tullacrimmin, Abbeydorney; and Maurice McElligott, Upper Tullig, Kilflynn
The next draw will take place in Parker's Pub, Kilflynn, on Monday, 9th November, at 10:30 p.m. with an €10,100 jackpot. Tickets are available: €2 each or 3 for €5 or play online at this link: https://tinyurl.com/crotta-club-lotto or at Herbert's Bar/Village Store, Parker's Pub, Zam Zam Kabab, Foley Shop Lixnaw, Abbeydorney Post Office or from Club ticket sellers. Many thanks to all who contribute to our weekly Club Lotto.

ST. MARY'S CHURCH, KILFLYNN
Mass Intentions for the week in St. Mary's Church: Mass will be celebrated on Friday, 6th November at 10:00 a.m. (First Friday); on Saturday, 7th November at 6:00 p.m. Those who died during the year, Breda Glavin, Laccamore (Month's Mind).

LAUNCH NIGHT
New free social club in Clanmaurice area for people aged 18 to 35. Thursday Nov 5th at 8 p.m. Buds Family Resource Centre in Ballyduff.

KILFLYNN TODDLER GROUP
The Kilflynn Toddler group meets every Thursday at St. Columba's Centre, Kilflynn from 10 a.m. for Sensory Play, Free Time, and Coffee/Tea. The cost is €3 per child or €5 per family. Our first free course, Language and Play, starts this September for 6 weeks. All are welcome. Contact Maureen at 087 9893847 or Carmel 087 9100476 for further information.

CROTTA GAA
The Ask Acorn County Under 21 Hurling Shield final between Crotta O'Neill's & Kilmoyley will take place this Friday night November 6th at 8pm in Austin Stacks Park.
Extra Time and Winner On The Day Rules apply if required. Best wishes to the Crotta players and their mentors.

HISTORY MADE —
CILLARD JUNIORS ARE THROUGH TO THE MUNSTER FINAL!
What a day for Cillard Junior Camogie girls! After a tough battle, including extra time, the girls officially booked their place in the Munster Final on Saturday, 31st October, at Kilmoyley GAA pitch, Lerrig.

FULL-TIME SCORE: Cillard: 0-7 -v- Abbeyside: 0-6
It was a very hard-fought game, made even more challenging by the weather conditions, but every single girl stood up, gave it her all and made their club incredibly proud. The determination, heart and fighting spirit shown by the girls on Saturday were something special to witness!
A massive well done to our junior girls on this incredible achievement. This is truly one for the history books, and every single one of ye should be so proud of what ye have accomplished!
Cillard's next challenge awaits as they look forward to the Munster Final in two weeks' time. The hard work continues, and we cannot wait to see what the next step brings.

Congratulations and well done to everyone involved in the fantastic victory for Cillard Camogie Club on Saturday afternoon, especially the Crotta ladies Roisin Quinn and Niamh Quinn.

North Kerry Minor 'A' Hurling Championship
Semi-Finals - Sunday, 8 November @ 11.30am
Ballyduff v Crotta O'Neill's | Ballyheigue v Tralee Parnells.
[first named at home, winner on the day with the Final fixed for Sunday, 18 November].

Bernard O Callaghan Senior North Kerry Championship R1.
Sponsored by Mcmunns Ballybunion, the match was played in St. Senan's pitch on Sunday 1st November
St Senans 1.12 -v- Ballydonoghue 1.13.
Commiserations to the St. Senan's players and their mentors and well done to Ballydonoghue.

Munster Camogie Senior Club Championship Semi Final
at Ballygunner GAA on Sunday 1st November
Full time: Clanmaurice 1-8 -v- Gaillltír 2-13
Gallant effort by Clanmarice girls; super proud.

The Clanmaurice Camogie team is an amazing group of athletes and fantastic ambassadors for Kerry. They have small numbers but their bond is huge.What a great bunch of players.
Commiserations to the 16 Clanmaurice players and their management, especially the Crotta ladies Aoife Behan, Amy O'Sullivan, Jackie Horgan and Caoimhe Evans.

Munster Intermediate Club Hurling Quarter Final, Full time after Extra Time in Fraher Field, Dungarvan, on Sunday 1st November.
Abbeydorney 3-14 (23) -v- Clashmore Kinsalebeg 1-19 (22)
Well done to the Abbeydorney players and their mentors who go forward to play the Clonmel side, St. Mary's in the semi-final.

Inagh-Kilnamona defeated neighbours Kilmaley by 2-18 to 1-14 to cement their first-ever Clare Senior Hurling Championship crown in Zimmer Biomet Páirc Chiosóg in Ennis on Sunday 11th October.
Only permanently amalgamating in 2008, Inagh-Kilnamona waited patiently before becoming the tenth different club in that period to lift the famed Canon Hamilton trophy. Congratulations and well done to Jack O'Connor (Sub Goalkeeper) and his Inagh-Kilnamona teams. Jack is the son of former Crotta hurler, Michael O'Connor, Lissereen, Abbeydorney who played at wing back for The Crotta Hurlers when they captured the County Junior Championship and league titles in 1989, with victories over near neighbours, Lixnaw. Three weeks after lifting the Canon Hamilton Cup, Inagh-Kilnamona had a seven-point victory over Glen Rovers at Páirc Uí Rinn on Sunday 1st November on the final scoreline of Inagh-Kilnamona 1-21 to Glen Rovers 1-14, which sends them into a home semi-final against Thurles Sarsfields.

Best of luck to the Tralee CBS Senior hurlers and the management who play against De La Salle College, Waterford in the Harty Cup, taking place on Wednesday 4th November in Park South Midleton at 12.30pm.
Abbeykilix Camogie medal presentation and awards night Kilflynn 2026

ABBEYKILIX CAMOGIE PRESENTS…
MEDAL PRESENTATION, AWARDS NIGHT & MONSTER DISCO!
Venue: Parker's Bar, Kilflynn
Date: Friday, 6th November
Time: 6:30pm Sharp until late!
Get ready for a fantastic night of fun, music, dancing and plenty of craic!
Join us as we celebrate our players and recognise their achievements at our Medal Presentation & Awards Night, followed by a Monstar Discon that promises to be a night to remember!
PLEASE NOTE: This event is for our UNDER 13s AND UPWARDS!
All Abbeykilix Camogie players, mentors, friends and supporters are welcome. Let's get glam and get everyone together for a brilliant night celebrating our club and all the hard work and dedication of our players!
A NIGHT NOT TO BE MISSED! let's make it a great night for Abbeykilix Camogie!

FERRIS
Playwright Mike O'Halloran's fifth play, Ferris, featuring actors from Kilmoyley, The Spa, Tralee and Glenflesk, will be performed by the Bog Road Theatre at the Abbeydorney Parish Community Hall on Saturday 7th, Sunday 8th, Saturday 14th and Sunday 15th November. Tickets are now available at €15 by TXT for FERRIS (The Martin Ferris Story) to 0863116077

ST. ST. SENANS LOTTO RESULTS
On Monday 2nd November:
The Numbers Drawn: 03,09,14, and 23,
Jackpot (€4,900) Not Won
€30 each: Jimmy Finucane Listowel, Eileen Bunyan
€20 each: Billy Dillon Rathea, Pat Lyons, Tim Kennelly Rathea
Next week's Jackpot €5,000 - Tickets €2 each or 3 for €5 available at Kelly's Six Crosses, Halfway Bar, Parker's Bar Kilflynn or Play online.
Thank you for your continued support.

MOYVANE

Contact: moyvanenotes@gmail.com

BLOTTO
There was no winner of last Thursday night's Jackpot. Numbers drawn were: 2, 5, 14, 22. Lucky Dips: €100: Tania McMahon, Moyvane Bingo. €50: John James O'Connor, Kilbaha. €20 each: T. J., Moyvane Bingo. Joan Doherty, Rathmore. Karen Farrell, Leitrim Middle, Moyvane. Patricia Dennehy, Ballyduff. Peggy O'Hanlon, Asdee. Free Tickets: Doreen Cahill, Ardagh. Lisa McCarthy, Ashgrove, Listowel. Liz & Mary Fitz, Leitrim Middle, Moyvane. Noreen Collins, Ballymacjordan, Abbeyfeale. Brendan Moloney, Speedy's Bar. Next draw will be held this Thursday night, November 05 at Bingo in The Marian Hall. Jackpot: €18,500.

SPIN THE WHEEL
Congratulations to Mary O'Connor, Abbeyfeale who won €300 last Thursday night. The minimum you can win on the wheel is €300 and the top prize is €2,000.

SPLIT THE BUCKET
Mary Leahy, Moyvane won €330 in last Thursday night's draw. Envelopes are available in all the usual outlets locally, Holly's Gala, Mike Kennelly's HomeValue Hardware, Noel Stack Butchers, Enright's Bar, The Village Grill, Speedy's Bar, Moyvane. Newtownsandes Co-op Curl up and Dye (Anna Enright Fogarty) and at Bingo in the Marian Hall. €2.00 per entry or 3 for €5.00. Next draw, Thursday, October 14. Thank you all for supporting this very important fundraiser for our local school.

BANK HOLIDAY WEEKEND
Was a weekend to remember. The highlight of the weekend was Friday night's Strictly Goes Country. Ten couples took part and they brought the house down! Congratulations to Fiona Walsh & Bobby O'Riordan, Rachel Deane & Michael Patrick Egan, Margaret Foley & Jamie Moloney, Marian Hanrahan & John Paul Barry, Siobhan Dowling & Kevin Ross, Rebecca Gogarty & Cathal Sweeney, Joanne Murphy & Fionn Mulvihill, Mikalya Mulvihill & Micheal Fogarty, Aobha Quinn & Dan O'Mahony & Mary B. Curtin & Diarmuid O'Connor. This is not an easy ride, it takes courage, time, patience and many hours of practice. All the tickets for the show were sold weeks in advance. It proves that "the local thing" still is the local thing and it is wonderful to see and a credit to the organisers. On Friday night the three local schools, Moyvane, Knockanure & Lenamore put on a show which was a credit to teachers, staff, parents and above all the children who entertained the huge audience. On a night like this you find out all the talent that is out there under our noses. Well done everybody. The Community Centre hosted a craft fair and the vintage. There was a disco in the Marian Hall that evening so there was something for everyone. Monday the hunt was the biggest ever but unfortunately Monday evening's Horror Trail had to be abandoned due to the bad weather. Well done to the committee, you got it right. Plans for next year are already underway and everyone is looking forward to another great weekend in 2027.

MOYVANE ICA
Are hosting an evening of fashion with Danny Leane, Stylelover, of Annbury's, Tralee, and Radio Kerry fame, at the Marian Hall, Moyvane, V31Y431 on Tuesday, November 10 at 7:30pm. Some items for sale on the night. €5 entry. All welcome.

MOYVANE VILLAGE HUB
Knit and Stitch Group every Thursday 10.00am to 12.00 noon. Tutor Mary Cummins. Crochet, Embroidery, knitting. All very welcome.

KNOCKANURE PARENTS ASSOCIATION AGM
Thursday, November 12 at 8.00pm in the school. All parents are warmly invited to attend, meet other parents, share ideas and help shape the year ahead. Your support and involvement are greatly valued as we continue to work together for our school and community. Everyone welcome!

MOYVANE YOUTH CLUB
Would like to thank everyone who donated to their Church gate collections in Moyvane and Knockanure. €510 euro was donated.

BALLYLONGFORD CHRISTMAS CRAFT AND FOOD FAIR
At The Parish Hall on Sunday November 15 from 10.00am to 4.00pm. Fantastic prizes in the raffle on the day. Come along for a wonderful atmosphere and brilliant Christmas gift ideas.

MASSES FOR THE WEEK
MOYVANE:
Thursday, November 05 Mass at 7.00pm for Maureen Fitzsimons nee Joyce.
Friday, November 06 Anniversary Mass at 7.00pm for Jim & Ann Cunningham, Kilbaha.
Saturday, November 07 Anniversary Mass at 7.30pm for Tim O'Connor, formerly of Sligo & Inchamore.

KNOCKANURE:
Friday, November 06 First Friday Mass at 10.00am followed by confessions.
Sunday, November 08 Mass at 9.30am

THERAPY WITH JOHN

John Pio Groarke

INTEGRATIVE PSYCHOTHERAPY
& SOMATIC BREATHWORK

For the month of MOVEMBER, we're teaming up with psychotherapist John Pio Groarke to raise awareness around mental health and the importance of looking after our wellbeing.

Finding Calm Within: Sound Healing, Breathwork and the Nervous System

In the busy world we live in, it is easy to spend so much time in our heads that we lose touch with what is happening in our bodies. We keep going, deal with responsibilities, and push through difficult experiences, often without taking a moment to stop and ask ourselves how we are feeling. Sometimes, the body can tell a story that we have not yet found the words for.

Supporting our mental health involves more than talking about our difficulties. It can also mean learning to listen to our bodies, understand our nervous systems, and find ways to feel calmer, safer, and more connected to ourselves. This is where sound healing and conscious connected breathwork can offer another way of exploring emotional wellbeing.

Understanding the Nervous System

Our nervous system influences how we respond to stress and the world around us. When we feel threatened, we may experience a racing heart, shallow breathing, muscle tension or worry. Others may withdraw or try to please people to avoid conflict, often described as a fawn response.

These reactions are ways our bodies try to protect us. However, ongoing stress or past trauma can affect how we feel, behave, and respond to others, even when we understand our experiences intellectually. This is where body-based approaches can complement talking therapy.

The Soothing Power of Sound Healing

My interest in sound healing led me to undertake training in Asia, where I learned about the use of singing bowls and their role in relaxation and wellbeing. Handmade Tibetan singing bowls as part of my sound healing practice, alongside beautiful, smells, music, that helps create a peaceful and soothing environment.

There is something special about taking time out of a busy day, lying comfortably and allowing yourself to listen. The sounds, tones, and vibrations of the bowls, combined with calming music, invite us to slow down and turn our attention away from the constant noise of everyday life. For some people, this can feel unfamiliar. We are so accustomed to thinking, planning, and doing that simply being still can feel difficult at first. Gradually, however, the experience may help people settle, notice their breathing and become more aware of the sensations in their bodies.
Research shows that singing bowl interventions benefit mood, sleep and depression. For people experiencing anxiety, low mood, or difficulties sleeping, having dedicated time to rest can be valuable in itself.

Conscious Connected Breathwork: Learning to Breathe Again

Breathing is something we do automatically, often without giving it much thought. Yet the way we breathe can influence how we feel physically and emotionally. When we are stressed, we may breathe rapidly, hold our breath, or take shallow breaths high in the chest. These patterns can become habitual, particularly when we are under pressure. Learning to recognise our breathing patterns and practise comfortable, controlled breathing can help us manage stress and develop greater awareness of our bodies. My interest in breathwork led me to study how therapists use breathing practices within their work.

Conscious connected breathwork involves continuous breathing without a pause between inhaling and exhaling, which can bring physical sensations, emotions and memories into awareness. Each person's experience is different. It helps people recognise emotions and patterns, or simply experience a greater sense of calm and connection.

The Physical Benefits of Breathing Well

Breathing is something we do every day, yet we rarely stop to think about how it affects us. Research suggests that slow, gentle breathing can help regulate the nervous system, encourage relaxation and support better sleep, concentration and overall wellbeing. Through guided breathwork, we can begin to develop a deeper connection between mind and body, creating space to pause, reflect and reconnect with ourselves.

Breathwork helps us develop healthier breathing habits, release tension, and manage everyday stress, while supporting relaxation and better sleep; for athletes, it can improve focus, breath control, and performance, making it a valuable for both everyday life and sport.

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Snapped

email your photos to news@theadvertiser.ie



Listowel Celtic Senior ladies who beat Killarney Celtic 3-1 last weekend



A fantastic win for St Michael's Basketball U14 Boy and their Coach Larry Guiney who took to the court on Sunday for their first game of the season in Duagh. It was an intense game from start to finish, with some brilliant scores, great defence and plenty of determination shown by our boys throughout to a very impressive St Joseph's team. Well done boys



Listowel Celtic U10 Girls who played last weekend



Local man Mike Galvin with his trusty tractor at Listowel on Thursday afternoon as he was about to head home out the Ballybunion Road. Photo Moss Joe Browne



10 year old Marianne Langford who was crowned the winner of the Under 18s Junior Girls Matchplay Championship in Ballybunion





Congratulations to the Ballyduff Minor Footballers who were crowned 2026 North Kerry Minor Football Champions defeating Finuge on a score line of 4-08 to 0-9. Well done to team, management and captain JJ O Rourke who accepted the Jotty Holly Cup sponsored by O'Connor's Hardware Duagh



Ballyduff native Bridie O'Sullivan on her way to catch a runner with granddaughter Caoimhe at Listowel Coursing on Saturday. Photo Moss Joe Browne





Congrats to Listowel RFC's Conor Walsh who was Mascot at last weekend's Munster game at Thomond Park



North Kerry folk attending the Listowel Coursing Meeting were Vanessa Houlihan, right, with daughter Ava and son Leo also Mary Allen.

Photo Moss Joe Browne

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LISTOWEL CELTIC

Draw 02/11/26 - Numbers Drawn 7-11-22-26
Jackpot not won - Lucky Dip Winners
€40 Noreen Daly, Knockane
€20 Brendan Whelan
€20 Avril O'Driscoll, Ashgrove
€20 Tina Cross, Duagh
€20 John O'Donboghue, Bedford
Next Draw 09/11/26 at Mikes - Jackpot €1,400

LISTOWEL EMMETS GAA

The 41 Card game organised by Emmets GAA Club continues in the Clubhouse at Frank Sheehy Park, Listowel every Monday night until May 2027 . The game commences at 8.30 sharp and all are welcome.

Results from week 4 are as follows:
Winners on the night were Mike Cox and John Joe Flavin with 9 games. Second place was shared between Tom Murphy and Johnny Leahy; Seán Egan and Pat O'Shaughnessy; Eamon Kennelly and Donal Kearney; Monnie Leahy and Danno Moriarty all with 8 games.
Table Prizes: Martin O'Brien and Mick Donoghue, Toddy Toss O'Connor and Danno Fitzmaurice, Jim Buckley and Mick Naughton Seán Hartnett and Dan Joe Reidy.

Results from week 5 are as follows:
Winners on the night were Eamon Kennelly and Donal Kearney with 8 games. Second was Eddie Flaherty and Roddy Gormley with 7 games.
Table Prizes: Seán Egan and Pat O'Shaughnessy, Maurice Walsh and Mick Scannell, Kathleen Nolan nad Nora Lynch; Mike Dowling and Francis Kennelly.

Results from week 6 are as follows:
Winners on the night were Martin O'Brien and Con Kirby with 9 games.
Second was shared between Eddie Flaherty and Tom Holly; Mike Cox and John Joe Flavin; Jane O Sulivan and Margaret Scannell; Noel Carmody and Kevin Enright all with 8 games.
Table Prizes: Seán Egan and Pat O'Shaughnessy, Stevie and Mary Leahy; Eamon and Katherine Scannell, John McNamara and Tom Murphy.

Jackpot for week 7 is €150 in fourteen games. See you there.

LISTOWEL RUGBY CLUB

Another busy week for Listowel RFC, with strong performances on the pitch, a special Thomond Park experience for one of our Minis, and more rugby to look forward to this weekend.

U12 Conor Walsh a Munster Mascot
A very special evening for Listowel RFC U12 player Conor Walsh, who was selected as a Munster mascot for Saturday night's fixture against the Sharks at Thomond Park. Conor got to experience match night from behind the scenes, including time pitchside and in the Munster dressing room, before taking his place as one of the mascots for the game.
It was a brilliant experience and a great moment for one of our young Listowel players. Well done, Conor. We hope you enjoyed every minute of it!

U14s
Castleisland RFC x Listowel RFC U14s came out on top in a very tight encounter with Tralee RFC. Tralee struck first and converted, but Castleisland RFC x Listowel RFC responded with a huge turnover and quick hands out to Oisin L, who finished over the line. Conor M added the extra two points. Tralee, playing with a one-man advantage following a yellow card, used their extra player well to break through the Castleisland RFC x Listowel RFC defence and added another converted try.
The next few phases were all Tralee, who came close to extending their lead, only for a brilliant rip by Tomateca C to halt the attack. From a Castleisland RFC x Listowel RFC scrum, Ewan O S made a great break down the blind side from five metres out to get over the line. With the clock against Castleisland RFC x Listowel RFC, they won a penalty 25 metres out, which Conor M converted to secure the win.

Every player on the panel contributed, with Castleisland RFC x Listowel RFC showing great toughness and resilience against a well-drilled and physical Tralee side.
Final Score: Castleisland RFC x Listowel RFC 15 - 14 Tralee RFC.

U16s
Castleisland RFC x Listowel RFC U16s faced a strong and confident Rugbaí Chorca Dhuibhne side on Saturday morning last.
A nice breeze and plenty of rain coming in from the nearby Atlantic made for some trying conditions. With both teams adjusting to the weather, much of the early play was centred around midfield.
It was Castleisland RFC x Listowel RFC who settled first, with a well-worked try finished by Darragh Lyons, who barged over the line carrying three Rugbaí Chorca Dhuibhne players with him. A difficult conversion followed, but it was no trouble to outhalf Brendan Moriarty. Castleisland RFC x Listowel RFC began to find their groove and, after retaining the ball for several minutes, Fionn Brown made a powerful run out wide to score the second try. Unfortunately, with the wind playing havoc, the conversion drifted wide.
Rugbaí Chorca Dhuibhne responded with a try of their own but missed the conversion. With the score at 12-5 and only a minute left in the half, Fionn Brown took matters into his own hands again, producing another powerful run and several hand-offs to score before the break.
With their tails up and memories of the previous two games fresh in their minds, Castleisland RFC x Listowel RFC turned up the pace in the second half.
A couple of minutes in, a well-worked backs move saw outhalf Brendan Moriarty go in for a try of his own. Not to be outdone, the forwards began to show their strength, with Michael O Connell powering over from 10 metres out.
The momentum continued, with Matt Davies scoring an excellent individual try from outside halfway, followed by Brendan Moriarty scoring his second and adding the conversion.
Rugbaí Chorca Dhuibhne never gave up and were rewarded with a try of their own at the death following some strong carries.
It was a strong all-round performance from Castleisland RFC x Listowel RFC, with both backs and forwards contributing and the team responding well in difficult conditions.
Final Score: Rugbaí Chorca Dhuibhne 12 - 39 Castleisland RFC x Listowel RFC

This Weekend's Fixtures
Minis U8, U10 & U12 v Killorglin
Saturday 7th November, 10.30am, Listowel Town Park

U16s v Killorglin-Iveragh
Saturday 7th November, 6.00pm, Castleisland RFC

We would love to see plenty of support on the sidelines for both fixtures. Come along and get behind our Minis in Listowel Town Park on Saturday morning and our U16s in Castleisland that evening.

Your Club, Your Country
Tickets for this year's Your Club, Your Country draw are still available.
Tickets are €10 each, with all monies raised staying within Listowel Rugby Club to support mini and youth rugby and the development of our new facilities.
Tickets are available through club members and on our website, listowelrfc.com. Your support would be very much appreciated.

Keep an eye on our social media pages for fixture updates, changes, and all the latest news from around the club.

BALLYBUNION GOLF CLUB

Men's Competitions:
Men's Singles (Multi Tee) Competition Sponsored by CSG – Sunday 1st November Old Course

1st	Cathal Byrne(12)	41 Pts
2nd	Gerald OGorman(6)	40 Pts
3rd	Sean OSullivan(17)	38 Pts (B9 18)
Best Gross:	Cillian Beasley	29
4th	Sean C O'Sullivan(13)	38 Pts (B9 17)
5th	Donal T Griffin(12)	36 Pts (B9 20)

Fixtures:
Men's Singles Competition– Sunday 8th November Watson Cashen Course

Ladies Voucher Competition – Saturday 31st October Old Course

1st	Margaret McAuliffe(8)	38pts
2nd	Orla Quilty(11)	37pts
3rd	Susan Quilter(41)	36pts
4th	Mary Sheehy(4)	35pts

9 Hole Qualifying Old Course

1st	Martha Woulfe(22)	11pts (bk 3- 4pts)

Fixtures:
Ladies Voucher Competition – Saturday 7th November Watson Cashen Course

Ladies Voucher Competition – Tuesday 10th November Watson Cashen Course

Senior Men's Competition – Thursday 29th October Watson Cashen Course

1st	Tom Wall (16)	35 pts.	
2nd	John Corridan (12)	34 pts.	
3rd	Finbarr O'Keeffe (27)	31 pts.	B5-13 B2-5
Best Gross	Barry O'Leary	21 pts.	
4th	Joe Costello (21)	31 pts.	B5-14 B2-4
5th	Thomas J Quilter (25)	31 pts.	B5-12 B2-5
6th	John McEnery (22)	31 pts.	B5-10 B2-5
7th	Michael (Ballyb) Sugrue (19)	31 pts.	B5-10 B2-5
8th	Patrick D Hartnett (16)	29 pts.	B5-11 B2-5
9th	Neilus O'Sullivan (18)	29 pts.	B5-9 B2-3
10th	Michael Fogarty (20)	28 pts.	B5-13 B2-5
SPECIAL CATEGORIES			
V.	Eamon Fitzmaurice (19)	27 pts.	B5-13 B2-5
SV.	John Maguire (22)	27 pts.	B5-10 B2-5
SSV.	Eamonn Condon (21)	28 pts.	B5-10 B2-4

Fixtures: Senior Men's Competition – Thursday 5th November Watson Cashen Course

Senior Ladies Competitions:
Senior Ladies 9 Hole Competition – Friday 30th October Watson Cashen Course

Fixtures: Senior Ladies 9 Hole Competition – Friday 6th November Watson Cashen Course

FINUGE GAA

FINUGE 500: Congratulations to our October €500 winner Caroline Foley along with our bonus prize winner of 500 litres free home heating oil with thanks to Macoil's of Asdee - Teresa Gilbert. Entry tickets for each month are available at McCarthy's Bar Finuge, Foleys Your Stop Shop Lixnaw, Stacks Londis Lixnaw, JJ Walsh Bar & Butchers Lixnaw, Post Office Lixnaw and O'Carroll's Bar Listowel. Tickets also available online at www.finugegaa.com or any club officer.

AGM: Please note that the Finuge Club AGM will be held on Sunday the 29th of November at the clubrooms.

SENIOR: North Kerry Football Board round 1 result - Finuge 0-10; Duagh 1-13. This much anticipated round one game was played in perfect conditions under warm sunshine in Duagh. For the most part there was never much between the two teams. After 20 mins the score read Finuge 0-04 Duagh 0-03 but then Duagh hit four on the bounce to lead at halftime - Finuge 0-04; Duagh 0-07. The home side opened the second half as they closed the first and moved further ahead, however two x 2 pointers from Gavin O'Keeffe helped keep our lads close at hand. With 10 minutes left the home side led by just three but they finished strong to close the game and leave no doubt - final score Duagh 1-13; Finuge 0-10.Duagh now move forward and will meet Ballydonoghue GAA in the quarterfinal.

While it was not the finish our men wanted, 2026 was still a very successful year with the team claiming the Kerry GAA junior club championship. This brings the curtain down not just on our senior team activity but across all our teams. We wish everyone an enjoyable break and it's only a matter of time before the new year winds around and we will be back at it again! Fionnúig abú - Neart Trí Iarracht. Main senior team sponsor Buckley Agri of Listowel were on board again this year as principal sponsor and we were delighted to have such a prestigious business involved with our senior team. Cronins Cider also sponsored the team and provided training gear. A huge thank you to both sponsors who backed this team before anyone and we are delighted to repay that faith by landing the county junior club championship.

MINOR: North Kerry Minor Championship final result - Finuge 0-09; Ballyduff 4-08. Finuge 0-09; Ballyduff 4-08. Not to be unfortunately for our young minor team who came up against a physically stronger and older Ballyduff team. Played in very wet conditions in Ballybunion, our lads played against the elements in the first half but opened very brightly. However the Cashen men picked off important scores and led at halftime - Ballyduff 2-05; Finuge 0-03. Our lads stayed with Ballyduff and started to close the gap in the second half. However Ballyduff picked off key scores as the half went on and the goals conceded against a hard running and hard working opposition put the game out of reach with 10 minutes to go. Well done to the team on making it to another final after having a very good year overall.

U16: North Kerry Championship semifinal sponsored by Macoil, result - Finuge 1-13; Ballyduff 2-14. This semifinal was a close-run affair throughout between two well matched teams. Ballyduff got off to a fast start with a goal and two pointer, but our lads worked their way into the way finishing the first half strongly. H/T score Finuge 0-09; Ballyduff 1-06. Early in the second half Ballyduff got another critical goal to put space between the teams. Again, our lads battled back but Ballyduff won plenty possession in midfield to keep up the pressure and worked good scores. A goal from Joe Joy threw a lifeline but it was not going to be enough on the day. Captain on the day was Daithí Laide who always brings a massive workrate and plenty scores too. Congratulations to Ballyduff and we wish them well in the final.

This brings the curtain down on the U16 season which was a very productive one, yielding a Kerry county league title. Well done to the boys & management on another great sporting year

U14: What a great result for our U14s playing with St Senans when they played Listowel Emmets in the North Kerry Championship final. 10 points down at halftime the team staged a mighty comeback to win by 6 points! Captain on the day was Jamie Walsh who accepted the trophy with great delight. This brings the curtain down on an eventful year for our U14 players. We would like to thank St Senans for giving our players the opportunity to join with them and ensuring they had plenty good quality football for the year. The team played in four finals, winning two and played at the highest levels in each competition - sure to help develop everyone for the future. The boys involved this year were Dylan Stack, JJ Liston, Robbie & Cian Breen, Aaron Collins, Eoghan Og Galvin, JJ Liston and Jamie Walsh.

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U12: Well done to our Finuge U12's on very progressive season in terms of skills and personal development. Thanks to Liam, Toby, Paul, Aoife, Justin, Conor and anyone who volunteered their time in 2026. Thank you to Maurice Lynch for organising the recent medal event. Jimmy Dennihan coached the players on the day and shared his knowledge of the game, thank you. Congrats again to our senior players Shane and Ricky on winning the county championship and for presenting all the players medals. Finally, thank you to jersey sponsor Brian McCarthy.

U10: A massive thank you to Ricky, Shane and Jimmy for taking the time to present the medals to our Finuge U10s recently. It was a lovely way to finish off what has been a fantastic season.

A huge thank you to all the parents for bringing the boys to training and games throughout the year - for your support, encouragement and commitment - it really is appreciated. Most importantly,
well done to all the lads. They've put in a huge effort, improved so much and, most of all, have had great fun playing football together. We're very proud of them all. Thanks everyone for a brilliant year!

U9: Fantastic performances two weeks ago by our U9 boys in the Munster GAA blitz at the UL Grounds. The boys played Moyle Rovers, Lisseycasey and Ahane. Great effort, teamwork, skill and
spirit shown from start to finish.

U8: And so, our U8s football year comes to an end for 2026 - we celebrated with a presentation of medals and treats. A special thanks to Finuge county champions Ricky and Shane for presenting the medals. We would like to thank all of the parents and guardians for bringing the kids to all of our blitzes and training throughout the year. The improvement in skills was great to see and the future looks bright. Keep up the practicing at home over the winter and we will all get going again in Spring 2027.

U6: Our U6 stars have clocked out for 2026! Thank you to Bryan, James, Patrick and everyone who contributed to the U6 team this year. Thanks also to all the other coaches from various groups. The kids have improved massively over the course of the year and we hope to see everyone back next year. Thank you to our county champions Ricky and Shane for presenting the medals to our youngest stars.

CLUB SHOP: With the season slowing down and Christmas on the horizon, we have the perfect gifts for the football player or supporter in your life - Finuge GAA merchandise. This is an online shop hosted by KCS. Search for www.kcsports.ie, click on the 'Club Shop' tab and search for Finuge. We have over 50 items and bundles of high-quality Finuge branded sports gear to choose from, happy shopping. And we have just added the senior county winning Buckley Agri jersey along with the Cronin's Cider training top.

ACKNOWLEDGEMENT: Finuge GAA would like to thank the Department of Rural & Community Development and the Gaeltacht, along with Kerry County Council for the financial assistance received under the Local Enhancement Programme 2026 in respect of a contribution towards the purchase of sports/ training equipment.

SECONDARY SCHOOLS: Congratulations to St Michaels of Listowel on their historic win last week in the senior post primary O'Sullivan Cup competition. The team defeated the Sem of Killarney to claim honours for the first time since 1974. Finuge GAA had great representation on the team & squad through Micheál O'Sullivan, Darragh O'Sullivan, Daithí Laide, Davy Lawlor, Joseph McElligott, Joe Joy, Cillian O'Sullivan and Jamie Breen - well done lads.

TARBERT GAA

Tarbert GAA Monthly €500 Draw:
Congratulations to Gavin Denihan, winner of the October €500 draw.
Cillian Langan and Michael Carmody won 5 Free Tickets for next months draw.
Don't forget to purchase your ticket and be in the draw for a GUARANTEED Prize of €500 in Novembers draw. Tickets are available online at tarbertgaa.ie, from committee members and from the Post Office.

AGM OF TARBERT GAA CLUB
2026 AGM is scheduled for Friday 20th November at 8pm in Clubrooms.
Closing date for nominations is Tuesday 3rd November at 8pm

BALLYLONGFORD GAA

Ballylongford senior team travelled to Moyvane on Saturday 31st October 2026 for Round 1 of the North Kerry Senior Football Club Championship, kindly sponsored by McMunn's Ballybunion.

Our boys got off to a promising start, showing great determination and maintaining good possession throughout the opening 15 minutes of the game, with a well-taken two-pointer getting Ballylongford off the mark.
As the first half continued Moyvane began to find their rhythm, and putting our lads under increasing pressure, and build up their lead heading into half-time.

The second half saw Moyvane continue their strong performance, but credit must go to our boys, who kept battling and working hard for every ball. Their efforts were rewarded with two further hard-earned points. Despite their continued determination and with fresh legs and support coming from the substitutes bench, Moyvane proved the stronger side on the day and deservedly came away with the win.
A huge thank you to our fantastic Bally supporters who made the journey to Moyvane to cheer on the team. Your loyal support, encouragement and commitment mean so much to the players and the club and is greatly appreciated.
Final Score: Moyvane 3:14 Ballylongford 0:04

Team: 1. Kenneth Tydings, 2. Pa Carmody, 3. Sean Carmody, 4. Liam Hanrahan, 5. James O'Connor, 6. Fionn Byrne, 7. Paudie O'Neill, 8. Sean Hanrahan, 9. Logan O'Sullivan, 10. Jeremiah Tydings, 11. Cathal Byrne, 12, Michael Holly, 13, Paddy O'Neill, 14. Ciaran O'Connor 15. Brendan Keane, Substitutes: Matt O'Connor, Cian Barrett, Jack Mulvihill, Darren Murphy, Oran O'Neill, Adam Finucane, Liam Connolly.
Management: Jim O'Carroll, Kieran Culhane, Nelius O'Connor, Liam Donegan, Liam Weir, Paudie Moroney, Communications Officer, Tom Carmody, Stats, Hughie Dineen, S&C, Shane Dunne.

Weekly Lotto Draw: 24th October
Jackpot €5,450 - Numbers Drawn: 13, 16, 19, 24
There was no winner - Lucky Dips

€20	Ruth Dowling
€20	George McNamara Ahanagran
€20	Mairead Rae Ahanagran
€20 online	Elizabth Skinner
Free tickets x 3	Mary Ahern Ballyline

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Bally Abú
Thanks for your continued support

UNFORGIVABLE CLAIMS JOHN PRENDIVILLE CUP AS KILTY CALLIE LANDS JET & EAMONN O'CARROLL CUP AT LISTOWEL

The curtain came down on another hugely successful three-day coursing meeting at Listowel on Sunday last, with Unforgivable and Kilty Callie taking centre stage as the major honours were decided at the club's grounds on the Ballybunion Road. Large crowds, a superb supply of strong-running hares and some outstanding courses contributed to a memorable weekend of sporting action at Rushy Meadows.

The prestigious John Prendiville Cup proved a fiercely competitive affair, with Unforgivable emerging as a most deserving winner following a series of impressive performances. Having accounted for Delgado, Rith Cymbula and Ballymac Blade on his way to the decider, Unforgivable faced Mr Trendsetter in the final. Producing another powerful display of running, he surged up the famous Rushy Meadows stretch to secure a convincing victory and claim one of the weekend's most coveted prizes. The success also earned six valuable Champion Stakes points for delighted owners Michelle Muldoon and Patrick Flanagan.

The final of the Jet & Eamonn O'Carroll All-Aged Bitch Stake provided arguably the course of the entire meeting, as West Cork representative Kilty Callie and West Limerick challenger Barrack Grace served up a thrilling contest. Little separated the pair in a fiercely contested encounter, but it was Kilty Callie who eventually prevailed following a tremendous battle. The victory ensured that the prestigious silverware made its way back to Clonakilty with owners Agnes and Jack Hallissey, capping a memorable weekend for the West Cork connections.

There was further excitement in the Mattie Walsh Memorial Derby Trial Stake, where Galway owner Brian Divilly enjoyed a notable success with Crafty Whohoo. The eventual winner produced an impressive performance in the final to overcome the challenge of Marvellous Runner, owned by John Flynn of Tarbert, and secure the all-important Derby Trial Stake ticket.

Local supporters had plenty to celebrate in the Oaks Trial Stake, as Lone Endeavour justified her position as favourite to claim the coveted Oaks ticket for the Lisselton-based Tomaisins Syndicate, headed by Billeen Keane. Having been strongly fancied from the outset, Lone Endeavour lived up to expectations with a series of impressive performances, culminating in a fine victory over Sister Sadie in the final.
It proved an especially rewarding weekend for Billeen Keane, who completed a notable double when Lone Stealth captured the National Workers Qualifier. Lone Stealth produced a determined display in the decider to overcome Michael Whelan's Lisahane Boru, securing a second major success for the Lisselton connections.

The Three-Course Duffer Stake also produced a popular local success, with the Curtin family from Coolaclarig celebrating victory courtesy of Moyvane Admiral. In the final, Moyvane Admiral overcame Ritchie Houlihan's Clodcar Ber to take the honours and secure his place in the Three-Course Championship Qualifier, with the first round scheduled to take place in Templetuohy in early January.
The combination of excellent coursing, highly competitive stakes, tremendous support from spectators and an outstanding supply of strong-running hares ensured that the three days lived up to expectations. The action may have concluded for another year, but the memories of three wonderful days at Rushy Meadows will live long among those fortunate enough to have witnessed them.



Kieran Connolly from Ballylongford going for a long stride while busy at Listowel Coursing. Photo Moss Joe Browne



Former Ballyduff hurler Finbarr Whelan, left, with Martin Galvin and Neily O'Connell at Listowel Coursing. Photo Moss Joe Browne

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Milltown, Killarney
Sunday 8th November
Dancing from 3pm-5pm
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THE SINGING JARVEY
Sunday 15th November
Dancing from 3pm-5pm
JAKE COFFEY BAND
Facebook: John Joes Dances
For info call 087 9735113



OUR LADY OF MOUNT CARMEL
Oh, most beautiful flower of Mount Carmel, fruitful vine, splendor of Heaven.

Blessed Mother of the Son of God; Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to succour me in my necessity
(Mention your request here)

There are none that can withstand your power. Oh, Mary, conceived without sin, pray for us who have recourse to thee (3 times). Sweet Mother, I place this cause in your hands (3 times). Amen

This prayer is never known to fail. It is to be said for 3 consecutive days. Publication on granting of the favour must be promised and done. **M.B.**

FOR A SOUND MIND

For God hath not given us the spirit of fear… But of power, and of love, and of a sound mind. Thanks. **M.B.**

PRECIOUS MOTHER OF JESUS

Mother of Devine Grace, You can find a way where there is no way, please hear my prayer and grant my request. Amen. Say 6 times a day for 3 days. **M.W.**

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THE MIRACLE PRAYER
Dear Heart of Jesus in the past I have asked many favours.

This time I ask you this special one, (mention favour). Take it dear heart of Jesus and place it within your heart where your father sees it. Then in his merciful eyes it will become your own favour not mine. Amen.
Say this prayer three times for three days and your favour will be granted. Never been known to fail. Must promise publication of prayer. **A.D.**



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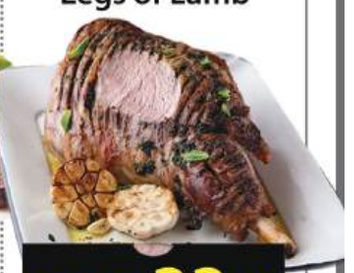
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